

# Nutrition Guide 30Apr19



IMPORTANT: Hungry Jack's restaurants serve food that contain Gluten, Eggs, Milk & Milk Products, Soy, Fish & Crustacean, Sesame and traces of Sulphites. Customers should be aware that our restaurants are not 'free from' these items .

Selected Stores only	Product	Ingredients	GLUTEN	EGGS	MILK & MILK PRODUCTS	SOY	FISH & CRUSTACEA	LUPINS	PEANUTS	TREE NUTS	SESAME	SULPHITES	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydrates (g)	Sugars (g)	Sodium (mg)	
<input type="checkbox"/>	What's New	<b>IMPORTANT: Customers should be aware that whilst every effort is made to segregate food to maintain the Vegan, Allergen and Halal status of our ingredients, individual food items may come in contact with one another during food preparation, and our restaurants serve products containing allergens, as well as bacon and meat as part of our standard menu items.</b> <b>Ranch sauce has been notified by our supplier that it MAY contain traces of peanuts, this has been indicated below with the letter 't' under the peanuts designation. We are currently working with our supplier to remove this trace from our product.</b>																			
<input type="checkbox"/>	Quarter Deluxe	Beef Patty, Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)), Cheese (Milk, Cream, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160b), Preservative (200), Spice, Starter Culture, Enzymes.), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Potassium Sorbate, Natural Flavours, Polysorbate 80, Turmeric), Sauce Cheese Piping Cheddar (Water, Cheese (37% (Milk, Salt, Starter Culture, Enzyme), Mineral Salts (450, 452, 399, 340, 341), Whey Protein Concentrate, Corn Starch, Thickener (1442), Buttermilk Powder, Stabiliser (415), Preservative (234, 202), Acidity Regulator (330), Colour (160a), Butyric Acid), Sauce Tomato Ketchup (Concentrated Tomatoes, Sugar, Salt, Concentrated White Vinegar, Food Acid (Citric Acid), Natural Flavours (Contain Garlic)), Onion, Mustard (Water, Mustard Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice.)	Y	N	Y	Y	N	N	N	N	Y	N	190	2000	28.1	27	13.5	31.6	4.7	1010	
<input checked="" type="checkbox"/>	Baconator Deluxe	Bacon (Pork (90%), Water, Salt, Curing Premix [Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)], Smoked.), Beef Patty, Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)), Cheese (Milk, Cream, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160b), Preservative (200), Spice, Starter Culture, Enzymes.), Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol), Sauce Tomato Ketchup (Concentrated Tomatoes, Sugar, Salt, Concentrated White Vinegar, Food Acid (Citric Acid), Natural Flavours (Contain Garlic)), Mustard (Water, Mustard Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice.)	Y	Y	Y	Y	N	N	N	N	Y	N	263	2760	39.3	42	17	29.8	3.8	1670	
<input type="checkbox"/>	Cheeseburger Made Interesting Hashbrown	Hashbrown (Potatoes, Vegetable Oil, Salt, Disodium Dihydrogen Pyrophosphate, Dextrose.), Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)), Beef Patty, Cheese (Milk, Cream, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160b), Preservative (200), Spice, Starter Culture, Enzymes.55% Milk Solids), Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol), Sauce Tomato Ketchup (Concentrated Tomatoes, Sugar, Salt, Concentrated White Vinegar, Food Acid (Citric Acid), Natural Flavours (Contain Garlic)), Mustard (Water, Mustard Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice.)	Y	Y	Y	Y	N	N	N	N	Y	N	181	2340	17.8	34	8.9	45.7	5.1	834	
<input type="checkbox"/>	Cheeseburger Made Interesting Smoky BBQ Bacon Cheese	Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)), Beef Patty, Bacon (Pork (90%), Water, Salt, Curing Premix [Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)], Smoked.), Cheese (Milk, Cream, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160b), Preservative (200), Spice, Starter Culture, Enzymes.55% Milk Solids), Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol), Smoky Sauce (Water, Sugar, Tomato Paste, Vinegar, Apple Puree [Acidity Regulator (330), Antioxidant (300)], Thickeners (1422, 415), Salt, Colour (160a), Worcestershire Sauce (Contains Barley, Wheat, Fish), Molasses, Vegetable Powders, Flavour, Preservative (202), Spice), Mustard (Water, Mustard Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice.)	Y	Y	Y	Y	Y	N	N	N	Y	N	146	1820	19.5	25	8.5	32.7	6.4	831	
<input type="checkbox"/>	Cheeseburger Made Interesting Rodeo	Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)), Beef Patty, Crisp Onion Rings (Onion (50%), Water, Wheat Flour, Soybean Oil, Rice Flour, Thickener (E1404, E1420, E415), Starch, Sugar, Onion Powder, Salt, Mineral Salt (E450i, E500ii), Vegetable Oil, Whey Powder, Wheat Gluten, Soybean Flour, Yeast Extract, Corn Flour, Flavor, Brown Sugar), Cheese (Milk, Cream, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160b), Preservative (200), Spice, Starter Culture, Enzymes.55% Milk Solids), Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol), BBQ Sauce (Concentrated Tomatoes, Apple Puree, Sugar, Maize Thickener (1414), Salt, Foodacids (260, 330), Colour (150c), Natural Flavours, Spice.)	Y	Y	Y	Y	N	N	N	N	Y	N	138	1840	16.6	26.7	8.2	33.2	5.5	540	
<input checked="" type="checkbox"/>	Grill Masters Chicken Avocado BLT	Chicken Fillet (Chicken : Chicken, Water, Salt, Mineral Salts (451, 450, 452), Sugar, Vegetable Gums (412, 415), Vegetable Powders (Garlic, Onion, Celery), Yeast Extracts, Flavouring (Contains Milk), Canola Oil, Spice Extracts (Celery, Black Pepper), Herb Extracts (Rosemary, Sage), Antioxidant (300)), Brioche Bun (Wheat Flour (Thiamin, Folic Acid), Water, Egg, Butter, Sugar, Yeast, Bun Glaze (Pea Protein, Sugar, Rapeseed Oil, Antifoaming Agent), Canola Oil (Canola Oil, Hydrogenated Vegetable Oil, Antioxidant (306), Antifoam Agent (900a)), Gluten, Iodised Salt, Soy Flour, Ascorbic Acid, Enzymes, Milk Powder.), Bacon (Pork (90%), Water, Salt, Curing Premix [Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)], Smoked.), Avocado (100% Hass Avocado), Tomato, Lettuce, Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol), Egmont Cheese (Pasteurised Cows Milk, Salt, Enzymes, Coagulating Enzyme), Lemon Garlic Dressing (Canola Oil, Reconstituted Lemon Juice (39%) [Preservative (223)], Extra Virgin Olive Oil, Garlic (3.5%), Sugar, Salt, Lemon Pulp (1.5%), Acidity Regulator (330), Thickeners (1442, 415) Spices, Preservatives (202, 211), Colour (160a))	Y	Y	Y	Y	N	N	N	N	N	N	N	360	3620	56	50.9	14.5	46.9	7.8	1670

Selected Stores only	Product	Ingredients	GLUTEN	EGGS	MILK & MILK PRODUCTS	SOY	FISH & CRUSTACEA	LUPINS	PEANUTS	TREE NUTS	SESAME	SULPHITES	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydrates (g)	Sugars (g)	Sodium (mg)
<input type="checkbox"/>	Loaded Chips Smoky BBQ Cheese	Coated Fries (Potato (91%), Vegetable Oil 5%, Modified Potato Starch (1400, 1414, 1412), Rice Flour, Potato Dextrin, Salt, Acidity Regulators (450, 500), Thickener (415)), Sauce Cheese Piping Cheddar (Water, Cheese (37%) (Milk, Salt, Starter Culture, Enzyme), Mineral Salts (450, 452, 399, 340, 341), Whey Protein Concentrate, Corn Starch, Thickener (1442), Buttermilk Powder, Stabiliser (415), Preservative (234, 202), Acidity Regulator (330), Colour (160a), Butyric Acid), Smoky Sauce (Water, Sugar, Tomato Paste, Vinegar, Apple Puree [Acidity Regulator (330), Antioxidant (300)], Thickeners (1422, 415), Salt, Colour (150a), Worcestershire Sauce (Contains Barley, Wheat, Fish), Molasses, Vegetable Powders, Flavour, Preservative (202), Spice), Seasoned Salt (Salt (74%), Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil)	Y	N	Y	N	Y	N	N	N	N	N	164	1670	7.7	18.8	4.9	49.7	7.2	1040
<input type="checkbox"/>	Barbeque Shaker Seasoning	Salt, Sugar, Natural Flavour Complexes, Tomato Powder, Garlic Powder, Onion Powder, Natural Flavouring Substances, Parsley, Silicon Dioxide (551), Corn Starch, Paprika Extract 160c	N	N	N	N	N	N	N	N	N	N	3	33	0.4	0.1	0.1	1.2	0.8	360
<input type="checkbox"/>	Barbeque Shaker Chips	Medium Chips BBQ Shaker Seasoning	N	N	N	N	N	N	N	N	N	N	M	1320	4.1	14.3	2.0	42.3	1.0	953
<input type="checkbox"/>	Loaded Chips Cheese	Coated Fries (Potato (91%), Vegetable Oil 5%, Modified Potato Starch (1400, 1414, 1412), Rice Flour, Potato Dextrin, Salt, Acidity Regulators (450, 500), Thickener (415)), Sauce Cheese Piping Cheddar (Water, Cheese (37%) (Milk, Salt, Starter Culture, Enzyme), Mineral Salts (450, 452, 399, 340, 341), Whey Protein Concentrate, Corn Starch, Thickener (1442), Buttermilk Powder, Stabiliser (415), Preservative (234, 202), Acidity Regulator (330), Colour (160a), Butyric Acid), Seasoned Salt (Salt (74%), Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil)	N	N	Y	N	N	N	N	N	N	N	143	1530	7.5	18.8	4.8	41.8	0.5	861
<input type="checkbox"/>	Coco Pops® Shake	Shake Mix (Milk, Milk Solids, Sugar, Cream, Maltodextrin, Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour), Chocolate Fudge Topping (Sugar, Water, Milk Solids, Vegetable Fat, Cocoa (5%), Maltodextrin, Salt, Vegetable Gum (401), Natural Flavour, Preservative (202), Emulsifier (322)), Syrup Chocolate Shake (Sugar, Water, Cocoa (4%), Salt, Preservative (202), Vegetable Gum (415), Food Acid (330)), Whipped Cream (Cream (97%), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407)), Coco Pops (Whole White Rice (59%), Sugar, Cocoa (3%), Minerals (Calcium Carbonate, Iron, Zinc Oxide), Salt, Flavours, Dextrose, Barley Malt Extract, Vitamins (Vitamin C, Niacin, Thiamin, Riboflavin, Folate))	Y	N	Y	N	N	N	t	t	N	N	310	2070	12.0	14.9	10.1	77.3	67.1	321
<input type="checkbox"/>	Coco Pops® Storm	Sundae Mix (Milk, Milk Solids, Sugar, Cream, Dextrose Emulsifier (471), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour), Coco Pops (Whole White Rice (59%), Sugar, Cocoa (3%), Minerals (Calcium Carbonate, Iron, Zinc Oxide), Salt, Flavours, Dextrose, Barley Malt Extract, Vitamins (Vitamin C, Niacin, Thiamin, Riboflavin, Folate))	Y	N	Y	N	N	N	t	t	N	N	281	2080	13.7	18.1	12.1	69.2	63.0	347
<input type="checkbox"/>	Grilled Chicken Hunger Tamers	Grilled Chicken, Chicken Royale, Medium Chips, Medium Coke, 3 Nuggets, Spicy Dipping Sauce Tub	Y	Y	Y	Y	N	N	N	N	Y	t	925	6590	48.1	80.8	10.6	164.0	51.9	2640
<input type="checkbox"/>	Whopper® Range																			
<input type="checkbox"/>	WHOPPER®	Bun: Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Soy Flour, Emulsifiers (481, 472e), Preservative (282), Vitamins (Thiamin, Folate) Beef Patty: 100% Australian Beef Lettuce, Tomato, Onion Pickles: Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavours, Polysorbate 80, Turmeric Mayonnaise: Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol Tomato sauce: Concentrated Tomatoes (76%), Sugar, Salt, Concentrated White Vinegar, Citric Acid, Natural Flavours (Contain Garlic), Spices	Y	Y	N	Y	N	N	N	N	Y	N	280	2750	28.3	39.3	11.7	47.9	8.0	837
<input type="checkbox"/>	WHOPPER® CHEESE	Bun: Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Soy Flour, Emulsifiers (481, 472e), Preservative (282), Vitamins (Thiamin, Folate) Beef Patty: 100% Australian Beef Lettuce, Tomato, Onion Cheese: Milk, Cream or Butter, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160b), Preservative (200), Spice, Starter Culture, Enzymes Pickles: Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavours, Polysorbate 80, Turmeric Mayonnaise: Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol Tomato sauce: Concentrated Tomatoes (76%), Sugar, Salt, Concentrated White Vinegar, Citric Acid, Natural Flavours (Contain Garlic), Spices	Y	Y	Y	Y	N	N	N	N	Y	N	304	3110	33.0	46.3	16.3	49.0	8.5	1170
<input type="checkbox"/>	DOUBLE WHOPPER®	Bun: Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Soy Flour, Emulsifiers (481, 472e), Preservative (282), Vitamins (Thiamin, Folate) Beef Patty: 100% Australian Beef Lettuce, Tomato, Onion Pickles: Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavours, Polysorbate 80, Turmeric Mayonnaise: Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol Tomato sauce: Concentrated Tomatoes (76%), Sugar, Salt, Concentrated White Vinegar, Citric Acid, Natural Flavours, Spices	Y	Y	N	Y	N	N	N	N	Y	N	359	3730	47.5	57.2	20.5	48.2	8.0	896
<input type="checkbox"/>	VEGAN WITH VEGAN CHEESE	Bun 5" Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)), Veggie Patty (Vegetables (58%) (Carrots, Peas, Corn, Potato, Capsicum), Seasoning (Rice Flour, Dehydrated Vegetables, Wheat Flour, Soy Protein, Salt, Thickeners (415, 464), Hydrolysed Vegetable Protein (Maize), Yeast Extract, Flavour Enhancer (635), Herb & Spice Extracts, Colour (100)), Water, Canola Oil), Biocheese (Water, Coconut Oil, Starch, Modified Starch (E1404, 1450), Sea Salt, Vegan Cheddar Flavours, Olive Extract, Colour (B-Carotene)), Tomato, Vegan Mayonnaise (Water, Canola Oil, Vinegar, Thickeners (1442, 412, 415), Sugar, Salt, Vegetable Protein, Mustard Flour, Acidity Regulator (Acetic Acid), Preservatives (202, 211), Flavour, Natural Colour), Lettuce, Tomato sauce: Concentrated Tomatoes (76%), Sugar, Salt, Concentrated White Vinegar, Citric Acid, Natural Flavours (Contain Garlic), Spices Onion	Y	N	N	Y	N	N	N	N	Y	N	338	2700	16.3	25.6	5.9	86.8	11.8	1490

