

## Nutritional Guide Report

\* Nutritional base values are calculated per 100g

### French Toast Fingers

**Ingredients:** French Toast Fingers (Wheat Flour, Water, Trehalose, Sugar, **Soybean** Oil, Thickener (1414, 412, 415), **Milk** Powder (1%), Salt, Raising Agent (450i, 500ii, 170i, 341ii), Spices (Cardamom, Cinnamon), Yeast, Dextrose, Flavour, Emulsifier (471, 477, 472e, 473, 481i), Sweetener (951, 955), Antioxidant (307, 300), Natural Colour (160a), Improving Agent (516), Syrup Maple Flavoured Sachet (Sugar, Water, Natural Flavour, Stabiliser (466), Colour (150a), Preservative (202), Acidity Regulators (330, 500), Salt), Cinnamon Sugar (Sugar, Cinnamon (5%))

Contains: **Wheat (Gluten), Milk, Soy, Added Sulphites**

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
French Toast Fingers	Permanent	Yes	Yes	119	1,556	1,852	1.6	1.9	12.9	15.4	1.9	2.3	62.5	74.4	34.3	40.9	348	414

### Brekky Hunger Tamers

**Ingredients:** Milk Full Cream (**Milk**), **Eggs (Egg)**, Hash Brown (Potatoes, Vegetable Oil (contains one or more of the following: canola, palm, **soybean**, sunflower), Salt, Dehydrated Potato, Raising Agent (450i), Dextrose, Spice Extract), Tortilla (**Wheat** Flour (66%), Thiamine, Folic Acid), Water, Vegetable Shortening (Antioxidant (307b)), Sugar, Baking Powder (Mineral Salts (450, 500, 341)), Acidity Regulator (297), Mineral Salt (500), Preservative (282), Iodized Salt, Yeast), Bacon (Pork, Water, Cure (Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250)), Wood Smoke), Sausage Patty (Meat (96%) [Pork, Beef], Water, **Soy** Protein, Salt, Spices, Herbs, Sugar, Dextrose, Yeast Extract, Dehydrated Vegetable, Vegetable Oil), Beef Patty 4\* (Beef (100%)), Sauce BBQ Smoky (Tomato Puree (48%), Sugar, Vinegar, Apple Paste, Thickener, Caramel Colour, Molasses, Salt, Smoke Flavour, Dehydrated Vegetables, Worcestershire Flavour, Spice.), Cheese SOS (Cheese (Cows **Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat **Milk** Solids (Cow's **Milk**), **Milk** Solids (Cow's **Milk**), Emulsifiers (331(iii), 322(i)), Acidity Regulators (330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Coffee Grinders (100% imported Coffee Beans ), Water (Water), Butter Clarified (**Milk** Fat), Turkish Roll (Water, **Wheat** Flour [contains Vitamin B (Thiamin) and Folic Acid], Iodised Salt, Baco (Vegetable Oil and Fats contains 471, 476), Soft Improver (contains 481), Sugar, Yeast, **Sesame** Seeds (White and Black), Nigella Seeds), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: **Wheat (Gluten), Eggs, Milk, Soy, Sesame**

May be present: **Added Sulphites**

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Brekky Hunger Tamers	Trial	Yes	No	700	796	5,571	10.1	70.8	11.4	79.8	5	34.8	11.9	83.6	3.2	22.2	319	2,234
Turkish Bread Bacon Egg	Permanent	No	No	104	226	929	3.2	13.3	4.1	17	2.1	8.7	1.1	4.6	0.7	2.8	127	521
Jack's Café Cappuccino Small	Permanent	No	Yes	220	120	836	1.4	9.7	1	6.8	0.6	4.5	3.5	24.8	1.2	8.7	11	81
Sausage Brekky Wrap	Permanent	Yes	No	243	352	2,469	5.3	37.2	4.7	33.2	2.1	14.4	5.1	35.8	1.2	8.5	146	1,024

