

# Nutritional Guide 28 November 2023



## What's New

Selected Stores only	Halal	Menu Item	Ingredients
2	<input type="checkbox"/>	<input type="checkbox"/>	<b>What's New</b>
3	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<p><b>Hunger Tamers Texan Jack's Fried Chicken</b></p> <p><b>IMPORTANT: Customers should be aware that whilst every effort is made to segregate food to maintain the Vegan, Allergen ( eg Gluten) and Halal status of our ingredients, Individual food items may come in contact with one another during food manufacturing &amp;/or food preparation, and our restaurants serve products containing allergens, as well as bacon and meat as part of our standard menu items.</b></p> <p>Coca Cola (Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine), Jack's Fried Chicken Fillet (Chicken (60%), Flour (Wheat, Rice), Water, Starch (Wheat, Potato, Tapioca), Vegetable Oil, Thickeners (1422, 415), Salt, Mineral Salts (450, 500, 451), Vegetable Powders, Spices, Dextrose, Yeast, Natural Colours (160c, 100), Wheat Gluten), Chips (Potato (91%), Vegetable Oil 5%, Modified Potato Starch (1400, 1414, 1412), Rice Flour, Potato Dextrin, Salt, Acidity Regulators (450, 500), Thickener (415)), Seasoned Salt (Salt (74%), Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil)), Chicken Royale (Chicken (41%), Flour (Wheat, Rice, Soy, Maize), Water, Vegetable Oil, Thickeners (1412, 1404, 415), Salt, Yeast And Yeast Extracts (Incl. Barley), Sugar, Emulsifiers (481, 471), Soy Protein, Wheat Fibre, Flavourings, Maltodextrin, Potato Flakes (Potato, Preservative (220)), Spices And Spice Extracts, Mineral Salts (450, 500, 451, 510), Starch (Wheat), Acidity Regulators (325, 330, 327, 262, 270, 300, 341), Vegetable Powder, Flavour Enhancer (635), Milk Solids, Herbs, Colours (100, 170, 160b, 160c)), Brioche Style Bun (Wheat Flour, Water, Canola Oil, Bakers Yeast, Sugar, Wheat Gluten, Iodised Salt, Non-Fat Milk Solids, Shortening Powder (Vegetable Fat, Milk Protein, Antioxidant (307b From Soy)), Soy Flour, Preservatives (282, 202), Anti-Caking Agent (341), Colour (160a), Emulsifier (481), Wheat Malt Flour, Vitamins (Thiamin, Folic Acid)), Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)), Chicken Nugget (Chicken (55%), Flour (Wheat, Maize, Rice), Water, Vegetable Oil, Wheat Starch, Wheat Gluten, Thickener (1442), Salt, Sugar, Minerals Salts (451, 450, 500, 508), Dextrose, Maltodextrin, Flavour, Yeast, Yeast Extract, Spice Extract), Spicy Sauce (Vegetable Oil, Water, Egg Yolk (5%), White Vinegar, Sugar, Salt, Thickeners (1442, 1450, 415), Yeast, Chilli Powder (1%), Vegetable Powders, Lemon Juice Concentrate, Acidity Regulator (330), Preservative (202), Spice Extracts, Antioxidant (385)), Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol), Lettuce, Cracked Peppercorn Mayonnaise (Vegetable Oil, Water, White Vinegar, Egg Yolk (3.6%), Sugar, Milk Solids, Cracked Black Peppercorns (2.0%), Salt, Thickeners (1442, 1450, 415), Vegetable Powders, Flavour, Food Acid (270), Spice Extract, Preservative (202), Antioxidant (385)), Bacon (Pork (90%), Water, Salt, Curing Premix [Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)], Smoked), Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)), Smoky BBQ Sauce (Tomato Puree [Water, Tomato Paste, Citric Acid], Sugar, Vinegar, Apple Paste, Thickener (1442, 415), Caramel Colour (150a), Molasses, Salt, Smoke Flavour, Dehydrated Vegetable [Garlic, Onion], Worcestershire Flavour, Spice.), Clarified Butter</p>

WHEAT	GLUTEN	GLUTEN SOURCE	EGGS	MILK & MILK PRODUCTS	SOY	FISH
Y	Y	WHEAT	Y	Y	Y	N

MOLLUSC	CRUSTACEA	PEANUTS	TREE NUTS	TREE NUTS SOURCE	SESAME	LUPINS
N	N	N	T	ALMOND	Y	N

SULPHITES	LACTOSE FREE	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydrates (g)	Sugars (g)	Sodium (mg)	Serving Size / 100g
N	N	1068	8350	57.6	108	23.2	196	56.9	3400	100

Energy (KJ / 100g)	Protein (g / 100g)	Fat Total (g / 100g)	Sat Fat (g / 100g)	Carbohydrates (g / 100g)	Sugars (g / 100g)	Sodium (g / 100g)	Column38
782	5.4	10.1	2.2	18.4	5.3	318	

Selected Stores only	Halal	Menu Item	Ingredients
4 <input checked="" type="checkbox"/>	<input type="checkbox"/>	Hunger Tamers Texan Deluxe Beef	<p>Coca Cola (Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine),  Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)),  Chips (Potato (91%), Vegetable Oil 5%, Modified Potato Starch (1400, 1414, 1412), Rice Flour, Potato Dextrin, Salt, Acidity Regulators (450, 500), Thickener (415)), Seasoned Salt (Salt (74%), Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil)),  Beef Patty,  Chicken Nugget (Chicken (55%), Flour (Wheat, Maize, Rice), Water, Vegetable Oil, Wheat Starch, Wheat Gluten, Thickener (1442), Salt, Sugar, Minerals Salts (451, 450, 500, 508), Dextrose, Maltodextrin, Flavour, Yeast, Yeast Extract, Spice Extract),  Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)),  Spicy Sauce (Vegetable Oil, Water, Egg Yolk (5%), White Vinegar, Sugar, Salt, Thickeners (1442, 1450, 415), Yeast, Chilli Powder (1%), Vegetable Powders, Lemon Juice Concentrate, Acidity Regulator (330), Preservative (202), Spice Extracts, Antioxidant (385)),  Bacon (Pork (90%), Water, Salt, Curing Premix [Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)], Smoked),  Tomato,  Smoky BBQ Sauce (Tomato Puree [Water, Tomato Paste, Citric Acid], Sugar, Vinegar, Apple Paste, Thickener (1442, 415), Caramel Colour (150a), Molasses, Salt, Smoke Flavour, Dehydrated Vegetable [Garlic, Onion], Worcestershire Flavour, Spice.),  Cracked Peppercorn Mayonnaise (Vegetable Oil, Water, White Vinegar, Egg Yolk (3.6%), Sugar, Milk Solids, Cracked Black Peppercorns (2.0%), Salt, Thickeners (1442, 1450, 415), Vegetable Powders, Flavour, Food Acid (270), Spice Extract, Preservative (202), Antioxidant (385)),  Lettuce,  Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol)</p>
5 <input checked="" type="checkbox"/>	<input type="checkbox"/>	Texan Grilled Chicken	<p>Grilled Chicken Fillet (Chicken (94%), Salt, Thickeners (1442, 407), Mineral Salts (451, 450), Flavours, Water),  Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)),  Cracked Peppercorn Mayonnaise (Vegetable Oil, Water, White Vinegar, Egg Yolk (3.6%), Sugar, Milk Solids, Cracked Black Peppercorns (2.0%), Salt, Thickeners (1442, 1450, 415), Vegetable Powders, Flavour, Food Acid (270), Spice Extract, Preservative (202), Antioxidant (385)),  Bacon (Pork (90%), Water, Salt, Curing Premix [Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)], Smoked),  Tomato,  Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)),  Lettuce,  Smoky BBQ Sauce (Tomato Puree [Water, Tomato Paste, Citric Acid], Sugar, Vinegar, Apple Paste, Thickener (1442, 415), Caramel Colour (150a), Molasses, Salt, Smoke Flavour, Dehydrated Vegetable [Garlic, Onion], Worcestershire Flavour, Spice.)</p>

WHEAT	GLUTEN	GLUTEN SOURCE	EGGS	MILK & MILK PRODUCTS	SOY	FISH
Y	Y	WHEAT	Y	Y	Y	N
Y	Y	WHEAT	Y	Y	Y	N

MOLLUSC	CRUSTACEA	PEANUTS	TREE NUTS	TREE NUTS SOURCE	SESAME	LUPINS
N	N	N	N		Y	N
N	N	N	N		Y	N



SULPHITES	LACTOSE FREE	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydrates (g)	Sugars (g)	Sodium (mg)	Serving Size / 100g
N	N	945	6950	57.4	88.1	24.3	159	55.9	2530	100
N	N	202	1780	27.9	20.3	4.5	32.3	5.8	1130	100

Energy (KJ / 100g)	Protein (g / 100g)	Fat Total (g / 100g)	Sat Fat (g / 100g)	Carbohydrates (g / 100g)	Sugars (g / 100g)	Sodium (g / 100g)	Column38
735	6.1	9.3	2.6	16.8	5.9	268	
881	13.8	10	2.2	16	2.8	558	

Selected Stores only	Halal	Menu Item	Ingredients
6 <input checked="" type="checkbox"/>	<input type="checkbox"/>	Texan Jack's Fried Chicken	<p>Jack's Fried Chicken Fillet (Chicken (60%), Flour (Wheat, Rice), Water, Starch (Wheat, Potato, Tapioca), Vegetable Oil, Thickeners (1422, 415), Salt, Mineral Salts (450, 500, 451), Vegetable Powders, Spices, Dextrose, Yeast, Natural Colours (160c, 100), Wheat Gluten),</p> <p>Brioche Style Bun (Wheat Flour, Water, Canola Oil, Bakers Yeast, Sugar, Wheat Gluten, Iodised Salt, Non-Fat Milk Solids, Shortening Powder (Vegetable Fat, Milk Protein, Antioxidant (307b From Soy)), Soy Flour, Preservatives (282, 202), Anti-Caking Agent (341), Colour (160a), Emulsifier (481), Wheat Malt Flour, Vitamins (Thiamin, Folic Acid)),</p> <p>Cracked Peppercorn Mayonnaise (Vegetable Oil, Water, White Vinegar, Egg Yolk (3.6%), Sugar, Milk Solids, Cracked Black Peppercorns (2.0%), Salt, Thickeners (1442, 1450, 415), Vegetable Powders, Flavour, Food Acid (270), Spice Extract, Preservative (202), Antioxidant (385)),</p> <p>Bacon (Pork (90%), Water, Salt, Curing Premix [Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)], Smoked),</p> <p>Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)),</p> <p>Lettuce,</p> <p>Smoky BBQ Sauce (Tomato Puree [Water, Tomato Paste, Citric Acid], Sugar, Vinegar, Apple Paste, Thickener (1442, 415), Caramel Colour (150a), Molasses, Salt, Smoke Flavour, Dehydrated Vegetable [Garlic, Onion], Worcestershire Flavour, Spice.),</p> <p>Clarified Butter</p>
7 <input checked="" type="checkbox"/>	<input type="checkbox"/>	Texan Deluxe Beef	<p>Beef Patty,</p> <p>Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)),</p> <p>Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)),</p> <p>Bacon (Pork (90%), Water, Salt, Curing Premix [Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)], Smoked),</p> <p>Tomato,</p> <p>Cracked Peppercorn Mayonnaise (Vegetable Oil, Water, White Vinegar, Egg Yolk (3.6%), Sugar, Milk Solids, Cracked Black Peppercorns (2.0%), Salt, Thickeners (1442, 1450, 415), Vegetable Powders, Flavour, Food Acid (270), Spice Extract, Preservative (202), Antioxidant (385)),</p> <p>Lettuce,</p> <p>Smoky BBQ Sauce (Tomato Puree [Water, Tomato Paste, Citric Acid], Sugar, Vinegar, Apple Paste, Thickener (1442, 415), Caramel Colour (150a), Molasses, Salt, Smoke Flavour, Dehydrated Vegetable [Garlic, Onion], Worcestershire Flavour, Spice.)</p>