Selected Stores only	Product	Ingredients	GLUTEN	EGGS	MILK & MILK PRODUCTS	SOY	FISH & CRUSTACEA	LUPINS	PEANUTS	TREE NUTS	SESAME	SULPHITES	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydrates (g)	Sugars (g)	Sodium (mg)
<input type="checkbox"/>	WHOPPER® JNR	Bun: Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Soy Flour, Emulsifiers (481, 472e), Preservative (282), Vitamins (Thiamin, Folate) Beef Patty: 100% Australian Beef Lettuce, Tomato, Onion Pickles: Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavours, Polysorbate 80, Turmeric Mayonnaise: Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol Tomato sauce: Concentrated Tomatoes (76%), Sugar, Salt, Concentrated White Vinegar, Citric Acid, Natural Flavours (Contain Garlic), Spices	Y	Y	N	Y	N	N	N	N	Y	N	147	1550	14.9	19.9	5.4	32.9	4.6	372
<input type="checkbox"/>	WHOPPER® JNR CHEESE	Sesame Bun: Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Soy Flour, Emulsifiers (481, 472e), Preservative (282), Vitamins (Thiamin, Folate) Beef Patty: 100% Australian Beef Lettuce, Tomato, Onion Cheese: Milk, Cream or Butter, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160b), Preservative (200), Spice, Starter Culture, Enzymes Pickles: Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavours, Polysorbate 80, Turmeric Mayonnaise: Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol Tomato sauce: Concentrated Tomatoes (76%), Sugar, Salt, Concentrated White Vinegar, Citric Acid, Natural Flavours, Spices	Y	Y	Y	Y	N	N	N	N	Y	N	159	1650	16.6	23.0	7.7	30.6	4.5	624
<input type="checkbox"/>	ULTIMATE DOUBLE WHOPPER®	Bun: Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Soy Flour, Emulsifiers (481, 472e), Preservative (282), Vitamins (Thiamin, Folate) Beef Patty: 100% Australian Ground Beef Cheese: Milk, Cream, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160b), Preservative (200), Spice, Starter Culture, Enzymes Eye Bacon: Pork(90%), Water, Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Sodium Nitrite, Natural Wood Smoke Lettuce, Tomato, Onion Pickles: Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavours, Polysorbate 80, Turmeric Mayonnaise: Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol Tomato sauce: Concentrated Tomatoes (76%), Sugar, Salt, Concentrated White Vinegar, Citric Acid, Natural Flavours, Spices	Y	Y	Y	Y	N	N	N	N	Y	t	447	4710	62.9	74.9	31.3	50.6	9.2	2080
<input type="checkbox"/>	ANGRY WHOPPER®	Bun: Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Soy Flour, Emulsifiers (481, 472e), Preservative (282), Vitamins (Thiamin, Folate) Beef Patty: 100% Australian Beef Lettuce, Tomato, Angry Onions, Wheat Flour, Sunflower Oil, Canola Oil, Cornstarch, Rice Flour, Salt, Tapioca Dextrin, Maltodextrin, Natural and Artificial Flavours, Dried Yeast, Gum Arabic, Xanthan Gum Jalapeno Peppers: Jalapeno Peppers, Water, Vinegar, Salt, Calcium Chloride (509), Preservative (211), Colour enhancer (101) Mayonnaise: Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol Tomato sauce: Concentrated Tomatoes (76%), Sugar, Salt, Concentrated White Vinegar, Citric Acid, Natural Flavours, Spices	Y	Y	Y	Y	N	N	N	N	Y	N	320	3400	33.9	53.2	17.0	59.7	11.3	1480
<input type="checkbox"/>	<b>Beef Burger Range</b>																			
<input type="checkbox"/>	BACON DELUXE(TM)	Sesame Bun: Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Soy Flour, Emulsifiers (481, 472e), Preservative (282), Vitamins (Thiamin, Folate) Beef Patty: 100% Australian Beef Cheese: Milk, Cream or Butter, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160b), Preservative (200), Spice, Starter Culture, Enzymes Lettuce, Tomato, Mayonnaise: Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol Eye Bacon: Pork(90%), Water, Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Sodium Nitrite, Natural Wood Smoke	Y	Y	Y	Y	N	N	N	N	Y	t	203	2350	30.0	36.0	14.6	29.2	3.3	893
<input type="checkbox"/>	CHEESEBURGER	Bun: Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Soy Flour, Emulsifiers (471, 418, 472e), Preservative (282), Vitamins (Thiamin, Folate) Beef Patty: 100% Australian Beef Pickles: Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavours, Polysorbate 80, Turmeric Mustard: Water, Mustard Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice Cheese: Milk, Cream or Butter, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160b), Preservative (200), Spice, Starter Culture, Enzymes Tomato sauce: Concentrated Tomatoes (76%), Sugar, Salt, Concentrated White Vinegar, Food Acid (Citric Acid), Natural Flavours (Contain Garlic), Spices	Y	N	Y	Y	N	N	N	N	Y	N	121	1320	16.3	14.4	6.5	30.4	4.4	614

Selected Stores only	Product	Ingredients	GLUTEN	EGGS	MILK & MILK PRODUCTS	SOY	FISH & CRUSTACEA	LUPINS	PEANUTS	TREE NUTS	SESAME	SULPHITES	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydrates (g)	Sugars (g)	Sodium (mg)
<input type="checkbox"/>	DOUBLE CHEESEBURGER	Bun: Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Soy Flour, Emulsifiers (471, 418, 472e), Preservative (282), Vitamins (Thiamin, Folate) Beef Patty: 100% Australian Beef Pickles: Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavours, Polysorbate 80, Tumeric Mustard: Water, Mustard Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice Cheese: Milk, Cream or Butter, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160b), Preservative (200), Spice, Starter Culture, Enzymes Tomato sauce: Concentrated Tomatoes (76%), Sugar, Salt, Concentrated White Vinegar, Citric Acid, Natural Flavours, Spices	Y	N	Y	Y	N	N	N	N	Y	N	167	1920	26.8	25.5	12.6	31.0	4.7	805
<input type="checkbox"/>	TRIPLE CHEESEBURGER	Bun: Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Soy Flour, Emulsifiers (471, 418, 472e), Preservative (282), Vitamins (Thiamin, Folate) Beef Patty: 100% Australian Beef Pickles: Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavours, Polysorbate 80, Tumeric Mustard: Water, Mustard Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice Cheese: Milk, Cream or Butter, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160b), Preservative (200), Spice, Starter Culture, Enzymes Tomato sauce: Concentrated Tomatoes (76%), Sugar, Salt, Concentrated White Vinegar, Citric Acid, Natural Flavours, Spices	Y	N	Y	Y	N	N	N	N	Y	N	213	2520	37.4	36.6	18.7	31.6	4.9	997
<input type="checkbox"/>	RODEO CHEESEBURGER	Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)), Beef Patty, Crisp Onion Rings (Onion (50%), Water, Wheat Flour, Soybean Oil, Rice Flour, Thickener (E1404, E1420, E415), Starch, Sugar, Onion Powder, Salt, Mineral Salt (E450i, E500ii), Vegetable Oil, Whey Powder, Wheat Gluten, Soybean Flour, Yeast Extract, Corn Flour, Flavour, Brown Sugar), Cheese (Milk, Cream, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160b), Preservative (200), Spice, Starter Culture, Enzymes.55% Milk Solids), Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol), BBQ Sauce (Concentrated Tomatoes, Apple Puree, Sugar, Maize Thickener (1414), Salt, Food acids (260, 330), Colour (150c), Natural Flavours, Spice.)	Y	Y	Y	Y	N	N	N	N	Y	N	139	1840	16.6	26.7	8.2	33.2	5.5	540
<input type="checkbox"/>	BBQ CHEESEBURGER	Bun: Wheat Flour, Water, Canola Oil, Baker's Yeast, Sugar, Wheat Gluten, Iodised Salt, Soy Flour, Preservative (282), Emulsifier (481), Vitamins (Thiamin, Folate) Beef Patty: 100% Australian Beef Cheese: Milk, Cream or Butter, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160b), Preservative (200), Spice, Starter Culture, Enzymes BBQ Sauce: Concentrated Tomatoes, Apple Puree, Sugar, Maize Thickener (1414), Salt, Food Acids (260, 330), Colour (150c), Natural Flavours, Spice Mayonnaise: Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol	Y	Y	Y	Y	N	N	N	N	Y	N	119	1640	16.2	22.9	7.7	30.4	4.7	478
<input type="checkbox"/>	BACON DOUBLE CHEESEBURGER	Wheat Flour, Water, Canola Oil, Baker's Yeast, Sugar, Wheat Gluten, Iodised Salt, Soy Flour, Preservative (282), Emulsifier (481), Vitamins (Thiamin, Folate) Beef Patty: 100% Australian Beef Eye Bacon: Pork(90%), Water, Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Sodium Nitrite, Natural Wood Smoke Pickles: Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavours, Polysorbate 80, Tumeric Mustard: Water, Mustard Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice Cheese: Milk, Cream or Butter, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160b), Preservative (200), Spice, Starter Culture, Enzymes Tomato sauce: Concentrated Tomatoes (76%), Sugar, Salt, Concentrated White Vinegar, Citric Acid, Natural Flavours, Spices	Y	N	Y	Y	N	N	N	N	Y	t	187	2060	29.9	27.5	13.4	31.2	4.8	1060
<input type="checkbox"/>	DOUBLE BBQ BACON STACKER	Bun: Wheat Flour, Water, Canola Oil, Baker's Yeast, Sugar, Wheat Gluten, Iodised Salt, Soy Flour, Preservative (282), Emulsifier (481), Vitamins (Thiamin, Folate) Beef Patty: 100% Australian Beef Cheese: Milk, Cream or Butter, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160b), Preservative (200), Spice, Starter Culture, Enzymes BBQ Sauce: Concentrated Tomatoes, Apple Puree, Sugar, Maize Thickener (1414), Salt, Food Acids (260, 330), Colour (150c), Natural Flavours, Spice Eye Bacon: Pork(90%), Water, Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Sodium Nitrite, Natural Wood Smoke	Y	N	Y	Y	N	N	N	N	Y	t	174	2050	29.8	27.4	13.4	30.9	4.9	865
<input type="checkbox"/>	THE AUSSIE	Bun: Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Soy Flour, Emulsifiers (481, 472e), Preservative (282), Vitamins (Thiamin, Folate) Beef Patty: 100% Australian Beef Lettuce, Tomato, Onion, Egg Eye Bacon: Pork, Water, Salt, Dextrose, Sucrose, Mineral Salts (450, 451, 452), Antioxidant (316), Sodium Nitrite (250) Beetroot: Beetroot, Water, Sugar, Food Acid (260), Salt, Spices Cheese: Milk, Cream or Butter, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160b), Preservative (200), Spice, Starter Tomato sauce: Concentrated Tomatoes (76%), Sugar, Salt, Concentrated White Vinegar, Citric Acid, Natural Flavours, Spices	Y	Y	Y	Y	N	N	N	N	Y	t	369	2870	41.3	34.1	14.4	52.3	12.5	1120
<input type="checkbox"/>	Grill Masters Range																			

