Penny Pinchers

Selected Stores only	Halal	Menu Item	Ingredients	WHEAT	GLUTEN	GLUTEN SOURCE	EGGS	MILK & MILK PRODUCTS	SOY	FISH	MOLLUSC	CRUSTACEA	PEANUTS	TREE NUTS	TREE NUTS SOURCE	SESAME	LUPINS	SULPHITES	LACTOSE FREE	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydrate (g)	Sugars (g)	Sodium (mg)	Serving Size / 100g	Energy (KJ / 100g)	Protein (g / 100g)	Fat Total (g / 100g)	Sat Fat (g / 100g)	Carbohydrates (g / 100g)	Sugars (g / 100g)	Sodium (g / 100g)	Column38
☐	☐	**Penny Pinchers**	**Warning: Product ingredients should be reviewed prior to use. Ingredients may be subject to change. Please contact your Hungry Jack's Restaurant Manager for the most up to date information. Allergen information is for the standard recipe only and does not include any allergens from optional extras or toppings.**											N																						
☐	☐	**Bubblegum Gloss**	Sundae Mix (Milk, Milk Solids, Sugar, Cream, Dextrose Emulsifier (471), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour) Bubblegum Syrup (Water, Sugar, Thickeners (E1422, E415), Natural Flavour, Acidity Regulator (E330), Preservative (202), Colour (E133)) Mini Marshmallow (Glucose Syrup, Sugar, Invert Syrup, Water, Gelatine (Porcine), Natural Flavours, Natural Colour (E120), Corn Starch (Maize))	N	N		N	Y	N	N	N	N	N	N		N	N	N		302	2230	13.6	18.3	12.1	78.7	77.8	300	100	739	4.5	6.1	4.0	26.1	25.8	98	
☐	☐	**Pop'n Chick'n**	Pop'n Chick'n (Chicken (58%), Wheat Flour, Water, Vegetable Oil, Salt, Thickener (1442), Mineral Salts (451, 452, 500, 508), Herbs, Spices, Dehydrated Vegetables, *Flavour, Yeast Extract, Yeast, Sugar, Wheat Gluten, Maltodextrin, Spice Extract)	Y	Y	WHEAT	T	T	T	T	N	N	N	T		T	N	N		150	1560	20.5	19.7	3.2	28.0	2.8	854	100	1040	13.7	13.2	2.2	18.7	1.9	570	
☐	☐	**Pop'n Chick'n Carry Cup**	Chips (Chips (Potato (91%), Vegetable Oil (5%, Modified Potato Starch (1400, 1414, 1412), Rice Flour, Potato Starch, Salt, Dextrose, Flavour Enhancer (635), Spices, Flavour, Sugar, Yeast Extract (1%), Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil) Pop'n Chick'n (Chicken (58%), Wheat Flour, Water, Vegetable Oil, Salt, Thickener (1442), Mineral Salts (451, 452, 500, 508), Herbs, Spices, Dehydrated Vegetables, *Flavour, Yeast Extract, Yeast, Sugar, Wheat Gluten, Maltodextrin, Spice Extract) Tomato Ketchup (Concentrated Tomatoes, Sugar, Salt, Concentrated White Vinegar, Food Acid (Citric Acid), Spice Extracts, Natural Flavour)	Y	Y	WHEAT	T	T	T	T	N	N	N	T		T	N	N		188	2090	14.0	24.1	3.5	56.4	2.9	1060	100	1110	7.5	12.8	1.9	30.0	1.6	563	
☑	☑	**BBQ Cheeseburger**	Bun Sesame (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folic Acid), Gluten, Soy, Sesame Seeds) Beef Patty Cheese (Cheese (Cow's Milk, Salt, Culture, Calvex's Rennet), Water, Non Fat Milk Solids, Emulsifiers (Sodium Phosphates), Acidity Regulators (330, 339), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Sulphites, Milk, Lactose) Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol) BBQ Sauce (Concentrated Tomatoes, Apple Puree, Sugar, Maize Thickener (1414), Salt, Foodacide (260, 330), Colour (150c), Natural Flavours, Spice.)	Y	Y	WHEAT	Y	Y	Y	N	N	N	N	N		Y	N	N		118	1610	16.2	22.3	7.3	30.2	4.8	468	100	1370	13.7	18.9	6.2	25.6	4.1	397	
☑	☑	**Chipo**	Coated Fries (Potato (81%), Vegetable Oil (5%), Antifoam (900a), Modified Potato Starch (1400, 1414, 1412), Rice Flour, Potato Dextrin, Salt, Acidity Regulators (450, 500), Thickener (1103) Seasoning (Salt (31%), Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil)		N		N	N	N	N	N	N	N			N	N	N		90	1060	3.1	11.7	1.6	33.9	0.2	489	100	1178	3.4	13.0	1.8	37.7	0.2	543	
