

## Nutritional Guide Report

\* Nutritional base values are calculated per 100g

### French Toast Fingers

**Ingredients:** French Toast Fingers (Wheat Flour, Water, Trehalose, Sugar, **Soybean** Oil, Thickener (1414, 412, 415), **Milk** Powder (1%), Salt, Raising Agent (450i, 500ii, 170i, 341ii), Spices (Cardamom, Cinnamon), Yeast, Dextrose, Flavour, Emulsifier (471, 477, 472e, 473, 481i), Sweetener (951, 955), Antioxidant (307, 300), Natural Colour (160a), Improving Agent (516), Syrup Maple Flavoured Sachet (Sugar, Water, Natural Flavour, Stabiliser (466), Colour (150a), Preservative (202), Acidity Regulators (330, 500), Salt), Cinnamon Sugar (Sugar, Cinnamon (5%))

**Contains:** Wheat (Gluten), Milk, Soy, Added Sulphites

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
French Toast Fingers	Permanent	Yes	Yes	119	1,556	1,852	1.6	1.9	12.9	15.4	1.9	2.3	62.5	74.4	34.3	40.9	348	414

### Outback Jack's Fried Chicken

**Ingredients:** Chicken Jack's Fried (Chicken (64%), Flour (Wheat, Maize), Water, Starch (Wheat, Potato, Tapioca), Vegetable Oil, Vegetable Powders, Yeast, Salt, Mineral Salts (450, 500, 451, 452), Spices, Vegetable Gum (415)), Bun Brioche (Wheat Flour, Water, Canola Oil, Sugar, Bakers Yeast, **Wheat Gluten**, Modified Potato Starch (1420), Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers [481, 472e, 322 (**Soy**, Rapeseed)], **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**)), Herby Mayonnaise (Vegetable Oil, Water, Vinegar, Sugar, **Mustard** [Food Acid (260)], Thickeners (1442, 415), Vegetables, **Egg**, Salt, Food Acid (270), Herbs & Spice, Preservatives (202, 211), Herb Extract, Natural Flavour, Antioxidant (385)), Lettuce (Iceberg Lettuce), Sauce Chilli (Water, Chilli Puree (8%) [Chilli, Food Acid (260)], Sugar, Fruit Paste, Vegetable, Fruit Juice Concentrate, Vinegar, Thickeners (1422, 415), Salt, Yeast Extract, Preservatives (202, 211), Food Acid (330), Natural Colour (160c)), Butter Clarified (**Milk** Fat)

**Contains:** Wheat (Gluten), Eggs, Milk, Soy

**May be present:** Gluten(Barley), Sesame, Added Sulphites

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Outback Jack's Fried Chicken	Trial	Yes	Yes	271	1,159	3,141	13.3	36.1	15.3	41.5	2.7	7.4	21	56.9	2.3	6.4	449	1,217

### Hunger Tamers Outback Jack's Fried Chicken

**Ingredients:** Coke POM ( Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine ), Chicken Jack's Fried (Chicken (64%), Flour (Wheat, Maize), Water, Starch (Wheat, Potato, Tapioca), Vegetable Oil, Vegetable Powders, Yeast, Salt, Mineral Salts (450, 500, 451, 452), Spices, Vegetable Gum (415)), Chips (Potato, Vegetable Oil, Modified Potato Starches (1412, 1400, 1414), Rice Flour, Potato Dextrin, Salt, Raising Agents (450, 500), Thickener (415), Maltodextrin), Bun Brioche (Wheat Flour, Water, Canola Oil, Sugar, Bakers Yeast, **Wheat Gluten**, Modified Potato Starch (1420), Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers [481, 472e, 322 (**Soy**, Rapeseed)], **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**)), Chicken Royale (Chicken (41%), Flour (Wheat, Maize, Rice), Water, Vegetable Oil, Thickeners (1404, 1412), Salt, **Soy** Protein, **Wheat** Fibre, **Wheat** Starch, Dehydrated Vegetables, Mineral Salts (341, 500, 451, 450), Yeast Extract, Maltodextrin, Food Acids (330, 270), Spice Extract, **Milk** Powder, Spice, Yeast, **Wheat Gluten**, Sugar, Colours (100, 160c)), Bun **Sesame** Glazed 4\* (Wheat Flour, Water, Baker's Yeast, Sugar, Canola Oil, **Wheat Gluten**, **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers [481, 472e, 322 (**Soy**, Rapeseed)], Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**)), Chicken Nugget (Chicken (55%), Flour (Wheat, Maize, Rice), Water, Vegetable Oil, **Wheat** Starch, **Wheat Gluten**, Thickener (1442), Salt, Sugar, Minerals Salts (451, 450, 500, 508), Dextrose, Maltodextrin, Yeast, Yeast Extract, Spice Extract), Sauce Spicy Tub (Vegetable Oil (Vegetable Oil, Antioxidant (307)), Water, **Egg** Yolk (55%), White Vinegar, Sugar, Salt, Thickeners (1442, 1450, 415), Yeast, Chilli Powder (1%), Vegetable Powders, Lemon Juice Concentrate, Acidity Regulator (330), Preservative (202), Spice Extracts, Antioxidant (385)), Herby Mayonnaise (Vegetable Oil, Water, Vinegar, Sugar, **Mustard** [Food Acid (260)], Thickeners (1442, 415), Vegetables, **Egg**, Salt, Food Acid (270), Herbs & Spice, Preservatives (202, 211), Herb Extract, Natural Flavour, Antioxidant (385)), Lettuce (Iceberg Lettuce), Mayonnaise (**Soybean** Oil (<0.001% Tocopherol [Vitamin E]), **Egg** Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, **Mustard** Flour), Sauce Chilli (Water, Chilli Puree (8%) [Chilli, Food Acid (260)], Sugar, Fruit Paste, Vegetable, Fruit Juice Concentrate, Vinegar, Thickeners (1422, 415), Salt, Yeast Extract, Preservatives (202, 211), Food Acid (330), Natural Colour (160c)), Butter Clarified (**Milk** Fat), Salt Seasoned (Salt 74%, Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil)