Selected Stores only	Product	Ingredients	GLUTEN	EGGS	MILK & MILK PRODUCTS	SOY	FISH & CRUSTACEA	LUPINS	PEANUTS	TREE NUTS	SESAME	SULPHITES	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydrates (g)	Sugars (g)	Sodium (mg)
<input type="checkbox"/>	Angus Spicy Chipotle	Beef, Brioche Bun (Wheat Flour, Water, Baker's Yeast, Sugar, Canola Oil, Wheat Gluten, Iodised Salt, Non-Fat Milk Solids, Shortening Powder (Vegetable Fat, Milk Protein, Antioxidant (307b From Soy)), Preservatives (282, 202), Emulsifiers (472e, 481), Soy Flour, Dextrose, Colour (160a), Wheat Malt Flour, Anti-Caking Agent (341), Vitamins (Thiamin, Folic Acid), Bacon (Pork 90%), Water, Salt, Curing Premix [Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)], Smoked.), Jalapeno Fried (Jalapenos (54%), Water, Flour (Wheat, Maize), Thickeners (1404, 1422), Wheat Starch, Canola Oil, Fructose, Salt, Tapioca Starch, Sugar, Dehydrated Vegetables (Onion, Garlic), Wheat Gluten, Yeast Extract, Mineral Salts (450, 500), Natural Chicken Flavour, Dextrose, Vinegar, Acidity Regulator (509), Preservative (211), Natural Colours (100, 101, 160c)), Sauce Chipotle (Vegetable Oil [Antioxidant (307)], Water, Sugar, Vinegar, Egg Yolk, Tomato Paste, Lemon Juice Concentrate, Salt, Thickeners (1442, 415), Vegetable Powders, Spices, Smoke Flavour (Contains Barley), Yeast Extract, Chipotle Chili (0.3%), Preservative (202), Antioxidant (385)), Egmont Cheese (Pasteurised Cow's Milk, Salt, Enzymes, Coagulating Enzyme)	Y	Y	Y	Y	N	N	N	N	N	N	310	3770	47.1	57.7	19.5	51.1	8.1	2080
<input type="checkbox"/>	Angus Bacon & Cheese	Beef, Brioche Bun Wheat Flour, Water, Bakers Yeast, Sugar, Canola Oil, Wheat Gluten, Iodised Salt, Non-Fat Milk Solids, Shortening Powder (Vegetable Fat, Milk Protein, Antioxidant (307b From Soy)), Preservatives (282, 202), Emulsifiers (472e, 481), Soy Flour, Dextrose, Colour (160a), Wheat Malt Flour, Anti-Caking Agent (341), Vitamins (Thiamin, Folic Acid) Egmont Cheese (Pasteurised Cow's Milk, Salt, Enzymes, Coagulating Enzyme) Bacon (Pork 90%), Water, Salt, Curing Premix [Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)], Smoked.), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavours, Polysorbate 80, Tumeric), Smoky Sauce (Water, Sugar, Tomato Paste, Vinegar, Apple Puree [Acidity Regulator (330), Antioxidant (300)], Thickeners (1422, 415), Salt, Colour (150a), Worcestershire Sauce, Molasses, Vegetable Powders, Flavour, Preservative (202), Spice, Mustard (Water, Mustard Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice.)	Y	N	Y	Y	Y	N	N	N	N	N	306	3590	53.0	50.7	22.6	49.8	9.5	1440
<input type="checkbox"/>	Double Angus Bacon & Cheese	Beef, Brioche Bun Wheat Flour, Water, Bakers Yeast, Sugar, Canola Oil, Wheat Gluten, Iodised Salt, Non-Fat Milk Solids, Shortening Powder (Vegetable Fat, Milk Protein, Antioxidant (307b From Soy)), Preservatives (282, 202), Emulsifiers (472e, 481), Soy Flour, Dextrose, Colour (160a), Wheat Malt Flour, Anti-Caking Agent (341), Vitamins (Thiamin, Folic Acid) Egmont Cheese (Pasteurised Cow's Milk, Salt, Enzymes, Coagulating Enzyme) Bacon (Pork 90%), Water, Salt, Curing Premix [Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)], Smoked.), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavours, Polysorbate 80, Tumeric), Smoky Sauce (Water, Sugar, Tomato Paste, Vinegar, Apple Puree [Acidity Regulator (330), Antioxidant (300)], Thickeners (1422, 415), Salt, Colour (150a), Worcestershire Sauce, Molasses, Vegetable Powders, Flavour, Preservative (202), Spice, Mustard (Water, Mustard Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice.)	Y	N	Y	Y	Y	N	N	N	N	N	416	5040	80.9	77.1	34.4	49.8	9.5	1530
<input type="checkbox"/>	Angus Smokey BBQ	Angus Beef, Brioche Bun (Wheat Flour, Water, Bakers Yeast, Sugar, Canola Oil, Wheat Gluten, Iodised Salt, Non-Fat Milk Solids, Shortening Powder (Vegetable Fat, Milk Protein, Antioxidant (307b From Soy)), Preservatives (282, 202), Emulsifiers (472e, 481), Soy Flour, Dextrose, Colour (160a), Wheat Malt Flour, Anti-Caking Agent (341), Vitamins (Thiamin, Folic Acid) Angry Onions (Onions, Wheat Flour, Cornstarch, Vegetable Oil (Contains One Or More Of The Following: Canola Oil, Corn Oil, Cottonseed Oil, Palm Oil, Soybean Oil, Sunflower Oil), Rice Flour, Salt, Tapioca Dextrin, Maltodextrin, Natural And Artificial Flavours, Dried Yeast, Gum Arabic, Xanthan Gum), Egmont Cheese (Pasteurised Cows Milk, Salt, Enzymes, Coagulating Enzyme), Bacon (Pork 90%), Water, Salt, Curing Premix [Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)], Smoked), Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustardflour, Tocopherol), Smokey Sauce (Water, Sugar, Tomato Paste, Vinegar, Apple Puree [Acidity Regulator (330), Antioxidant (300)], Thickeners (1422, 415), Salt, Colour (150a), Worcestershire Sauce (Contains Barley, Wheat, Fish), Molasses, Vegetable Powders, Flavour, Preservative (202), Spice.	Y	Y	Y	Y	Y	N	N	N	N	N	325	4010	52.4	65.3	24.4	53.7	10.2	1590
<input type="checkbox"/>	Double Angus Smokey BBQ	Angus Beef, Brioche Bun (Wheat Flour, Water, Bakers Yeast, Sugar, Canola Oil, Wheat Gluten, Iodised Salt, Non-Fat Milk Solids, Shortening Powder (Vegetable Fat, Milk Protein, Antioxidant (307b From Soy)), Preservatives (282, 202), Emulsifiers (472e, 481), Soy Flour, Dextrose, Colour (160a), Wheat Malt Flour, Anti-Caking Agent (341), Vitamins (Thiamin, Folic Acid) Angry Onions (Onions, Wheat Flour, Cornstarch, Vegetable Oil (Contains One Or More Of The Following: Canola Oil, Corn Oil, Cottonseed Oil, Palm Oil, Soybean Oil, Sunflower Oil), Rice Flour, Salt, Tapioca Dextrin, Maltodextrin, Natural And Artificial Flavours, Dried Yeast, Gum Arabic, Xanthan Gum), Egmont Cheese (Pasteurised Cows Milk, Salt, Enzymes, Coagulating Enzyme), Bacon (Pork 90%), Water, Salt, Curing Premix [Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)], Smoked), Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustardflour, Tocopherol), Smokey Sauce (Water, Sugar, Tomato Paste, Vinegar, Apple Puree [Acidity Regulator (330), Antioxidant (300)], Thickeners (1422, 415), Salt, Colour (150a), Worcestershire Sauce (Contains Barley, Wheat, Fish), Molasses, Vegetable Powders, Flavour, Preservative (202), Spice.	Y	Y	Y	Y	Y	N	N	N	N	N	444	5610	82.4	94.7	38.0	53.8	10.3	1740
<input type="checkbox"/>	Angus Fiery	Angus Beef Brioche Bun: Wheat Flour, Water, Bakers Yeast, Sugar, Canola Oil, Wheat Gluten, Iodised Salt, Non-Fat Milk Solids, Shortening Powder (Vegetable Fat, Milk Protein, Antioxidant (307b From Soy)), Preservatives (282, 202), Emulsifiers (472e, 481), Soy Flour, Dextrose, Colour (160a), Wheat Malt Flour, Anti-Caking Agent (341), Vitamins (Thiamin, Folic Acid) Egmont Cheese: (Pasteurised Cows Milk, Salt, Enzymes, Coagulating Enzyme), Jalapeno (Sliced Jalapeno Peppers (74.8%), Water, Vinegar, Food Acid (260), Salt, Preservative (211), Mineral Salt (509) Colour (102), Bacon (Pork 90%), Water, Salt, Curling Premix (Mineral Salt, (451, 450) Sugar, Antioxidant (316), Preservative (250), Smoked) Angry Onions: (Onions, Wheat Flour, Cornstarch, Vegetable Oil (Contains one or more of the following Canola Oil, Corn Oil, Cottonseed Oil, Palm Oil, Soybean Oil, Sunflower Oil), Rice Flour, Salt, Tapioca Dextrin, Maltodextrin, Maltodextrin, Natural And artificial flavours, Dried Yeast, Gum Arabic, Xanthan Gum) Tomato Relish: (Tomato 50%), Sugar, Vinegar, Onion, Thickener (1442), Tomato Paste, Salt, Spices, Garlic, Acidity Regulator (330), Filming Agent (509), Tomato, Lettuce, Mayoniase: (Soybean Oil, Egg Yolks, Water, Distrilled Vinegar, Corn Syrup, Salt, Sugar, Mustardflour, Tocopherol), Mustard: Water, Mustard Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice	Y	Y	Y	Y	N	N	N	N	N	N	414	3910	48.8	61.2	20.5	59.7	14.8	2160

Selected Stores only	Product	Ingredients	GLUTEN	EGGS	MILK & MILK PRODUCTS	SOY	FISH & CRUSTACEA	LUPINS	PEANUTS	TREE NUTS	SESAME	SULPHITES	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydrates (g)	Sugars (g)	Sodium (mg)
<input type="checkbox"/>	Chicken Range																			
<input type="checkbox"/>	Grilled Chicken Wrap Peri Peri	Grilled Chicken Whole Muscle (Chicken (94%), Salt, Thickeners (1442, 407), Mineral Salts (451, 450), Flavours, Water), Wrap (Wheat Flour [(59%), Thiamine, Folic Acid], Water, Vegetable Shortening [Antioxidant (320)], Sugar, Baking Powder [Mineral Salts (450, 500, 341)], Food Acid (297), Iodised Salt, Mineral Salt (500), Preservative (282), Yeast), Tomato, Lettuce, Egmont Cheese (Pasteurised Cow's Milk, Salt, Enzymes, Coagulating Enzyme), Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol), Peri Peri Sauce (Soybean Oil [Antioxidant (320)], Water, Egg Yolk, Vinegar, Sugar, Garlic, Chilli, Thickeners (1442, 1450, 415), Lemon Juice Concentrate, Citric Acid, Onion Powder, Colour (160c), Preservative (202), Natural Flavours, Spice Extract, Antioxidant (385)).	Y	Y	Y	Y	N	N	N	N	N	N	231	2460	27.4	39.5	10.7	30.5	3.9	1130
<input type="checkbox"/>	Grilled Chicken Avocado BLT Wrap	Grilled Chicken Whole Muscle (Chicken (94%), Salt, Thickeners (1442, 407), Mineral Salts (451, 450), Flavours, Water), Wrap (Wheat Flour [(59%), Thiamine, Folic Acid], Water, Vegetable Shortening [Antioxidant (320)], Sugar, Baking Powder [Mineral Salts (450, 500, 341)], Food Acid (297), Iodised Salt, Mineral Salt (500), Preservative (282), Yeast), Tomato, Lettuce, Egmont Cheese (Pasteurised Cow's Milk, Salt, Enzymes, Coagulating Enzyme), Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol), Peri Peri Sauce (Soybean Oil [Antioxidant (320)], Water, Egg Yolk, Vinegar, Sugar, Garlic, Chilli, Thickeners (1442, 1450, 415), Lemon Juice Concentrate, Citric Acid, Onion Powder, Colour (160c), Preservative (202), Natural Flavours, Spice Extract, Antioxidant (385)).	Y	Y	Y	N	N	N	N	N	N	N	277	2290	29.0	33.9	8.0	33.2	3.7	1410
<input type="checkbox"/>	Tendercrisp Wrap Peri Peri	Tendercrisp (Chicken (55%), Flour (Wheat, Soy), Water, Vegetable Oil, Salt, Vegetable Powder (Garlic, Onion), Thickener (1422), Mineral Salts (450, 451, 500), Yeast, Vinegar, Herbs, Spices (Pepper), Emulsifiers (481, 471, 472e), Maltodextrin), Wrap (Wheat Flour [(59%), Thiamine, Folic Acid], Water, Vegetable Shortening [Antioxidant (320)], Sugar, Baking Powder [Mineral Salts (450, 500, 341)], Food Acid (297), Iodised Salt, Mineral Salt (500), Preservative (282), Yeast), Tomato, Lettuce, Egmont Cheese (Pasteurised Cow's Milk, Salt, Enzymes, Coagulating Enzyme), Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol), Peri Peri Sauce (Soybean Oil [Antioxidant (320)], Water, Egg Yolk, Vinegar, Sugar, Garlic, Chilli, Thickeners (1442, 1450, 415), Lemon Juice Concentrate, Citric Acid, Onion Powder, Colour (160c), Preservative (202), Natural Flavours, Spice Extract, Antioxidant (385)).	Y	Y	Y	Y	N	N	N	N	N	N	259	3030	25.8	51.0	12.2	40.1	4.2	1560
<input type="checkbox"/>	Tendercrisp Wrap Avocado BLT	Tendercrisp (Chicken (55%), Flour (Wheat, Soy), Water, Vegetable Oil, Salt, Vegetable Powder (Garlic, Onion), Thickener (1422), Mineral Salts (450, 451, 500), Yeast, Vinegar, Herbs, Spices (Pepper), Emulsifiers (481, 471, 472e), Maltodextrin), Wrap (Wheat Flour [(59%), Thiamine, Folic Acid], Water, Vegetable Shortening [Antioxidant (320)], Sugar, Baking Powder [Mineral Salts (450, 500, 341)], Food Acid (297), Iodised Salt, Mineral Salt (500), Preservative (282), Yeast), Bacon (Pork (90%), Water, Salt, Curing Premix [Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)], Smoked.), Avocado, Tomato, Sauce Ranch (Canola Oil, Water, Vinegar, Mustard (Water, Mustard Seeds, Salt, Sugar, Food Acid (Acetic), Turmeric), Egg Yolk, Worcestershire Sauce, Thickeners (1442, 415), Salt, Sugar, Lemon Juice, Herbs And Spices, Preservatives (211, 202), Milk Solids (0.1%)), Lettuce, Lemon Garlic Dressing (Canola Oil, Reconstituted Lemon Juice (39%) [Preservative (223)], Extra Virgin Olive Oil, Garlic (3.5%), Sugar, Salt, Lemon Pulp (1.5%), Acidity Regulator (330), Thickeners (1442, 415) Spices, Preservatives (202, 211), Colour (160a)).	Y	Y	Y	Y	N	N	t	N	N	N	305	2860	27.4	45.4	9.5	42.8	4.0	1840
<input type="checkbox"/>	GRILLED CHICKEN CLASSIC	Grilled Chicken Whole Muscle (Chicken (94%), Salt, Thickeners (1442, 407), Mineral Salts (451, 450), Flavours, Water), Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)), Sauce Ranch (Canola Oil, Water, Vinegar, Mustard (Water, Mustard Seeds, Salt, Sugar, Food Acid (Acetic), Turmeric), Egg Yolk, Worcestershire Sauce, Thickeners (1442, 415), Salt, Sugar, Lemon Juice, Herbs And Spices, Preservatives (211, 202), Milk Solids (0.1%)), Tomato, Lettuce	Y	Y	Y	Y	N	N	t	N	Y	t	164	1440	22.5	15.4	2.4	28.6	3.0	663
<input type="checkbox"/>	GRILLED CHICKEN CHEESY BACON	Grilled Chicken Whole Muscle (Chicken (94%), Salt, Thickeners (1442, 407), Mineral Salts (451, 450), Flavours, Water), Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)), Bacon (Pork (90%), Water, Salt, Curing Premix [Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)], Smoked.), Sauce Ranch (Canola Oil, Water, Vinegar, Mustard (Water, Mustard Seeds, Salt, Sugar, Food Acid (Acetic), Turmeric), Egg Yolk, Worcestershire Sauce, Thickeners (1442, 415), Salt, Sugar, Lemon Juice, Herbs And Spices, Preservatives (211, 202), Milk Solids (0.1%)), Tomato, Cheese (Milk, Cream, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160b), Preservative (200), Spice, Starter Culture, Enzymes), Lettuce	Y	Y	Y	Y	N	N	t	N	Y	t	196	1750	27.9	20.8	5.5	29.3	3.4	1090
<input type="checkbox"/>	Grilled Chicken Peri Peri	Grilled Chicken Whole Muscle (Chicken (94%), Salt, Thickeners (1442, 407), Mineral Salts (451, 450), Flavours, Water), Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)), Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol), Tomato, Lettuce, Peri Peri Sauce (Vegetable Oil, Water, White Vinegar, Egg Yolk, Sugar, Reconstituted Garlic, Chilli (3.3%), Thickeners (1422, 1450, 415), Salt, Lemon Juice Concentrate (0.8%), Acidity Regulator (330), Vegetable Powder, Colour (160c), Preservative (202), Natural Flavours, Spice Extract, Antioxidant (385)).	Y	Y	N	Y	N	N	N	N	Y	N	175	1890	22.6	27.3	3.6	29.1	3.4	734
<input type="checkbox"/>	TENDERCRISP® CLASSIC	Sesame Seed Bun: Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Soy Flour, Emulsifiers (481, 472e), Preservative (282), Vitamins (Thiamin, Folate) Chicken TenderCrisp: Chicken (55%), Flour (Wheat, Soy), Water, Vegetable Oil, Salt, Vegetable Powder (Garlic, Onion), Thickener (1422), Mineral Salts (450, 451, 500), Yeast, Vinegar, Herbs, Spices (Pepper), Emulsifiers (481, 471, 472e), Maltodextrin Lettuce Tomato Onion Mayonnaise: Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol	Y	Y	N	Y	N	N	N	N	Y	t	192	2240	20.9	33.4	4.5	37.9	3.3	1050
<input type="checkbox"/>	TENDERCRISP® PERI PERI	Sesame Seed Bun: Wheat Flour, Water, Baker's Yeast, Sunflower Oil, Canola Oil, Sugar, Sesame Seeds, Wheat Gluten, Iodised Salt, Soy Flour, Emulsifiers (481, 472e), Preservative (282), Vitamins (Thiamin, Folate) Chicken TenderCrisp: Chicken (55%), Flour (Wheat, Soy), Water, Vegetable Oil, Salt, Vegetable Powder (Garlic, Onion), Thickener (1422), Mineral Salts (450, 451, 500), Yeast, Vinegar, Herbs, Spices (Pepper), Emulsifiers (481, 471, 472e), Maltodextrin Lettuce Tomato Onion Mayonnaise: Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol Peri Peri dressing: Soybean Oil [Antioxidant(320)], Water, Egg Yolk, Vinegar, Sugar, Garlic, Chilli, Thickeners (1450, 1422, 415), Lemon Juice Conc, Citric Acid, Onion Powder, Colour (160c), Preservative (202), Natural Flavours, Spice Extract, Antioxidant (385)	Y	Y	N	Y	N	N	N	N	Y	t	203	2450	21.0	38.6	5.4	38.8	3.8	1170