WHEAT	GLUTEN	GLUTEN SOURCE	EGGS	MILK & MILK PRODUCTS	SOY	FISH
Y	Y	WHEAT	Y	Y	Y	N
Y	Y	WHEAT	Y	Y	Y	N

MOLLUSC	CRUSTACEA	PEANUTS	TREE NUTS	TREE NUTS SOURCE	SESAME	LUPINS
N	N	N	T		T	N
N	N	N	N		Y	N

SULPHITES	LACTOSE FREE	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydrates (g)	Sugars (g)	Sodium (mg)	Serving Size / 100g
N	N	302	3300	34	45.6	15.3	59.2	8	1640	100
N	N	209	2240	30.1	31.8	13.1	31.9	5.7	951	100

Energy (KJ / 100g)	Protein (g / 100g)	Fat Total (g / 100g)	Sat Fat (g / 100g)	Carbohydrates (g / 100g)	Sugars (g / 100g)	Sodium (g / 100g)	Column38
1090	11.2	15.1	5.1	19.6	2.6	543.04636	
1070	14.4	15.2	6.3	15.3	2.7	455	

Selected Stores only	Halal	Menu Item	Ingredients
8 <input checked="" type="checkbox"/>	<input type="checkbox"/>	Hunger Tamers Jack's Fried Chicken Parm	<p>Coca Cola (Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine), Jack's Fried Chicken Fillet (Chicken (60%), Flour (Wheat, Rice), Water, Starch (Wheat, Potato, Tapioca), Vegetable Oil, Thickeners (1422, 415), Salt, Mineral Salts (450, 500, 451), Vegetable Powders, Spices, Dextrose, Yeast, Natural Colours (160c, 100), Wheat Gluten), Chips (Potato (91%), Vegetable Oil 5%, Modified Potato Starch (1400, 1414, 1412), Rice Flour, Potato Dextrin, Salt, Acidity Regulators (450, 500), Thickener (415)), Seasoned Salt (Salt (74%), Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil)), Brioche Style Bun (Wheat Flour, Water, Canola Oil, Bakers Yeast, Sugar, Wheat Gluten, Iodised Salt, Non-Fat Milk Solids, Shortening Powder (Vegetable Fat, Milk Protein, Antioxidant (307b From Soy)), Soy Flour, Preservatives (282, 202), Anti-Caking Agent (341), Colour (160a), Emulsifier (481), Wheat Malt Flour, Vitamins (Thiamin, Folic Acid)), Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)), Chicken Nugget (Chicken (55%), Flour (Wheat, Maize, Rice), Water, Vegetable Oil, Wheat Starch, Wheat Gluten, Thickener (1442), Salt, Sugar, Minerals Salts (451, 450, 500, 508), Dextrose, Maltodextrin, Flavour, Yeast, Yeast Extract, Spice Extract), Beef Patty, Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol), Napoli Sauce (Tomato (46%), Water, Vinegar, Thickener (1422), Tomato Paste, Onion, Sugar, Garlic, Salt, Acidity Regulator (330), Herbs, Spices, Preservatives (202, 211)), Spicy Sauce (Vegetable Oil, Water, Egg Yolk (5%), White Vinegar, Sugar, Salt, Thickeners (1442, 1450, 415), Yeast, Chilli Powder (1%), Vegetable Powders, Lemon Juice Concentrate, Acidity Regulator (330), Preservative (202), Spice Extracts, Antioxidant (385)), Natural Cheese (Milk, Salt, Starter Culture, Rennet), Bacon (Pork (90%), Water, Salt, Curing Premix [Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)], Smoked), Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)), Smoky BBQ Sauce (Tomato Puree [Water, Tomato Paste, Citric Acid], Sugar, Vinegar, Apple Paste, Thickener (1442, 415), Caramel Colour (150a), Molasses, Salt, Smoke Flavour, Dehydrated Vegetable [Garlic, Onion], Worcestershire Flavour, Spice.), Clarified Butter</p>



WHEAT	GLUTEN	GLUTEN SOURCE	EGGS	MILK & MILK PRODUCTS	SOY	FISH
Y	Y	WHEAT & BARLEY	Y	Y	Y	N

MOLLUSC	CRUSTACEA	PEANUTS	TREE NUTS	TREE NUTS SOURCE	SESAME	LUPINS
N	N	N	T	ALMOND	Y	N

SULPHITES	LACTOSE FREE	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydrates (g)	Sugars (g)	Sodium (mg)	Serving Size / 100g
N	N	1060	8420	64	112	30.5	186	57.6	3240	100

Energy (KJ / 100g)	Protein (g / 100g)	Fat Total (g / 100g)	Sat Fat (g / 100g)	Carbohydrates (g / 100g)	Sugars (g / 100g)	Sodium (g / 100g)	Column38
794	6	10.6	2.9	17.6	5.4	306	

Selected Stores only	Halal	Menu Item	Ingredients
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<p style="text-align: center;"><b>Hunger Tamers Mexican Deluxe Beef</b></p>	<p>Coca Cola (Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine),  Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)),  Chips (Potato (91%), Vegetable Oil 5%, Modified Potato Starch (1400, 1414, 1412), Rice Flour, Potato Dextrin, Salt, Acidity Regulators (450, 500), Thickener (415)), Seasoned Salt (Salt (74%), Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil)),  Beef Patty,  Chicken Nugget (Chicken (55%), Flour (Wheat, Maize, Rice), Water, Vegetable Oil, Wheat Starch, Wheat Gluten, Thickener (1442), Salt, Sugar, Minerals Salts (451, 450, 500, 508), Dextrose, Maltodextrin, Flavour, Yeast, Yeast Extract, Spice Extract),  Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)),  Spicy Tomato Relish (Tomato (48%), Sugar, Vinegar, Onion, Thickener (1422), Tomato Paste, Garlic, Salt, Spices),  Spicy Sauce (Vegetable Oil, Water, Egg Yolk (5%), White Vinegar, Sugar, Salt, Thickeners (1442, 1450, 415), Yeast, Chilli Powder (1%), Vegetable Powders, Lemon Juice Concentrate, Acidity Regulator (330), Preservative (202), Spice Extracts, Antioxidant (385)),  Bacon (Pork (90%), Water, Salt, Curing Premix [Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)], Smoked),  Jalapeno (Sliced Jalapeno Peppers (74.8%), Water, Vinegar, Food Acid (260), Salt, Preservative (211), Mineral Salt (509), Colour (102)),  Tomato,  Lettuce,  Sauce Smoky Chipotle 11g/21g 2023 (Vegetable Oil, Water, Sugar, Vinegar, Egg Yolk, Tomato Paste, Lemon Juice Concentrate, Salt, Thickeners (1442, 415), Vegetable Powders, Spices, Smoke Flavour (Contains Barley), Yeast Extract,  Chipotle Chilli (0.3%), Preservative (202), Antioxidant (385)), Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol),  Corn Chips (Corn Flour (76%), Vegetable Oil, Water, Salt),  Smoky BBQ Sauce (Tomato Puree [Water, Tomato Paste, Citric Acid], Sugar, Vinegar, Apple Paste, Thickener (1442, 415), Caramel Colour (150a), Molasses, Salt, Smoke Flavour, Dehydrated Vegetable [Garlic, Onion], Worcestershire Flavour, Spice.)</p>

9

WHEAT	GLUTEN	GLUTEN SOURCE	EGGS	MILK & MILK PRODUCTS	SOY	FISH
Y	Y	WHEAT & BARLEY	Y	Y	Y	N

MOLLUSC	CRUSTACEA	PEANUTS	TREE NUTS	TREE NUTS SOURCE	SESAME	LUPINS
N	N	N	N	N	Y	N

SULPHITES	LACTOSE FREE	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydrates (g)	Sugars (g)	Sodium (mg)	Serving Size / 100g
N	N	993	7180	59.6	88.7	24.6	170	69.4	2940	100



Energy (KJ / 100g)	Protein (g / 100g)	Fat Total (g / 100g)	Sat Fat (g / 100g)	Carbohydrates (g / 100g)	Sugars (g / 100g)	Sodium (g / 100g)	Column38
723	6	8.9	2.5	17.2	6.2	296	

Selected Stores only	Halal	Menu Item	Ingredients
10 <input checked="" type="checkbox"/>	<input type="checkbox"/>	<b>Hunger Tamers Mexican Deluxe Jack's Fried Chicken</b>	Coca Cola (Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine), Jack's Fried Chicken Fillet (Chicken (60%), Flour (Wheat, Rice), Water, Starch (Wheat, Potato, Tapioca), Vegetable Oil, Thickeners (1422, 415), Salt, Mineral Salts (450, 500, 451), Vegetable Powders, Spices, Dextrose, Yeast, Natural Colours (160c, 100), Wheat Gluten), Chips (Potato (91%), Vegetable Oil 5%, Modified Potato Starch (1400, 1414, 1412), Rice Flour, Potato Dextrin, Salt, Acidity Regulators (450, 500), Thickener (415)), Seasoned Salt (Salt (74%), Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil)), Brioche Style Bun (Wheat Flour, Water, Canola Oil, Bakers Yeast, Sugar, Wheat Gluten, Iodised Salt, Non-Fat Milk Solids, Shortening Powder (Vegetable Fat, Milk Protein, Antioxidant (307b From Soy)), Soy Flour, Preservatives (282, 202), Anti-Caking Agent (341), Colour (160a), Emulsifier (481), Wheat Malt Flour, Vitamins (Thiamin, Folic Acid)), Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)), Chicken Nugget (Chicken (55%), Flour (Wheat, Maize, Rice), Water, Vegetable Oil, Wheat Starch, Wheat Gluten, Thickener (1442), Salt, Sugar, Minerals Salts (451, 450, 500, 508), Dextrose, Maltodextrin, Flavour, Yeast, Yeast Extract, Spice Extract), Beef Patty, Spicy Tomato Relish (Tomato (48%), Sugar, Vinegar, Onion, Thickener (1422), Tomato Paste, Garlic, Salt, Spices), Spicy Sauce (Vegetable Oil, Water, Egg Yolk (5%), White Vinegar, Sugar, Salt, Thickeners (1442, 1450, 415), Yeast, Chilli Powder (1%), Vegetable Powders, Lemon Juice Concentrate, Acidity Regulator (330), Preservative (202), Spice Extracts, Antioxidant (385)), Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)), Sauce Smoky Chipotle 11g/21g 2023 (Vegetable Oil, Water, Sugar, Vinegar, Egg Yolk, Tomato Paste, Lemon Juice Concentrate, Salt, Thickeners (1442, 415), Vegetable Powders, Spices, Smoke Flavour (Contains Barley), Yeast Extract, Chipotle Chilli (0.3%), Preservative (202), Antioxidant (385)), Bacon (Pork (90%), Water, Salt, Curing Premix [Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)], Smoked), Jalapeno (Sliced Jalapeno Peppers (74.8%), Water, Vinegar, Food Acid (260), Salt, Preservative (211), Mineral Salt (509), Colour (102)), Lettuce, Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol), Corn Chips (Corn Flour (76%), Vegetable Oil, Water, Salt), Smoky BBQ Sauce (Tomato Puree [Water, Tomato Paste, Citric Acid], Sugar, Vinegar, Apple Paste, Thickener (1442, 415), Caramel Colour (150a), Molasses, Salt, Smoke Flavour, Dehydrated Vegetable [Garlic, Onion], Worcestershire Flavour, Spice.), Clarified Butter
11 <input checked="" type="checkbox"/>	<input type="checkbox"/>	<b>Mexican Deluxe Beef</b>	Beef Patty, Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)), Spicy Tomato Relish (Tomato (48%), Sugar, Vinegar, Onion, Thickener (1422), Tomato Paste, Garlic, Salt, Spices), Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)), Bacon (Pork (90%), Water, Salt, Curing Premix [Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)], Smoked), Jalapeno (Sliced Jalapeno Peppers (74.8%), Water, Vinegar, Food Acid (260), Salt, Preservative (211), Mineral Salt (509), Colour (102)), Tomato, Lettuce, Sauce Smoky Chipotle 11g/21g 2023 (Vegetable Oil, Water, Sugar, Vinegar, Egg Yolk, Tomato Paste, Lemon Juice Concentrate, Salt, Thickeners (1442, 415), Vegetable Powders, Spices, Smoke Flavour (Contains Barley), Yeast Extract, Chipotle Chilli (0.3%), Preservative (202), Antioxidant (385)), Corn Chips (Corn Flour (76%), Vegetable Oil, Water, Salt)