**Contains:** Wheat (Gluten), Eggs, Milk, Soy, Sesame, Natural Sulphites, Mustard

**May be present:** Gluten(Barley, Oats, Rye), Fish, Added Sulphites

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Hunger Tamers Outback Jack's Fried Chicken	Trial	Yes	No	1,037	742	7,690	5.7	59	9.9	103	1.5	15.6	19	198	5.7	58.8	288	2,987
Chicken Royale	Permanent	Yes	Yes	148	135	1,404	1.1	11.5	2.6	27.2	0.4	4.3	4	41.7	0.5	4.9	60	622
Coke POM Medium	Permanent	No	No	434	75	782	0	0	0	0	0	0	4.4	46.1	4.4	46.1	4	44
Nugget 3 Pack	LTO	No	Yes	51	53	546	0.7	7.4	0.6	6.4	0.1	1	1	10.7	0	0.6	22	229
Chips Medium	Permanent	No	Yes	108	124	1,289	0.4	3.8	1.4	14.3	0.2	2	4	41.1	0	0.3	57	593
Nashville Jack's Fried Chicken	Trial	Yes	Yes	271	303	3,141	3.5	36.1	4	41.5	0.7	7.4	5.5	56.9	0.6	6.4	117	1,217

### Hunger Tamers Outback Whopper

**Ingredients:** Coke POM ( Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine ), Chips (Potato, Vegetable Oil, Modified Potato Starches (1412, 1400, 1414), Rice Flour, Potato Dextrin, Salt, Raising Agents (450, 500), Thickener (415), Maltodextrin), Bun **Sesame** Glazed 5\* (Wheat Flour, Water, Baker's Yeast, Sugar, Canola Oil, **Wheat Gluten**, **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers [481, 472e, 322 (**Soy**, Rapeseed)], Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**)), Beef Patty 5\* (Beef 100%), Bun **Sesame** Glazed 4\* (Wheat Flour, Water, Baker's Yeast, Sugar, Canola Oil, **Wheat Gluten**, **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers [481, 472e, 322 (**Soy**, Rapeseed)], Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**)), Chicken Nugget (Chicken (55%), Flour (Wheat, Maize, Rice), Water, Vegetable Oil, **Wheat** Starch, **Wheat Gluten**, Thickener (1442), Salt, Sugar, Minerals Salts (451, 450, 500, 508), Dextrose, Maltodextrin, Yeast, Yeast Extract, Spice Extract), Herby Mayonnaise (Vegetable Oil, Water, Vinegar, Sugar, **Mustard** [Food Acid (260)], Thickeners (1442, 415), Vegetables, **Egg**, Salt, Food Acid (270), Herbs & Spice, Preservatives (202, 211), Herb Extract, Natural Flavour, Antioxidant (385)), Beef Patty 4\* (Beef (100%)), Cheese SOS (Cheese (Cows **Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat **Milk** Solids (Cow's **Milk**), **Milk** Solids (Cow's **Milk**), Emulsifiers (331(iii), 322(ii)), Acidity Regulators (330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Tomato Slice (Tomato), Sauce Spicy Tub (Vegetable Oil (Vegetable Oil, Antioxidant (307)), Water, **Egg** Yolk (55%), White Vinegar, Sugar, Salt, Thickeners (1442, 1450, 415), Yeast, Chilli Powder (1%), Vegetable Powders, Lemon Juice Concentrate, Acidity Regulator (330), Preservative (202), Spice Extracts, Antioxidant (385)), Lettuce (Iceberg Lettuce), Onion Fresh (Brown Onion), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavours), Sauce Chilli (Water, Chilli Puree (8%) [Chilli, Food Acid (260)], Sugar, Fruit Paste, Vegetable, Fruit Juice Concentrate, Vinegar, Thickeners (1422, 415), Salt, Yeast Extract, Preservatives (202, 211), Food Acid (330), Natural Colour (160c)), Mayonnaise (**Soybean** Oil (<0.001% Tocopherol [Vitamin E]), **Egg** Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, **Mustard** Flour), Sauce BBQ Smoky (Tomato Puree (48%), Sugar, Vinegar, Apple Paste, Thickener, Caramel Colour, Molasses, Salt, Smoke Flavour, Dehydrated Vegetables, Worcestershire Flavour, Spice), Salt Seasoned (Salt 74%, Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil)

**Contains:** Wheat (Gluten), Eggs, Milk, Soy, Sesame, Natural Sulphites, Mustard

**May be present:** Gluten(Barley), Fish, Added Sulphites

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Hunger Tamers Outback Whopper	Trial	Yes	No	1,058	751	7,951	5.7	60	10.7	114	2.6	28	16.5	175	6.1	65	261	2,759
Coke POM Medium	Permanent	No	No	434	74	782	0	0	0	0	0	0	4.3	46.1	4.3	46.1	4	44
Nugget 3 Pack	LTO	No	Yes	51	52	546	0.7	7.4	0.6	6.4	0.1	1	1	10.7	0	0.6	22	229
Chips Medium	Permanent	No	Yes	108	122	1,289	0.4	3.8	1.3	14.3	0.2	2	3.9	41.1	0	0.3	56	593
Outback Whopper	Trial	Yes	Yes	322	321	3,395	3.1	32.8	5.1	54.4	1.5	16	4.5	47.7	1.1	11.4	104	1,099
BBQ Cheeseburger	Permanent	Yes	Yes	118	133	1,415	1.5	15.8	2.3	24.9	0.8	8.1	2.7	28.4	0.6	6.1	48	513

**FCB Planet X Small**

**Ingredients:** Fanta Planet X FCB (Carbonated Water, Sugar, Food Acid (330), Flavour, Colour (150d, 129, 133), Preservative (211))

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
FCB Planet X Small	LTO	Yes	No	224	118	265	0	0	0	0	0	0	6.7	15.1	6.7	15.1	3	6

**FCB Planet X Medium**

**Ingredients:** Fanta Planet X FCB (Carbonated Water, Sugar, Food Acid (330), Flavour, Colour (150d, 129, 133), Preservative (211))

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
FCB Planet X Medium	LTO	Yes	No	284	118	336	0	0	0	0	0	0	6.7	19.1	6.7	19.1	3	8

**FCB Planet X Large**

**Ingredients:** Fanta Planet X FCB (Carbonated Water, Sugar, Food Acid (330), Flavour, Colour (150d, 129, 133), Preservative (211))

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
FCB Planet X Large	LTO	Yes	No	391	118	462	0	0	0	0	0	0	6.7	26.2	6.7	26.2	3	10