### Sausage Brekky Wrap

**Ingredients:** Eggs (Egg), Tortilla (**Wheat** Flour ((66%), Thiamine, Folic Acid), Water, Vegetable Shortening (Antioxidant (307b)), Sugar, Baking Powder (Mineral Salts (450, 500, 341)), Acidity Regulator (297), Mineral Salt (500), Preservative (282), Iodized Salt, Yeast), Sausage Patty (Meat (96%) [Pork, Beef], Water, **Soy** Protein, Salt, Spices, Herbs, Sugar, Dextrose, Yeast Extract, Dehydrated Vegetable, Vegetable Oil), Beef Patty 4\* (Beef (100%)), Sauce BBQ Smoky (Tomato Puree (48%), Sugar, Vinegar, Apple Paste, Thickener, Caramel Colour, Molasses, Salt, Smoke Flavour, Dehydrated Vegetables, Worcestershire Flavour, Spice.), Bacon (Pork, Water, Cure (Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250)), Wood Smoke), Cheese SOS (Cheese (Cows **Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat **Milk** Solids (Cow's **Milk**), **Milk** Solids (Cow's **Milk**), Emulsifiers (331(iii), 322(i)), Acidity Regulators (330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234))

Contains: **Wheat (Gluten), Eggs, Milk, Soy**

May be present: **Added Sulphites**

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Sausage Brekky Wrap	Permanent	Yes	No	243	1,014	2,469	15.3	37.2	13.6	33.2	5.9	14.4	14.7	35.8	3.5	8.5	421	1,024

### Brekky Family Meal

**Ingredients:** Orange Drink POM (Orange Juice from Concentrate (56.6%), Water, Sugar, Food Acid (330), Preservatives (211, 223 (**Sulphites**)), Stabiliser (405), Flavour, Antioxidant (300), Colour (160e)), **Milk** Full Cream (**Milk**), Hash Brown (Potatoes, Vegetable Oil (contains one or more of the following: canola, palm, **soybean**, sunflower), Salt, Dehydrated Potato, Raising Agent (450i), Dextrose, Spice Extract), **Eggs (Egg)**, Tortilla (**Wheat** Flour ((66%), Thiamine, Folic Acid), Water, Vegetable Shortening (Antioxidant (307b)), Sugar, Baking Powder (Mineral Salts (450, 500, 341)), Acidity Regulator (297), Mineral Salt (500), Preservative (282), Iodized Salt, Yeast), Bacon (Pork, Water, Cure (Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250)), Wood Smoke), Beef Patty 4\* (Beef (100%)), Cheese SOS (Cheese (Cows **Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat **Milk** Solids (Cow's **Milk**), **Milk** Solids (Cow's **Milk**), Emulsifiers (331(iii), 322(i)), Acidity Regulators (330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Sauce BBQ Smoky (Tomato Puree (48%), Sugar, Vinegar, Apple Paste, Thickener, Caramel Colour, Molasses, Salt, Smoke Flavour, Dehydrated Vegetables, Worcestershire Flavour, Spice.), Coffee Grinders (100% imported Coffee Beans ), Water (Water), Butter Clarified (**Milk** Fat), Turkish Roll (Water, **Wheat** Flour [contains Vitamin B (Thiamin) and Folic Acid], Iodised Salt, Baco (Vegetable Oil and Fats contains 471, 476), Soft Improver (contains 481), Sugar, Yeast, **Sesame** Seeds (White and Black), Nigella Seeds), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: **Wheat (Gluten), Eggs, Milk, Soy, Sesame**

May be present: **Added Sulphites**

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Brekky Family Meal	Trial	Yes	No	2,214	640	14,180	5.7	127	8.5	188	3.1	68.3	13.5	300	5.3	117	230	5,097
Hash Brown	Permanent	No	Yes	58	124	685	0.3	1.4	2	11	0.2	1.3	2.7	15.2	0.1	0.3	44	244
Turkish Bread Bacon Egg	Permanent	No	No	104	143	929	2	13.3	2.6	17	1.3	8.7	0.7	4.6	0.4	2.8	80	521
Jack's Café Cappuccino Small	Permanent	No	Yes	220	76	836	0.9	9.7	0.6	6.8	0.4	4.5	2.2	24.8	0.8	8.7	7	81
Wrap Big BBQ Brekky	Permanent	No	No	252	235	2,610	2.6	28.3	3.2	36.1	1.1	12.6	4.3	47.5	0.6	6.8	96	1,069
Orange Fruit Drink Small	Permanent	No	No	340	63	694	0	0	0	0	0	0	3.6	39.5	3.4	37.4	2	27

