

Nutritional Guide Report

* Nutritional base values are calculated per 100g

Whopper

Ingredients: Bun **Sesame** Glazed 5" (**Wheat** Flour, Water, Baker's Yeast, Sugar, Canola Oil, **Wheat** Gluten, **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**)), Beef Patty 5" (Beef 100%), Lettuce (Iceberg Lettuce), Mayonnaise (**Soybean** Oil (<0.001% Tocopherol [Vitamin E]), **Egg** Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour), Onion Fresh (Brown Onion), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavors), Sauce Ketchup (Concentrated Tomatoes, Sugar, Concentrated White Vinegar, Salt, Natural Flavours, Food Acid (Citric Acid), Spice), Tomato Slice (Tomato)

Contains: **Wheat, Eggs, Sesame, Soy**

| Description | Store Status | Available in Select Stores | Halal? | Serving Size in Grams | Energy (kJ) | Energy (kJ) Per Serving | Protein | Protein Per Serving | Total Fat | Total Fat Per Serving | Saturated Fat | Saturated Fat Per Serving | Carbohydrates | Carbohydrates Per Serving | Total Sugars | Total Sugars Per Serving | Sodium | Sodium Per Serving |
|-------------|--------------|----------------------------|--------|-----------------------|-------------|-------------------------|---------|---------------------|-----------|-----------------------|---------------|---------------------------|---------------|---------------------------|--------------|--------------------------|--------|--------------------|
| Whopper | Permanent | Yes | Yes | 278 | 843 | 2350 | 10.47 | 29.2 | 14.9 | 41.5 | 4.37 | 12.2 | 16.8 | 46.8 | 4.15 | 11.6 | 301 | 837 |

Whopper Cheese

Ingredients: Bun **Sesame** Glazed 5" (**Wheat** Flour, Water, Baker's Yeast, Sugar, Canola Oil, **Wheat** Gluten, **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**)), Beef Patty 5" (Beef 100%), Cheese SOS (Cheese (Made From Cows **Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat **Milk** Solids (From Cows **Milk**), **Milk** Solids (From Cows **Milk**), Emulsifiers (331(iii), 322(i)), Acidity Regulators (E330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Lettuce (Iceberg Lettuce), Mayonnaise (**Soybean** Oil (<0.001% Tocopherol [Vitamin E]), **Egg** Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour), Onion Fresh (Brown Onion), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavors), Sauce Ketchup (Concentrated Tomatoes, Sugar, Concentrated White Vinegar, Salt, Natural Flavours, Food Acid (Citric Acid), Spice), Tomato Slice (Tomato)

Contains: **Wheat, Eggs, Milk, Sesame, Soy**

| Description | Store Status | Available in Select Stores | Halal? | Serving Size in Grams | Energy (kJ) | Energy (kJ) Per Serving | Protein | Protein Per Serving | Total Fat | Total Fat Per Serving | Saturated Fat | Saturated Fat Per Serving | Carbohydrates | Carbohydrates Per Serving | Total Sugars | Total Sugars Per Serving | Sodium | Sodium Per Serving |
|----------------|--------------|----------------------------|--------|-----------------------|-------------|-------------------------|---------|---------------------|-----------|-----------------------|---------------|---------------------------|---------------|---------------------------|--------------|--------------------------|--------|--------------------|
| Whopper Cheese | Permanent | Yes | Yes | 301 | 883 | 2660 | 11.21 | 33.8 | 15.73 | 47.3 | 5.33 | 16.1 | 15.83 | 47.6 | 4.05 | 12.2 | 384 | 1160 |

Whopper Double Cheese

Ingredients: Beef Patty 5" (Beef 100%), Bun **Sesame** Glazed 5" (**Wheat** Flour, Water, Baker's Yeast, Sugar, Canola Oil, **Wheat** Gluten, **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**)), Cheese SOS (Cheese (Made From Cows **Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat **Milk** Solids (From Cows **Milk**), **Milk** Solids (From Cows **Milk**), Emulsifiers (331(iii), 322(i)), Acidity Regulators (E330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Lettuce (Iceberg Lettuce), Mayonnaise (**Soybean** Oil (<0.001% Tocopherol [Vitamin E]), **Egg** Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour), Onion Fresh (Brown Onion), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavors), Sauce Ketchup (Concentrated Tomatoes, Sugar, Concentrated White Vinegar, Salt, Natural Flavours, Food Acid (Citric Acid), Spice), Tomato Slice (Tomato)