**Outback Grilled Chicken**

**Ingredients:** Chicken Grilled (Chicken (94%), Water, Salt, Thickeners (1442, 407), Mineral Salts (451, 450), Dextrose, Sugar, Spice, Flavours, Hydrolysed Vegetable Protein (Corn), Spice Extract), Bun **Sesame** Glazed 4" (Wheat Flour, Water, Baker's Yeast, Sugar, Canola Oil, **Wheat Gluten**, **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers [481, 472e, 322 (**Soy**, Rapeseed)], Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**)), Herby Mayonnaise (Vegetable Oil, Water, Vinegar, Sugar, **Mustard** [Food Acid (260)], Thickeners (1442, 415), Vegetables, **Egg**, Salt, Food Acid (270), Herbs & Spice, Preservatives (202, 211), Herb Extract, Natural Flavour, Antioxidant (385)), Tomato Slice (Tomato), Lettuce (Iceberg Lettuce), Sauce Chilli (Water, Chilli Puree (8%) [Chilli, Food Acid (260)], Sugar, Fruit Paste, Vegetable, Fruit Juice Concentrate, Vinegar, Thickeners (1422, 415), Salt, Yeast Extract, Preservatives (202, 211), Food Acid (330), Natural Colour (160c))

**Contains:** Wheat (Gluten), Eggs, Soy, Sesame

**May be present:** Gluten(Barley), Milk, Added Sulphites

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Outback Grilled Chicken	Trial	Yes	Yes	171	879	1,504	13.1	22.4	10	17.2	1.1	1.9	16.5	28.3	3.4	5.8	364	623

**FCB Planet X Spider Small**

**Ingredients:** Fanta Planet X FCB (Carbonated Water, Sugar, Food Acid (330), Flavour, Colour (150d, 129, 133), Preservative (211)), Sundae Mix (Milk, Milk Solids, Sugar, Cream, Dextrose, Emulsifiers (471), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour)

**Contains:** Milk

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
FCB Planet X Spider Small	LTO	Yes	No	298	285	849	1.4	4.2	1.9	5.7	1.3	3.9	11	32.9	11	32.9	33	99

**FCB Planet X Spider Medium**

**Ingredients:** Fanta Planet X FCB (Carbonated Water, Sugar, Food Acid (330), Flavour, Colour (150d, 129, 133), Preservative (211)), Sundae Mix (Milk, Milk Solids, Sugar, Cream, Dextrose, Emulsifiers (471), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour)

**Contains:** Milk

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
FCB Planet X Spider Medium	LTO	Yes	No	369	253	932	1.1	4.2	1.5	5.7	1	3.9	10.2	37.6	10.2	37.6	27	101

**FCB Planet X Spider Large**

**Ingredients:** Fanta Planet X FCB (Carbonated Water, Sugar, Food Acid (330), Flavour, Colour (150d, 129, 133), Preservative (211)), Sundae Mix (Milk, Milk Solids, Sugar, Cream, Dextrose, Emulsifiers (471), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour)

**Contains:** Milk

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
FCB Planet X Spider Large	LTO	Yes	No	476	222	1,059	0.9	4.2	1.2	5.7	0.8	3.9	9.4	44.8	9.4	44.8	22	104

**Outback Whopper**

**Ingredients:** Bun **Sesame** Glazed 5" (Wheat Flour, Water, Baker's Yeast, Sugar, Canola Oil, **Wheat Gluten**, **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers [481, 472e, 322 (**Soy**, Rapeseed)], Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**)), Beef Patty 5" (Beef 100%), Herby Mayonnaise (Vegetable Oil, Water, Vinegar, Sugar, **Mustard** [Food Acid (260)], Thickeners (1442, 415), Vegetables, **Egg**, Salt, Food Acid (270), Herbs & Spice, Preservatives (202, 211), Herb Extract, Natural Flavour, Antioxidant (385)), Cheese SOS (Cheese (Cows Milk, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat Milk Solids (Cow's Milk), Milk Solids (Cow's Milk), Emulsifiers (331(iii), 322(ii)), Acidity Regulators (330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Lettuce (Iceberg Lettuce), Onion Fresh (Brown Onion), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavours), Sauce Chilli (Water, Chilli Puree (8%) [Chilli, Food Acid (260)], Sugar, Fruit Paste, Vegetable, Fruit Juice Concentrate, Vinegar, Thickeners (1422, 415), Salt, Yeast Extract, Preservatives (202, 211), Food Acid (330), Natural Colour (160c))

**Contains:** Wheat (Gluten), Eggs, Milk, Soy, Sesame

**May be present:** Gluten(Barley), Added Sulphites

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Outback Whopper	Trial	Yes	Yes	322	1,054	3,395	10.2	32.8	16.9	54.4	5	16	14.8	47.7	3.5	11.4	341	1,099

### Outback Whopper Double

**Ingredients:** Beef Patty 5" (Beef 100%), Bun **Sesame** Glazed 5" (Wheat Flour, Water, Baker's Yeast, Sugar, Canola Oil, **Wheat Gluten**, **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers [481, 472e, 322 (**Soy**, Rapeseed)], Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**)), Cheese SOS (Cheese (Cows Milk, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat Milk Solids (Cow's Milk), **Milk** Solids (Cow's Milk), Emulsifiers (331(iii), 322(ii)), Acidity Regulators (330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Herby Mayonnaise (Vegetable Oil, Water, Vinegar, Sugar, **Mustard** [Food Acid (260)], Thickeners (1442, 415), Vegetables, **Egg**, Salt, Food Acid (270), Herbs & Spice, Preservatives (202, 211), Herb Extract, Natural Flavour, Antioxidant (385)), Tomato Slice (Tomato), Lettuce (Iceberg Lettuce), Onion Fresh (Brown Onion), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavours), Sauce Chilli (Water, Chilli Puree (8%) [Chilli, Food Acid (260)], Sugar, Fruit Paste, Vegetable, Fruit Juice Concentrate, Vinegar, Thickeners (1422, 415), Salt, Yeast Extract, Preservatives (202, 211), Food Acid (330), Natural Colour (160c))

Contains: **Wheat (Gluten)**, Eggs, Milk, Soy, Sesame

May be present: **Gluten(Barley)**, Added Sulphites

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Outback Whopper Double	Trial	Yes	Yes	424	1,135	4,811	13.4	56.7	19.2	81.4	7	29.6	11.4	48.5	2.8	12.1	348	1,474