WHEAT	GLUTEN	GLUTEN SOURCE	EGGS	MILK & MILK PRODUCTS	SOY	FISH
Y	Y	WHEAT & BARLEY	Y	Y	Y	N
Y	Y	WHEAT & BARLEY	Y	Y	Y	N

MOLLUSC	CRUSTACEA	PEANUTS	TREE NUTS	TREE NUTS SOURCE	SESAME	LUPINS
N	N	N	T	ALMOND	Y	N
N	N	N	N	N	Y	N

SULPHITES	LACTOSE FREE	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydrates (g)	Sugars (g)	Sodium (mg)	Serving Size / 100g
N	N	1086	8190	63.5	101	26.6	198	64.4	3650	100
N	N	257	2470	32.4	32.4	13.4	43.3	11.2	1360	100

Energy (KJ / 100g)	Protein (g / 100g)	Fat Total (g / 100g)	Sat Fat (g / 100g)	Carbohydrates (g / 100g)	Sugars (g / 100g)	Sodium (g / 100g)	Column38
754	5.8	9.3	2.5	18.3	5.9	336	
962	12.6	12.6	5.2	16.8	4.4	529	

Selected Stores only	Halal	Menu Item	Ingredients
12 <input checked="" type="checkbox"/>	<input type="checkbox"/>	Mexican Deluxe Jack's Fried Chicken	<p>Jack's Fried Chicken Fillet (Chicken (60%), Flour (Wheat, Rice), Water, Starch (Wheat, Potato, Tapioca), Vegetable Oil, Thickeners (1422, 415), Salt, Mineral Salts (450, 500, 451), Vegetable Powders, Spices, Dextrose, Yeast, Natural Colours (160c, 100), Wheat Gluten),  Brioche Style Bun (Wheat Flour, Water, Canola Oil, Bakers Yeast, Sugar, Wheat Gluten, Iodised Salt, Non-Fat Milk Solids, Shortening Powder (Vegetable Fat, Milk Protein, Antioxidant (307b From Soy)), Soy Flour, Preservatives (282, 202), Anti-Caking Agent (341), Colour (160a), Emulsifier (481), Wheat Malt Flour, Vitamins (Thiamin, Folic Acid)),  Spicy Tomato Relish (Tomato (48%), Sugar, Vinegar, Onion, Thickener (1422), Tomato Paste, Garlic, Salt, Spices),  Sauce Smoky Chipotle 11g/21g 2023 (Vegetable Oil, Water, Sugar, Vinegar, Egg Yolk, Tomato Paste, Lemon Juice Concentrate, Salt, Thickeners (1442, 415), Vegetable Powders, Spices, Smoke Flavour (Contains Barley), Yeast Extract, Chipotle Chilli (0.3%), Preservative (202), Antioxidant (385)),  Bacon (Pork (90%), Water, Salt, Curing Premix [Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)], Smoked),  Jalapeno (Sliced Jalapeno Peppers (74.8%), Water, Vinegar, Food Acid (260), Salt, Preservative (211), Mineral Salt (509), Colour (102)),  Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)),  Lettuce,  Corn Chips (Corn Flour (76%), Vegetable Oil, Water, Salt),  Clarified Butter</p>
13 <input checked="" type="checkbox"/>	<input type="checkbox"/>	Mexican Deluxe Grilled Chicken	<p>Grilled Chicken Fillet (Chicken (94%), Salt, Thickeners (1442, 407), Mineral Salts (451, 450), Flavours, Water),  Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)),  Spicy Tomato Relish (Tomato (48%), Sugar, Vinegar, Onion, Thickener (1422), Tomato Paste, Garlic, Salt, Spices),  Sauce Smoky Chipotle 11g/21g 2023 (Vegetable Oil, Water, Sugar, Vinegar, Egg Yolk, Tomato Paste, Lemon Juice Concentrate, Salt, Thickeners (1442, 415), Vegetable Powders, Spices, Smoke Flavour (Contains Barley), Yeast Extract, Chipotle Chilli (0.3%), Preservative (202), Antioxidant (385)),  Bacon (Pork (90%), Water, Salt, Curing Premix [Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)], Smoked),  Jalapeno (Sliced Jalapeno Peppers (74.8%), Water, Vinegar, Food Acid (260), Salt, Preservative (211), Mineral Salt (509), Colour (102)),  Tomato,  Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)),  Lettuce,  Corn Chips (Corn Flour (76%), Vegetable Oil, Water, Salt)</p>
14 <input checked="" type="checkbox"/>	<input type="checkbox"/>	Jack's Fried Chicken Parmi	<p>Jack's Fried Chicken Fillet (Chicken (60%), Flour (Wheat, Rice), Water, Starch (Wheat, Potato, Tapioca), Vegetable Oil, Thickeners (1422, 415), Salt, Mineral Salts (450, 500, 451), Vegetable Powders, Spices, Dextrose, Yeast, Natural Colours (160c, 100), Wheat Gluten),  Brioche Style Bun (Wheat Flour, Water, Canola Oil, Bakers Yeast, Sugar, Wheat Gluten, Iodised Salt, Non-Fat Milk Solids, Shortening Powder (Vegetable Fat, Milk Protein, Antioxidant (307b From Soy)), Soy Flour, Preservatives (282, 202), Anti-Caking Agent (341), Colour (160a), Emulsifier (481), Wheat Malt Flour, Vitamins (Thiamin, Folic Acid)),  Napoli Sauce (Tomato (46%), Water, Vinegar, Thickener (1422), Tomato Paste, Onion, Sugar, Garlic, Salt, Acidity Regulator (330), Herbs, Spices, Preservatives (202, 211)),  Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol),  Natural Cheese (Milk, Salt, Starter Culture, Rennet),  Bacon (Pork (90%), Water, Salt, Curing Premix [Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)], Smoked),  Clarified Butter</p>

WHEAT	GLUTEN	GLUTEN SOURCE	EGGS	MILK & MILK PRODUCTS	SOY	FISH
Y	Y	WHEAT & BARLEY	Y	Y	Y	N
Y	Y	WHEAT & BARLEY	Y	Y	Y	N
Y	Y	WHEAT	Y	Y	Y	N



MOLLUSC	CRUSTACEA	PEANUTS	TREE NUTS	TREE NUTS SOURCE	SESAME	LUPINS
N	N	N	T		T	N
N	N	N	N	N	Y	N
N	N	N	T		T	N

SULPHITES	LACTOSE FREE	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydrates (g)	Sugars (g)	Sodium (mg)	Serving Size / 100g
N	N	350	3480	36.3	44.3	15.4	71.3	14.2	2070	100
N	N	250	1960	30.2	19	4.6	44.4	12	1560	100
N	N	324	3710	36.8	55.8	19.4	59.2	7.4	1660	100

Energy (KJ / 100g)	Protein (g / 100g)	Fat Total (g / 100g)	Sat Fat (g / 100g)	Carbohydrates (g / 100g)	Sugars (g / 100g)	Sodium (g / 100g)	Column38
993	10.4	12.7	4.4	20.4	4.1	591	
783	12.1	7.6	1.8	17.7	4.8	623	
1140	11.4	17.2	6	18.3	2.3	513	

	Selected Stores only	Halal	Menu Item	Ingredients
15	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<b>Grilled Chicken Parmi</b>	Grilled Chicken Fillet (Chicken (94%), Salt, Thickeners (1442, 407), Mineral Salts (451, 450), Flavours, Water), Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)), Napoli Sauce (Tomato (46%), Water, Vinegar, Thickener (1422), Tomato Paste, Onion, Sugar, Garlic, Salt, Acidity Regulator (330), Herbs, Spices, Preservatives (202, 211)), Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol), Natural Cheese (Milk, Salt, Starter Culture, Rennet), Bacon (Pork (90%), Water, Salt, Curing Premix [Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)], Smoked)
16	<input type="checkbox"/>	<input type="checkbox"/>	<b>Mega On Turkish Roll</b>	Turkish Roll (Wheat Flour [Vitamins (Thiamin, Folic Acid)], Water, Iodised Salt, Vegetable Oil, Yeast, Imitation Vinegar, Sesame Seeds, Nigella Seeds, Soy Flour, Mineral Salt (170), Emulsifier (481), Enzymes, Food Acid (300)), Cooked Egg, Bacon (Pork (90%), Water, Salt, Curing Premix [Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)], Smoked), Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)), Smoky BBQ Sauce (Tomato Puree [Water, Tomato Paste, Citric Acid], Sugar, Vinegar, Apple Paste, Thickener (1442, 415), Caramel Colour (150a), Molasses, Salt, Smoke Flavour, Dehydrated Vegetable [Garlic, Onion], Worcestershire Flavour, Spice.), Clarified Butter
17	<input type="checkbox"/>	<input type="checkbox"/>	<b>Bacon &amp; Egg Double On Turkish Roll</b>	Turkish Roll (Wheat Flour [Vitamins (Thiamin, Folic Acid)], Water, Iodised Salt, Vegetable Oil, Yeast, Imitation Vinegar, Sesame Seeds, Nigella Seeds, Soy Flour, Mineral Salt (170), Emulsifier (481), Enzymes, Food Acid (300)), Cooked Egg, Bacon (Pork (90%), Water, Salt, Curing Premix [Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)], Smoked), Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)), Smoky BBQ Sauce (Tomato Puree [Water, Tomato Paste, Citric Acid], Sugar, Vinegar, Apple Paste, Thickener (1442, 415), Caramel Colour (150a), Molasses, Salt, Smoke Flavour, Dehydrated Vegetable [Garlic, Onion], Worcestershire Flavour, Spice.), Clarified Butter
18	<input type="checkbox"/>	<input type="checkbox"/>	<b>Sausage &amp; Egg Double On Turkish Roll (contains Pork &amp; Beef)</b>	Sausage (Pork, Beef, Soy Protein, Salt, Spices, Herbs, Dextrose (Wheat), Sugar, Dehydrated Vegetables, Vegetable Oil, E635, Hydrolysed Vegetable Protein (Soy)), Turkish Roll (Wheat Flour [Vitamins (Thiamin, Folic Acid)], Water, Iodised Salt, Vegetable Oil, Yeast, Imitation Vinegar, Sesame Seeds, Nigella Seeds, Soy Flour, Mineral Salt (170), Emulsifier (481), Enzymes, Food Acid (300)), Cooked Egg, Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)), Smoky BBQ Sauce (Tomato Puree [Water, Tomato Paste, Citric Acid], Sugar, Vinegar, Apple Paste, Thickener (1442, 415), Caramel Colour (150a), Molasses, Salt, Smoke Flavour, Dehydrated Vegetable [Garlic, Onion], Worcestershire Flavour, Spice.), Clarified Butter

WHEAT	GLUTEN	GLUTEN SOURCE	EGGS	MILK & MILK PRODUCTS	SOY	FISH
Y	Y	WHEAT	Y	Y	Y	N
Y	Y	WHEAT	Y	Y	Y	N
Y	Y	WHEAT	Y	Y	Y	N
Y	Y	WHEAT	Y	Y	Y	N