Selected Stores only	Product	Ingredients	GLUTEN	EGGS	MILK & MILK PRODUCTS	SOY	FISH& CRUSTACEA	LUPINS	PEANUTS	TREE NUTS	SESAME	SULPHITES	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydrates (g)	Sugars (g)	Sodium (mg)
<input type="checkbox"/>	TENDERCRISP® CHEESY BACON	Sesame Seed Bun: Wheat Flour, Water, Bakers Yeast, Canola Oil, Sugar, Sesame Seeds, Wheat Gluten, Iodised Salt, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate) Chicken TenderCrisp: Chicken (55%), Flour (Wheat, Soy), Water, Vegetable Oil, Salt, Vegetable Powder (Garlic, Onion), Thickener (1422), Mineral Salts (450, 451, 500), Yeast, Vinegar, Herbs, Spices (Pepper), Emulsifiers (481, 471, 472e), Maltodextrin Lettuce Tomato Onion Mayonnaise: Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol Cheese: Milk, Cream or Butter, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160b), Preservative (200), Spice, Starter Culture, Enzymes Eye Bacon: Pork (87%), Water, Salt, Dextrose, Sucrose, Mineral Salts (450, 451, 452), Antioxidant (316), Sodium Nitrite (250)	Y	Y	Y	Y	N	N	N	N	t	t	246	2860	27.9	43.9	9.6	43.5	4.5	1330
<input type="checkbox"/>	TENDERCRISP® CHEESY BACON PERI PERI	Sesame Seed Bun: Wheat Flour, Water, Bakers Yeast, Canola Oil, Sugar, Sesame Seeds, Wheat Gluten, Iodised Salt, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate) Chicken TenderCrisp: Chicken, Flour (Wheat, Maize, Rice), Sunflower Oil, Breadcrumbs (Wheat Flour, Vegetable Oil, Salt, Yeast (491, 414), Dextrose, Vitamins, Emulsifier (481)), Modified Starch (1422, 1404), Wheat Gluten, Spices, Spice Extracts, Wheat Semolina, Salt, Yeast Extract, Vegetable Oil, Starch (Rice, Maize), Maltodextrin, Egg Powder, Mineral Salt (451, 450), Hydrolysed Vegetable Protein, Flavours, Dehydrated Garlic, Herbs, Thickener (415), Raising Agent (500), Acidity Regulator (331, 330) Lettuce Tomato Onion Cheese: Milk, Cream or Butter, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160b), Preservative (200), Spice, Starter Culture, Enzymes Eye Bacon: Pork(90%), Water, Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Sodium Nitrite, Natural Wood Smoke Mayonnaise: Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol Peri Peri dressing: Soybean Oil [Antioxidant(320)], Water, Egg Yolk, Vinegar, Sugar, Garlic, Chilli, Thickeners (1450, 1422, 415), Lemon Juice Conc, Citric Acid, Onion Powder, Colour (160c), Preservative (202), Natural Flavours, Spice Extract, Antioxidant (385)	Y	Y	Y	Y	N	N	N	N	t	t	236	2730	28.6	42.3	10.0	39.2	3.9	1640
<input type="checkbox"/>	CHICKEN ROYALE	Sesame Bun: Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Soy Flour, Emulsifiers (481, 472e), Preservative (282), Vitamins (Thiamin, Folate) Chicken Patty: Chicken, Coating (Wheat Flour, Manufactured Crumb [Wheat Flour, Salt, Dried Yeast, Sucrose, Spice Extracts (160c, 100), Soybean Oil], Maize Flour, Salt, Mineral Salt (508), Spice, Vegetable Oil), Sunflower oil, Canola Oil, Water, Batter (Wheat Flour, Wheat Starch, Sugar, Vegetable Oil, Anti-caking Agents (551, 341), Vegetable Powder, Herb), Milk Solids, Seasoning, Yeast Extract, Mineral Salts (508, 500, 450), Salt, Spices, Flavour, Spice Extracts, [Thickener (1442), Potato Flakes, Wheat Fibre, Mineral Salts(508, 451, 450, 452), Dextrose, Salt, Sugar, Yeast Extracts, Flavours, Vegetable Powders, Flavour Enhancer (635), Vegetable Oil, Citric Acid, Spice Extract], Breadcrumbs, Flavour Lettuce Mayonnaise: Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol	Y	Y	Y	Y	N	N	N	N	Y	N	140	1940	13.8	26.7	2.7	42.0	3.3	653
<input type="checkbox"/>	X-TRA LONG CHICKEN	Bun Long Seeded Split Roll (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sugar, Wheat Gluten, Iodised Salt, Sesame Seeds, Soy Flour, Emulsifier (481), Preservative (282), Wheat Malt Flour, Vitamins (Thiamin, Folate)), Chicken (Chicken (60%), Flour (Wheat), Water, Vegetable Oil, Thickeners (1422, 1442, 1420), Salt, Gluten (Wheat), Yeast And Yeast Extracts, Sugar, Mineral Salts (450, 451, 452, 500), Spices And Spice Extracts, Natural Colour (160c)Oil Hocan Cargill (Vegetable Oil, Antifoam (900a)), Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustardflour, Tocopherol), Lettuce.	Y	Y	Y	Y	N	N	N	N	Y	t	219	2760	24.2	38.2	4.8	56.3	5.7	1150
<input type="checkbox"/>	X-TRA LONG CHICKEN CHEESE	Long Chicken (Chicken (55%), Flour (Wheat, Rice, Soy, Maize), Water, Vegetable Oil, Thickeners (1412, 1404, 415), Salt, Yeast And Yeast Extracts (Incl. Barley), Sugar, Emulsifiers (481, 471), Soy Protein, Wheat Fibre, Flavours, Maltodextrin, Potato Flakes (Potato, Preservative (220)), Spices And Spice Extracts, Mineral Salts (450, 500, 451, 510), Starch (Wheat), Acidity Regulators (325, 330, 327, 262, 270, 300, 341), Vegetable Powder, Milk Solids, Herbs, Colours (100, 170, 160b, 160c), (Vegetable Oil, Antifoam (900a) Bun Long Seeded Split Roll (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sugar, Wheat Gluten, Iodised Salt, Sesame Seeds, Soy Flour, Emulsifier (481), Preservative (282), Wheat Malt Flour, Vitamins (Thiamin, Folate)), Cheese (Milk, Cream, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160b), Preservative (200), Spice, Starter Culture, Enzymes.55% Milk Solids), Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol), Lettuce.	Y	Y	Y	Y	N	N	N	N	Y	t	231	2940	26.5	41.6	7.1	56.8	6.0	1310
<input type="checkbox"/>	X-TRA LONG CHICKEN CHEESE & BACON	Long Chicken (Chicken (55%), Flour (Wheat, Rice, Soy, Maize), Water, Vegetable Oil, Thickeners (1412, 1404, 415), Salt, Yeast And Yeast Extracts (Incl. Barley), Sugar, Emulsifiers (481, 471), Soy Protein, Wheat Fibre, Flavours, Maltodextrin, Potato Flakes (Potato, Preservative (220)), Spices And Spice Extracts, Mineral Salts (450, 500, 451, 510), Starch (Wheat), Acidity Regulators (325, 330, 327, 262, 270, 300, 341), Vegetable Powder, Milk Solids, Herbs, Colours (100, 170, 160b, 160c), (Vegetable Oil, Antifoam (900a) Bun Long Seeded Split Roll (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sugar, Wheat Gluten, Iodised Salt, Sesame Seeds, Soy Flour, Emulsifier (481), Preservative (282), Wheat Malt Flour, Vitamins (Thiamin, Folate)), Bacon (Pork (90%), Water, Salt, Curing Premix [Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)], Smoked.), Cheese (Milk, Cream, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160b), Preservative (200), Spice, Starter Culture, Enzymes.55% Milk Solids), Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol), Lettuce.	Y	Y	Y	Y	N	N	N	N	Y	t	283	3440	32.1	52.6	12.2	56.1	6.4	1940
<input type="checkbox"/>	X-TRA LONG SPICY CHICKEN	Long Chicken (Chicken (60%), Flour (Wheat), Water, Vegetable Oil, Thickeners (1422, 1442, 1420), Salt, Gluten (Wheat), Yeast And Yeast Extracts, Sugar, Mineral Salts (450, 451, 452, 500), Spices And Spice Extracts, Natural Colour (160c), Oil (Vegetable Oil, Antifoam (900a)) Bun Long Seeded Split Roll (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sugar, Wheat Gluten, Iodised Salt, Sesame Seeds, Soy Flour, Emulsifier (481), Preservative (282), Wheat Malt Flour, Vitamins (Thiamin, Folate)), Peri Peri Sauce (Soybean Oil [Antioxidant (320)], Water, Egg Yolk, Vinegar, Sugar, Garlic, Chilli, Thickeners (1442, 1450, 415), Lemon Juice Conc, Citric Acid, Onion Powder, Colour (160c), Preservative (202), Natural Flavours, Spice Extract, Antioxidant (385)), Lettuce.	Y	Y	Y	Y	N	N	N	N	Y	t	219	2520	24.3	31.3	4.1	57.4	6.2	1260
<input type="checkbox"/>	Breakfast Range																			