### JFC Saucy Ribs Korean BBQ 5 x Pack

**Ingredients:** Chicken Ribs Plain (Chicken (60%), **Wheat** Flour, Water, Vegetable Oil, Starch (**Wheat**, Maize, Tapioca), Thickeners (461, 1420), Salt, Mineral Salts (450, 500, 451), **Wheat Gluten**, Vegetable Powders (Onion, Garlic), Maltodextrin, Spice (Pepper), Spice Extracts (Pepper, 100, 160c), Yeast, Yeast Extract, Food Acid (296), Natural Flavour), Sauce Korean BBQ (Water, Sugar, **Soy** Sauce (Water, **Soybeans**, **Wheat**, Salt), Fruit, Vinegar, Golden Syrup (Sugar, Water), Thickeners (1422, 415), **Sesame** Oil, Natural Colour (150a), Salt, Vegetables, Hydrolysed Vegetable Protein, Food Acid (330), Preservatives (202, 211), Spice, Natural Flavour)

Contains: **Wheat (Gluten)**, Soy, Sesame

May be present: **Gluten(Barley)**, Eggs, Milk, Added Sulphites

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
JFC Saucy Ribs Korean BBQ 5 x Pack	LTO	Yes	Yes	350	1,030	3,605	12.9	45.3	12.1	42.4	2	6.9	21.2	74.3	8.8	31	928	3,249

### JFC Saucy Ribs Korean BBQ 3 x Pack

**Ingredients:** Chicken Ribs Plain (Chicken (60%), **Wheat** Flour, Water, Vegetable Oil, Starch (**Wheat**, Maize, Tapioca), Thickeners (461, 1420), Salt, Mineral Salts (450, 500, 451), **Wheat Gluten**, Vegetable Powders (Onion, Garlic), Maltodextrin, Spice (Pepper), Spice Extracts (Pepper, 100, 160c), Yeast, Yeast Extract, Food Acid (296), Natural Flavour), Sauce Korean BBQ (Water, Sugar, **Soy** Sauce (Water, **Soybeans**, **Wheat**, Salt), Fruit, Vinegar, Golden Syrup (Sugar, Water), Thickeners (1442, 1450, 415), Yeast, Chilli Powder (1%), Vegetable Powders, Lemon Juice Concentrate, Acidity Regulator (330), Preservative (202), Spice Extracts, Antioxidant (385))

Contains: **Wheat (Gluten)**, Soy, Sesame

May be present: **Gluten(Barley)**, Eggs, Milk, Added Sulphites

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
JFC Saucy Ribs Korean BBQ 3 x Pack	LTO	Yes	Yes	210	1,030	2,163	12.9	27.2	12.1	25.5	2	4.2	21.2	44.6	8.8	18.6	928	1,949

### JFC Saucy Ribs Plain 3 x Pack

**Ingredients:** Chicken Ribs Plain (Chicken (60%), **Wheat** Flour, Water, Vegetable Oil, Starch (**Wheat**, Maize, Tapioca), Thickeners (461, 1420), Salt, Mineral Salts (450, 500, 451), **Wheat Gluten**, Vegetable Powders (Onion, Garlic), Maltodextrin, Spice (Pepper), Spice Extracts (Pepper, 100, 160c), Yeast, Yeast Extract, Food Acid (296), Natural Flavour), Sauce Spicy Tub (Vegetable Oil (Vegetable Oil, Antioxidant [307]), Water, Egg Yolk (55%), White Vinegar, Sugar, Salt, Thickeners (1442, 1450, 415), Yeast, Chilli Powder (1%), Vegetable Powders, Lemon Juice Concentrate, Acidity Regulator (330), Preservative (202), Spice Extracts, Antioxidant (385))

Contains: **Wheat (Gluten)**, Eggs

May be present: **Gluten(Barley)**, Milk, Soy, Fish, Sesame, Added Sulphites

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
JFC Saucy Ribs Plain 3 x Pack	LTO	Yes	Yes	175	1,307	2,288	15.2	26.7	21.9	38.3	2.9	5.2	14.1	24.8	0.7	1.3	866	1,516

### JFC Saucy Ribs Plain 5 x Pack

**Ingredients:** Chicken Ribs Plain (Chicken (60%), **Wheat** Flour, Water, Vegetable Oil, Starch (**Wheat**, Maize, Tapioca), Thickeners (461, 1420), Salt, Mineral Salts (450, 500, 451), **Wheat Gluten**, Vegetable Powders (Onion, Garlic), Maltodextrin, Spice (Pepper), Spice Extracts (Pepper, 100, 160c), Yeast, Yeast Extract, Food Acid (296), Natural Flavour), Sauce Spicy Tub (Vegetable Oil (Vegetable Oil, Antioxidant [307]), Water, Egg Yolk (55%), White Vinegar, Sugar, Salt, Thickeners (1442, 1450, 415), Yeast, Chilli Powder (1%), Vegetable Powders, Lemon Juice Concentrate, Acidity Regulator (330), Preservative (202), Spice Extracts, Antioxidant (385))

Contains: **Wheat (Gluten)**, Eggs

May be present: **Gluten(Barley)**, Milk, Soy, Fish, Sesame, Added Sulphites

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
JFC Saucy Ribs Plain 5 x Pack	LTO	Yes	Yes	275	1,257	3,458	16.1	44.2	19.9	54.8	2.9	7.9	14.7	40.4	0.6	1.6	849	2,335

### JFC Saucy Ribs Smoky Chipotle 3 x Pack

**Ingredients:** Chicken Ribs Plain (Chicken (60%), **Wheat** Flour, Water, Vegetable Oil, Starch (**Wheat**, Maize, Tapioca), Thickeners (461, 1420), Salt, Mineral Salts (450, 500, 451), **Wheat Gluten**, Vegetable Powders (Onion, Garlic), Maltodextrin, Spice (Pepper), Spice Extracts (Pepper, 100, 160c), Yeast, Yeast Extract, Food Acid (296), Natural Flavour), Glaze Smoky Chipotle (Water, Vinegar, Sugar, Tomato Pulp, Onion, Garlic, Modified Starch (1442), Salt, Spices, Flavourings, Colour (150a), Yeast Extract, Vegetable Gum (415), Herb, Spice Extract (160c))

Contains: **Wheat (Gluten)**

May be present: **Gluten(Barley)**, Eggs, Milk, Soy, Fish, Almond, Sesame, Added Sulphites

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
JFC Saucy Ribs Smoky Chipotle 3 x Pack	LTO	Yes	Yes	210	949	1,993	12.7	26.7	11.8	24.9	2	4.1	17.4	36.6	5.7	11.9	814	1,709