MOLLUSC	CRUSTACEA	PEANUTS	TREE NUTS	TREE NUTS SOURCE	SESAME	LUPINS
N	N	N	N		Y	N
N	N	N	N	N	Y	N
N	N	N	N	N	Y	N
N	N	N	N	N	Y	N

SULPHITES	LACTOSE FREE	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydrates (g)	Sugars (g)	Sodium (mg)	Serving Size / 100g
N	N	210	2180	30.6	30.5	8.5	32	4.9	1150	100
N	N	252	2470	33.1	33.5	15.5	37.3	6.2	1480	100
N	N	210	1980	24.4	24.2	12	37.3	6.2	1260	100
N	N	254	2690	35.5	38.7	17.5	36.9	6	1180	100

Energy (KJ / 100g)	Protein (g / 100g)	Fat Total (g / 100g)	Sat Fat (g / 100g)	Carbohydrates (g / 100g)	Sugars (g / 100g)	Sodium (g / 100g)	Column38
1040	14.6	14.5	4.1	15.2	2.3	547	
980	13.1	13.3	6.2	14.8	2.5	587	
942	11.6	11.5	5.7	17.7	3	601	
1060	14	15.2	6.9	14.5	2.3	464	



Selected Stores only	Halal	Menu Item	Ingredients	
19	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<b>Mega Brekky Wrap</b>	Beef, Hashbrown (Potatoes, Vegetable Oil (May Contain One Or More Of The Following Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil, Hydrogenated Soybean And/or Cottonseed Oil), Salt, Disodium Dihydrogen Pyrophosphate, Dextrose.), Wrap (Wheat Flour [ (66%), Thiamine, Folic Acid], Water, Vegetable Shortening [Antioxidant (320)], Sugar, Baking Powder [Mineral Salts (450, 500, 341)], Acidity Regulator (297), Mineral Salt (500), Preservative (282), Iodized Salt, Yeast), Cooked Egg, Sausage (Pork, Beef, Soy Protein, Salt, Spices, Herbs, Dextrose (Wheat), Sugar, Dehydrated Vegetables, Vegetable Oil, E635, Hydrolysed Vegetable Protein (Soy)), Bacon (Pork (90%), Water, Salt, Curing Premix [Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)], Smoked), Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)), Smoky BBQ Sauce (Tomato Puree [Water, Tomato Paste, Citric Acid], Sugar, Vinegar, Apple Paste, Thickener (1442, 415), Caramel Colour (150a), Molasses, Salt, Smoke Flavour, Dehydrated Vegetable [Garlic, Onion], Worcestershire Flavour, Spice.)
20	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<b>Monster® Energy 500ml</b>	Carbonated Water, Sugar, Glucose Syrup, Acidity Regulators (Citric Acid, Sodium Citrate), Natural Flavours, Taurine, Natural Colours (Anthocyanins), Panax Ginseng Root Extract, Preservatives (Sorbic Acid, Benzoic Acid), Caffeine, Vitamins [Niacin (B3), Vitamin B6, Riboflavin (B2), Vitamin B12], Salt, Inositol, Guarana Seed Extract, D-Glucuronolactone, Sweetener (Sucralose), Maltodextrin
21	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<b>Monster® Mango Loco 500ml</b>	Carbonated Water, Sucrose, Glucose, Mango Puree, Acidity Regulators (Citric Acid, Sodium Citrate, Potassium Citrate), Apple Juice Concentrate, Taurine, Flavours, Orange Juice Concentrate, Panax Ginseng Extract, Preservatives (Potassium Sorbate, Sodium Benzoate), Caffeine, Sweetener (Sucralose), Vitamins [Niacin (B3), Vitamin B6, Riboflavin (B2), Vitamin B12], Maltodextrin, Guava Juice Concentrate, Inositol, Natural Colours (Carotene, Grape Skin Extract), Pineapple Juice Concentrate, Passionfruit Juice Concentrate, Coconut Oil, Rapeseed Oil, Modified Starch (Starch Sodium Octenyl Succinate), Salt, Glucuronolactone, Guarana Seed Extract.total Fruit Juice From Concentrate: 6% (2.5% From Mango)
22	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<b>Pop 'n' Chicken Pack</b>	Pop'n Chick'n (Chicken (59%), Wheat Flour, Water, Vegetable Oil, Salt, Thickener (1442), Mineral Salts (451, 450, 500, 508), Herbs, Spices, Dehydrated Vegetables, Flavour, Yeast Extract, Yeast, Sugar, Wheat Gluten, Maltodextrin, Spice Extract), Tomato Ketchup (Concentrated Tomatoes, Sugar, Salt, Concentrated White Vinegar, Food Acid (Citric Acid), Natural Flavours (Contain Garlic))
23	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<b>Pop 'n' Chicken Carry Cup</b>	Chips (Potato (91%), Vegetable Oil 5%, Modified Potato Starch (1400, 1414, 1412), Rice Flour, Potato Dextrin, Salt, Acidity Regulators (450, 500), Thickener (415)), Seasoned Salt (Salt (74%), Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil)), Pop'n Chick'n (Chicken (59%), Wheat Flour, Water, Vegetable Oil, Salt, Thickener (1442), Mineral Salts (451, 450, 500, 508), Herbs, Spices, Dehydrated Vegetables, Flavour, Yeast Extract, Yeast, Sugar, Wheat Gluten, Maltodextrin, Spice Extract), Tomato Ketchup (Concentrated Tomatoes, Sugar, Salt, Concentrated White Vinegar, Food Acid (Citric Acid), Natural Flavours (Contain Garlic))

WHEAT	GLUTEN	GLUTEN SOURCE	EGGS	MILK & MILK PRODUCTS	SOY	FISH
Y	Y	WHEAT	Y	Y	Y	N
N	N		N	N	N	N
N	N		N	N	N	N
Y	Y	WHEAT	T	T	T	T
Y	Y	WHEAT	T	T	T	T

MOLLUSC	CRUSTACEA	PEANUTS	TREE NUTS	TREE NUTS SOURCE	SESAME	LUPINS
N	N	N	N	N	N	N
N	N	N	N		N	N
N	N	N	N		N	N
N	N	N	T		T	N
N	N	N	T		T	N

SULPHITES	LACTOSE FREE	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydrates (g)	Sugars (g)	Sodium (mg)	Serving Size / 100g
N	N	367	3860	49.9	58.9	23.5	47.6	7.3	1770	100
N	Y	500	1030	0	0	0	62	57	390	100
N	Y	500	1080	0	0	0	65	65	115	100
N	N	150	1560	20.5	19.7	3.2	28	2.8	854	100
N	N	188	2090	14	24.1	3.5	56.4	2.9	1060	100

Energy (KJ / 100g)	Protein (g / 100g)	Fat Total (g / 100g)	Sat Fat (g / 100g)	Carbohydrates (g / 100g)	Sugars (g / 100g)	Sodium (g / 100g)	Column38
1050	13.6	16.1	6.4	13	2	482	
206	0	0	0	12.4	11.4	78	
215	0	0	0	13	12	23	
1040	13.7	13.2	2.2	18.7	1.9	570	
1110	7.5	12.8	1.9	30	1.6	563	

Selected Stores only	Halal	Menu Item	Ingredients
24 <input checked="" type="checkbox"/>	<input type="checkbox"/>	Lunch Stunner Pop 'n' Chicken Small	Coca Cola (Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine), Chips (Potato (91%), Vegetable Oil 5%, Modified Potato Starch (1400, 1414, 1412), Rice Flour, Potato Dextrin, Salt, Acidity Regulators (450, 500), Thickener (415)), Seasoned Salt (Salt (74%), Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil)), Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)), Pop'n Chick'n (Chicken (59%), Wheat Flour, Water, Vegetable Oil, Salt, Thickener (1442), Mineral Salts (451, 450, 500, 508), Herbs, Spices, Dehydrated Vegetables, Flavour, Yeast Extract, Yeast, Sugar, Wheat Gluten, Maltodextrin, Spice Extract), Beef Patty, Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)), Tomato Ketchup (Concentrated Tomatoes, Sugar, Salt, Concentrated White Vinegar, Food Acid (Citric Acid), Natural Flavours (Contain Garlic)), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Potassium Sorbate, Natural Flavours, Polysorbate 80, Turmeric), Mustard (Water, Mustard Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice.)
25 <input checked="" type="checkbox"/>	<input type="checkbox"/>	Lunch Stunner Pop 'n' Chicken Medium	Coca Cola (Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine), Chips (Potato (91%), Vegetable Oil 5%, Modified Potato Starch (1400, 1414, 1412), Rice Flour, Potato Dextrin, Salt, Acidity Regulators (450, 500), Thickener (415)), Seasoned Salt (Salt (74%), Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil)), Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)), Pop'n Chick'n (Chicken (59%), Wheat Flour, Water, Vegetable Oil, Salt, Thickener (1442), Mineral Salts (451, 450, 500, 508), Herbs, Spices, Dehydrated Vegetables, Flavour, Yeast Extract, Yeast, Sugar, Wheat Gluten, Maltodextrin, Spice Extract), Beef Patty, Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)), Tomato Ketchup (Concentrated Tomatoes, Sugar, Salt, Concentrated White Vinegar, Food Acid (Citric Acid), Natural Flavours (Contain Garlic)), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Potassium Sorbate, Natural Flavours, Polysorbate 80, Turmeric), Mustard (Water, Mustard Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice.)
26 <input checked="" type="checkbox"/>	<input type="checkbox"/>	Lunch Stunner Pop 'n' Chicken Large	Coca Cola (Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine), Chips (Potato (91%), Vegetable Oil 5%, Modified Potato Starch (1400, 1414, 1412), Rice Flour, Potato Dextrin, Salt, Acidity Regulators (450, 500), Thickener (415)), Seasoned Salt (Salt (74%), Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil)), Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)), Pop'n Chick'n (Chicken (59%), Wheat Flour, Water, Vegetable Oil, Salt, Thickener (1442), Mineral Salts (451, 450, 500, 508), Herbs, Spices, Dehydrated Vegetables, Flavour, Yeast Extract, Yeast, Sugar, Wheat Gluten, Maltodextrin, Spice Extract), Beef Patty, Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)), Tomato Ketchup (Concentrated Tomatoes, Sugar, Salt, Concentrated White Vinegar, Food Acid (Citric Acid), Natural Flavours (Contain Garlic)), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Potassium Sorbate, Natural Flavours, Polysorbate 80, Turmeric), Mustard (Water, Mustard Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice.)