☑	☑	**Chicken Royale**	Sesame Bun: Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Soy Flour, Emulsifiers (481, 472e), Preservative (282), Vitamins (Thiamin Folate) Chicken Patty: Chicken, Coating (Wheat Flour, Manufactured Crumb (Wheat Flour, Salt, Dried Yeast, Sugrops, Juice Extracts (160c, 100), Soybean Oil, Maize Flour, Salt, Mineral Salt (508), Spice, Vegetable Fat, Sunflower oil, Canola Oil, Water, Baker's Wheat Flour, Wheat Starch, Sugar, Vegetable Oil, Antioxidant (306), Spice, Flavour, Spice Extracts, Thickener (1442), Potato Flakes, Wheat Fibre, Mineral Salts(508, 450), Salt, Spices, Flavour, Spice Extracts, Thickener (1442), Potato Flakes, Wheat Fibre, Mineral Salts(508, 450), Salt, Spices, Flavour, Spice Extracts, Thickener (1442), Potato Flakes, Wheat Fibre, Mineral Salts(508, 450), Dextrose, Salt, Sugar, Yeast Extracts, Flavourings, Vegetable Powders, Flavour Enhancer (627), Vegetable Oil, Citric Acid, Spice Extract), Breadcrumbs, Flavour Lettuce Mayonnaise: Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol	Y	Y	WHEAT	Y	Y	Y	N	N	N	N	N		Y	N	N		140	1940	13.8	26.7	2.7	42.0	3.3	663	100	1386	9.9	19.1	1.9	30.0	2.4	466	
☐	☐	**FROZEN COKBIB Lge**	Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine		N		N	N	N	N	N	N	N	N		N	N	N		355	697	0.0	0.0	0.0	40.8	40.8	32	100	196	0.0	0.0	0.0	11.5	11.5	9	
☐	☐	**FROZEN FANTA® SOUR WATERMELON Lge**	Carbonated Water, Sugar, Food Acid (330), Flavour, Preservative (211), Colour (122)		N		N	N	N	N	N	N	N	N		N	N	N		355	709	0.0	0.0	0.0	40.8	40.8	14	100	200	0.0	0.0	0.0	11.5	11.5	4	
☐	☐	**FROZEN FANTA® MANGO Lge**	Carbonated Water, Sugar, Flavour, Food Acid (330), Preservative (211), Colour (110), Sweetener (960)		N		N	N	N	N	N	N	N	N		N	N	N		355	709	0.0	0.0	0.0	40.8	40.8	14	100	200	0.0	0.0	0.0	11.5	11.5	4	
☐	☐	**FROZEN FANTA® RASPBERRY Lge**	Carbonated Water, Sugar, Food Acid (330), Flavour, Preservative (211), Colours (122)		N		N	N	N	N	N	N	N	N		N	N	N		355	788	0.0	0.0	0.0	45.8	45.8	29	100	222	0.0	0.0	0.0	12.9	12.9	8	
☐	☐	**FROZEN FANTA® BUBBLEGUM Lge**	Carbonated Water, Sugar, Flavour, Food Acid (330), Preservative (211), Colour (133)		N		N	N	N	N	N	N	N	N		N	N	N		355	423	0.0	0.0	0.0	24.5	24.5	16	100	#DIV/0! BY ZERO	#DIV/0! BY	#DIV/0! BY	#DIV/0! BY	#DIV/0! BY ZERO	#DIV/0! BY	#DIV/0! BY	
☑	☑	**Chocolate Sundae**	Sundae Mix, Milk Solids, Sugar, Cream, Dextrose Emulsifier (471), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour Chocolate Sundae Sauce (Water, Milk Solids, Vegetable Fat, Cocoa (5%), Maltodextrin, Salt, Vegetable Gum (407), Natural Flavour, Preservative (202), Emulsifier (322)		N		N	Y	N	N	N	N	N	N		N	N	N		141	1090	6.6	9.3	6.5	37.0	36.6	170	100	773	4.7	6.6	4.6	26.2	26.0	121	
☑	☑	**Caramel Sundae**	Sundae Mix, Milk Solids, Sugar, Cream, Dextrose Emulsifier (471), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour Caramel Sauce (Water, Sugar, Glucose Syrup, Invert Syrup, Milk Solids, Vegetable Fat, Thickener (1442), Vegetable Gum (407)) Salt, Emulsifiers (471, 322), Mineral Salts (339, 339), Preservative (202)		N		N	Y	N	N	N	N	N	N		N	N	N		141	1130	6.6	9.6	6.9	38.6	37.1	168	100	801	4.7	6.8	4.9	27.4	26.3	119	
☑	☑	**Strawberry Sundae**	Sundae Mix, Milk, Milk Solids, Sugar, Cream, Dextrose Emulsifier (471), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour Strawberry Sauce (Water, Sugar, Strawberries (18%), Thickeners (1422, 415), Natural Colour (163), Natural Flavour (163), Acid (330), Preservative (202)		N		N	Y	N	N	N	N	N	N		N	N	N		141	1000	6.2	8.3	5.5	35.1	34.5	136	100	709	4.4	5.9	3.9	24.9	24.5	96	
☑	☑	**Vanilla Sundae**	Sundae Mix, Milk Solids, Sugar, Cream, Dextrose Emulsifier (471), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour		N		N	Y	N	N	N	N	N	N		N	N	N		141	1240	8.6	11.8	7.9	38.4	38.4	194	100	879	6.1	8.4	5.6	27.2	27.2	138	