### JFC Saucy Ribs Smoky Chipotle 5 x Pack

**Ingredients:** Chicken Ribs Plain (Chicken (60%), **Wheat** Flour, Water, Vegetable Oil, Starch (**Wheat**, Maize, Tapioca), Thickeners (461, 1420), Salt, Mineral Salts (450, 500, 451), **Wheat Gluten**, Vegetable Powders (Onion, Garlic), Maltodextrin, Spice (Pepper), Spice Extracts (Pepper, 100, 160c), Yeast, Yeast Extract, Food Acid (296), Natural Flavour), Glaze Smoky Chipotle (Water, Vinegar, Sugar, Tomato Pulp, Onion, Garlic, Modified Starch (1442), Salt, Spices, Flavourings, Colour (150a), Yeast Extract, Vegetable Gum (415), Herb, Spice Extract (160c))

**Contains:** Wheat (Gluten)

**May be present:** Gluten(Barley), Eggs, Milk, Soy, Fish, Almond, Sesame, Added Sulphites

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
JFC Saucy Ribs Smoky Chipotle 5 x Pack	LTO	Yes	Yes	350	949	3,322	12.7	44.4	11.8	41.5	2	6.9	17.4	60.9	5.7	19.9	814	2,849

### JFC Saucy Ribs Peri Peri 5 x Pack

**Ingredients:** Chicken Ribs Plain (Chicken (60%), **Wheat** Flour, Water, Vegetable Oil, Starch (**Wheat**, Maize, Tapioca), Thickeners (461, 1420), Salt, Mineral Salts (450, 500, 451), **Wheat Gluten**, Vegetable Powders (Onion, Garlic), Maltodextrin, Spice (Pepper), Spice Extracts (Pepper, 100, 160c), Yeast, Yeast Extract, Food Acid (296), Natural Flavour), Glaze Peri Peri (Water, Lemon Juice, Vinegar, Onion Puree, Salt, Vegetable Oil, Modified Starch (1442), Oat Fibre, Chilli Puree, Garlic [Food Acid (260)], Vegetable Gum (415), Spices, Antioxidants (300, 392), Flavourings, Spice Extract (160c))

**Contains:** Wheat (Gluten), Gluten(Oats)

**May be present:** Gluten(Barley), Eggs, Milk, Soy, Fish, Sesame, Added Sulphites

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
JFC Saucy Ribs Peri Peri 5 x Pack	LTO	Yes	Yes	350	917	3,210	12.6	44.2	13	45.6	2	7.1	12.7	44.6	0.5	1.9	1,157	4,050

### JFC Saucy Ribs Peri Peri 3 x Pack

**Ingredients:** Chicken Ribs Plain (Chicken (60%), **Wheat** Flour, Water, Vegetable Oil, Starch (**Wheat**, Maize, Tapioca), Thickeners (461, 1420), Salt, Mineral Salts (450, 500, 451), **Wheat Gluten**, Vegetable Powders (Onion, Garlic), Maltodextrin, Spice (Pepper), Spice Extracts (Pepper, 100, 160c), Yeast, Yeast Extract, Food Acid (296), Natural Flavour), Glaze Peri Peri (Water, Lemon Juice, Vinegar, Onion Puree, Salt, Vegetable Oil, Modified Starch (1442), Oat Fibre, Chilli Puree, Garlic [Food Acid (260)], Vegetable Gum (415), Spices, Antioxidants (300, 392), Flavourings, Spice Extract (160c))

**Contains:** Wheat (Gluten), Gluten(Oats)

**May be present:** Gluten(Barley), Eggs, Milk, Soy, Fish, Sesame, Added Sulphites

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
JFC Saucy Ribs Peri Peri 3 x Pack	LTO	Yes	Yes	210	917	1,926	12.6	26.5	13	27.4	2	4.3	12.7	26.8	0.5	1.1	1,157	2,430

### FCB Planet X Blackcurrant Bursties Small

**Ingredients:** Fanta Planet X FCB (Carbonated Water, Sugar, Food Acid (330), Flavour, Colour (150d, 129, 133), Preservative (211)), Popping Pearl Blackcurrant (Water, Fructose, Calcium Lactate (327), Starch, Blackcurrant Flavour 0.21%, Citric Acid (330), Xanthan Gum (415), Carbo Vegetabilis (153), Seaweed Extract, Potassium Sorbate (202))

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
FCB Planet X Blackcurrant Bursties Small	LTO	Yes	No	274	111	305	0	0	0	0	0	0	9.1	25.1	8.8	24.1	6	16

### FCB Planet X Blackcurrant Bursties Medium

**Ingredients:** Fanta Planet X FCB (Carbonated Water, Sugar, Food Acid (330), Flavour, Colour (150d, 129, 133), Preservative (211)), Popping Pearl Blackcurrant (Water, Fructose, Calcium Lactate (327), Starch, Blackcurrant Flavour 0.21%, Citric Acid (330), Xanthan Gum (415), Carbo Vegetabilis (153), Seaweed Extract, Potassium Sorbate (202))

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
FCB Planet X Blackcurrant Bursties Medium	LTO	Yes	No	334	112	376	0	0	0	0	0	0	8.7	29.1	8.4	28.1	5	18

### FCB Planet X Blackcurrant Bursties Large

**Ingredients:** Fanta Planet X FCB (Carbonated Water, Sugar, Food Acid (330), Flavour, Colour (150d, 129, 133), Preservative (211)), Popping Pearl Blackcurrant (Water, Fructose, Calcium Lactate (327), Starch, Blackcurrant Flavour 0.21%, Citric Acid (330), Xanthan Gum (415), Carbo Vegetabilis (153), Seaweed Extract, Potassium Sorbate (202))

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
FCB Planet X Blackcurrant Bursties Large	LTO	Yes	No	441	114	502	0	0	0	0	0	0	8.2	36.2	8	35.2	4	20