Selected Stores only	Product	Ingredients	GLUTEN	EGGS	MILK & MILK PRODUCTS	SOY	FISH & CRUSTACEA	LUPINS	PEANUTS	TREE NUTS	SESAME	SULPHITES	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydrates (g)	Sugars (g)	Sodium (mg)
<input type="checkbox"/>	Vegan Muffin	Muffin (Wheat Flour, Water, Baker's Yeast, Maize Polenta, Wheat Gluten, Vinegar, Canola Oil, Iodised Salt, Oat Fibre, Soy Flour, Raising Agent (341), Acidity Regulators (263, 262), Emulsifiers (481, 472e), Preservative (200), Sugar, Vitamins (Thiamine, Folate)), Veggie Patty (Vegetables (58%) (Carrots, Peas, Corn, Potato, Capsicum), Seasoning (Rice Flour, Dehydrated Vegetables, Wheat Flour, Soy Protein, Salt, Thickeners (415, 464), Hydrolysed Vegetable Protein (Maize), Yeast Extract, Flavour Enhancer (635), Herb & Spice Extracts, Colour (100)), Water, Canola Oil), Biocheese Myco (Water, Coconut Oil, Starch, Modified Starch (E1404, 1450), Sea Salt, Vegan Cheddar Flavours, Olive Extract, Colour (B- Carotene)), Vegan Mayonnaise Edlyn (Water, Canola Oil, Vinegar, Thickeners (1442, 412, 415), Sugar, Salt, Vegetable Protein, Mustard Flour, Acidity Regulator (Acetic Acid), Preservatives (202, 211), Flavour, Natural Colour), Tomato, Lettuce, Tomato Ketchup (Concentrated Tomatoes, Sugar, Salt, Concentrated White Vinegar, Food Acid (Citric Acid), Natural Flavours (Contain Garlic), Spices.)	Y	N	N	Y	N	N	N	N	N	N	195	1620	10.1	15	4.9	51.5	5.9	975
<input type="checkbox"/>	Vegan Muffin Avocado	Muffin (Wheat Flour, Water, Baker's Yeast, Maize Polenta, Wheat Gluten, Vinegar, Canola Oil, Iodised Salt, Oat Fibre, Soy Flour, Raising Agent (341), Acidity Regulators (263, 262), Emulsifiers (481, 472e), Preservative (200), Sugar, Vitamins (Thiamine, Folate)), Veggie Patty (Vegetables (58%) (Carrots, Peas, Corn, Potato, Capsicum), Seasoning (Rice Flour, Dehydrated Vegetables, Wheat Flour, Soy Protein, Salt, Thickeners (415, 464), Hydrolysed Vegetable Protein (Maize), Yeast Extract, Flavour Enhancer (635), Herb & Spice Extracts, Colour (100)), Water, Canola Oil), Avocado (100% Hass Avocado), Tomato, Lettuce, Biocheese (Water, Coconut Oil, Starch, Modified Starch (E1404, 1450), Sea Salt, Vegan Cheddar Flavours, Olive Extract, Colour (B- Carotene)), Vegan Mayonnaise (Water, Canola Oil, Vinegar, Thickeners (1442, 412, 415), Sugar, Salt, Vegetable Protein, Mustard Flour, Acidity Regulator (Acetic Acid), Preservatives (202, 211), Flavour, Natural Colour), Lemon Garlic Dressing (Canola Oil, Reconstituted Lemon Juice (39%) [Preservative (223)], Extra Virgin Olive Oil, Garlic (3.5%), Sugar, Salt, Lemon Pulp (1.5%), Acidity Regulator (330), Thickeners (1442, 415) Spices, Preservatives (202, 211), Colour (160a))	Y	N	N	Y	N	N	N	N	N	N	230	2020	10.8	25.6	7	53.6	4.8	959
<input type="checkbox"/>	Double Bacon, Cheese Egg Muffin	Cooked Egg, Muffin (Wheat Flour, Water, Baker's Yeast, Maize Polenta, Wheat Gluten, Vinegar, Canola Oil, Iodised Salt, Oat Fibre, Soy Flour, Raising Agent (341), Acidity Regulators (263, 262), Emulsifiers (481, 472e), Preservative (200), Sugar, Vitamins (Thiamine, Folate)), Bacon (Pork (90%), Water, Salt, Curing Premix (Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)), Smoked.), Cheese (Cheese Spreadingredients: Milk, Cream, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160b), Preservative (200), Spice, Starter Culture, Enzymes.55% Milk Solids), Smoky Sauce (Water, Sugar, Tomato Paste, Vinegar, Apple Puree [Acidity Regulator (330), Antioxidant (300)], Thickeners (1422, 415), Salt, Colour (150a), Worcestershire Sauce (Contains Barley, Wheat, Fish), Molasses, Vegetable Powders, Flavour, Preservative (202), Spice.)	Y	Y	Y	Y	Y	N	N	N	N	N	256	2020	31.9	24.1	10.2	32.3	5.9	1340
<input type="checkbox"/>	Double Sausage, Cheese Egg Muffin	Cooked Egg, Sausage (Pork, Beef, Soy Protein, Salt, Spices, Herbs, Dextrose (Wheat), Sugar, Dehydrated Vegetables, Vegetable Oil, E635, Hydrolysed Vegetable Protein (Soy)), Muffin (Wheat Flour, Water, Baker's Yeast, Maize Polenta, Wheat Gluten, Vinegar, Canola Oil, Iodised Salt, Oat Fibre, Soy Flour, Raising Agent (341), Acidity Regulators (263, 262), Emulsifiers (481, 472e), Preservative (200), Sugar, Vitamins (Thiamine, Folate)), Cheese (Milk, Cream, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160b), Preservative (200), Spice, Starter Culture, Enzymes.55% Milk Solids), Sauce Cheese Piping Cheddar (Water, Cheese (37%) (Milk, Salt, Starter Culture, Enzyme), Mineral Salts (450, 452, 399, 340, 341), Whey Protein Concentrate, Corn Starch, Thickener (1442), Buttermilk Powder, Stabiliser (415), Preservative (234, 202), Acidity Regulator (330), Colour (160a), Butyric Acid)	Y	Y	Y	Y	N	N	N	N	N	N	304	2760	44.1	40.1	16.6	29.6	3.5	1280
<input type="checkbox"/>	BACON & EGG MUFFIN	English Muffin: Wheat Flour, Water, Baker's Yeast, Gluten, Salt, Canola Oil, Vinegar, Mineral Salt (341), Corn Meal, Soy Flour, Sugar, Preservatives (282, 200), Emulsifier (481), Vitamin (Thiamin) Eye Bacon: Pork(90%), Water, Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Sodium Nitrite, Natural Wood Smoke Oil: Canola Oil, Water, Salt, Emulsifiers(471, 322(Soy)), Preservative(202), Citric Acid, Flavour, Colour(160a) Cheese: Milk, Cream or Butter, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160b), Preservative (200), Spice, Starter Culture, Enzymes Egg Canola Spread (Vegetable Oil (Including Canola Oil 41%), Water, Salt, Emulsifiers (471, Soy Lecithin), Preservative (202), Citric Acid, Vitamins A & D, Natural Colour (Beta-Carotene), Natural Flavour)	Y	Y	Y	Y	N	N	N	N	N	t	158	1310	18.9	12.8	5.2	28.5	2.8	775
<input type="checkbox"/>	SAUSAGE & EGG MUFFIN	English Muffin: Wheat Flour, Water, Baker's Yeast, Maize Polenta, Wheat Gluten, Vinegar, Canola Oil, Iodised Salt, Oat Fibre, Soy Flour, Raising Agent (341), Acidity Regulators(263,262), Emulsifiers (481, 472e), Preservative (200), Sugar, Vitamins (Thiamin, Niacin) Sausage Patty: Meat 97%(Pork, Beef), Soy Protein, Salt, Spices, Herbs, Dextrose, Sugar, Dehydrated Vegetable, Vegetable Oil, Flavour Enhancer(635), Hydrolysed Vegetable Protein(Soy) Oil: Canola Oil, Water, Salt, Emulsifiers(471, 322(Soy)), Preservative(202), Citric Acid, Flavour, Colour(160a) Cheese: Milk, Cream or Butter, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160b), Preservative (200), Spice, Starter Culture, Enzymes Egg Canola Spread (Vegetable Oil (Including Canola Oil 41%), Water, Salt, Emulsifiers (471, Soy Lecithin), Preservative (202), Citric Acid, Vitamins A & D, Natural Colour (Beta-Carotene), Natural Flavour)	Y	Y	Y	Y	N	N	N	N	N	N	180	1660	24.5	20.1	8.0	28.3	2.6	734
<input checked="" type="checkbox"/>	BEEF & EGG MUFFIN	English Muffin: Wheat Flour, Water, Baker's Yeast, Maize Polenta, Wheat Gluten, Vinegar, Canola Oil, Iodised Salt, Oat Fibre, Soy Flour, Raising Agent (341), Acidity Regulators(263,262), Emulsifiers (481, 472e), Preservative (200), Sugar, Vitamins (Thiamin, Niacin) Beef Patty Oil: Canola Oil, Water, Salt, Emulsifiers(471, 322(Soy)), Preservative(202), Citric Acid, Flavour, Colour(160a) Cheese: Milk, Cream or Butter, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160b), Preservative (200), Spice, Starter Culture, Enzymes Egg Canola Spread (Vegetable Oil (Including Canola Oil 41%), Water, Salt, Emulsifiers (471, Soy Lecithin), Preservative (202), Citric Acid, Vitamins A & D, Natural Colour (Beta-Carotene), Natural Flavour)	Y	Y	Y	Y	N	N	N	N	N	N	172	1590	24.1	18.5	8.2	28.4	2.6	542



Selected Stores only	Product	Ingredients	GLUTEN	EGGS	MILK & MILK PRODUCTS	SOY	FISH& CRUSTACEA	LUPINS	PEANUTS	TREE NUTS	SESAME	SULPHITES	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydrates (g)	Sugars (g)	Sodium (mg)
<input type="checkbox"/>	BBQ BREKKY WRAP	Tortilla Wrap: Wheat Flour [(59%), Thiamine, Folic Acid], Water, Vegetable Shortening [Antioxidant (320)], Sugar, Baking Powder [Mineral Salts (450, 500, 341)], Food Acid (297), Iodised Salt, Mineral Salt (500), Preservative (282) Yeast Sausage Patty: Meat 97%(Pork, Beef), Soy Protein, Salt, Spices, Herbs, Dextrose, Sugar, Dehydrated Vegetable, Vegetable Oil, Flavour Enhancer(635),Hydrolysed Vegetable Protein(Soy) Egg Cheese: Milk, Cream or Butter, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160b), Preservative (200), Spice, Starter Culture, Enzymes BBQ Sauce: Concentrated Tomatoes, Apple Puree, Sugar, Maize Thickener (1414), Salt, Food Acids (260, 330), Colour (150c), Natural Flavours, Spice Eye Bacon: Pork(90%), Water, Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Sodium Nitrite, Natural Wood Smoke	Y	Y	Y	Y	N	N	N	N	N	t	210	2000	26.5	24.9	10.6	35.4	8.8	1150
<input type="checkbox"/>	BBQ BIG BREKKY WRAP	Tortilla Wrap: Wheat Flour [(59%), Thiamine, Folic Acid], Water, Vegetable Shortening [Antioxidant (320)], Sugar, Baking Powder [Mineral Salts (450, 500, 341)], Food Acid (297), Iodised Salt, Mineral Salt (500), Preservative (282) Yeast Cheese: Milk, Cream or Butter, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160b), Preservative (200), Spice, Starter Culture, Enzymes BBQ Sauce: Concentrated Tomatoes, Apple Puree, Sugar, Maize Thickener (1414), Salt, Food Acids (260, 330), Colour (150c), Natural Flavours, Spice Eye Bacon: Pork (87%), Water, Salt, Dextrose, Sucrose, Mineral Salts (450, 451, 452), Antioxidant (316), Sodium Nitrite (250) Hash Brown: Potato, Vegetable Oil, Salt, Disodium Dihydrogen Pyrophosphate, Dextrose Sausage Patty: Meat 97%(Pork, Beef), Soy Protein, Salt, Spices, Herbs, Dextrose, Sugar, Dehydrated Vegetable, Vegetable Oil, Flavour Enhancer(635),Hydrolysed Vegetable Protein(Soy)	Y	Y	Y	Y	N	N	N	N	N	t	268	2680	27.9	35.9	11.9	50.5	9.1	1390
<input type="checkbox"/>	BREKKY HERO ROLL	Egg, Long Seeded Split Roll (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sugar, Wheat Gluten, Iodised Salt, Sesame Seeds, Soy Flour, Emulsifier (481), Preservative (282), Wheat Malt Flour, Vitamins (Thiamin, Folate)), Hashbrown (Potatoes, Vegetable Oil, Salt, Disodium Dihydrogen Pyrophosphate, Dextrose), Bacon (Pork (90%), Water, Salt, Curing Premix [Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)], Smoked.), Cheese (Cheese Spreadingredients: Milk, Cream, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160b), Preservative (200), Spice, Starter Culture, Enzymes.55% Milk Solids), BBQ Sauce (Concentrated Tomatoes, Apple Puree, Sugar, Maize Thickener (1414), Salt, Foodacids (260, 330), Colour (150c), Natural Flavours, Spice.)	Y	Y	Y	Y	N	N	N	N	Y	N	338	2950	33.8	37.0	11.5	59.8	12.6	1640
<input type="checkbox"/>	HASH BROWN (1 PIECE)	Potato, Vegetable Oil, Salt, Emulsifier(339), Dextrose	N	N	N	t	N	N	N	N	N	t	58	680	1.4	11.0	1.2	15.1	0.3	243
<input type="checkbox"/>	CHEESE TOASTIE	White Toast (Wheat Flour, Water, Maize Starch, Baker's Yeast, Soy Fibre, Wheat Gluten, Vinegar, Iodised Salt, Vegetable Gum (412), Soy Flour, Canola Oil, Emulsifiers (481, 472e, 471), Vitamins (Thiamin, Folate, Vitamin E, Niacin, Vitamin B6), Minerals (Iron, Zinc)), Egmont Cheese (Pasteurised Cows Milk, Salt, Enzymes, Coagulating Enzyme), Canola Spread (Vegetable Oil (Including Canola Oil 41%), Water, Salt, Emulsifiers (471, Soy Lecithin), Preservative (202), Citric Acid, Vitamins A & D, Natural Colour (Beta-Carotene), Natural Flavour)	Y	N	Y	Y	N	N	N	N	N	N	111	1280	11.9	13.0	5.8	32.5	2.7	511
<input type="checkbox"/>	HAM & CHEESE TOASTIE	White Toast: Wheat Flour, Water, Maize Starch, Baker's Yeast, Soy Fibre, Wheat Gluten, Vinegar, Iodised Salt, Vegetable Gum (412), Soy Flour, Canola Oil, Emulsifiers(481,472e,471), Vitamins (Thiamin, Folate, Vitamin E, Niacin, Vitamin B6), Minerals (Iron, Zinc). Sliced Shaved Leg Ham: (Pork 74%, Water, Salt, Food acid (325), Corn Dextrose, Sucrose, Mineral Salts (450,451, 452), Antioxidant (316), Sodium Nitrate (250) Egmont Cheese: (Pasteurised Cows Milk, Salt, Enzymes, Coagulating Enzyme) Canola Spread: (Vegetable Oil (Including Canola Oil 41%, Water, Salt, Emulsifiers (471, Soy Lecithin), Preservative (202), Citric Acid, Vitamins A & D, Natural Colour (Beta Carotene), Natural Flavour	Y	N	Y	Y	N	N	N	N	N	N	142	1400	16.6	14.2	6.1	32.5	3.0	881
<input type="checkbox"/>	HAM, CHEESE & TOMATO TOASTIE	White Toast: Wheat Flour, Water, Maize Starch, Baker's Yeast, Soy Fibre, Wheat Gluten, Vinegar, Iodised Salt, Vegetable Gum (412), Soy Flour, Canola Oil, Emulsifiers(481,472e,471), Vitamins (Thiamin, Folate, Vitamin E, Niacin, Vitamin B6), Minerals (Iron, Zinc). Sliced Shaved Leg Ham: (Pork 74%, Water, Salt, Food acid (325), Corn Dextrose, Sucrose, Mineral Salts (450,451, 452), Antioxidant (316), Sodium Nitrate (250) Tomato Egmont Cheese: (Pasteurised Cows Milk, Salt, Enzymes, Coagulating Enzyme) Canola Spread: (Vegetable Oil (Including Canola Oil 41%, Water, Salt, Emulsifiers (471, Soy Lecithin), Preservative (202), Citric Acid, Vitamins A & D, Natural Colour (Beta Carotene), Natural Flavour	Y	N	Y	Y	N	N	N	N	N	N	170	1420	16.8	14.1	6.1	32.9	3.5	878
<input type="checkbox"/>	PANCAKES (WITH BUTTER & SYRUP)	Pancakes: Water, Wheat Flour, Sugar, Canola Oil, Milk Solids, Acidity Regulator (575), Egg Powder, Wheat Starch, Raising Agent (500), Salt, Preservative (202, 234), Emulsifier (471), Natural Flavour, Vitamins (Thiamin, Folate) Pancake Syrup: Fructose, Water, Sugar, Salt, Flavour (150d), Vegetable Gum (466), Preservative (202), Natural Maple Flavour, Citric Acid Whipped Butter: Butter, Water, Canola Oil, Salt, Preservative (202), Vitamins A & D	Y	Y	Y	Y	N	N	N	N	t	N	159	1700	6.3	14.2	4.6	61.6	22.5	403
<input type="checkbox"/>	PIKELETS	Wheat Flour, Water, Sugar, Canola Oil, Non-Fat Milk Solids, Acidity Regulator (575), Wheat Starch, Whole Egg Powder, Raising Agent (500), Salt, Preservatives (202, 234), Natural Vanilla Flavour, Emulsifier (471), Natural Colour (161b), Vitamins (Thiamin, Folic Acid)	Y	Y	Y	N	N	N	N	N	N	N	35	321	1.8	1.8	0.2	13.0	4.2	115
<input type="checkbox"/>	Bundle Meals																			
<input type="checkbox"/>	Cheeseburger Super Stunner	Cheeseburger, Small Chips, Small Coke, 3 Nuggets, Spicy Dipping Sauce Tub - Please Note, swapping the spicy suace to one of the available alternative dipping sauce tubs will remove the Egg Allergen from this bundle). Drumstick Vanilla	Y	Y	Y	Y	N	N	N	N	Y	N	675	4810	29.6	56.7	16.8	130.0	53.8	1780
<input type="checkbox"/>	Double Cheeseburger Super Stunner	Double Cheeseburger, Small Chips, Small Coke, 3 Nuggets, Spicy Dipping Sauce Tub - Please Note, swapping the spicy suace to one of the available alternative dipping sauce tubs will remove the Egg Allergen from this bundle). Drumstick Vanilla	Y	Y	Y	Y	N	N	N	N	Y	N	724	5410	40.2	67.8	22.9	130.0	54.1	1980
<input type="checkbox"/>	Triple Cheeseburger Super Stunner	Triple Cheeseburger, Small Chips, Small Coke, 3 Nuggets, Spicy Dipping Sauce Tub - Please Note, swapping the spicy suace to one of the available alternative dipping sauce tubs will remove the Egg Allergen from this bundle). Drumstick Vanilla	Y	Y	Y	Y	N	N	N	N	Y	N	770	6010	50.7	78.9	29.0	131.0	54.3	2170
<input type="checkbox"/>	Chicken Royale Super Stunner	Chicken Royale, Small Chips, Small Coke, 3 Nuggets, Spicy Dipping Sauce Tub Drumstick Vanilla	Y	Y	Y	Y	N	N	N	N	Y	N	697	5350	26.5	68.6	13.0	138.0	52.3	1910