Contains: **Wheat, Eggs, Milk, Sesame, Soy**

| Description | Store Status | Available in Select Stores | Halal? | Serving Size in Grams | Energy (kJ) | Energy (kJ) Per Serving | Protein | Protein Per Serving | Total Fat | Total Fat Per Serving | Saturated Fat | Saturated Fat Per Serving | Carbohydrates | Carbohydrates Per Serving | Total Sugars | Total Sugars Per Serving | Sodium | Sodium Per Serving |
|-----------------------|--------------|----------------------------|--------|-----------------------|-------------|-------------------------|---------|---------------------|-----------|-----------------------|---------------|---------------------------|---------------|---------------------------|--------------|--------------------------|--------|--------------------|
| Whopper Double Cheese | Permanent | Yes | Yes | 374 | 1,061 | 1200 | 15.68 | 58.8 | 19.07 | 71.4 | 7.64 | 28.6 | 12.82 | 48 | 3.26 | 12.2 | 408 | 1530 |

Ultimate Double Whopper

Ingredients: Beef Patty 5" (Beef 100%), Bun **Sesame** Glazed 5" (**Wheat** Flour, Water, Baker's Yeast, Sugar, Canola Oil, **Wheat** Gluten, **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**)), Cheese SOS (Cheese (Made From Cows **Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat **Milk** Solids (From Cows **Milk**), **Milk** Solids (From Cows **Milk**), Emulsifiers (331(iii), 322(i)), Acidity Regulators (E330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Bacon (Pork, Water, Cure [Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250)], Wood Smoke), Lettuce (Iceberg Lettuce), Mayonnaise (**Soybean** Oil (<0.001% Tocopherol [Vitamin E]), **Egg** Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour), Onion Fresh (Brown Onion), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavors), Sauce Ketchup (Concentrated Tomatoes, Sugar, Concentrated White Vinegar, Salt, Natural Flavours, Food Acid (Citric Acid), Spice), Tomato Slice (Tomato)

Contains: **Wheat, Eggs, Milk, Sesame, Soy**

| Description | Store Status | Available in Select Stores | Halal? | Serving Size in Grams | Energy (kJ) | Energy (kJ) Per Serving | Protein | Protein Per Serving | Total Fat | Total Fat Per Serving | Saturated Fat | Saturated Fat Per Serving | Carbohydrates | Carbohydrates Per Serving | Total Sugars | Total Sugars Per Serving | Sodium | Sodium Per Serving |
|-------------------------|--------------|----------------------------|--------|-----------------------|-------------|-------------------------|---------|---------------------|-----------|-----------------------|---------------|---------------------------|---------------|---------------------------|--------------|--------------------------|--------|--------------------|
| Ultimate Double Whopper | Permanent | Yes | No | 414 | 1,020 | 1200 | 15.74 | 65.3 | 18.12 | 75.1 | 7.23 | 30 | 11.71 | 48.6 | 3.05 | 12.7 | 473 | 1960 |

Whopper Junior

Ingredients: Bun **Sesame** Glazed 4" (**Wheat** Flour, Water, Baker's Yeast, Sugar, Canola Oil, **Wheat** Gluten, **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**)), Beef Patty 4" (Beef (100%)), Tomato Slice (Tomato), Lettuce (Iceberg Lettuce), Mayonnaise (**Soybean** Oil (<0.001% Tocopherol [Vitamin E]), **Egg** Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, **Mustard** Flour), Onion Fresh (Brown Onion), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavors), Sauce Ketchup (Concentrated Tomatoes, Sugar, Concentrated White Vinegar, Salt, Natural Flavours, Food Acid (Citric Acid), Spice)