### JFC Outback Snack Wrap

**Ingredients:** Chicken Tenders Southern Style (Chicken (60%), **Wheat** Flour, Water, Vegetable Oil, Mineral Salts (508, 451, 452, 450, 500), Salt, Starch (Potato, Tapioca), Spices, Vegetable Gum (415), Herbs, Dehydrated Vegetables (Onion, Garlic), Flavour, Yeast Extract, Yeast, Sugar, **Wheat Gluten**), Tortilla Flour 5" (**Wheat** Flour [(64%), Thiamine, Folic Acid], Water, Vegetable Shortening [Antioxidant (307b)], Sugar, Mineral Salts (500, 450, 341), Acidity Regulator (297), Iodised Salt, Preservative (282), Yeast), Herby Mayonnaise (Vegetable Oil, Water, Vinegar, Sugar, **Mustard** [Food Acid (260)], Thickeners (1442, 415), Vegetables, **Egg**, Salt, Food Acid (270), Herbs & Spice, Preservatives (202, 211), Herb Extract, Natural Flavour, Antioxidant (385)), Lettuce (Iceberg Lettuce), Sauce Chilli (Water, Chilli Puree (8%) [Chilli, Food Acid (260)], Sugar, Fruit Paste, Vegetable, Fruit Juice Concentrate, Vinegar, Thickeners (1422, 415), Salt, Yeast Extract, Preservatives (202, 211), Food Acid (330), Natural Colour (160c))

**Contains:** Wheat (Gluten), Eggs

**May be present:** Gluten(Barley), Milk, Soy, Added Sulphites

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
JFC Outback Snack Wrap	Trial	Yes	Yes	102	1,136	1,159	9.6	9.9	15.9	16.3	2.1	2.2	22.1	22.6	2.2	2.3	695	709

**Mega Feast JFC Saucy Ribs Korean BBQ Small**

**Ingredients:** Coke POM ( Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine ), Chips (Potato, Vegetable Oil, Modified Potato Starches (1412, 1400, 1414), Rice Flour, Potato Dextrin, Salt, Raising Agents (450, 500), Thickener (415), Maltodextrin), Bun **Sesame** Glazed 4" (**Wheat** Flour, Water, Baker's Yeast, Sugar, Canola Oil, **Wheat Gluten**, **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers [481, 472e, 322 (**Soy**, Rapeseed)], Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**)), Bun **Sesame** Glazed 5" (**Wheat** Flour, Water, Baker's Yeast, Sugar, Canola Oil, **Wheat Gluten**, **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers [481, 472e, 322 (**Soy**, Rapeseed)], Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**)), Beef Patty 5" (Beef 100%), Chicken Ribs Plain (Chicken (60%)), **Wheat** Flour, Water, Vegetable Oil, Starch (**Wheat**, Maize, Tapioca), Thickeners (461, 1420), Salt, Mineral Salts (450, 500, 451), **Wheat Gluten**, Vegetable Powders (Onion, Garlic), Maltodextrin, Spice (Pepper), Spice Extracts (Pepper, 100, 160c), Yeast, Yeast Extract, Food Acid (296), Natural Flavour), Chicken Royale (Chicken (41%), Flour (**Wheat**, Maize, Rice), Water, Vegetable Oil, Thickeners (1404, 1412), Salt, **Soy** Protein, **Wheat** Fibre, **Wheat** Starch, Dehydrated Vegetables, Mineral Salts (341, 500, 451, 450), Yeast Extract, Maltodextrin, Food Acids (330, 270), Spice Extract, **Milk** Powder, Spice, Yeast, **Wheat Gluten**, Sugar, Colours (100, 160c)), Mayonnaise (**Soybean** Oil (<0.001% Tocopherol [Vitamin E]), **Egg** Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, **Mustard** Flour), Beef Patty 4" (Beef (100%)), Cheese SOS (Cheese (Cows **Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat **Milk** Solids (Cow's **Milk**), **Milk** Solids (Cow's **Milk**), Emulsifiers (331(iii), 322(ii)), Acidity Regulators (330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Lettuce (Iceberg Lettuce), Sauce Korean BBQ (Water, Sugar, **Soy** Sauce (Water, **Soybeans**, **Wheat**, Salt), Fruit, Vinegar, Golden Syrup (Sugar, Water), Thickeners (1422, 415), **Sesame** Oil, Natural Colour (150a), Salt, Vegetables, Hydrolysed Vegetable Protein, Food Acid (330), Preservatives (202, 211), Spice, Natural Flavour), Tomato Slice (Tomato), Sauce Ketchup ( Concentrated Tomatoes, Sugar, Concentrated White Vinegar, Salt, Natural Flavours, Food Acid (Citric Acid), Spice), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavours), Onion Fresh (Brown Onion), Sauce **Mustard** (Water, **Mustard** (15%), Food Acids (260, 270), Salt, Sugar, Thickener (1414), Potato Starch, Spice), Salt Seasoned (Salt 74%, Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil)

Contains: Natural Sulphites, Wheat (Gluten), Eggs, Milk, Sesame, Soy, Mustard

May be present: Added Sulphites, Gluten(Barley)

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Mega Feast JFC Saucy Ribs Korean BBQ Small	LTO	Yes	No	3,063	647	19,827	5.2	159	8.5	261	2.2	66.3	18.2	599	6.9	210	288	8,831
Whopper Cheese	Permanent	Yes	Yes	302	179	2,747	2.1	32.7	3.3	51	1.1	17.2	3.1	47.5	0.8	12.2	76	1,162
Chicken Royale	Permanent	Yes	Yes	148	92	1,404	0.7	11.5	1.8	27.2	0.3	4.3	2.7	41.7	0.3	4.9	41	622
Chips Small	Permanent	No	Yes	89	139	1,063	0.4	3.1	1.5	11.8	0.2	1.6	4.4	33.9	0	0.2	64	489
Coke POM Small	Permanent	No	No	340	80	612	0	0	0	0	0	0	4.7	36.1	4.7	36.1	4	34
Cheeseburger	Permanent	Yes	Yes	119	88	1,347	1	15.8	1	16	0.4	6.6	1.8	28.3	0.4	6.3	40	619
JFC Saucy Ribs Korean BBQ 3 x Pack	LTO	Yes	Yes	210	71	2,163	0.9	27.2	0.8	25.5	0.1	4.2	1.5	44.6	0.6	18.6	64	1,949