Selected Stores only	Product	Ingredients	GLUTEN	EGGS	MILK & MILK PRODUCTS	SOY	FISH & CRUSTACEA	LUPINS	PEANUTS	TREE NUTS	SESAME	SULPHITES	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydrates (g)	Sugars (g)	Sodium (mg)
<input type="checkbox"/>	Whopper Hunger Tamers	Whopper, BBQ Cheeseburger, Medium Chips, Medium Coke, 3 Nuggets, Spicy Dipping Sauce Tub	Y	Y	N	Y	N	N	N	N	Y	N	1020	7600	56.3	101.0	24.8	171.0	58.3	2640
<input type="checkbox"/>	Bacon Deluxe Hunger Tamers	Bacon Deluxe BBQ Cheeseburger, Medium Chips, Medium Coke, 3 Nuggets, Spicy Dipping Sauce Tub	Y	Y	Y	Y	N	N	N	N	Y	t	943	7200	58.0	97.6	27.7	153.0	53.7	2690
<input type="checkbox"/>	Grilled Chicken Bacon & Cheese Hunger Tamers	Grilled Chicken Cheesy Bacon, Chicken Royale, Medium Chips, Medium Coke, 3 Nuggets, Spicy Dipping Sauce Tub	Y	Y	Y	Y	N	N	N	N	Y	t	957	6900	53.5	86.2	13.8	164.0	52.3	3060
<input type="checkbox"/>	Tendercrisp Hunger Tamers	Tendercrisp, Chicken Royale, Medium Chips, Medium Coke, 3 Nuggets, Spicy Dipping Sauce Tub	Y	Y	Y	Y	N	N	N	N	Y	t	953	7390	46.5	98.8	12.8	173.0	52.3	3020
<input type="checkbox"/>	Whopper Family Bundle	2 Whopper, 2 BBQ Cheeseburger, 10 Chicken Nugget, 2 Spicy Dipping Sauce Tub, 4 Medium chips, 4 Medium Coke, 4 Drumsticks	Y	Y	Y	Y	N	N	N	N	Y	N	3392	22400	136.0	266.0	75.6	603.0	258.0	7280
<input type="checkbox"/>	Bacon Deluxe Family Bundle	2 Bacon Deluxe, 2 BBQ Cheeseburger, 10 Chicken Nugget, 2 Spicy Dipping Sauce Tub, 4 Medium Chips, 4 Medium Coke, 4 Drumsticks	Y	Y	Y	Y	N	N	N	N	Y	t	3239	21600	140	259	81.4	566	249	7390
<input type="checkbox"/>	Grilled Chicken Family Bundle	2 Grilled Chicken Cheesy Bacon, 2 Chicken Royale, 10 Chicken Nugget, 2 Spicy Dipping Sauce Tub, 4 Medium chips, 4 Medium Coke, 4 Drumsticks	Y	Y	Y	Y	N	N	N	N	Y	t	3267	21000	131.0	53.5	589.0	246.0	8130.0	8000
<input type="checkbox"/>	Tendercrisp Family Bundle	2 Tendercrisp, 2 Chicken Royale, 10 Chicken Nugget, 2 Spicy Dipping Sauce Tub, 4 Medium chips, 4 Medium Coke, 4 Drumsticks	Y	Y	Y	Y	N	N	N	N	Y	t	3259	22000	117.0	262.0	51.5	607.0	246.0	8050
<input type="checkbox"/>	Cheese Toastie Super Stunner	1 Cheese Toastie, 2 Hashbrowns, 4 Pikelets & 1 Maple Syrup, 1 small Coffee	Y	Y	Y	Y	N	N	N	N	N	N	468	3680	21.6	41.6	11.5	101.0	23.8	1210
<input type="checkbox"/>	Bacon & Egg Muffin Super Stunner	1 Double Bacon & Egg Muffin, 2 Hashbrowns, 4 Pikelets & 1 Maple Syrup, 1 small Coffee	Y	Y	Y	Y	Y	N	N	N	N	N	515	3710	28.7	41.4	11.0	97.3	23.9	1470
<input type="checkbox"/>	Double Bacon & Egg Muffin Super Stunner	1 Double Bacon & Egg Muffin, 2 Hashbrowns, 4 Pikelets & 1 Maple Syrup, 1 small Coffee	Y	Y	Y	Y	Y	N	N	N	N	N	613	4420	41.6	52.7	16.0	101.0	27.0	2040
<input type="checkbox"/>	Sausage & Egg Muffin Super Stunner	1 Sausage & Egg Muffin, 2 Hashbrowns, 4 Pikelets & 1 Maple Syrup, 1 small Coffee	Y	Y	Y	Y	N	N	N	N	N	N	537	4060	34.2	48.7	13.7	97.1	23.8	1430
<input type="checkbox"/>	Double Sausage & Egg Muffin Super Stunner	1 Double Sausage & Egg Muffin, 2 Hashbrowns, 4 Pikelets & 1 Maple Syrup, 1 small Coffee	Y	Y	Y	Y	N	N	N	N	N	N	661	5130	53.8	68.6	22.3	98.4	24.6	1980
<input type="checkbox"/>	3 Nugget Kids Meal	3 Nuggets, 1 Dipping Sauce, 1 Small Chips, 1 Bottle Still Water	Y	Y	Y	Y	N	N	N	N	N	N	174	1850	10.7	21.2	2.9	52.1	10.5	1100
<input type="checkbox"/>	6 Nugget Kids Meal	6 Nuggets, 1 Dipping Sauce, 1 Small Chips, 1 Bottle Still Water	Y	Y	Y	Y	N	N	N	N	N	N	228	2450	18.3	30.7	4.2	59.1	11.1	1510
<input type="checkbox"/>	Cheeseburger Kids Meal	1 Cheeseburger, 1 Small Chips, 1 Bottle Still Water	Y	Y	Y	Y	N	N	N	N	N	N	210	2390	19.4	26.2	8.1	64.4	4.7	1100
<input type="checkbox"/>	Desserts Range																			
<input type="checkbox"/>	VANILLA SUNDAE	Sundae: Milk, Milk Solids, Sugar, Cream, Dextrose Emulsifier (471), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour	N	N	Y	N	N	N	N	N	N	N	S	1240	8.6	11.8	7.9	38.4	38.4	194
<input type="checkbox"/>													L	1890	13.2	18.0	12.1	58.6	58.6	296
<input type="checkbox"/>	CHOCOLATE SUNDAE	Sundae: Milk, Milk Solids, Sugar, Cream, Dextrose Emulsifier (471), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour, Chocolate Fudge Topping: Sugar, Water, Milk Solids, Vegetable Fat, Cocoa (5%), Maltodextrin, Salt, Vegetable Gum (401), Natural Flavour, Preservative (202), Emulsifier (322)	N	N	Y	N	N	N	N	N	N	N	S	1090	6.6	9.3	6.5	37.0	36.6	170
<input type="checkbox"/>													L	1700	10.0	14.1	10.0	59.0	58.4	267
<input type="checkbox"/>	CARAMEL SUNDAE	Sundae: Milk, Milk Solids, Sugar, Cream, Dextrose Emulsifier (471), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour, Caramel Topping: Sugar, Water, Glucose Syrup, Invert Syrup, Milk Solids, Vegetable Fat, Thickener (1442), Vegetable Gum (401), Salt, Emulsifiers (471, 322), Mineral Salts (500, 339), Preservative (202)	N	N	Y	N	N	N	N	N	N	N	S	1130	6.6	9.6	6.9	38.6	37.1	168
<input type="checkbox"/>													L	1780	9.9	14.8	10.8	62.3	59.3	262
<input type="checkbox"/>	STRAWBERRY SUNDAE	Sundae Mix: Milk, Milk Solids, Sugar, Cream, Dextrose Emulsifier (471), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour, Strawberry Topping: Sugar, Water, Strawberries (18%), Thickeners (1422, 415), Natural Colour (163), Natural Flavour, Food Acid (330), Preservative (202)	N	N	Y	N	N	N	N	N	N	N	S	1000	6.2	8.3	5.5	35.1	34.5	136
<input type="checkbox"/>													L	1540	9.1	12.4	8.1	55.5	54.3	200