Contains: **Wheat** (Gluten), **Eggs, Sesame, Soy, Mustard**

May be present: **Added Sulphites, Fish, Milk**

| Description | Store Status | Available in Select Stores | Halal? | Serving Size in Grams | Energy (kJ) | Energy (kJ) Per Serving | Protein | Protein Per Serving | Total Fat | Total Fat Per Serving | Saturated Fat | Saturated Fat Per Serving | Carbohydrates | Carbohydrates Per Serving | Total Sugars | Total Sugars Per Serving | Sodium | Sodium Per Serving |
|----------------|--------------|----------------------------|--------|-----------------------|-------------|-------------------------|---------|---------------------|-----------|-----------------------|---------------|---------------------------|---------------|---------------------------|--------------|--------------------------|--------|--------------------|
| Whopper Junior | Permanent | Yes | Yes | 146 | 841 | 1230 | 9.24 | 13.5 | 14.14 | 20.7 | 3.8 | 5.55 | 19.56 | 28.6 | 4.47 | 6.54 | 314 | 458 |

Whopper Junior Cheese

Ingredients: Bun **Sesame** Glazed 4" (**Wheat** Flour, Water, Baker's Yeast, Sugar, Canola Oil, **Wheat** Gluten, **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**)), Beef Patty 4" (Beef (100%)), Cheese SOS (Cheese (Made From Cows **Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat **Milk** Solids (From Cows **Milk**), **Milk** Solids (From Cows **Milk**), Emulsifiers (331(iii), 322(i)), Acidity Regulators (E330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Lettuce (Iceberg Lettuce), Mayonnaise (**Soybean** Oil (<0.001% Tocopherol [Vitamin E]), **Egg** Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour), Onion Fresh (Brown Onion), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavors), Sauce Ketchup (Concentrated Tomatoes, Sugar, Concentrated White Vinegar, Salt, Natural Flavours, Food Acid (Citric Acid), Spice), Tomato Slice (Tomato)

Contains: **Wheat, Eggs, Milk, Sesame, Soy**

| Description | Store Status | Available in Select Stores | Halal? | Serving Size in Grams | Energy (kJ) | Energy (kJ) Per Serving | Protein | Protein Per Serving | Total Fat | Total Fat Per Serving | Saturated Fat | Saturated Fat Per Serving | Carbohydrates | Carbohydrates Per Serving | Total Sugars | Total Sugars Per Serving | Sodium | Sodium Per Serving |
|-----------------------|--------------|----------------------------|--------|-----------------------|-------------|-------------------------|---------|---------------------|-----------|-----------------------|---------------|---------------------------|---------------|---------------------------|--------------|--------------------------|--------|--------------------|
| Whopper Junior Cheese | Permanent | Yes | Yes | 143 | 957 | 737 | 11.01 | 15.8 | 16.44 | 23.6 | 5.22 | 7.49 | 19.93 | 28.6 | 4.53 | 6.5 | 429 | 616 |

Bacon Deluxe

Ingredients: Beef Patty 4" (Beef (100%)), Bun **Sesame** Glazed 4" (**Wheat** Flour, Water, Baker's Yeast, Sugar, Canola Oil, **Wheat** Gluten, **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**)), Cheese SOS (Cheese (Made From Cows **Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat **Milk** Solids (From Cows **Milk**), **Milk** Solids (From Cows **Milk**), Emulsifiers (331(iii), 322(i)), Acidity Regulators (E330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Bacon (Pork, Water, Cure [Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250)], Wood Smoke), Lettuce (Iceberg Lettuce), Mayonnaise (**Soybean** Oil (<0.001% Tocopherol [Vitamin E]), **Egg** Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour), Tomato Slice (Tomato)

Contains: **Wheat, Eggs, Milk, Sesame, Soy**

| Description | Store Status | Available in Select Stores | Halal? | Serving Size in Grams | Energy (kJ) | Energy (kJ) Per Serving | Protein | Protein Per Serving | Total Fat | Total Fat Per Serving | Saturated Fat | Saturated Fat Per Serving | Carbohydrates | Carbohydrates Per Serving | Total Sugars | Total Sugars Per Serving | Sodium | Sodium Per Serving |
|--------------|--------------|----------------------------|--------|-----------------------|-------------|-------------------------|---------|---------------------|-----------|-----------------------|---------------|---------------------------|---------------|---------------------------|--------------|--------------------------|--------|--------------------|
| Bacon Deluxe | Permanent | Yes | No | 188 | 1,085 | 737 | 15.56 | 29.3 | 19.28 | 36.2 | 7.34 | 13.8 | 14.36 | 27 | 2.61 | 4.9 | 453 | 851 |

