

Nutritional Guide 26 September 2023



Plant Based & Vegan

| Selected Stores only | Halal | Menu Item | Ingredients |
|-------------------------------------|-------------------------------------|----------------------------|--|
| <input type="checkbox"/> | <input type="checkbox"/> | Plant Based & Vegan | IMPORTANT: Customers should be aware that whilst every effort is made to segregate food to maintain the Vegan, Allergen (eg Gluten) and Halal status of our ingredients, Individual food items may come in contact with one another during food manufacturing &/or food preparation, and our restaurants serve products containing allergens, as well as bacon and meat as part of our standard menu items. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Plant Based Angry Whopper® | Plant Based Whopper Patty (Water, Soy Protein, Vegetable Oils (Contains Antioxidant (Tocopherol)), Flavours (Contains Glutamic Acid, Smoke), Thickeners (Methyl Cellulose, Carrageenan), Colour (Caramelised Sugar), Salt, Yeast Extract.), Bun 5" Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)), Angry Onions (Onions (58%), Water, Wheat Flour, Vegetable Oil (Contains One Or More Of The Following Canola, Palm, Soybean, Sunflower), Corn Starch, Rice Flour, Salt, Tapioca Dextrin, Natural Flavours, Maltodextrin, Dried Yeast, Thickeners (Gum Arabic, Xantham Gum)), Tomato, Jalapeno (Sliced Jalapeno Peppers (74.8%), Water, Vinegar, Food Acid (260), Salt, Preservative (211), Mineral Salt (509), Colour (102)), Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)), Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol), Lettuce, Tomato Ketchup (Concentrated Tomatoes, Sugar, Salt, Concentrated White Vinegar, Food Acid (Citric Acid), Natural Flavours (Contain Garlic)) |
| <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | Plant Based Whopper® | Plant Based Whopper Patty (Water, Soy Protein, Vegetable Oils (Contains Antioxidant (Tocopherol)), Flavours (Contains Glutamic Acid, Smoke), Thickeners (Methyl Cellulose, Carrageenan), Colour (Caramelised Sugar), Salt, Yeast Extract.), Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)), Tomato, Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol), Lettuce, Tomato Ketchup (Concentrated Tomatoes, Sugar, Salt, Concentrated White Vinegar, Food Acid (Citric Acid), Natural Flavours (Contain Garlic)), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Potassium Sorbate, Natural Flavours, Polysorbate 80, Turmeric), Onion |

| WHEAT | GLUTEN | GLUTEN SOURCE | EGGS | MILK & MILK PRODUCTS | SOY | FISH | MOLLUSC |
|-------|--------|---------------|------|----------------------|-----|------|---------|
| | | | | | | | |
| Y | Y | WHEAT, BARLEY | Y | Y | Y | T | N |
| Y | Y | WHEAT, BARLEY | Y | T | Y | T | N |

| CRUSTACEA | PEANUTS | TREE NUTS | TREE NUTS SOURCE | SESAME | LUPINS | SULPHITES |
|-----------|---------|-----------|------------------|--------|--------|-----------|
| | | n | | | | |
| N | N | N | N | Y | N | N |
| N | N | N | | Y | N | N |

| LACTOSE FREE | Serving Size (g) | Energy (kJ) | Protein (g) | Fat Total (g) | Fat Saturated (g) | Carbohydrates (g) | Sugars (g) | Sodium (mg) | Serving Size / 100g | Energy (KJ / 100g) |
|--------------|------------------|-------------|-------------|---------------|-------------------|-------------------|------------|-------------|---------------------|--------------------|
| | | | | | | | | | | |
| N | 356 | 3510 | 34.8 | 57.5 | 14.8 | 63.1 | 14.1 | 1920 | 100 | 987 |
| N | 308 | 3080 | 29.2 | 44.7 | 9.1 | 51.3 | 9.3 | 1270 | 100 | 1000 |

| Protein (g / 100g) | Fat Total (g / 100g) | Sat Fat (g / 100g) | Carbohydrates (g / 100g) | Sugars (g / 100g) | Sodium (g / 100g) | Column38 |
|--------------------|----------------------|--------------------|--------------------------|-------------------|-------------------|----------|
| | | | | | | |
| 9.8 | 16.2 | 4.2 | 17.7 | 4 | 540 | |
| 9.5 | 14.5 | 2.9 | 16.7 | 3.0 | 412 | |