**Mega Feast JFC Saucy Ribs Korean BBQ Medium**

**Ingredients:** Coke POM ( Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine ), Chips (Potato, Vegetable Oil, Modified Potato Starches (1412, 1400, 1414), Rice Flour, Potato Dextrin, Salt, Raising Agents (450, 500), Thickener (415), Maltodextrin), Bun **Sesame** Glazed 4" (**Wheat** Flour, Water, Baker's Yeast, Sugar, Canola Oil, **Wheat Gluten**, **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers [481, 472e, 322 (**Soy**, Rapeseed)], Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**)), Bun **Sesame** Glazed 5" (**Wheat** Flour, Water, Baker's Yeast, Sugar, Canola Oil, **Wheat Gluten**, **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers [481, 472e, 322 (**Soy**, Rapeseed)], Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**)), Beef Patty 5" (Beef 100%), Chicken Ribs Plain (Chicken (60%)), **Wheat** Flour, Water, Vegetable Oil, Starch (**Wheat**, Maize, Tapioca), Thickeners (461, 1420), Salt, Mineral Salts (450, 500, 451), **Wheat Gluten**, Vegetable Powders (Onion, Garlic), Maltodextrin, Spice (Pepper), Spice Extracts (Pepper, 100, 160c), Yeast, Yeast Extract, Food Acid (296), Natural Flavour), Chicken Royale (Chicken (41%), Flour (**Wheat**, Maize, Rice), Water, Vegetable Oil, Thickeners (1404, 1412), Salt, **Soy** Protein, **Wheat** Fibre, **Wheat** Starch, Dehydrated Vegetables, Mineral Salts (341, 500, 451, 450), Yeast Extract, Maltodextrin, Food Acids (330, 270), Spice Extract, **Milk** Powder, Spice, Yeast, **Wheat Gluten**, Sugar, Colours (100, 160c)), Mayonnaise (**Soybean** Oil (<0.001% Tocopherol [Vitamin E]), **Egg** Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, **Mustard** Flour), Beef Patty 4" (Beef (100%)), Cheese SOS (Cheese (Cows **Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat **Milk** Solids (Cow's **Milk**), **Milk** Solids (Cow's **Milk**), Emulsifiers (331(iii), 322(ii)), Acidity Regulators (330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Lettuce (Iceberg Lettuce), Sauce Korean BBQ (Water, Sugar, **Soy** Sauce (Water, **Soybeans**, **Wheat**, Salt), Fruit, Vinegar, Golden Syrup (Sugar, Water), Thickeners (1422, 415), **Sesame** Oil, Natural Colour (150a), Salt, Vegetables, Hydrolysed Vegetable Protein, Food Acid (330), Preservatives (202, 211), Spice, Natural Flavour), Tomato Slice (Tomato), Sauce Ketchup ( Concentrated Tomatoes, Sugar, Concentrated White Vinegar, Salt, Natural Flavours, Food Acid (Citric Acid), Spice), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavours), Onion Fresh (Brown Onion), Sauce **Mustard** (Water, **Mustard** (15%), Food Acids (260, 270), Salt, Sugar, Thickener (1414), Potato Starch, Spice), Salt Seasoned (Salt 74%, Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil)

Contains: Natural Sulphites, Wheat (Gluten), Eggs, Milk, Sesame, Soy, Mustard

May be present: Added Sulphites, Gluten(Barley)

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Mega Feast JFC Saucy Ribs Korean BBQ Medium	LTO	Yes	No	3,515	609	21,408	4.6	162	7.7	271	1.9	67.6	17.8	628	7.1	250	264	9,284
Cheeseburger	Permanent	Yes	Yes	119	76	1,347	0.9	15.8	0.9	16	0.4	6.6	1.6	28.3	0.4	6.3	35	619
Chicken Royale	Permanent	Yes	Yes	148	80	1,404	0.6	11.5	1.5	27.2	0.2	4.3	2.4	41.7	0.3	4.9	35	622
Coke POM Medium	Permanent	No	No	434	89	782	0	0	0	0	0	0	5.2	46.1	5.2	46.1	5	44
Chips Medium	Permanent	No	Yes	108	147	1,289	0.4	3.8	1.6	14.3	0.2	2	4.7	41.1	0	0.3	67	593
Whopper Cheese	Permanent	Yes	Yes	302	156	2,747	1.9	32.7	2.9	51	1	17.2	2.7	47.5	0.7	12.2	66	1,162
JFC Saucy Ribs Korean BBQ 3 x Pack	LTO	Yes	Yes	210	62	2,163	0.8	27.2	0.7	25.5	0.1	4.2	1.3	44.6	0.5	18.6	55	1,949

**Mega Feast JFC Saucy Ribs Korean BBQ Large**

**Ingredients:** Coke POM ( Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine ), Chips (Potato, Vegetable Oil, Modified Potato Starches (1412, 1400, 1414), Rice Flour, Potato Dextrin, Salt, Raising Agents (450, 500), Thickener (415), Maltodextrin), Bun **Sesame** Glazed 4" (**Wheat** Flour, Water, Baker's Yeast, Sugar, Canola Oil, **Wheat Gluten**, **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers [481, 472e, 322 (**Soy**, Rapeseed)], Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**)), Bun **Sesame** Glazed 5" (**Wheat** Flour, Water, Baker's Yeast, Sugar, Canola Oil, **Wheat Gluten**, **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers [481, 472e, 322 (**Soy**, Rapeseed)], Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**)), Beef Patty 5" (Beef 100%), Chicken Ribs Plain (Chicken (60%)), **Wheat** Flour, Water, Vegetable Oil, Starch (**Wheat**, Maize, Tapioca), Thickeners (461, 1420), Salt, Mineral Salts (450, 500, 451), **Wheat Gluten**, Vegetable Powders (Onion, Garlic), Maltodextrin, Spice (Pepper), Spice Extracts (Pepper, 100, 160c), Yeast, Yeast Extract, Food Acid (296), Natural Flavour), Chicken Royale (Chicken (41%), Flour (**Wheat**, Maize, Rice), Water, Vegetable Oil, Thickeners (1404, 1412), Salt, **Soy** Protein, **Wheat** Fibre, **Wheat** Starch, Dehydrated Vegetables, Mineral Salts (341, 500, 451, 450), Yeast Extract, Maltodextrin, Food Acids (330, 270), Spice Extract, **Milk** Powder, Spice, Yeast, **Wheat Gluten**, Sugar, Colours (100, 160c)), Mayonnaise (**Soybean** Oil (<0.001% Tocopherol [Vitamin E]), **Egg** Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, **Mustard** Flour), Beef Patty 4" (Beef (100%)), Cheese SOS (Cheese (Cows **Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat **Milk** Solids (Cow's **Milk**), **Milk** Solids (Cow's **Milk**), Emulsifiers (331(iii), 322(ii)), Acidity Regulators (330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Lettuce (Iceberg Lettuce), Sauce Korean BBQ (Water, Sugar, **Soy** Sauce (Water, **Soybeans**, **Wheat**, Salt), Fruit, Vinegar, Golden Syrup (Sugar, Water), Thickeners (1422, 415), **Sesame** Oil, Natural Colour (150a), Salt, Vegetables, Hydrolysed Vegetable Protein, Food Acid (330), Preservatives (202, 211), Spice, Natural Flavour), Tomato Slice (Tomato), Sauce Ketchup ( Concentrated Tomatoes, Sugar, Concentrated White Vinegar, Salt, Natural Flavours, Food Acid (Citric Acid), Spice), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavours), Onion Fresh (Brown Onion), Salt Seasoned (Salt 74%, Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil), Sauce **Mustard** (Water, **Mustard** (15%), Food Acids (260, 270), Salt, Sugar, Thickener (1414), Potato Starch, Spice)