Whopper Triple

Ingredients: Beef Patty 5" (Beef 100%), Bun **Sesame** Glazed 5" (Wheat Flour, Water, Baker's Yeast, Sugar, Canola Oil, **Wheat** Gluten, **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**), Tomato Slice (Tomato), Lettuce (Iceberg Lettuce), Mayonnaise (**Soybean** Oil (<0.001% Tocopherol [Vitamin E]), **Egg** Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour), Onion Fresh (Brown Onion), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavors), Sauce Ketchup (Concentrated Tomatoes, Sugar, Concentrated White Vinegar, Salt, Natural Flavours, Food Acid (Citric Acid), Spice)

Contains: **Wheat, Eggs, Sesame, Soy**

| Description | Store Status | Available in Select Stores | Halal? | Serving Size in Grams | Energy (kJ) | Energy (kJ) Per Serving | Protein | Protein Per Serving | Total Fat | Total Fat Per Serving | Saturated Fat | Saturated Fat Per Serving | Carbohydrates | Carbohydrates Per Serving | Total Sugars | Total Sugars Per Serving | Sodium | Sodium Per Serving |
|----------------|--------------|----------------------------|--------|-----------------------|-------------|-------------------------|---------|---------------------|-----------|-----------------------|---------------|---------------------------|---------------|---------------------------|--------------|--------------------------|--------|--------------------|
| Whopper Triple | Permanent | Yes | Yes | 436 | 1,009 | 4400 | 16.02 | 69.9 | 17.87 | 78 | 6.77 | 29.6 | 10.89 | 47.6 | 2.68 | 11.8 | 219 | 954 |

Cheeseburger

Ingredients: Bun **Sesame** Glazed 4" (Wheat Flour, Water, Baker's Yeast, Sugar, Canola Oil, **Wheat** Gluten, **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**), Beef Patty 4" (Beef (100%)), Cheese SOS (Cheese (Made From Cows **Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat **Milk** Solids (From Cows **Milk**), **Milk** Solids (From Cows **Milk**), Emulsifiers (331(iii), 322(i)), Acidity Regulators (E330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Sauce Ketchup (Concentrated Tomatoes, Sugar, Concentrated White Vinegar, Salt, Natural Flavours, Food Acid (Citric Acid), Spice), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavors), Sauce Mustard (Water, Mustard Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice)

Contains: **Wheat, Milk, Sesame, Soy**

| Description | Store Status | Available in Select Stores | Halal? | Serving Size in Grams | Energy (kJ) | Energy (kJ) Per Serving | Protein | Protein Per Serving | Total Fat | Total Fat Per Serving | Saturated Fat | Saturated Fat Per Serving | Carbohydrates | Carbohydrates Per Serving | Total Sugars | Total Sugars Per Serving | Sodium | Sodium Per Serving |
|--------------|--------------|----------------------------|--------|-----------------------|-------------|-------------------------|---------|---------------------|-----------|-----------------------|---------------|---------------------------|---------------|---------------------------|--------------|--------------------------|--------|--------------------|
| Cheeseburger | Permanent | Yes | Yes | 119 | 1,089 | 1300 | 13.06 | 15.6 | 12.33 | 14.8 | 5.06 | 6.04 | 23.86 | 28.5 | 5.29 | 6.31 | 515 | 615 |

Cheeseburger Double

Ingredients: Beef Patty 4" (Beef (100%)), Bun **Sesame** Glazed 4" (Wheat Flour, Water, Baker's Yeast, Sugar, Canola Oil, **Wheat** Gluten, **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**), Cheese SOS (Cheese (Made From Cows **Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat **Milk** Solids (From Cows **Milk**), **Milk** Solids (From Cows **Milk**), Emulsifiers (331(iii), 322(i)), Acidity Regulators (E330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Sauce Ketchup (Concentrated Tomatoes, Sugar, Concentrated White Vinegar, Salt, Natural Flavours, Food Acid (Citric Acid), Spice), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavors), Sauce Mustard (Water, Mustard Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice)