| Selected Stores only | Halal | Menu Item | Ingredients |
|---|-------------------------------------|-----------------------------|--|
| 99 <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | Plant Based Whopper® Cheese | Plant Based Whopper Patty (Water, Soy Protein, Vegetable Oils (Contains Antioxidant (Tocopherol)), Flavours (Contains Glutamic Acid, Smoke), Thickeners (Methyl Cellulose, Carrageenan), Colour (Caramelised Sugar), Salt, Yeast Extract.), Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)), Tomato, Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)), Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol), Lettuce, Tomato Ketchup (Concentrated Tomatoes, Sugar, Salt, Concentrated White Vinegar, Food Acid (Citric Acid), Natural Flavours (Contain Garlic)), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Potassium Sorbate, Natural Flavours, Polysorbate 80, Turmeric), Onion |
| 100 <input type="checkbox"/> | <input type="checkbox"/> | Vegan Whopper Cheese | Veggie Patty (Vegetables (58%) (Carrots, Peas, Corn, Potato, Capsicum), Seasoning (Rice Flour, Dehydrated Vegetables, Wheat Flour, Soy Protein, Salt, Thickeners (415, 464), Hydrolysed Vegetable Protein (Maize), Yeast Extract, Flavour Enhancer (635), Herb & Spice Extracts, Colour (100)), Water, Canola Oil), Bun 5" Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)), Tomato, Lettuce, Onion Vegan Mayonnaise (Water, Canola Oil, Cider Vinegar, Thickeners (1442, 1450, 412, 415), Golden Syrup, Salt, Vegetable Protein, Sugar, Mustard Flour, Acidity Regulator (260), Preservatives (202, 211)), Vegan Cheese (Water, Modified Starches (E1404, E1420, E1422, E1440, E1450), Coconut Oil, Salt, Natural Flavour, Acidity Regulators (E333 (Iii), E330), Preservative (E200), Colours (E160a, 160c)), Tomato Ketchup (Concentrated Tomatoes, Sugar, Salt, Concentrated White Vinegar, Food Acid (Citric Acid), Natural Flavours (Contain Garlic), Spices.) |

| WHEAT | GLUTEN | GLUTEN SOURCE | EGGS | MILK & MILK PRODUCTS | SOY | FISH | MOLLUSC |
|-------|--------|---------------|------|----------------------|-----|------|---------|
| Y | Y | WHEAT, BARLEY | Y | Y | Y | T | N |
| Y | Y | WHEAT | N | N | Y | N | N |

| CRUSTACEA | PEANUTS | TREE NUTS | TREE NUTS SOURCE | SESAME | LUPINS | SULPHITES |
|-----------|---------|-----------|------------------|--------|--------|-----------|
| N | N | N | N | Y | N | N |
| N | N | N | N | Y | N | N |

| LACTOSE FREE | Serving Size (g) | Energy (kJ) | Protein (g) | Fat Total (g) | Fat Saturated (g) | Carbohydrates (g) | Sugars (g) | Sodium (mg) | Serving Size / 100g | Energy (KJ / 100g) |
|--------------|------------------|-------------|-------------|---------------|-------------------|-------------------|------------|-------------|---------------------|--------------------|
| N | 330 | 3390 | 33.8 | 50.4 | 12.9 | 52.1 | 10.2 | 1580 | 100 | 1030 |
| | 338 | 2730 | 16.4 | 25.7 | 5.6 | 87.8 | 11.7 | 1480 | 100 | 808 |

| Protein (g / 100g) | Fat Total (g / 100g) | Sat Fat (g / 100g) | Carbohydrates (g / 100g) | Sugars (g / 100g) | Sodium (g / 100g) | Column38 |
|--------------------|----------------------|--------------------|--------------------------|-------------------|-------------------|----------|
| 10.2 | 15.3 | 3.9 | 15.8 | 3.1 | 480 | |
| 4.9 | 7.6 | 1.7 | 26.0 | 3.5 | 438 | |