Contains: Natural Sulphites, Wheat (Gluten), Eggs, Milk, Sesame, Soy, Mustard

May be present: Added Sulphites, Gluten(Barley)

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Mega Feast JFC Saucy Ribs Korean BBQ Large	LTO	Yes	No	4,457	561	24,985	3.8	168	6.6	295	1.6	70.9	17.5	778	7.4	331	233	10,377
Cheeseburger	Permanent	Yes	Yes	119	60	1,347	0.7	15.8	0.7	16	0.3	6.6	1.3	28.3	0.3	6.3	28	619
Chicken Royale	Permanent	Yes	Yes	148	63	1,404	0.5	11.5	1.2	27.2	0.2	4.3	1.9	41.7	0.2	4.9	28	622
Coke POM Large	Permanent	No	No	623	101	1,122	0	0	0	0	0	0	5.9	66.1	5.9	66.1	6	63
Chips Large	Permanent	No	Yes	155	165	1,843	0.5	5.4	1.8	20.4	0.2	2.8	5.3	58.8	0	0.4	76	848
Whopper Cheese	Permanent	Yes	Yes	302	123	2,747	1.5	32.7	2.3	51	0.8	17.2	2.1	47.5	0.5	12.2	52	1,162
JFC Saucy Ribs Korean BBQ 3 x Pack	LTO	Yes	Yes	210	49	2,163	0.6	27.2	0.6	25.5	0.1	4.2	1	44.6	0.4	18.6	44	1,949

**Hunger Tamers Outback Whopper Double**

**Ingredients:** Coke POM ( Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine ), Beef Patty 5" (Beef 100%), Chips (Potato, Vegetable Oil, Modified Potato Starches (1412, 1400, 1414), Rice Flour, Potato Dextrin, Salt, Raising Agents (450, 500), Thickener (415), Maltodextrin), Bun **Sesame Glazed 5"** (Wheat Flour, Water, Baker's Yeast, Sugar, Canola Oil, **Wheat Gluten, Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers [481, 472e, 322 (**Soy**, Rapeseed)], Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**)), Cheese SOS (Cheese (Cows Milk, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat **Milk** Solids (Cow's Milk), **Milk** Solids (Cow's Milk), Emulsifiers (331(iii), 322(i)), Acidity Regulators (330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Bun **Sesame Glazed 4"** (Wheat Flour, Water, Baker's Yeast, Sugar, Canola Oil, **Wheat Gluten, Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers [481, 472e, 322 (**Soy**, Rapeseed)], Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**)), Chicken Nugget (Chicken (55%), Flour (**Wheat**, Maize, Rice), Water, Vegetable Oil, **Wheat** Starch, **Wheat** Gluten, Thickener (1442), Salt, Sugar, Minerals Salts (451, 450, 500, 508), Dextrose, Maltodextrin, Yeast, Yeast Extract, Spice Extract), Herby Mayonnaise (Vegetable Oil, Water, Vinegar, Sugar, **Mustard** [Food Acid (260)], Thickeners (1442, 415), Vegetables, **Egg**, Salt, Food Acid (270)), Herbs & Spice, Preservatives (202, 211), Herb Extract, Natural Flavour, Antioxidant (385)), Beef Patty 4" (Beef (100%)), Tomato Slice (Tomato), Sauce Spicy Tub (Vegetable Oil (Vegetable Oil, Antioxidant [307]), Water, **Egg** Yolk (55%), White Vinegar, Sugar, Salt, Thickeners (1442, 1450, 415), Yeast, Chilli Powder (1%), Vegetable Powders, Lemon Juice Concentrate, Acidity Regulator (330), Preservative (202), Spice Extracts, Antioxidant (385)), Lettuce (Iceberg Lettuce), Onion Fresh (Brown Onion), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavours), Sauce Chilli (Water, Chilli Puree (8%) [Chilli, Food Acid (260)], Sugar, Fruit Paste, Vegetable, Fruit Juice Concentrate, Vinegar, Thickeners (1442, 415), Salt, Yeast Extract, Preservatives (202, 211), Food Acid (330), Natural Colour (160c)), Mayonnaise (**Soybean** Oil (<0.001% Tocopherol [Vitamin E]), **Egg** Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, **Mustard** Flour), Sauce BBQ Smoky (Tomato Puree (48%), Sugar, Vinegar, Apple Paste, Thickener, Caramel Colour, Molasses, Salt, Smoke Flavour, Dehydrated Vegetables, Worcestershire Flavour, Spice.), Salt Seasoned (Salt 74%, Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil)

**Contains:** Wheat (Gluten), Eggs, Milk, Soy, Sesame, Natural Sulphites, Mustard

**May be present:** Gluten(Barley), Fish, Added Sulphites

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Hunger Tamers Outback Whopper Double	Trial	Yes	No	1,159	808	9,360	7.2	83.8	12.1	141	3.6	41.5	15.2	176	5.7	65.6	270	3,132
Coke POM Medium	Permanent	No	No	434	67	782	0	0	0	0	0	0	4	46.1	4	46.1	4	44
Nugget 3 Pack	LTO	No	Yes	51	47	546	0.6	7.4	0.5	6.4	0.1	1	0.9	10.7	0	0.6	20	229
Chips Medium	Permanent	No	Yes	108	111	1,289	0.3	3.8	1.2	14.3	0.2	2	3.5	41.1	0	0.3	51	593
Outback Whopper Double	Trial	Yes	Yes	424	414	4,811	4.9	56.7	7	81.4	2.5	29.6	4.2	48.5	1	12.1	127	1,474
BBQ Cheeseburger	Permanent	Yes	Yes	118	122	1,415	1.4	15.8	2.1	24.9	0.7	8.1	2.4	28.4	0.5	6.1	44	513