Contains: **Wheat, Milk, Sesame, Soy**

| Description | Store Status | Available in Select Stores | Halal? | Serving Size in Grams | Energy (kJ) | Energy (kJ) Per Serving | Protein | Protein Per Serving | Total Fat | Total Fat Per Serving | Saturated Fat | Saturated Fat Per Serving | Carbohydrates | Carbohydrates Per Serving | Total Sugars | Total Sugars Per Serving | Sodium | Sodium Per Serving |
|---------------------|--------------|----------------------------|--------|-----------------------|-------------|-------------------------|---------|---------------------|-----------|-----------------------|---------------|---------------------------|---------------|---------------------------|--------------|--------------------------|--------|--------------------|
| Cheeseburger Double | Permanent | Yes | Yes | 165 | 1,143 | 1890 | 15.78 | 26 | 15.49 | 25.5 | 7.08 | 11.7 | 17.66 | 29.1 | 4.05 | 6.66 | 483 | 795 |

Cheeseburger Triple

Ingredients: Beef Patty 4" (Beef (100%)), Bun **Sesame** Glazed 4" (Wheat Flour, Water, Baker's Yeast, Sugar, Canola Oil, **Wheat** Gluten, **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**), Cheese SOS (Cheese (Made From Cows **Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat **Milk** Solids (From Cows **Milk**), **Milk** Solids (From Cows **Milk**), Emulsifiers (331(iii), 322(i)), Acidity Regulators (E330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Sauce Ketchup (Concentrated Tomatoes, Sugar, Concentrated White Vinegar, Salt, Natural Flavours, Food Acid (Citric Acid), Spice), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavors), Sauce Mustard (Water, Mustard Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice)

Contains: **Wheat, Milk, Sesame, Soy**

| Description | Store Status | Available in Select Stores | Halal? | Serving Size in Grams | Energy (kJ) | Energy (kJ) Per Serving | Protein | Protein Per Serving | Total Fat | Total Fat Per Serving | Saturated Fat | Saturated Fat Per Serving | Carbohydrates | Carbohydrates Per Serving | Total Sugars | Total Sugars Per Serving | Sodium | Sodium Per Serving |
|---------------------|--------------|----------------------------|--------|-----------------------|-------------|-------------------------|---------|---------------------|-----------|-----------------------|---------------|---------------------------|---------------|---------------------------|--------------|--------------------------|--------|--------------------|
| Cheeseburger Triple | Permanent | Yes | Yes | 210 | 1,175 | 2470 | 17.33 | 36.4 | 17.28 | 36.3 | 8.23 | 17.3 | 14.13 | 29.7 | 3.34 | 7.01 | 465 | 975 |

BBQ Cheeseburger

Ingredients: Bun **Sesame** Glazed 4" (Wheat Flour, Water, Baker's Yeast, Sugar, Canola Oil, **Wheat** Gluten, **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**), Beef Patty 4" (Beef (100%)), Cheese SOS (Cheese (Made From Cows **Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat **Milk** Solids (From Cows **Milk**), **Milk** Solids (From Cows **Milk**), Emulsifiers (331(iii), 322(i)), Acidity Regulators (E330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Mayonnaise (**Soybean** Oil (<0.001% Tocopherol [Vitamin E]), **Egg** Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour), Sauce BBQ Smoky (Tomato Puree (48%), Sugar, Vinegar, Apple Paste, Thickener, Caramel Colour, Molasses, Salt, Smoke Flavour, Dehydrated Vegetables, Worcestershire Flavour, Spice.)

Contains: **Wheat, Eggs, Milk, Sesame, Soy**

| Description | Store Status | Available in Select Stores | Halal? | Serving Size in Grams | Energy (kJ) | Energy (kJ) Per Serving | Protein | Protein Per Serving | Total Fat | Total Fat Per Serving | Saturated Fat | Saturated Fat Per Serving | Carbohydrates | Carbohydrates Per Serving | Total Sugars | Total Sugars Per Serving | Sodium | Sodium Per Serving |
|------------------|--------------|----------------------------|--------|-----------------------|-------------|-------------------------|---------|---------------------|-----------|-----------------------|---------------|---------------------------|---------------|---------------------------|--------------|--------------------------|--------|--------------------|
| BBQ Cheeseburger | Permanent | Yes | Yes | 118 | 1,152 | 1370 | 13.11 | 15.6 | 19.97 | 23.7 | 6.38 | 7.55 | 23.86 | 28.3 | 4.94 | 5.85 | 426 | 504 |