WHEAT	GLUTEN	GLUTEN SOURCE	EGGS	MILK & MILK PRODUCTS	SOY	FISH
Y	Y	WHEAT	N	Y	Y	N
Y	Y	WHEAT	N	Y	Y	N
Y	Y	WHEAT	N	Y	Y	N

MOLLUSC	CRUSTACEA	PEANUTS	TREE NUTS	TREE NUTS SOURCE	SESAME	LUPINS
N	N	N	N	N	Y	N
N	N	N	N	N	Y	N
N	N	N	N	N	Y	N



SULPHITES	LACTOSE FREE	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydrates (g)	Sugars (g)	Sodium (mg)	Serving Size / 100g
N	N	600	3450	25.6	31.5	8.7	109	42.2	1490	100
N	N	713	3840	26.2	34	9	126	51.8	1600	100
N	N	949	4730	27.8	40.2	9.8	163	71.2	1880	100

Energy (KJ / 100g)	Protein (g / 100g)	Fat Total (g / 100g)	Sat Fat (g / 100g)	Carbohydrates (g / 100g)	Sugars (g / 100g)	Sodium (g / 100g)	Column38
576	4.3	5.3	1.4	18.2	7	248	
539	3.7	4.8	1.3	17.7	7.3	225	
498	2.9	4.2	1	17.2	7.5	198	

Selected Stores only	Halal	Menu Item	Ingredients
27 <input checked="" type="checkbox"/>	<input type="checkbox"/>	Mega Feast Pop 'n' Chicken Small	<p>Coca Cola (Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine), Chips (Potato (91%), Vegetable Oil 5%, Modified Potato Starch (1400, 1414, 1412), Rice Flour, Potato Dextrin, Salt, Acidity Regulators (450, 500), Thickener (415)), Seasoned Salt (Salt (74%), Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil)), Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)), Beef, Pop'n Chick'n (Chicken (59%), Wheat Flour, Water, Vegetable Oil, Salt, Thickener (1442), Mineral Salts (451, 450, 500, 508), Herbs, Spices, Dehydrated Vegetables, Flavour, Yeast Extract, Yeast, Sugar, Wheat Gluten, Maltodextrin, Spice Extract), Chicken Royale (Chicken (41%), Flour (Wheat, Rice, Soy, Maize), Water, Vegetable Oil, Thickeners (1412, 1404, 415), Salt, Yeast And Yeast Extracts (Incl. Barley), Sugar, Emulsifiers (481, 471), Soy Protein, Wheat Fibre, Flavourings, Maltodextrin, Potato Flakes (Potato, Preservative (220)), Spices And Spice Extracts, Mineral Salts (450, 500, 451, 510), Starch (Wheat), Acidity Regulators (325, 330, 327, 262, 270, 300, 341), Vegetable Powder, Flavour Enhancer (635), Milk Solids, Herbs, Colours (100, 170, 160b, 160c)), Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol), Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)), Lettuce, Tomato, Tomato Ketchup (Concentrated Tomatoes, Sugar, Salt, Concentrated White Vinegar, Food Acid (Citric Acid), Natural Flavours (Contain Garlic)), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Potassium Sorbate, Natural Flavours, Polysorbate 80, Turmeric), Onion, Mustard (Water, Mustard Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice.)</p>
28 <input checked="" type="checkbox"/>	<input type="checkbox"/>	Mega Feast Pop 'n' Chicken Medium	<p>Coca Cola (Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine), Chips (Potato (91%), Vegetable Oil 5%, Modified Potato Starch (1400, 1414, 1412), Rice Flour, Potato Dextrin, Salt, Acidity Regulators (450, 500), Thickener (415)), Seasoned Salt (Salt (74%), Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil)), Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)), Beef, Pop'n Chick'n (Chicken (59%), Wheat Flour, Water, Vegetable Oil, Salt, Thickener (1442), Mineral Salts (451, 450, 500, 508), Herbs, Spices, Dehydrated Vegetables, Flavour, Yeast Extract, Yeast, Sugar, Wheat Gluten, Maltodextrin, Spice Extract), Chicken Royale (Chicken (41%), Flour (Wheat, Rice, Soy, Maize), Water, Vegetable Oil, Thickeners (1412, 1404, 415), Salt, Yeast And Yeast Extracts (Incl. Barley), Sugar, Emulsifiers (481, 471), Soy Protein, Wheat Fibre, Flavourings, Maltodextrin, Potato Flakes (Potato, Preservative (220)), Spices And Spice Extracts, Mineral Salts (450, 500, 451, 510), Starch (Wheat), Acidity Regulators (325, 330, 327, 262, 270, 300, 341), Vegetable Powder, Flavour Enhancer (635), Milk Solids, Herbs, Colours (100, 170, 160b, 160c)), Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol), Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)), Lettuce, Tomato, Tomato Ketchup (Concentrated Tomatoes, Sugar, Salt, Concentrated White Vinegar, Food Acid (Citric Acid), Natural Flavours (Contain Garlic)), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Potassium Sorbate, Natural Flavours, Polysorbate 80, Turmeric), Onion, Mustard (Water, Mustard Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice.)</p>

WHEAT	GLUTEN	GLUTEN SOURCE	EGGS	MILK & MILK PRODUCTS	SOY	FISH
Y	Y	WHEAT	Y	Y	Y	N
Y	Y	WHEAT	Y	Y	Y	N

MOLLUSC	CRUSTACEA	PEANUTS	TREE NUTS	TREE NUTS SOURCE	SESAME	LUPINS
N	N	N	N	N	Y	N
N	N	N	N	N	Y	N

SULPHITES	LACTOSE FREE	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydrates (g)	Sugars (g)	Sodium (mg)	Serving Size / 100g
N	N	3014	20900	153	243	61.6	543	180	8090	100
N	N	3467	22400	156	253	63	611	218	8540	100

Energy (KJ / 100g)	Protein (g / 100g)	Fat Total (g / 100g)	Sat Fat (g / 100g)	Carbohydrates (g / 100g)	Sugars (g / 100g)	Sodium (g / 100g)	Column38
692	5.1	8.1	2	18	6	268	
647	4.5	7.3	1.8	17.6	6.3	246	

Selected Stores only	Halal	Menu Item	Ingredients
29	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<p><b>Mega Feast Pop 'n' Chicken Large</b></p> <p>Coca Cola (Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine), Chips (Potato (91%), Vegetable Oil 5%, Modified Potato Starch (1400, 1414, 1412), Rice Flour, Potato Dextrin, Salt, Acidity Regulators (450, 500), Thickener (415)), Seasoned Salt (Salt (74%), Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil)), Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)), Beef, Pop'n Chick'n (Chicken (59%), Wheat Flour, Water, Vegetable Oil, Salt, Thickener (1442), Mineral Salts (451, 450, 500, 508), Herbs, Spices, Dehydrated Vegetables, Flavour, Yeast Extract, Yeast, Sugar, Wheat Gluten, Maltodextrin, Spice Extract), Chicken Royale (Chicken (41%), Flour (Wheat, Rice, Soy, Maize), Water, Vegetable Oil, Thickeners (1412, 1404, 415), Salt, Yeast And Yeast Extracts (Incl. Barley), Sugar, Emulsifiers (481, 471), Soy Protein, Wheat Fibre, Flavourings, Maltodextrin, Potato Flakes (Potato, Preservative (220)), Spices And Spice Extracts, Mineral Salts (450, 500, 451, 510), Starch (Wheat), Acidity Regulators (325, 330, 327, 262, 270, 300, 341), Vegetable Powder, Flavour Enhancer (635), Milk Solids, Herbs, Colours (100, 170, 160b, 160c)), Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol), Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)), Lettuce, Tomato, Tomato Ketchup (Concentrated Tomatoes, Sugar, Salt, Concentrated White Vinegar, Food Acid (Citric Acid), Natural Flavours (Contain Garlic)), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Potassium Sorbate, Natural Flavours, Polysorbate 80, Turmeric), Onion, Mustard (Water, Mustard Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice.)</p>
30	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<p><b>Whiskey River Whopper®</b></p> <p>Bun 5" Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)), Beef, Bacon (Pork (90%), Water, Salt, Curing Premix [Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)], Smoked), Angry Onions (Onions (58%), Water, Wheat Flour, Vegetable Oil (Contains One Or More Of The Following Canola, Palm, Soybean, Sunflower), Corn Starch, Rice Flour, Salt, Tapioca Dextrin, Natural Flavours, Maltodextrin, Dried Yeast, Thickeners (Gum Arabic, Xantham Gum)), Tomato, Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)), Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol), Lettuce, Smoky BBQ Sauce (Tomato Puree [Water, Tomato Paste, Citric Acid], Sugar, Vinegar, Apple Paste, Thickener (1442, 415), Caramel Colour (150a), Molasses, Salt, Smoke Flavour, Dehydrated Vegetable [Garlic, Onion], Worcestershire Flavour, Spice.), Mustard (Water, Mustard Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice.)</p>



WHEAT	GLUTEN	GLUTEN SOURCE	EGGS	MILK & MILK PRODUCTS	SOY	FISH
Y	Y	WHEAT	Y	Y	Y	N
Y	Y	WHEAT	Y	Y	Y	N

MOLLUSC	CRUSTACEA	PEANUTS	TREE NUTS	TREE NUTS SOURCE	SESAME	LUPINS
N	N	N	N	N	Y	N
N	N	N	N	N	Y	N

SULPHITES	LACTOSE FREE	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydrates (g)	Sugars (g)	Sodium (mg)	Serving Size / 100g
N	N	4410	26000	162	278	66.3	759	296	9640	100
N	N	350	3470	38.5	56.9	19.3	61	12.5	1650	100

Energy (KJ / 100g)	Protein (g / 100g)	Fat Total (g / 100g)	Sat Fat (g / 100g)	Carbohydrates (g / 100g)	Sugars (g / 100g)	Sodium (g / 100g)	Column38
589	3.7	6.3	1.5	17.2	6.7	219	
990	11	16.3	5.5	17.4	3.6	471	

Selected Stores only	Halal	Menu Item	Ingredients
31 <input checked="" type="checkbox"/>	<input type="checkbox"/>	Whiskey River Whopper® Double	<p>Beef,            Bun 5" Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)), Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)),            Bacon (Pork (90%), Water, Salt, Curing Premix [Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)], Smoked),            Angry Onions (Onions (58%), Water, Wheat Flour, Vegetable Oil (Contains One Or More Of The Following Canola, Palm, Soybean, Sunflower), Corn Starch, Rice Flour, Salt, Tapioca Dextrin, Natural Flavours, Maltodextrin, Dried Yeast, Thickeners (Gum Arabic, Xantham Gum)),            Tomato,            Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol),            Lettuce,            Smoky BBQ Sauce (Tomato Puree [Water, Tomato Paste, Citric Acid], Sugar, Vinegar, Apple Paste, Thickener (1442, 415), Caramel Colour (150a), Molasses, Salt, Smoke Flavour, Dehydrated Vegetable [Garlic, Onion], Worcestershire Flavour, Spice.),            Mustard (Water, Mustard Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice.)</p>
32 <input checked="" type="checkbox"/>	<input type="checkbox"/>	Whiskey River Jack's Fried Chicken	<p>Jack's Fried Chicken Fillet (Chicken (60%), Flour (Wheat, Rice), Water, Starch (Wheat, Potato, Tapioca), Vegetable Oil, Thickeners (1422, 415), Salt, Mineral Salts (450, 500, 451), Vegetable Powders, Spices, Dextrose, Yeast, Natural Colours (160c, 100), Wheat Gluten),            Brioche Style Bun (Wheat Flour, Water, Canola Oil, Bakers Yeast, Sugar, Wheat Gluten, Iodised Salt, Non-Fat Milk Solids, Shortening Powder (Vegetable Fat, Milk Protein, Antioxidant (307b From Soy)), Soy Flour, Preservatives (282, 202), Anti-Caking Agent (341), Colour (160a), Emulsifier (481), Wheat Malt Flour, Vitamins (Thiamin, Folic Acid)),            Angry Onions (Onions (58%), Water, Wheat Flour, Vegetable Oil (Contains One Or More Of The Following Canola, Palm, Soybean, Sunflower), Corn Starch, Rice Flour, Salt, Tapioca Dextrin, Natural Flavours, Maltodextrin, Dried Yeast, Thickeners (Gum Arabic, Xantham Gum)),            Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol),            Bacon (Pork (90%), Water, Salt, Curing Premix [Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)], Smoked),            Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)),            Lettuce,            Smoky BBQ Sauce (Tomato Puree [Water, Tomato Paste, Citric Acid], Sugar, Vinegar, Apple Paste, Thickener (1442, 415), Caramel Colour (150a), Molasses, Salt, Smoke Flavour, Dehydrated Vegetable [Garlic, Onion], Worcestershire Flavour, Spice.),            Clarified Butter,            Mustard (Water, Mustard Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice.)</p>