Selected Stores only	Product	Ingredients	GLUTEN	EGGS	MILK & MILK PRODUCTS	SOY	FISH & CRUSTACEA	LUPINS	PEANUTS	TREE NUTS	SESAME	SULPHITES	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydrates (g)	Sugars (g)	Sodium (mg)
<input type="checkbox"/>	STORM OREO®	Sundae Mix: Milk, Milk Solids, Sugar, Cream, Dextrose Emulsifier (471), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour, Oreo Crumb (Cocoa Powder (8.3%), High Fructose Syrup, Salt, Raising Agent (500), Emulsifier (322 Soy Lecithin), Corn Starch, Flavour)	Y	N	Y	Y	N	N	N	t	N	N	295	2380	15.0	21.9	13.7	77.3	65.7	458
<input type="checkbox"/>	STORM FLAKE®	Sundae Mix: Milk, Milk Solids, Sugar, Cream, Dextrose Emulsifier (471), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour, Flake Garnish: Sugar, Milk Solids, Cocoa Butter, Cocoa Mass, Flavours.	N	N	Y	N	N	N	t	t	N	N	289	2330	19.3	21.9	13.7	70.0	69.7	314
<input type="checkbox"/>	STORM M&M'S® MINIS	Sundae Mix: Milk, Milk Solids, Sugar, Cream, Dextrose Emulsifier (471), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour, M and M Minis: Milk Chocolate 75% [Sugar, Milk Solids, Cocoa Mass, Cocoa Butter, Vegetable Fat, Soy Lecithin (322 Soy)], Salt, Flavour], Sugar, Starch (Wheat), Glucose Syrup (Wheat), Colours (171, 102, 129, 110, 133), Vegetable Gum (414), Thickener (Dextrin), Glazing Agent (903).	Y	t	Y	Y	N	N	t	t	N	N	309	2700	15.4	26.3	17.1	85.4	84.2	324
<input type="checkbox"/>	DRUMSTICK® MINI VANILLA	Ingredients: Water, Sugar, Vegetable Oil And Or Cream, Wheat Flour, Glucose Syrup (Wheat And Or Corn), Milk Solids, Cocoa Solids (1.7%), Maltodextrin, Vegetable Origin Emulsifiers (322 Soy), 477, 471 (Soy), 492], Vegetable Gums (412, 440), Thickener (1442), Salt, Flavours, Mineral Salt (339), Preservative (202) Contains Milk, Wheat And Soy, may Contain Traces Of Peanut And Tree Nuts (412), Caramelised Sugar, Mineral Salts (500, 341), Flavours, Antioxidant (319)	Y	N	Y	Y	N	N	t	t	N	N	49	588	1.5	5.7	5.1	20.0	12.9	46
<input type="checkbox"/>	SOFT SERVE CONE	Sundae: Milk, Milk Solids, Sugar, Cream, Dextrose Emulsifier (471), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour, Ice Cream Cone: Wheat Flour, Wheaten Cornflour, Vegetable Oil, Emulsifier(322 Soy)], Sugar, Salt, Mineral Salt (500), Colour (110)	Y	N	Y	Y	N	N	N	N	N	N	117	860	5.9	7.7	5.1	27.9	24.7	133
<input type="checkbox"/>	PARTY CAKE	Water, Cream (15%), Sugar, Milk Solids, Glucose Syrup (Wheat), Maltodextrin, Cocoa, Vegetable Origin Emulsifiers (477, 471, Soy), Vegetable Gum (412), Flavours, Vegetable Oil, Colours (120, 160c, 141, 100)	Y	N	Y	Y	N	N	t	t	N	N	49	375	1.0	3.2	2.1	13.7	11.0	34
<input type="checkbox"/>	BELGIAN CHOC LAVA CAKE	Belgian Chocolate Lava Cake (Sugar, Egg, Wheat Flour, Cocoa Powder, Canola Oil, Margarine (Vegetable Oil, Water, Salt, Milk Solids, Emulsifiers (471, 322 From Soy), Antioxidants (304, 307b)), Belgian Chocolate (5%) (Cocoa Solids 70% Cocoa Mass, Sugar, Cocoa Butter, Emulsifier (Soy Lecithin), Natural Vanilla Flavouring)), Sundae Mix (Milk, Milk Solids, Sugar, Cream, Dextrose Emulsifier (471), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour), Flake Garnish (Sugar, Milk Solids, Cocoa Butter, Cocoa Mass, Flavours)	Y	Y	Y	Y	N	N	t	t	N	N	142	1820	10.1	18.0	7.5	57.0	47.6	147
<input type="checkbox"/>	Sides																			
<input type="checkbox"/>	Carry Cup Nuggets	Coated Fries (Potato (91%), Vegetable Oil 5%, Modified Potato Starch (1400, 1414, 1412), Rice Flour, Potato Dextrin, Salt, Acidity Regulators (450, 500), Thickener (415)), Chicken Nuggets (Chicken (Chicken Breast And Skin), Water, Thickener (1442), Salt, Mineral Salts (451, 452), Flour (Wheat, Maize, Rice), Water, Thickener (Wheat), Starch (Wheat), Egg, Salt, Dextrose, Minerals Salts (450, 500), Sugar, Yeast And Yeast Extract, Natural Flavour, Canola Oil), Seasoned Salt (Salt (74%), Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil)	Y	Y	N	N	N	N	N	N	N	N	143	1790	11.5	20.4	3.1	49.6	0.5	818
<input type="checkbox"/>	CHICKEN NUGGETS (3 PACK)	Chicken (Chicken Breast And Skin), Water, Thickener (1442), Salt, Mineral Salts (451, 452), Flour (Wheat, Maize, Rice), Water, Gluten (Wheat), Starch (Wheat), Egg, Salt, Dextrose, Minerals Salts (450, 500), Sugar, Yeast And Yeast Extract, Natural Flavour, Canola Oil	Y	Y	N	N	N	N	N	N	N	N	54	599	7.6	9.5	1.3	7.1	0.5	412
<input type="checkbox"/>	CHICKEN NUGGETS (6 PACK)	Chicken (Chicken Breast And Skin), Water, Thickener (1442), Salt, Mineral Salts (451, 452), Flour (Wheat, Maize, Rice), Water, Gluten (Wheat), Starch (Wheat), Egg, Salt, Dextrose, Minerals Salts (450, 500), Sugar, Yeast And Yeast Extract, Natural Flavour, Canola Oil	Y	Y	N	N	N	N	N	N	N	N	108	1200	15.2	18.9	2.6	14.1	1.1	824
<input type="checkbox"/>	CHICKEN NUGGETS (12 PACK)	Chicken (Chicken Breast And Skin), Water, Thickener (1442), Salt, Mineral Salts (451, 452), Flour (Wheat, Maize, Rice), Water, Gluten (Wheat), Starch (Wheat), Egg, Salt, Dextrose, Minerals Salts (450, 500), Sugar, Yeast And Yeast Extract, Natural Flavour, Canola Oil	Y	Y	N	N	N	N	N	N	N	N	216	2400	30.4	37.8	5.2	28.2	2.2	1648
<input type="checkbox"/>	CHIPS	Coated Fries (Potato (91%), Vegetable Oil 5% (Antifoam (900a), Modified Potato Starch (1400, 1414, 1412), Rice Flour, Potato Dextrin, Salt, Acidity Regulators (450, 500), Thickener (415)), Seasoned Salt (Salt (74%), Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil)	N	N	N	N	N	N	N	N	N	N	S	1060	3.1	11.7	1.6	33.9	0.2	489
<input type="checkbox"/>													M	1290	3.7	14.2	1.9	41.1	0.3	593
<input type="checkbox"/>													L	1850	5.3	20.4	2.8	58.9	0.4	850
<input type="checkbox"/>	ONION RINGS	Onion (50%), Water, Wheat Flour, Soybean Oil, Rice Flour, Thickener (E1404, E1420, E415), Starch, Sugar, Onion Powder, Salt, Mineral Salt (E450, E500i), Vegetable Oil, Whey Powder, Wheat Gluten, Soybean Flour, Yeast Extract, Corn Flour, Flavour, Brown Sugar	Y	N	Y	Y	N	N	N	N	N	N	M	792	1.6	15.2	2.2	11.2	3.4	250
<input type="checkbox"/>													L	1180	2.4	22.8	3.3	16.8	5.0	374
<input type="checkbox"/>	ANGRY ONIONS	Onions, Wheat Flour, Cornstarch, Vegetable Oil, Rice Flour, Salt, Tapioca, Dextrin, Maltodextrin, Natural and Artificial Flavours, Dried Yeast, Gum Arabic, Xanthan Gum	Y	N	N	Y	N	N	N	N	N	N	S	706	2.4	17.7	1.9	26.2	3.8	557
<input type="checkbox"/>													M	941	3.2	23.6	2.5	35.0	5.0	742
<input type="checkbox"/>													L	1220	4.2	30.7	3.3	45.5	6.5	965
<input type="checkbox"/>	Sauces																			
<input type="checkbox"/>	SWEET N' SOUR DIPPING TUB	Water, Sugar, Vinegar, Thickeners (1422, 415), Tomato paste, Salt, Fruit Concentrate, Worcestershire sauce, Spices, Colour (110, 129).	Y	N	N	Y	Y	N	N	N	N	t	31	193	0.1	0.1	0.1	11.2	9.8	198
<input type="checkbox"/>	BBQ PLUM DIPPING TUB	Sugar, Water, Fruit Pastes [Including Plum Paste (3%), Acidity Regulators (330, 300)], White Vinegar, Teriyaki Sauce (Contains Wheat, Soybean), Tomato Paste, Thickeners (1422, 415), Salt, Vegetable Oil, Vegetable Powder, Colour (150c), Preservative (202), Spice	Y	N	N	Y	N	N	N	N	N	t	31	258	0.2	0.3	0.1	14.1	12.7	275
<input type="checkbox"/>	HONEY MUSTARD DIPPING TUB	Water, Vegetable Oil, Invert Sugar Syrup, Dextrose, Sugar, Honey (9%), White Vinegar, Dijon Mustard (4.9%), Thickeners (1442, 415), Egg Yolk, Salt, Flavour, Preservative (202), Colours (100, 150c), Antioxidant (385)	N	Y	N	N	N	N	N	N	N	t	25	360	0.2	4.5	0.4	11.2	10.1	127
<input type="checkbox"/>	SPICY DIPPING TUB	Vegetable Oil, Water, Egg Yolk (5%), White Vinegar, Sugar, Salt, Thickeners (1442, 1450, 415), Yeast, Chilli Powder (1%), Vegetable Powders, Lemon Juice Concentrate, Acidity Regulator (330), Preservative (202), Spice Extracts, Antioxidant (385)	N	Y	N	N	N	N	N	N	N	t	25	520	0.4	13.2	1.1	1.4	0.8	258
<input type="checkbox"/>	Ketchup Sachet	Concentrated Tomatoes, Sugar, Salt, White Vinegar, Natural Flavours (contains Garlic), Citric Acid.	N	N	N	N	N	N	N	N	N	N	12	61	0.1	0.0	0.0	3.3	3.0	98
<input type="checkbox"/>	Frozen Drinks																			
<input type="checkbox"/>	FROZEN COKE®	Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine	N	N	N	N	N	N	N	N	N	N	S	419	0.0	0.0	0.0	24.5	24.5	19
<input type="checkbox"/>													M	558	0.0	0.0	0.0	32.6	32.6	26
<input type="checkbox"/>													L	697	0.0	0.0	0.0	40.8	40.8	32
<input type="checkbox"/>													J	1050	0.0	0.0	0.0	61.2	61.2	48
<input type="checkbox"/>	FROZEN FANTA® MANGO	Carbonated Water, Sugar, Flavour, Food Acid (330), Preservative (211), Colour (110), Sweetener (960)	N	N	N	N	N	N	N	N	N	N	S	426	0.0	0.0	0.0	24.5	24.5	9
<input type="checkbox"/>													M	568	0.0	0.0	0.0	32.6	32.6	11
<input type="checkbox"/>													L	709	0.0	0.0	0.0	40.8	40.8	14
<input type="checkbox"/>													J	1060	0.0	0.0	0.0	61.2	61.2	21
<input type="checkbox"/>	FROZEN SPRITE®	Carbonated Water, Sugar, Food Acid (330, 331), Flavour, Preservative (211).	N	N	N	N	N	N	N	N	N	N	S	405	0.0	0.0	0.0	23.4	23.4	27

Selected Stores only	Product	Ingredients	GLUTEN	EGGS	MILK & MILK PRODUCTS	SOY	FISH & CRUSTACEA	LUPINS	PEANUTS	TREE NUTS	SESAME	SULPHITES	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydrates (g)	Sugars (g)	Sodium (mg)
<input type="checkbox"/>													M	593	0.0	0.0	0.0	31.2	31.2	36
<input type="checkbox"/>													L	674	0.0	0.0	0.0	39.0	39.0	45
<input type="checkbox"/>													J	1010	0.0	0.0	0.0	58.5	58.5	67
<input type="checkbox"/>	FROZEN FANTA® CREAMING SODA	Carbonated Water, Sugar, Food Acid (330), Flavour, Preservative (211), Colour (122).	N	N	N	N	N	N	N	N	N	N	S	422	0.0	0.0	0.0	24.5	24.5	9
<input type="checkbox"/>													M	563	0.0	0.0	0.0	32.6	32.6	11
<input type="checkbox"/>													L	703	0.0	0.0	0.0	40.8	40.8	14
<input type="checkbox"/>													J	1060	0.0	0.0	0.0	61.2	61.2	21
<input type="checkbox"/>	FROZEN RASPBERRY®	Carbonated Water, Sugar, Food Acid (330, 331), Flavour, Preservative (211), Colour (122)	N	N	N	N	N	N	N	N	N	N	S	473	0.0	0.0	0.0	27.5	27.5	18
<input type="checkbox"/>													M	630	0.0	0.0	0.0	36.6	36.6	23
<input type="checkbox"/>													L	788	0.0	0.0	0.0	45.8	45.8	29
<input type="checkbox"/>													J	1260	0.0	0.0	0.0	73.3	73.3	47
<input type="checkbox"/>	FROZEN COKE® SPIDER	Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine Milk, Milk Solids, Sugar, Cream, Dextrose Emulsifier (471), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour	N	N	Y	N	N	N	N	N	N	N	M	1020	4.2	5.7	3.8	43.4	43.4	113
<input type="checkbox"/>	FROZEN FANTA® MANGO SPIDER	Carbonated Water, Sugar, Flavour, Food Acid (330), Preservative (211), Colour (110), Sweetener (960) Milk, Milk Solids, Sugar, Cream, Dextrose Emulsifier (471), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour	N	N	Y	N	N	N	N	N	N	N	M	1090	4.2	5.7	3.8	47.2	47.2	106
<input type="checkbox"/>	FROZEN SPRITE® SPIDERS	Carbonated Water, Sugar, Food Acid (330, 331), Flavour, Preservative (211), Milk, Milk Solids, Sugar, Cream, Dextrose Emulsifier (471), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour	N	N	Y	N	N	N	N	N	N	N	M	1070	4.2	5.7	3.8	45.9	45.9	125
<input type="checkbox"/>	FROZEN LIFT LEMON SQUASH Spider	FCB Lift Lemon Squash Coke (Carbonated Water, Sugar, Lemon Juice From Concentrate (5%), Food Acids (330, 331), Flavour, Preservative (211), Antioxidant (300), Colour (104) ), Sundae Mix (Milk, Milk Solids, Sugar, Cream, Dextrose Emulsifier (471), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour.)	N	N	Y	N	N	N	N	N	N	N	S	1010	4.2	5.7	3.8	42.0	42.0	113
<input type="checkbox"/>													M	1020	5.7	3.8	3.8	42.7	42.7	113
<input type="checkbox"/>													L	1090	4.2	5.7	3.8	46.3	46.3	116
<input type="checkbox"/>													J	1440	4.2	5.7	3.8	66.4	66.4	133
<input type="checkbox"/>	FROZEN FANTA Raspberry Spider	FCB Fanta Raspberry(Carbonated Water, Sugar, Flavour, Food Acids (330, 331), Preservative (211), Colour (122) ), Sundae Mix (Milk, Milk Solids, Sugar, Cream, Dextrose Emulsifier (471), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour.)	N	N	Y	N	N	N	N	N	N	N	S	1010	4.2	5.7	3.8	42.0	42.0	113
<input type="checkbox"/>													M	1020	5.7	3.8	3.8	42.7	42.7	113
<input type="checkbox"/>													L	1090	4.2	5.7	3.8	46.3	46.3	116
<input type="checkbox"/>													J	1440	4.2	5.7	3.8	66.4	66.4	133
<input type="checkbox"/>	FROZEN FANTA® CREAMING SODA Spider	Carbonated Water, Sugar, Food Acid (330), Flavour, Preservative (211), Colour (122), Sundae Mix (Milk, Milk Solids, Sugar, Cream, Dextrose Emulsifier (471), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour.)	N	N	Y	N	N	N	N	N	N	N	S	1010	4.2	5.7	3.8	42.7	42.7	102
<input type="checkbox"/>													M	1030	4.2	5.7	3.8	43.4	43.4	102
<input type="checkbox"/>													L	1090	4.2	5.7	3.8	47.2	47.2	103
<input type="checkbox"/>													J	1590	5.1	7.0	4.7	72.2	72.2	133
<input type="checkbox"/>	Cold Drinks																			
<input type="checkbox"/>	COKE®	Carbonated Water, Sugar, Colour (150a), Food Acid (338), Flavours, Caffeine.	N	N	N	N	N	N	N	N	N	N	S	588	0.0	0.0	0.0	34.7	37.4	33
<input type="checkbox"/>													M	751	0.0	0.0	0.0	44.3	44.3	42
<input type="checkbox"/>													L	1080	0.0	0.0	0.0	63.5	63.5	60
<input type="checkbox"/>	COKE® NO SUGAR	Carbonated Water, Colour (150d), Food Acids (338, 331), Sweeteners (951, 950) Preservative (211), Flavour, Caffeine	N	N	N	N	N	N	N	N	N	N	S	5	0.2	0.0	0.0	0.3	0.0	37
<input type="checkbox"/>													M	7	0.2	0.0	0.0	0.4	0.0	47
<input type="checkbox"/>													L	9	0.3	0.0	0.0	0.6	0.0	68
<input type="checkbox"/>	DIET COKE®	Carbonated Water, Colour (150a), Artificial Sweeteners (951, 950), Food Acids (338, 330), Flavours, Preservative (211), Caffeine	N	N	N	N	N	N	N	N	N	N	S	3	0.0	0.0	0.0	0.0	0.0	37
<input type="checkbox"/>													M	4	0.0	0.0	0.0	0.0	0.0	48
<input type="checkbox"/>													L	6	0.0	0.0	0.0	0.0	0.0	69
<input type="checkbox"/>	SPRITE®	Carbonated Water, Sugar, Food Acids (330, 331), Flavour, Preservative (211)	N	N	N	N	N	N	N	N	N	N	S	578	0.0	0.0	0.0	34.0	34.0	48
<input type="checkbox"/>													M	738	0.0	0.0	0.0	43.4	43.4	61
<input type="checkbox"/>													L	1060	0.0	0.0	0.0	62.3	62.3	87
<input type="checkbox"/>	FANTA® ORANGE	FANTA ORANGE: Carbonated Water, Sugar, Food Acid (330), Flavour, Preservative (211), Antioxidant (300), Colour (110)	N	N	N	N	N	N	N	N	N	N	S	738	0.0	0.0	0.0	44.2	44.2	48
<input type="checkbox"/>													M	942	0.0	0.0	0.0	56.4	56.4	61
<input type="checkbox"/>													L	1350	0.0	0.0	0.0	81.0	81.0	87
<input type="checkbox"/>	FANTA® RASPBERRY	Carbonated Water, Sugar, Flavour, Food Acid (330), Preservative (211), Sweetener (960), Colour (122).	N	N	N	N	N	N	N	N	N	N	S	469	0.0	0.0	0.0	26.9	26.9	14
<input type="checkbox"/>													M	599	0.0	0.0	0.0	34.3	34.3	17
<input type="checkbox"/>													L	860	0.0	0.0	0.0	49.2	49.2	25
<input type="checkbox"/>	MOUNT FRANKLIN® WATER 600ML	Australian Spring Water.	N	N	N	N	N	N	N	N	N	N		600	0	0.0	0.0	0.0	0.0	30
<input type="checkbox"/>	LIGHTLY SPARKLING MOUNT FRANKLIN® WATER 450ML	Australian Spring Water.	N	N	N	N	N	N	N	N	N	N		450	0	0.0	0.0	0.0	0.0	22.5
<input type="checkbox"/>	ORANGE JUICE	Orange Juice From Concentrate (88%), Water, Sugar, Flavour, Preservatives (211, 223), Food Acid (331), Antioxidant (300), Colours (160e, 160a), Emulsifier (405)Contains Sulphites	N	N	N	N	N	N	N	N	N	N	S	442	1.7	0.0	0.0	21.8	21.8	35