Hamburger

Ingredients: Bun **Sesame** Glazed 4" (Wheat Flour, Water, Baker's Yeast, Sugar, Canola Oil, **Wheat** Gluten, **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**), Beef Patty 4" (Beef (100%)), Sauce Ketchup (Concentrated Tomatoes, Sugar, Concentrated White Vinegar, Salt, Natural Flavours, Food Acid (Citric Acid), Spice), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavors), Sauce **Mustard** (Water, **Mustard** Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice)

Contains: **Wheat** (Gluten), **Sesame, Soy**

May be present: **Added Sulphites, Eggs, Fish, Milk**

| Description | Store Status | Available in Select Stores | Halal? | Serving Size in Grams | Energy (kJ) | Energy (kJ) Per Serving | Protein | Protein Per Serving | Total Fat | Total Fat Per Serving | Saturated Fat | Saturated Fat Per Serving | Carbohydrates | Carbohydrates Per Serving | Total Sugars | Total Sugars Per Serving | Sodium | Sodium Per Serving |
|-------------|--------------|----------------------------|--------|-----------------------|-------------|-------------------------|---------|---------------------|-----------|-----------------------|---------------|---------------------------|---------------|---------------------------|--------------|--------------------------|--------|--------------------|
| Hamburger | Permanent | Yes | Yes | 108 | 1,059 | 1150 | 12.29 | 13.3 | 10.91 | 11.8 | 3.79 | 4.1 | 25.96 | 28.1 | 5.55 | 6 | 422 | 457 |

Whopper Double

Ingredients: Beef Patty 5" (Beef 100%), Bun **Sesame** Glazed 5" (Wheat Flour, Water, Baker's Yeast, Sugar, Canola Oil, **Wheat** Gluten, **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**), Cheese SOS (Cheese (Made From Cows **Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat **Milk** Solids (From Cows **Milk**), **Milk** Solids (From Cows **Milk**), Emulsifiers (331(iii), 322(i)), Acidity Regulators (E330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Lettuce (Iceberg Lettuce), Mayonnaise (**Soybean** Oil (<0.001% Tocopherol [Vitamin E]), **Egg** Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour), Onion Fresh (Brown Onion), Pickles (Cucumbers, Water, Vinegar,

Salt, Calcium Lactate, Natural Flavors), Sauce Ketchup (Concentrated Tomatoes, Sugar, Concentrated White Vinegar, Salt, Natural Flavours, Food Acid (Citric Acid), Spice), Tomato Slice (Tomato)

Contains: **Wheat, Eggs, Milk, Sesame, Soy**

| Description | Store Status | Available in Select Stores | Halal? | Serving Size in Grams | Energy (kJ) | Energy (kJ) Per Serving | Protein | Protein Per Serving | Total Fat | Total Fat Per Serving | Saturated Fat | Saturated Fat Per Serving | Carbohydrates | Carbohydrates Per Serving | Total Sugars | Total Sugars Per Serving | Sodium | Sodium Per Serving |
|----------------|--------------|----------------------------|--------|-----------------------|-------------|-------------------------|---------|---------------------|-----------|-----------------------|---------------|---------------------------|---------------|---------------------------|--------------|--------------------------|--------|--------------------|
| Whopper Double | Permanent | Yes | Yes | 357 | 944 | 3380 | 13.86 | 49.5 | 16.72 | 59.7 | 5.83 | 20.9 | 13.2 | 47.2 | 3.26 | 11.7 | 251 | 896 |