WHEAT	GLUTEN	GLUTEN SOURCE	EGGS	MILK & MILK PRODUCTS	SOY	FISH
Y	Y	WHEAT	Y	Y	Y	N
Y	Y	WHEAT	Y	Y	Y	N

MOLLUSC	CRUSTACEA	PEANUTS	TREE NUTS	TREE NUTS SOURCE	SESAME	LUPINS
N	N	N	N	N	Y	N
N	N	N	T		T	N

SULPHITES	LACTOSE FREE	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydrates (g)	Sugars (g)	Sodium (mg)	Serving Size / 100g
N	N	451	4760	60.5	81	32.3	62.2	13.4	2030	100
N	N	335	3650	35	59.3	18.6	69.2	10.2	1780	100



Energy (KJ / 100g)	Protein (g / 100g)	Fat Total (g / 100g)	Sat Fat (g / 100g)	Carbohydrates (g / 100g)	Sugars (g / 100g)	Sodium (g / 100g)	Column38
1050	13.4	18	7.2	13.8	3	450	
1090	10.4	17.7	5.5	20.7	3.1	530	

Selected Stores only	Halal	Menu Item	Ingredients
33 <input checked="" type="checkbox"/>	<input type="checkbox"/>	Whiskey River Grilled Chicken	<p>Grilled Chicken Fillet (Chicken (94%), Salt, Thickeners (1442, 407), Mineral Salts (451, 450), Flavours, Water),  Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)),  Angry Onions (Onions (58%), Water, Wheat Flour, Vegetable Oil (Contains One Or More Of The Following Canola, Palm, Soybean, Sunflower), Corn Starch, Rice Flour, Salt, Tapioca Dextrin, Natural Flavours, Maltodextrin, Dried Yeast, Thickeners (Gum Arabic, Xantham Gum)),  Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol),  Bacon (Pork (90%), Water, Salt, Curing Premix [Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)], Smoked),  Tomato,  Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)),  Lettuce,  Smoky BBQ Sauce (Tomato Puree [Water, Tomato Paste, Citric Acid], Sugar, Vinegar, Apple Paste, Thickener (1442, 415), Caramel Colour (150a), Molasses, Salt, Smoke Flavour, Dehydrated Vegetable [Garlic, Onion], Worcestershire Flavour, Spice.),  Mustard (Water, Mustard Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice.)</p>
34 <input checked="" type="checkbox"/>	<input type="checkbox"/>	Hunger Tamers Whiskey River Jack's Fried Chicken	<p>Coca Cola (Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine),  Jack's Fried Chicken Fillet (Chicken (60%), Flour (Wheat, Rice), Water, Starch (Wheat, Potato, Tapioca), Vegetable Oil, Thickeners (1422, 415), Salt, Mineral Salts (450, 500, 451), Vegetable Powders, Spices, Dextrose, Yeast, Natural Colours (160c, 100), Wheat Gluten),  Chips (Potato (91%), Vegetable Oil 5%, Modified Potato Starch (1400, 1414, 1412), Rice Flour, Potato Dextrin, Salt, Acidity Regulators (450, 500), Thickener (415)), Seasoned Salt (Salt (74%), Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil)),  Brioche Style Bun (Wheat Flour, Water, Canola Oil, Bakers Yeast, Sugar, Wheat Gluten, Iodised Salt, Non-Fat Milk Solids, Shortening Powder (Vegetable Fat, Milk Protein, Antioxidant (307b From Soy)), Soy Flour, Preservatives (282, 202), Anti-Caking Agent (341), Colour (160a), Emulsifier (481), Wheat Malt Flour, Vitamins (Thiamin, Folic Acid)),  Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)),  Chicken Nugget (Chicken (55%), Flour (Wheat, Maize, Rice), Water, Vegetable Oil, Wheat Starch, Wheat Gluten, Thickener (1442), Salt, Sugar, Minerals Salts (451, 450, 500, 508), Dextrose, Maltodextrin, Flavour, Yeast, Yeast Extract, Spice Extract),  Beef Patty,  Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol),  Angry Onions (Onions (58%), Water, Wheat Flour, Vegetable Oil (Contains One Or More Of The Following Canola, Palm, Soybean, Sunflower), Corn Starch, Rice Flour, Salt, Tapioca Dextrin, Natural Flavours, Maltodextrin, Dried Yeast, Thickeners (Gum Arabic, Xantham Gum)),  Spicy Sauce (Vegetable Oil, Water, Egg Yolk (5%), White Vinegar, Sugar, Salt, Thickeners (1442, 1450, 415), Yeast, Chilli Powder (1%), Vegetable Powders, Lemon Juice Concentrate, Acidity Regulator (330), Preservative (202), Spice Extracts, Antioxidant (385)),  Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)),  Bacon (Pork (90%), Water, Salt, Curing Premix [Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)], Smoked),  Smoky BBQ Sauce (Tomato Puree [Water, Tomato Paste, Citric Acid], Sugar, Vinegar, Apple Paste, Thickener (1442, 415), Caramel Colour (150a), Molasses, Salt, Smoke Flavour, Dehydrated Vegetable [Garlic, Onion], Worcestershire Flavour, Spice.),  Lettuce,  Clarified Butter,  Mustard (Water, Mustard Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice.)</p>

WHEAT	GLUTEN	GLUTEN SOURCE	EGGS	MILK & MILK PRODUCTS	SOY	FISH
Y	Y	WHEAT	Y	Y	Y	N
Y	Y	WHEAT	Y	Y	Y	N

MOLLUSC	CRUSTACEA	PEANUTS	TREE NUTS	TREE NUTS SOURCE	SESAME	LUPINS
N	N	N	N		Y	N
N	N	N	T		Y	N

SULPHITES	LACTOSE FREE	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydrates (g)	Sugars (g)	Sodium (mg)	Serving Size / 100g
N	N	235	2130	28.9	34	7.7	42.3	8	1260	100
N	N	1071	8360	62.2	116	29.7	196	60.4	3360	100

Energy (KJ / 100g)	Protein (g / 100g)	Fat Total (g / 100g)	Sat Fat (g / 100g)	Carbohydrates (g / 100g)	Sugars (g / 100g)	Sodium (g / 100g)	Column38
907	12.3	14.5	3.3	18	3.4	538	
780	5.8	10.8	2.8	18.3	5.6	313	

Selected Stores only	Halal	Menu Item	Ingredients
35 <input checked="" type="checkbox"/>	<input type="checkbox"/>	Hunger Tamers Whiskey River Whopper®	<p>Coca Cola (Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine), Chips (Potato (91%), Vegetable Oil 5%, Modified Potato Starch (1400, 1414, 1412), Rice Flour, Potato Dextrin, Salt, Acidity Regulators (450, 500), Thickener (415)), Seasoned Salt (Salt (74%), Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil)), Bun 5" Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)), Beef, Chicken Nugget (Chicken (55%), Flour (Wheat, Maize, Rice), Water, Vegetable Oil, Wheat Starch, Wheat Gluten, Thickener (1442), Salt, Sugar, Minerals Salts (451, 450, 500, 508), Dextrose, Maltodextrin, Flavour, Yeast, Yeast Extract, Spice Extract), Bacon (Pork (90%), Water, Salt, Curing Premix [Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)], Smoked), Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)), Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol), Angry Onions (Onions (58%), Water, Wheat Flour, Vegetable Oil (Contains One Or More Of The Following Canola, Palm, Soybean, Sunflower), Corn Starch, Rice Flour, Salt, Tapicoa Dextrin, Natural Flavours, Maltodextrin, Dried Yeast, Thickeners (Gum Arabic, Xantham Gum)), Tomato, Spicy Sauce (Vegetable Oil, Water, Egg Yolk (5%), White Vinegar, Sugar, Salt, Thickeners (1442, 1450, 415), Yeast, Chilli Powder (1%), Vegetable Powders, Lemon Juice Concentrate, Acidity Regulator (330), Preservative (202), Spice Extracts, Antioxidant (385)), Lettuce, Smoky BBQ Sauce (Tomato Puree [Water, Tomato Paste, Citric Acid], Sugar, Vinegar, Apple Paste, Thickener (1442, 415), Caramel Colour (150a), Molasses, Salt, Smoke Flavour, Dehydrated Vegetable [Garlic, Onion], Worcestershire Flavour, Spice.), Mustard (Water, Mustard Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice.)</p>
36 <input type="checkbox"/>	<input type="checkbox"/>	Grill Masters Angus Chicago Double	<p>Beef, Brioche Style Bun (Wheat Flour, Water, Canola Oil, Bakers Yeast, Sugar, Wheat Gluten, Iodised Salt, Non-Fat Milk Solids, Shortening Powder (Vegetable Fat, Milk Protein, Antioxidant (307b From Soy)), Soy Flour, Preservatives (282, 202), Anti-Caking Agent (341), Colour (160a), Emulsifier (481), Wheat Malt Flour, Vitamins (Thiamin, Folic Acid)), Natural Cheese (Milk, Salt, Starter Culture, Rennet), Bacon (Pork (90%), Water, Salt, Curing Premix [Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)], Smoked), Tomato, Cracked Peppercorn Mayonnaise (Vegetable Oil, Water, White Vinegar, Egg Yolk (3.6%), Sugar, Milk Solids, Cracked Black Peppercorns (2.0%), Salt, Thickeners (1442, 1450, 415), Vegetable Powders, Flavour, Food Acid (270), Spice Extract, Preservative (202), Antioxidant (385)), Lettuce, Clarified Butter</p>

WHEAT	GLUTEN	GLUTEN SOURCE	EGGS	MILK & MILK PRODUCTS	SOY	FISH
Y	Y	WHEAT	Y	Y	Y	N
Y	Y	WHEAT	Y	Y	Y	N



MOLLUSC	CRUSTACEA	PEANUTS	TREE NUTS	TREE NUTS SOURCE	SESAME	LUPINS
N	N	N	N	N	Y	N
N	N	N	N		T	N

SULPHITES	LACTOSE FREE	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydrates (g)	Sugars (g)	Sodium (mg)	Serving Size / 100g
N	N	1086	8180	65.7	113	30.5	188	62.7	3230	100
N	N	429	5250	78.1	92	44.2	29.4	6.2	1390	100

Energy (KJ / 100g)	Protein (g / 100g)	Fat Total (g / 100g)	Sat Fat (g / 100g)	Carbohydrates (g / 100g)	Sugars (g / 100g)	Sodium (g / 100g)	Column38
754	6.1	10.4	2.8	17.3	5.8	297	
1220	18.2	21.4	10.3	6.9	1.5	325	