### Turkish Bread Sausage Egg

**Ingredients:** Turkish Roll (Water, **Wheat** Flour [contains Vitamin B (Thiamin) and Folic Acid], Iodised Salt, Baco (Vegetable Oil and Fats contains 471, 476), Soft Improver (contains 481), Sugar, Yeast, **Sesame** Seeds (White and Black), Nigella Seeds), Sausage Patty (Meat (96%) [Pork, Beef], Water, **Soy** Protein, Salt, Spices, Herbs, Sugar, Dextrose, Yeast Extract, Dehydrated Vegetable, Vegetable Oil), Cheese SOS (Cheese (Cows **Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat **Milk** Solids (Cow's **Milk**), **Milk** Solids (Cow's **Milk**), Emulsifiers (331(iii), 322(i)), Acidity Regulators (330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Sauce BBQ Smoky (Tomato Puree (48%), Sugar, Vinegar, Apple Paste, Thickener, Caramel Colour, Molasses, Salt, Smoke Flavour, Dehydrated Vegetables, Worcestershire Flavour, Spice), Butter Clarified (**Milk** Fat), **Eggs (Egg)**)

Contains: **Wheat, Eggs, Milk, Sesame, Soy**

May be present: **Added Sulphites**

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Turkish Bread Sausage Egg	Permanent	No	No	200	1,021	2,045	13.3	26.6	12.9	25.9	6	12	18.2	36.5	2.5	5	400	801

## Hash Brown

**Ingredients:** Hash Brown (Potatoes, Vegetable Oil (Contains one or more of the following: Canola, Palm, **soybean**, Sunflower), Salt, Raising Agent (450), Dextrose, Spice Extract)

**Contains:** Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Hash Brown	Permanent	No	Yes	58	1,180	685	2.4	1.4	18.9	11	2.1	1.3	26.1	15.2	0.5	0.3	419	244

## Wrap Mega Brekky

**Ingredients:** Beef Patty 5" (Beef 100%), **Eggs (Egg)**, Hash Brown (Potatoes, Vegetable Oil (contains one or more of the following: canola, palm, **soybean**, sunflower), Salt, Dehydrated Potato, Raising Agent (450), Dextrose, Spice Extract), Tortilla (**Wheat Flour** ((66%), Thiamine, Folic Acid), Water, Vegetable Shortening (Antioxidant (307b)), Sugar, Baking Powder (Mineral Salts (450, 500, 341)), Acidity Regulator (297), Mineral Salt (500), Preservative (282), Iodized Salt, Yeast), Sausage Patty (Meat (96%) [Pork, Beef], Water, **Soy Protein**, Salt, Spices, Herbs, Sugar, Dextrose, Yeast Extract, Dehydrated Vegetable, Vegetable Oil), Bacon (Pork, Water, Cure (Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250)), Wood Smoke), Cheese SOS (Cheese (Cows **Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat **Milk Solids** (Cow's **Milk**), **Milk Solids** (Cow's **Milk**), Emulsifiers (331(iii), 322(i)), Acidity Regulators (330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Sauce BBQ Smoky (Tomato Puree (48%), Sugar, Vinegar, Apple Paste, Thickener, Caramel Colour, Molasses, Salt, Smoke Flavour, Dehydrated Vegetables, Worcestershire Flavour, Spice.)