Whopper Bourbon St Single

Ingredients: Bun **Sesame** Glazed 5" (**Wheat** Flour, Water, Baker's Yeast, Sugar, Canola Oil, **Wheat Gluten, Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**)), Beef Patty 5" (Beef 100%), Bacon (Pork, Water, Cure [Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250)], Wood Smoke), Onion Ring (Onion (50%), Water, **Wheat** Flour, **Soybean** Oil, Rice Flour, Thickener (1404, 1420, 415), Starch, Sugar, Onion Powder, Salt, Mineral Salt (450i, 500ii), Vegetable Oil, Whey Powder, **Wheat Gluten, Soybean** Flour, Yeast Extract, Corn Flour, Flavour, Brown Sugar.), Tomato Slice (Tomato), Cheese SOS (Cheese (Made From Cows **Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat **Milk** Solids (From Cows **Milk**), **Milk** Solids (From Cows **Milk**), Emulsifiers (331(iii), 322(i)), Acidity Regulators (E330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Mayonnaise (**Soybean** Oil (<0.001% Tocopherol [Vitamin E]), **Egg** Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour), Sauce Bourbon Black Pepper (Sugar, Water, Vinegar, Glucose Syrup, Maltodextrin, Tomato Paste, Molasses, Thickeners (1422, 415), Worcestershire Sauce (**Wheat, Barley, Fish**), Salt, Vegetable Oil, Vegetable Powders, Spices [Including Black Pepper (<1%)], Colour (150c), Smoke Flavour, Natural Bourbon Flavour, Preservative (202), Spice Extract.), Sauce Mustard (Water, Mustard Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice)

Contains: **Wheat, Eggs, Milk, Soy, Fish, Sesame, Barley**

| Description | Store Status | Available in Select Stores | Halal? | Serving Size in Grams | Energy (kJ) | Energy (kJ) Per Serving | Protein | Protein Per Serving | Total Fat | Total Fat Per Serving | Saturated Fat | Saturated Fat Per Serving | Carbohydrates | Carbohydrates Per Serving | Total Sugars | Total Sugars Per Serving | Sodium | Sodium Per Serving |
|---------------------------|--------------|----------------------------|--------|-----------------------|-------------|-------------------------|---------|---------------------|-----------|-----------------------|---------------|---------------------------|---------------|---------------------------|--------------|--------------------------|--------|--------------------|
| Whopper Bourbon St Single | LTO | Yes | No | 328 | 1,045 | 3430 | 12.5 | 41 | 18.02 | 59.1 | 5.56 | 18.3 | 18.25 | 59.9 | 4.44 | 14.6 | 479 | 1580 |

Whopper Bourbon St Double

Ingredients: Beef Patty 5" (Beef 100%), Bun **Sesame** Glazed 5" (**Wheat** Flour, Water, Baker's Yeast, Sugar, Canola Oil, **Wheat Gluten, Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**)), Cheese SOS (Cheese (Made From Cows **Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat **Milk** Solids (From Cows **Milk**), **Milk** Solids (From Cows **Milk**), Emulsifiers (331(iii), 322(i)), Acidity Regulators (E330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Bacon (Pork, Water, Cure [Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250)], Wood Smoke), Onion Ring (Onion (50%), Water, **Wheat** Flour, **Soybean** Oil, Rice Flour, Thickener (1404, 1420, 415), Starch, Sugar, Onion Powder, Salt, Mineral Salt (450i, 500ii), Vegetable Oil, Whey Powder, **Wheat Gluten, Soybean** Flour, Yeast Extract, Corn Flour, Flavour, Brown Sugar.), Tomato Slice (Tomato), Mayonnaise (**Soybean** Oil (<0.001% Tocopherol [Vitamin E]), **Egg** Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour), Sauce Bourbon Black Pepper (Sugar, Water, Vinegar, Glucose Syrup, Maltodextrin, Tomato Paste, Molasses, Thickeners (1422, 415), Worcestershire Sauce (**Wheat, Barley, Fish**), Salt, Vegetable Oil, Vegetable Powders, Spices [Including Black Pepper (<1%)], Colour (150c), Smoke Flavour, Natural Bourbon Flavour, Preservative (202), Spice Extract.), Sauce Mustard (Water, Mustard Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice)

Contains: **Wheat, Eggs, Milk, Soy, Fish, Sesame, Barley**

| Description | Store Status | Available in Select Stores | Halal? | Serving Size in Grams | Energy (kJ) | Energy (kJ) Per Serving | Protein | Protein Per Serving | Total Fat | Total Fat Per Serving | Saturated Fat | Saturated Fat Per Serving | Carbohydrates | Carbohydrates Per Serving | Total Sugars | Total Sugars Per Serving | Sodium | Sodium Per Serving |
|---------------------------|--------------|----------------------------|--------|-----------------------|-------------|-------------------------|---------|---------------------|-----------|-----------------------|---------------|---------------------------|---------------|---------------------------|--------------|--------------------------|--------|--------------------|
| Whopper Bourbon St Double | LTO | Yes | No | 427 | 1,108 | 4740 | 15.33 | 65.5 | 19.34 | 82.6 | 7.16 | 30.6 | 14.27 | 61 | 3.57 | 15.3 | 455 | 1950 |