Selected Stores only	Product	Ingredients	GLUTEN	EGGS	MILK & MILK PRODUCTS	SOY	FISH & CRUSTACEA	LUPINS	PEANUTS	TREE NUTS	SESAME	SULPHITES	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydrates (g)	Sugars (g)	Sodium (mg)
<input type="checkbox"/>													M	564	2.2	0.0	0.0	27.8	27.8	44
<input type="checkbox"/>													L	810	3.1	0.6	0.0	39.9	39.9	64
<input type="checkbox"/>	KERRI® APPLE JUICE 350ML	Apple Juice from Concentrate (99.9%), Vitamin C, Flavour, Food Acid (330).	N	N	N	N	N	N	N	N	N	N	c	700	1.1	0.4	0.0	39.2	37.1	18
<input type="checkbox"/>	CHOCOLATE THICKSHAKE	Shake mix: Milk, Milk Solids, Sugar, Cream, Maltodextrin, Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour. Chocolate Syrup: Sugar, Cocoa (4%), Water, Salt, Preservative (202), Vegetable Gum (415), Citric Acid	N	N	Y	N	N	N	N	N	N	N	S	1160	8.1	6.4	4.2	46.4	43.5	188
<input type="checkbox"/>													M	1530	10.7	8.5	5.5	61.1	57.3	247
<input type="checkbox"/>													L	2040	14.3	11.3	7.3	81.7	76.6	330
<input type="checkbox"/>	CARAMEL THICKSHAKE	Shake mix: Milk, Milk Solids, Sugar, Cream, Maltodextrin, Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour. Syrup Caramel (Sugar, Water, Natural Flavours, Colour (150a), Salt, Food Acid (330), Preservative (202), Vegetable Gum (415))	N	N	Y	N	N	N	N	N	N	N	S	1110	7.5	5.9	3.7	45.3	42.7	183
<input type="checkbox"/>													M	1490	10.0	7.8	5.0	60.6	57.2	245
<input type="checkbox"/>													L	2060	13.8	10.8	6.9	83.9	79.2	339
<input type="checkbox"/>	STRAWBERRY THICKSHAKE	Shake mix: Milk, Milk Solids, Sugar, Cream, Maltodextrin, Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour. Strawberry Syrup: (Sugar, Water, Flavour, Colour (120), Food Acid (330), Thickener (415), Preservative (211))	N	N	Y	N	N	N	N	N	N	N	S	1020	7.6	6.0	3.8	39.7	37.1	135
<input type="checkbox"/>													M	1470	10.1	7.9	5.0	59.6	56.3	179
<input type="checkbox"/>													L	1970	13.5	10.6	6.7	79.9	75.4	241
<input type="checkbox"/>	VANILLA THICKSHAKE	Shake mix: Milk, Milk Solids, Sugar, Cream, Maltodextrin, Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour.	N	N	Y	N	N	N	N	N	N	N	S	1050	9.3	7.3	4.6	36.9	33.8	161
<input type="checkbox"/>													M	1400	12.4	9.7	6.2	49.1	45.0	215
<input type="checkbox"/>													L	1860	16.4	12.9	8.2	65.3	59.9	286
<input type="checkbox"/>	CHOCOLATE DELUXE THICKSHAKE	Shake Mix (Milk, Milk Solids, Sugar, Cream, Maltodextrin, Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour), Chocolate Fudge Topping (Sugar, Water, Milk Solids, Vegetable Fat, Cocoa (5%), Maltodextrin, Salt, Vegetable Gum (401), Natural Flavour, Preservative (202), Emulsifier (322)), Syrup Chocolate Shake (Sugar, Water, Cocoa (4%), Salt, Preservative (202), Vegetable Gum (415), Food Acid (330)), Whipped Cream (Cream [97%], Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407)), Flake Garnish (Sugar, Milk Solids, Cocoa Butter, Cocoa Mass, Flavours)	N	N	Y	N	N	N	t	t	N	N	M	2100	13.9	16.2	10.6	74.5	70.5	282
<input type="checkbox"/>	CARAMEL DELUXE THICKSHAKE	Shake Mix (Milk, Milk Solids, Sugar, Cream, Maltodextrin, Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour), Caramel Topping (Sugar, Water, Glucose Syrup, Invert Syrup, Milk Solids, Vegetable Fat, Thickener (1442), Vegetable Gum (401), Salt, Emulsifiers (471, 322), Mineral Salts (500, 339), Preservative (202)), Syrup Caramel Shake (Sugar, Water, Natural Flavours, Colour (150a), Salt, Food Acid (330), Preservative (202), Vegetable Gum (415)), Whipped Cream (Cream [97%], Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407)), Flake Garnish (Sugar, Milk Solids, Cocoa Butter, Cocoa Mass, Flavours)	N	N	Y	N	N	N	t	t	N	N	M	2120	13.1	16.2	10.7	76.3	70.8	276
<input type="checkbox"/>	STRAWBERRY DELUXE THICKSHAKE	Shake Mix (Milk, Milk Solids, Sugar, Cream, Maltodextrin, Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour), Topping Strawberry Sundae (Sugar, Water, Strawberries (18%), Thickeners (1422, 415), Natural Colour (163), Natural Flavour, Food Acid (330), Preservative (202)), Syrup Strawberry Shake (Sugar, Water, Flavour, Colour (120), Food Acid (330), Thickener (415), Preservative (211)), Whipped Cream (Cream [97%], Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407)), Flake Garnish (Sugar, Milk Solids, Cocoa Butter, Cocoa Mass, Flavours)	N	N	Y	N	N	N	t	t	N	N	M	1910	12.6	14.3	8.7	69.5	65.5	175
<input type="checkbox"/>	OREO DELUXE THICKSHAKE	Shake Mix (Milk, Milk Solids, Sugar, Cream, Maltodextrin, Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour), Chocolate Fudge Topping (Sugar, Water, Milk Solids, Vegetable Fat, Cocoa (5%), Maltodextrin, Salt, Vegetable Gum (401), Natural Flavour, Preservative (202), Emulsifier (322)), Oreo Crumb (Cocoa Powder (8.3%), High Fructose Syrup, Salt, Raising Agent (500), Emulsifier (322 Soy Lecithin), Corn Starch, Flavour), Syrup Chocolate Shake (Sugar, Water, Cocoa (4%), Salt, Preservative (202), Vegetable Gum (415), Food Acid (330)), Whipped Cream (Cream [97%], Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407))	Y	N	Y	Y	N	N	N	N	N	N	M	2370	12.6	18.2	11.4	87.4	71.9	435
<input type="checkbox"/>	Hot Drinks																			
<input type="checkbox"/>	DILMAH BLACK TEA	Tea Infusion	N	N	N	N	N	N	N	N	N	N	All Sizes	8	0.4	0.0	0.0	0.0	0.0	1
<input type="checkbox"/>	DILMAH WHITE TEA	Tea Infusion, Milk	N	N	Y	N	N	N	N	N	N	N	All Sizes	79	1.2	0.9	0.6	1.3	1.3	13
<input type="checkbox"/>	CAPPUCCINO	Fresh Milk, Coffee Infusion, Chocolate Powder (Sugar, Milk Solids, Cocoa Powder (11%), Flavours, Salt)	N	N	Y	N	N	N	N	N	N	N	S	412	5.2	4.9	3.1	8.4	8.2	96
<input type="checkbox"/>													M	510	6.4	6.2	4.0	10.1	9.9	114
<input type="checkbox"/>													L	627	7.9	7.7	5.0	12.1	12.0	135
<input type="checkbox"/>	FLAT WHITE	Coffee Infusion, Milk	N	N	Y	N	N	N	N	N	N	N	S	524	6.8	6.8	4.4	9.3	9.2	119
<input type="checkbox"/>													M	699	8.9	9.1	5.8	12.4	12.3	150
<input type="checkbox"/>													L	918	11.7	12.0	7.7	16.2	16.1	189
<input type="checkbox"/>	LATTE	Coffee Infusion, Milk	N	N	Y	N	N	N	N	N	N	N	S	486	6.3	6.3	4.0	8.7	8.5	112
<input type="checkbox"/>													M	688	8.8	8.9	5.7	12.2	12.1	148
<input type="checkbox"/>													L	811	10.3	10.6	6.8	14.4	14.2	170
<input type="checkbox"/>	LONG BLACK	Coffee Infusion	N	N	N	N	N	N	N	N	N	N	All Sizes	14	0.4	0.1	0.1	0.4	0.2	27
<input type="checkbox"/>	MOCHA	Fresh Milk, Chocolate Syrup (Sugar, Water, Cocoa Powder (6%), Cocoa Liquor (1%), Thickeners (1422, 415), Natural Flavour, Preservative (202), Colour (122)), Coffee Infusion, Chocolate Powder (Sugar, Milk Solids, Cocoa Powder (11%), Flavours, Salt)	N	N	Y	N	N	N	N	N	N	N	S	743	6.6	6.4	4.1	23.2	21.8	113
<input type="checkbox"/>													M	945	9.1	9.1	5.8	26.7	25.4	150

Selected Stores only	Product	Ingredients	GLUTEN	EGGS	MILK & MILK PRODUCTS	SOY	FISH & CRUSTACEA	LUPINS	PEANUTS	TREE NUTS	SESAME	SULPHITES	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydrates (g)	Sugars (g)	Sodium (mg)
<input type="checkbox"/>													L	1070	10.6	10.7	6.9	28.9	27.5	172
<input type="checkbox"/>	HOT CHOCOLATE	Fresh Milk, Hot Chocolate Syrup (Sugar, Water, Cocoa Powder (6%), Cocoa Liquor (1%), Thickeners (1422, 415), Natural Flavour, Preservative (202), Colour (122)), Chocolate Powder (Sugar, Milk Solids, Cocoa Powder (11%), Flavours, Salt)	N	N	Y	N	N	N	N	N	N	N	S	861	7.4	7.3	4.7	27.1	25.8	105
<input type="checkbox"/>													M	1310	10.3	10.4	6.7	44.1	41.6	144
<input type="checkbox"/>													L	1720	12.4	12.6	8.0	61.2	57.5	172
<input type="checkbox"/>	SHORT BLACK	Coffee Infusion	N	N	N	N	N	N	N	N	N	N		14	0.4	0.1	0.1	0.4	0.2	27