**Contains:** Wheat (Gluten), Eggs, Milk, Soy

**May be present:** Added Sulphites

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Wrap Mega Brekky	Permanent	No	No	371	1,086	4,027	14.8	55	16.7	61.8	6.5	24.2	13.1	48.4	2	7.5	435	1,611

## Toastie Ham Cheese Tomato

**Ingredients:** Bread Toast Slice (Unbleached **Wheat Flour**, Water, Baker's Yeast, Modified Tapioca Starch (1412), **Wheat Fibre**, **Wheat Gluten**, Vinegar, Iodised Salt, Vegetable Gum (412), Canola Oil, **Soy Flour**, Vegetable Emulsifiers (472e, 481, 471), Minerals (Iron, Zinc), Vitamins (Vitamin E, Niacin, Vitamin B6, Thiamin, Folic Acid)), Tomato Slice (Tomato), Ham Sliced Country (Pork, Cure (Salt, Sugar, Mineral Salts (450, 451), Dextrose (Maize or Tapioca), Antioxidant (316), Preservative (250)), Acidity Regulators (326, 262), Water, Modified Starch (1442 Maize or Tapioca), Vegetable Gum (407), Wood Smoke), Cheese Natural (**Milk**, Salt, Starter Culture, Rennet (Non-animal)), Butter Clarified (**Milk Fat**)

**Contains:** Wheat (Gluten), Milk, Soy

**May be present:** Sesame

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Toastie Ham Cheese Tomato	Permanent	Yes	No	146	835	1,216	10.6	15.5	8.6	12.5	4.8	7.1	19.5	28.4	1.7	2.6	469	683

## Toastie Ham Cheese

**Ingredients:** Bread Toast Slice (Unbleached **Wheat Flour**, Water, Baker's Yeast, Modified Tapioca Starch (1412), **Wheat Fibre**, **Wheat Gluten**, Vinegar, Iodised Salt, Vegetable Gum (412), Canola Oil, **Soy Flour**, Vegetable Emulsifiers (472e, 481, 471), Minerals (Iron, Zinc), Vitamins (Vitamin E, Niacin, Vitamin B6, Thiamin, Folic Acid)), Ham Sliced Country (Pork, Cure (Salt, Sugar, Mineral Salts (450, 451), Dextrose (Maize or Tapioca), Antioxidant (316), Preservative (250)), Acidity Regulators (326, 262), Water, Modified Starch (1442 Maize or Tapioca), Vegetable Gum (407), Wood Smoke), Cheese Natural (**Milk**, Salt, Starter Culture, Rennet (Non-animal)), Butter Clarified (**Milk Fat**)

**Contains:** Wheat (Gluten), Milk, Soy

**May be present:** Sesame

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Toastie Ham Cheese	Permanent	Yes	No	118	1,017	1,195	13.1	15.5	10.6	12.5	6	7.1	23.4	27.6	1.6	1.9	580	682

## Toastie Cheese

**Ingredients:** Bread Toast Slice (Unbleached **Wheat Flour**, Water, Baker's Yeast, Modified Tapioca Starch (1412), **Wheat Fibre**, **Wheat Gluten**, Vinegar, Iodised Salt, Vegetable Gum (412), Canola Oil, **Soy Flour**, Vegetable Emulsifiers (472e, 481, 471), Minerals (Iron, Zinc), Vitamins (Vitamin E, Niacin, Vitamin B6, Thiamin, Folic Acid)), Cheese Natural (**Milk**, Salt, Starter Culture, Rennet (Non-animal)), Butter Clarified (**Milk Fat**)

**Contains:** Wheat (Gluten), Milk, Soy

**May be present:** Sesame

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Toastie Cheese	Permanent	Yes	No	93	1,175	1,087	12.1	11.3	11.9	11.1	7.1	6.6	29.1	27	1.7	1.6	445	412