Selected Stores only	Halal	Menu Item	Ingredients
<input type="checkbox"/>	<input type="checkbox"/>	<b>Plant Based Angry Whopper®</b>	Plant Based Whopper Patty (Water, Soy Protein, Vegetable Oils (Contains Antioxidant (Tocopherol)), Flavours (Contains Glutamic Acid, Smoke), Thickeners (Methyl Cellulose, Carrageenan), Colour (Caramelised Sugar), Salt, Yeast Extract.), Bun 5" Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)), Angry Onions (Onions (58%), Water, Wheat Flour, Vegetable Oil (Contains One Or More Of The Following Canola, Palm, Soybean, Sunflower), Corn Starch, Rice Flour, Salt, Tapioca Dextrin, Natural Flavours, Maltodextrin, Dried Yeast, Thickeners (Gum Arabic, Xantham Gum)), Tomato, Jalapeno (Sliced Jalapeno Peppers (74.8%), Water, Vinegar, Food Acid (260), Salt, Preservative (211), Mineral Salt (509), Colour (102)), Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)), Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol), Lettuce, Tomato Ketchup (Concentrated Tomatoes, Sugar, Salt, Concentrated White Vinegar, Food Acid (Citric Acid), Natural Flavours (Contain Garlic))
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<b>Bubblegum Shake Small</b>	Shake Mix (Milk, Milk Solids, Sugar, Cream, Maltodextrin, Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour), Bubblegum Shake Syrup (Sugar, Water, Natural Flavour, Acidity Regulator (E330), Preservative (E211), Thickener (E415), Colour (E133))
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<b>Bubblegum Shake Medium</b>	Shake Mix (Milk, Milk Solids, Sugar, Cream, Maltodextrin, Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour), Bubblegum Shake Syrup (Sugar, Water, Natural Flavour, Acidity Regulator (E330), Preservative (E211), Thickener (E415), Colour (E133))
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<b>Bubblegum Shake Large</b>	Shake Mix (Milk, Milk Solids, Sugar, Cream, Maltodextrin, Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour), Bubblegum Shake Syrup (Sugar, Water, Natural Flavour, Acidity Regulator (E330), Preservative (E211), Thickener (E415), Colour (E133))
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<b>Bubblegum Storm</b>	Sundae Mix (Milk, Milk Solids, Sugar, Cream, Dextrose Emulsifier (471), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour), Bubblegum Topping (Water, Sugar, Thickeners (E1422, E415), Natural Flavour, Acidity Regulator (E330), Preservative (E202), Colour (E133)), Mini Marshmallow (Glucose Syrup, Sugar, Invert Syrup, Water, Gelatine (Porcine), Natural Flavours, Natural Colour (E120), Corn Starch (Maize))
<input type="checkbox"/>	<input type="checkbox"/>	<b>Grill Masters Pulled Pork &amp; Angus</b>	Beef, Brioche Style Bun (Wheat Flour, Water, Canola Oil, Bakers Yeast, Sugar, Wheat Gluten, Iodised Salt, Non-Fat Milk Solids, Shortening Powder (Vegetable Fat, Milk Protein, Antioxidant (307b From Soy)), Soy Flour, Preservatives (282, 202), Anti-Caking Agent (341), Colour (160a), Emulsifier (481), Wheat Malt Flour, Vitamins (Thiamin, Folic Acid)), Pulled Pork (Pork, Water, Acidity Regulators (326, 325, 262), Salt, Maltodextrin (Maize), Vegetable Gum (407), Mineral Salts (451, 450), Natural Flavour, Sugar, Dried Vegetables (Including Garlic And Onion), Spice Extract, Dextrose (Maize)Manufactured Meat), Natural Cheese (Milk, Salt, Starter Culture, Rennet), Spicy BBQ Sauce (Water, Dijon Mustard [Water, Vinegar, Mustard Seeds, Salt, White Wine, Acidity Regulators (330, 334), Natural Colour (100), Spices], Sugar, Vinegar, Maltodextrin, Glucose Syrup, Brown Sugar, Tomato Paste, Thickeners (1442, 415), Worcestershire Sauce (Wheat, Barley, Fish), Salt, Mustard Flour, Colour (150c), Vegetable Powders, Spices), Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol), Onion Crispy (Onions (49%), Palm Oil, Wheat Flour, Salt, Dextrose), Clarified Butter, Mustard (Water, Mustard Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice.)

WHEAT	GLUTEN	GLUTEN SOURCE	EGGS	MILK & MILK PRODUCTS	SOY	FISH
Y	Y	WHEAT, BARLEY	Y	Y	Y	T
N	N	N	N	Y	N	N
N	N	N	N	Y	N	N
N	N	N	N	Y	N	N
N	N	N	N	Y	N	N
Y	Y	BARLEY	Y	Y	Y	Y

MOLLUSC	CRUSTACEA	PEANUTS	TREE NUTS	TREE NUTS SOURCE	SESAME	LUPINS
N	N	N	N	N	Y	N
N	N	N	N	N	N	N
N	N	N	N	N	N	N
N	N	N	N	N	N	N
N	N	N	N	N	N	N
N	N	N	N	N	T	N

SULPHITES	LACTOSE FREE	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydrates (g)	Sugars (g)	Sodium (mg)	Serving Size / 100g
N	N	356	3510	34.8	57.5	14.8	63.1	14.1	1920	100
N	N	209	1130	8.1	6.4	4.2	45.3	42.5	142	100
N	N	275	1490	10.7	8.5	5.5	59.6	55.9	187	100
N	N	368	1990	14.3	11.3	7.3	79.7	74.7	250	100
N	N	302	2230	13.6	18.3	12.1	78.7	77.8	300	100
N	N	273	3660	46.6	59.9	29.8	37.3	9	1080	100

Energy (KJ / 100g)	Protein (g / 100g)	Fat Total (g / 100g)	Sat Fat (g / 100g)	Carbohydrates (g / 100g)	Sugars (g / 100g)	Sodium (g / 100g)	Column38
987	9.8	16.2	4.2	17.7	4	540	
542	3.9	3.1	2	21.7	20.3	68	
542	3.9	3.1	2	21.7	20.3	68	
542	3.9	3.1	2	21.7	20.3	68	
739	4.5	6.1	4	26.1	25.8	99	
1340	17.1	21.9	10.9	13.7	3.3	394	



	Selected Stores only	Halal	Menu Item	Ingredients
43	<input type="checkbox"/>	<input type="checkbox"/>	<b>Frozen Fanta® Sour Apple Med</b>	Carbonated Water, Sugar, Flavour, Food Acids (330, 331), Preservative (211), Colour (104, 133).
44	<input type="checkbox"/>	<input type="checkbox"/>	<b>Frozen Fanta® Sour Apple Sml</b>	Carbonated Water, Sugar, Flavour, Food Acids (330, 331), Preservative (211), Colour (104, 133).
45	<input type="checkbox"/>	<input type="checkbox"/>	<b>Frozen Fanta® Sour Apple Lge</b>	Carbonated Water, Sugar, Flavour, Food Acids (330, 331), Preservative (211), Colour (104, 133).
46	<input type="checkbox"/>	<input type="checkbox"/>	<b>Frozen Fanta® Bubblegum Med</b>	Carbonated Water, Sugar, Flavour, Food Acid (330), Preservative (211), Colour (133)
47	<input type="checkbox"/>	<input type="checkbox"/>	<b>Frozen Fanta® Bubblegum Sml</b>	Carbonated Water, Sugar, Flavour, Food Acid (330), Preservative (211), Colour (133)
48	<input type="checkbox"/>	<input type="checkbox"/>	<b>Frozen Fanta® Bubblegum Lge</b>	Carbonated Water, Sugar, Flavour, Food Acid (330), Preservative (211), Colour (133)
49	<input type="checkbox"/>	<input type="checkbox"/>	<b>Frozen Fanta® Bubblegum Spider Sml</b>	FCB Fanta Bubblegum (Carbonated Water, Sugar, Flavour, Food Acid (330), Preservative (211), Colour (133)), Sundae Mix (Milk, Milk Solids, Sugar, Cream, Dextrose Emulsifier (471), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour.)
50	<input type="checkbox"/>	<input type="checkbox"/>	<b>Frozen Fanta® Bubblegum Spider Med</b>	FCB Fanta Bubblegum (Carbonated Water, Sugar, Flavour, Food Acid (330), Preservative (211), Colour (133)), Sundae Mix (Milk, Milk Solids, Sugar, Cream, Dextrose Emulsifier (471), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour.)
51	<input type="checkbox"/>	<input type="checkbox"/>	<b>Frozen Fanta® Bubblegum Spider Lge</b>	FCB Fanta Bubblegum (Carbonated Water, Sugar, Flavour, Food Acid (330), Preservative (211), Colour (133)), Sundae Mix (Milk, Milk Solids, Sugar, Cream, Dextrose Emulsifier (471), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour.)
52	<input type="checkbox"/>	<input type="checkbox"/>	<b>Frozen Fanta® Sour Apple Spider Sml</b>	FCB Fanta Sour Apple (Carbonated Water, Sugar, Food Acids (330, 331), Flavour, Preservative (211), Colours (104, 133)), Sundae Mix (Milk, Milk Solids, Sugar, Cream, Dextrose Emulsifier (471), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour.)
53	<input type="checkbox"/>	<input type="checkbox"/>	<b>Frozen Fanta® Sour Apple Spider Med</b>	FCB Fanta Sour Apple (Carbonated Water, Sugar, Food Acids (330, 331), Flavour, Preservative (211), Colours (104, 133)), Sundae Mix (Milk, Milk Solids, Sugar, Cream, Dextrose Emulsifier (471), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour.)
54	<input type="checkbox"/>	<input type="checkbox"/>	<b>Frozen Fanta® Sour Apple Spider Lge</b>	FCB Fanta Sour Apple (Carbonated Water, Sugar, Food Acids (330, 331), Flavour, Preservative (211), Colours (104, 133)), Sundae Mix (Milk, Milk Solids, Sugar, Cream, Dextrose Emulsifier (471), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour.)
55	<input type="checkbox"/>	<input type="checkbox"/>	<b>Frozen Fanta® Sour Apple Blackcurrant Zooper Dooper Lge</b>	FCB Fanta Sour Apple (Carbonated Water, Sugar, Food Acids (330, 331), Flavour, Preservative (211), Colours (104, 133)), Bursties Blackcurrant (Water, Sucrose, Starch, Calcium Lactate (E327), Citric Acid (E330), Gardenia Purple, Blackcurrant Flavour, Xanthan Gum (E415), Seaweed Extract, Red Raspberry Juice, Potassium Sorbate (E202) (Below 0.03%))
56	<input type="checkbox"/>	<input type="checkbox"/>	<b>Frozen Fanta® Bubblegum Blackcurrant Zooper Dooper Lge</b>	FCB Fanta Bubblegum (Carbonated Water, Sugar, Flavour, Food Acid (330), Preservative (211), Colour (133)), Bursties Blackcurrant (Water, Sucrose, Starch, Calcium Lactate (E327), Citric Acid (E330), Gardenia Purple, Blackcurrant Flavour, Xanthan Gum (E415), Seaweed Extract, Red Raspberry Juice, Potassium Sorbate (E202) (Below 0.03%))
57	<input type="checkbox"/>	<input type="checkbox"/>	<b>Frozen Fanta® Sour Apple Fairy Floss Zooper Dooper Lge</b>	FCB Fanta Sour Apple (Carbonated Water, Sugar, Food Acids (330, 331), Flavour, Preservative (211), Colours (104, 133)), Bursties Fairy Floss (Water, Sucrose, Starch, Calcium Lactate (E327), Anthocyanin (E163), Citric Acid (E330), Fairy Floss Flavour, Xanthan Gum (E415), Seaweed Extract, Potassium Sorbate (E202) (Below 0.03%))

WHEAT	GLUTEN	GLUTEN SOURCE	EGGS	MILK & MILK PRODUCTS	SOY	FISH
N	N	N	N	N	N	N
N	N	N	N	N	N	N
N	N	N	N	N	N	N
N	N	N	N	N	N	N
N	N	N	N	N	N	N
N	N	N	N	N	N	N
N	N	N	N	N	N	N
N	N	N	N	Y	N	N
N	N	N	N	Y	N	N
N	N	N	N	Y	N	N
N	N	N	N	Y	N	N
N	N	N	N	Y	N	N
N	N	N	N	Y	N	N
N	N	N	N	N	N	N
N	N	N	N	N	N	N
N	N	N	N	N	N	N