## Jack's Brekky Roll

**Ingredients:** Bun Brioche (**Wheat Flour**, Water, Canola Oil, Sugar, Bakers Yeast, **Wheat Gluten**, Modified Potato Starch (1420), Iodised Salt, **Soy Flour**, Preservative (282), Emulsifiers [481, 472e, 322 (**Soy**, Rapeseed)], **Wheat Malt Flour**, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**)), **Eggs (Egg)**, Sausage Patty (Meat (96%) [Pork, Beef], Water, **Soy Protein**, Salt, Spices, Herbs, Sugar, Dextrose, Yeast Extract, Dehydrated Vegetable, Vegetable Oil), Bacon (Pork, Water, Cure (Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250)), Wood Smoke), Cheese Natural (**Milk**, Salt, Starter Culture, Rennet (Non-animal)), Sauce BBQ Smoky (Tomato Puree (48%), Sugar, Vinegar, Apple Paste, Thickener, Caramel Colour, Molasses, Salt, Smoke Flavour, Dehydrated Vegetables, Worcestershire Flavour, Spice.), Butter Clarified (**Milk Fat**)

**Contains:** Wheat (Gluten), Eggs, Milk, Soy

**May be present:** Added Sulphites, Sesame

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Brekky Roll	Permanent	No	No	235	1,054	2,477	14.8	34.7	15.7	36.9	6.7	15.7	13.1	30.9	3.1	7.4	447	1,050

**Turkish Bread Bacon Egg**

**Ingredients:** Eggs (Egg), Bacon (Pork, Water, Cure (Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250)), Wood Smoke), Cheese SOS (Cheese (Cows Milk, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat Milk Solids (Cow's Milk), Milk Solids (Cow's Milk), Emulsifiers (331(iii), 322(i)), Acidity Regulators (330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Sauce BBQ Smoky (Tomato Puree (48%), Sugar, Vinegar, Apple Paste, Thickener, Caramel Colour, Molasses, Salt, Smoke Flavour, Dehydrated Vegetables, Worcestershire Flavour, Spice.), Butter Clarified (Milk Fat), Turkish Roll (Water, **Wheat** Flour [contains Vitamin B (Thiamin) and Folic Acid], Iodised Salt, Baco (Vegetable Oil and Fats contains 471, 476), Soft Improver (contains 481), Sugar, Yeast, **Sesame** Seeds (White and Black), Nigella Seeds)

Contains: Wheat, Eggs, Milk, Sesame, Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Turkish Bread Bacon Egg	Permanent	No	No	104	890	929	12.7	13.3	16.2	17	8.3	8.7	4.4	4.6	2.6	2.8	499	521

**Wrap Big BBQ Brekky**

**Ingredients:** Eggs (Egg), Hash Brown (Potatoes, Vegetable Oil (contains one or more of the following: canola, palm, **soybean**, sunflower), Salt, Dehydrated Potato, Raising Agent (450), Dextrose, Spice Extract), Tortilla (**Wheat** Flour ((66%), Thiamine, Folic Acid), Water, Vegetable Shortening (Antioxidant (307b)), Sugar, Baking Powder (Mineral Salts (450, 500, 341)), Acidity Regulator (297), Mineral Salt (500), Preservative (282), Iodized Salt, Yeast), Beef Patty 4" (Beef (100%)), Bacon (Pork, Water, Cure (Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250)), Wood Smoke), Sauce BBQ Smoky (Tomato Puree (48%), Sugar, Vinegar, Apple Paste, Thickener, Caramel Colour, Molasses, Salt, Smoke Flavour, Dehydrated Vegetables, Worcestershire Flavour, Spice.), Cheese SOS (Cheese (Cows Milk, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat Milk Solids (Cow's Milk), Milk Solids (Cow's Milk), Emulsifiers (331(iii), 322(i)), Acidity Regulators (330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234))

Contains: Wheat (Gluten), Eggs, Milk, Soy

May be present: Added Sulphites

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Wrap Big BBQ Brekky	Permanent	No	No	252	1,031	2,602	11.3	28.4	13.9	35.1	4.8	12.2	19.1	48.1	2.6	6.7	426	1,076
Hash Brown	Permanent	No	Yes	58	271	685	0.6	1.4	4.3	11	0.5	1.3	6	15.2	0.1	0.3	96	244