SULPHITES	LACTOSE FREE	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydrates (g)	Sugars (g)	Sodium (mg)	Serving Size / 100g
N	Y	284	335	0.0	0.0	0.0	19.0	19.0	16	100
N	Y	213	251	0.0	0.0	0.0	14.3	14.3	12	100
N	Y	391	461	0.0	0.0	0.0	26.2	26.2	22	100
N	Y	284	338	0.0	0.0	0.0	19.6	19.6	13	100
N	Y	213	253	0.0	0.0	0.0	14.7	14.7	9	100
N	Y	391	465	0.0	0.0	0.0	27.0	27.0	17	100
N	N	298	850	4.2	5.7	3.8	33.2	33.2	103	100
N	N	369	935	4.2	5.7	3.8	38.1	38.1	106	100
N	N	476	1060	4.2	5.7	3.8	45.5	45.5	111	100
N	N	298	848	4.2	5.7	3.8	32.8	32.8	105	100
N	N	369	932	4.2	5.7	3.8	37.6	37.6	109	100
N	N	476	1060	4.2	5.7	3.8	44.7	44.7	115	100
N	Y	441	650	0.0	0.0	0.0	37.2	35.7	34	100
N	Y	441	654	0.0	0.0	0.0	38.0	36.5	30	100
N	Y	441	650	0.0	0.0	0.0	37.2	35.7	34	100

Energy (KJ / 100g)	Protein (g / 100g)	Fat Total (g / 100g)	Sat Fat (g / 100g)	Carbohydrates (g / 100g)	Sugars (g / 100g)	Sodium (g / 100g)	Column38
118	0.0	0.0	0.0	6.7	6.7	6	
118	0.0	0.0	0.0	6.7	6.7	6	
118	0.0	0.0	0.0	6.7	6.7	6	
119	0.0	0.0	0.0	6.9	6.9	4	
119	0.0	0.0	0.0	6.9	6.9	4	
119	0.0	0.0	0.0	6.9	6.9	4	
285	1.4	1.9	1.3	11.2	11.2	35	
253	1.1	1.5	1.0	10.3	10.3	29	
223	0.9	1.2	0.8	9.6	9.6	23	
285	1.4	1.9	1.3	11.0	11.0	35	
253	1.1	1.5	1.0	10.2	10.2	30	
222	0.9	1.2	0.8	9.4	9.4	24	
147	0.0	0.0	0.0	8.4	8.1	8	
148	0.0	0.0	0.0	8.6	8.3	7	
147	0.0	0.0	0.0	8.4	8.1	8	

	Selected Stores only	Halal	Menu Item	Ingredients
58	<input type="checkbox"/>	<input type="checkbox"/>	Frozen Fanta® Bubblegum Fairy Floss Zooper Dooper Lge	FCB Fanta Bubblegum (Carbonated Water, Sugar, Flavour, Food Acid (330), Preservative (211), Colour (133)), Bursties Fairy Floss (Water, Sucrose, Starch, Calcium Lactate (E327), Anthocyanin (E163), Citric Acid (E330), Fairy Floss Flavour, Xanthan Gum (E415), Seaweed Extract, Potassium Sorbate (E202) (Below 0.03%))
59	<input type="checkbox"/>	<input type="checkbox"/>	Frozen Fanta® Sour Apple Bubblegum Zooper Dooper Lge	FCB Fanta Sour Apple (Carbonated Water, Sugar, Food Acids (330, 331), Flavour, Preservative (211), Colours (104, 133)), Bursties Bubblegum (Water, Sucrose, Starch, Calcium Lactate (E327), Citric Acid (E330), Bubblegum Flavour, Xanthan Gum (E415), Seaweed Extract, Fd&c Blue No.1 (E133), Potassium Sorbate (E202) (Below 0.03%))
60	<input type="checkbox"/>	<input type="checkbox"/>	Frozen Fanta® Bubblegum Bubblegum Zooper Dooper Lge	FCB Fanta Bubblegum (Carbonated Water, Sugar, Flavour, Food Acid (330), Preservative (211), Colour (133)), Bursties Bubblegum (Water, Sucrose, Starch, Calcium Lactate (E327), Citric Acid (E330), Bubblegum Flavour, Xanthan Gum (E415), Seaweed Extract, Fd&c Blue No.1 (E133), Potassium Sorbate (E202) (Below 0.03%))
61	<input type="checkbox"/>	<input type="checkbox"/>	Cosmic Bursties	Bursties Blackcurrant (Water, Sucrose, Starch, Calcium Lactate (E327), Citric Acid (E330), Gardenia Purple, Blackcurrant Flavour, Xanthan Gum (E415), Seaweed Extract, Red Raspberry Juice, Potassium Sorbate (E202) (Below 0.03%)), Bursties Bubblegum (Water, Sucrose, Starch, Calcium Lactate (E327), Citric Acid (E330), Bubblegum Flavour, Xanthan Gum (E415), Seaweed Extract, Fd&c Blue No.1 (E133), Potassium Sorbate (E202) (Below 0.03%)), Bursties Fairy Floss (Water, Sucrose, Starch, Calcium Lactate (E327), Anthocyanin (E163), Citric Acid (E330), Fairy Floss Flavour, Xanthan Gum (E415), Seaweed Extract, Potassium Sorbate (E202) (Below 0.03%))
62	<input type="checkbox"/>	<input type="checkbox"/>	Zooper Dooper Blackcurrant Bursties Add On	Bursties Blackcurrant (Water, Sucrose, Starch, Calcium Lactate (E327), Citric Acid (E330), Gardenia Purple, Blackcurrant Flavour, Xanthan Gum (E415), Seaweed Extract, Red Raspberry Juice, Potassium Sorbate (E202)),
63	<input type="checkbox"/>	<input type="checkbox"/>	Zooper Dooper Bubblegum Bursties Add On	Bursties Bubblegum (Water, Sucrose, Starch, Calcium Lactate (E327), Citric Acid (E330), Bubblegum Flavour, Xanthan Gum (E415), Seaweed Extract, Fd&c Blue No.1 (E133), Potassium Sorbate (E202)),
64	<input type="checkbox"/>	<input type="checkbox"/>	Zooper Dooper Fairy Floss Bursties Add On	Bursties Fairy Floss (Water, Sucrose, Starch, Calcium Lactate (E327), Anthocyanin (E163), Citric Acid (E330), Fairy Floss Flavour, Xanthan Gum (E415), Seaweed Extract, Potassium Sorbate (E202))
65	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Cheese Sour Dough Toastie	Sour Dough (Wheat Flour (Vitamins (Thiamine, Folic Acid), Water, Iodised Salt, Sourdough Starter (Rye Flour, Water, Mature Sour, Acidity Regulator (260)), Yeast, Canola Oil, Vinegar, Improver (Soy Flour, Mineral Salt (170), Flour Treatment Agents (516, 300, 920), Emulsifiers (481, 472e), Wheat Malt Flour, Enzymes), Flour Treatment Agent (920)), Cheese (Pasteurised Cows Milk, Salt, Enzymes, Coagulating Enzyme), Clarified Butter
66	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Ham & Cheese Sour Dough Toastie	Sour Dough (Wheat Flour (Vitamins (Thiamine, Folic Acid), Water, Iodised Salt, Sourdough Starter (Rye Flour, Water, Mature Sour, Acidity Regulator (260)), Yeast, Canola Oil, Vinegar, Improver (Soy Flour, Mineral Salt (170), Flour Treatment Agents (516, 300, 920), Emulsifiers (481, 472e), Wheat Malt Flour, Enzymes), Flour Treatment Agent (920)), Cheese (Pasteurised Cows Milk, Salt, Enzymes, Coagulating Enzyme), Ham (Pork (88%), Water, Cure [Salt, Sugar, Mineral Salts (450, 451), Dextrose (Maize Or Tapioca), Antioxidant (316), Preservative (250)], Acidity Regulators (326, 325, 262), Pork Protein, Wood Smoke), Clarified Butter

WHEAT	GLUTEN	GLUTEN SOURCE	EGGS	MILK & MILK PRODUCTS	SOY	FISH
N	N	N	N	N	N	N
N	N	N	N	N	N	N
N	N	N	N	N	N	N
N	N	N	N	N	N	N
N	N	N	N	N	N	N
N	N	N	N	N	N	N
N	N	N	N	N	N	N
Y	Y	WHEAT, RYE	T	Y	Y	N
Y	Y	WHEAT, RYE	T	Y	Y	N

MOLLUSC	CRUSTACEA	PEANUTS	TREE NUTS	TREE NUTS SOURCE	SESAME	LUPINS
N	N	N	N	N	N	N
N	N	N	N	N	N	N
N	N	N	N	N	N	N
N	N	N	N	N	N	N
N	N	N	N	N	N	N
N	N	N	N	N	N	N
N	N	N	N	N	N	N
N	N	N	N		T	N
N	N	N	N		T	N



SULPHITES	LACTOSE FREE	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydrates (g)	Sugars (g)	Sodium (mg)	Serving Size / 100g
N	Y	441	654	0.0	0.0	0.0	38.0	36.5	30	100
N	Y	441	650	0.0	0.0	0.0	37.2	35.7	34	100
N	Y	441	654	0.0	0.0	0.0	38.0	36.5	30	100
N	Y	60	227	0.0	0.0	0.0	13.2	11.4	15	100
N	Y	50	189	0.0	0.0	0.0	11.0	9.5	13	100
N	Y	50	189	0.0	0.0	0.0	11.0	9.5	13	100
N	Y	50	189	0.0	0.0	0.0	11.0	9.5	13	100
N		109	1360	12.3	12.9	7.4	37.6	0.6	608	100
N		134	1550	16.8	15.9	8.5	37.9	0.8	803	100

Energy (KJ / 100g)	Protein (g / 100g)	Fat Total (g / 100g)	Sat Fat (g / 100g)	Carbohydrates (g / 100g)	Sugars (g / 100g)	Sodium (g / 100g)	Column38
148	0.0	0.0	0.0	8.6	8.3	7	
147	0.0	0.0	0.0	8.4	8.1	8	
148	0.0	0.0	0.0	8.6	8.3	7	
378	0.0	0.0	0.0	22.0	19.0	25	
378	0.0	0.0	0.0	22.0	19.0	25	
378	0.0	0.0	0.0	22.0	19.0	25	
378	0.0	0.0	0.0	22.0	19.0	25	
1240	11.3	11.8	6.8	34.5	0.5	558	
1160	12.6	11.9	6.3	28.3	0.6	599	

Selected Stores only	Halal	Menu Item	Ingredients
67 <input checked="" type="checkbox"/>	<input type="checkbox"/>	Ham, Cheese & Tomato Sour Dough Toastie	Sour Dough (Wheat Flour (Vitamins (Thiamine, Folic Acid), Water, Iodised Salt, Sourdough Starter (Rye Flour, Water, Mature Sour, Acidity Regulator (260)), Yeast, Canola Oil, Vinegar, Improver (Soy Flour, Mineral Salt (170), Flour Treatment Agents (516, 300, 920), Emulsifiers (481, 472e), Wheat Malt Flour, Enzymes), Flour Treatment Agent (920)), Tomato, Cheese (Pasteurised Cows Milk, Salt, Enzymes, Coagulating Enzyme), Ham (Pork (88%), Water, Cure [Salt, Sugar, Mineral Salts (450, 451), Dextrose (Maize Or Tapioca), Antioxidant (316), Preservative (250)], Acidity Regulators (326, 325, 262), Pork Protein, Wood Smoke), Clarified Butter

WHEAT	GLUTEN	GLUTEN SOURCE	EGGS	MILK & MILK PRODUCTS	SOY	FISH
Y	Y	WHEAT, RYE	T	Y	Y	N

MOLLUSC	CRUSTACEA	PEANUTS	TREE NUTS	TREE NUTS SOURCE	SESAME	LUPINS
N	N	N	N		T	N

SULPHITES	LACTOSE FREE	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydrates (g)	Sugars (g)	Sodium (mg)	Serving Size / 100g
N		162	1570	17.1	15.9	8.5	38.4	1.4	805	100

Energy (KJ / 100g)	Protein (g / 100g)	Fat Total (g / 100g)	Sat Fat (g / 100g)	Carbohydrates (g / 100g)	Sugars (g / 100g)	Sodium (g / 100g)	Column38
967	10.6	9.8	5.2	23.7	0.8	497	