Mega Jack

Ingredients: Beef Patty 5" (Beef 100%), Bun **Sesame** Glazed 5" (**Wheat** Flour, Water, Baker's Yeast, Sugar, Canola Oil, **Wheat Gluten, Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**)), Sauce Special (Canola Oil, Water, Sugar, Reconstituted **Egg** (Whole Egg & Egg Yolk), Gherkin Puree (Gherkin, Food Acid (260)), **Mustard** (Water, **Mustard** Seed, Salt, Vinegar, Sugar, Food Acid (260), Spice), Vinegar, Thickeners (1442, 415), Salt, Balsamic Vinegar (Colour (150d)), Onion Puree, Spices, Garlic, Preservatives (211, 202, 234), Acidity Regulator (330), Natural Colours (160a, 160c), Natural Flavour), Lettuce (Iceberg Lettuce), Cheese SOS (Cheese (Made From Cows **Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat **Milk** Solids (From Cows **Milk**), **Milk** Solids (From Cows **Milk**), Emulsifiers (331(iii), 322(i)), Acidity Regulators (E330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavors), Onion Fresh (Brown Onion)

Contains: **Wheat** (Gluten), **Eggs, Milk, Soy, Sesame**

May be present: **Fish, Added Sulphites**

| Description | Store Status | Available in Select Stores | Halal? | Serving Size in Grams | Energy (kJ) | Energy (kJ) Per Serving | Protein | Protein Per Serving | Total Fat | Total Fat Per Serving | Saturated Fat | Saturated Fat Per Serving | Carbohydrates | Carbohydrates Per Serving | Total Sugars | Total Sugars Per Serving | Sodium | Sodium Per Serving |
|-------------|--------------|----------------------------|--------|-----------------------|-------------|-------------------------|---------|---------------------|-----------|-----------------------|---------------|---------------------------|---------------|---------------------------|--------------|--------------------------|--------|--------------------|
| Mega Jack | LTO | Yes | Yes | 446 | 1,096 | 4890 | 13.18 | 58.8 | 16.18 | 72.2 | 5.32 | 23.7 | 15.82 | 70.6 | 3.85 | 17.2 | 380 | 1700 |

Big Jack

Ingredients: Bun **Sesame** Glazed 4" (**Wheat** Flour, Water, Baker's Yeast, Sugar, Canola Oil, **Wheat Gluten, Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**)), Beef Patty 4" (Beef (100%)), Sauce Special (Canola Oil, Water, Sugar, Reconstituted **Egg** (Whole Egg & Egg Yolk), Gherkin Puree (Gherkin, Food Acid (260)), **Mustard** (Water, **Mustard** Seed, Salt, Vinegar, Sugar, Food Acid (260), Spice), Vinegar, Thickeners (1442, 415), Salt, Balsamic Vinegar (Colour (150d)), Onion Puree, Spices, Garlic, Preservatives (211, 202, 234), Acidity Regulator (330), Natural Colours (160a, 160c), Natural Flavour), Lettuce (Iceberg Lettuce), Cheese SOS (Cheese (Made From Cows **Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat **Milk** Solids (From Cows **Milk**), **Milk** Solids (From Cows **Milk**), Emulsifiers (331(iii), 322(i)), Acidity Regulators (E330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavors), Onion Fresh (Brown Onion)

Contains: **Wheat** (Gluten), **Eggs, Milk, Soy, Sesame**

May be present: **Fish, Added Sulphites**

| Description | Store Status | Available in Select Stores | Halal? | Serving Size in Grams | Energy (kJ) | Energy (kJ) Per Serving | Protein | Protein Per Serving | Total Fat | Total Fat Per Serving | Saturated Fat | Saturated Fat Per Serving | Carbohydrates | Carbohydrates Per Serving | Total Sugars | Total Sugars Per Serving | Sodium | Sodium Per Serving |
|-------------|--------------|----------------------------|--------|-----------------------|-------------|-------------------------|---------|---------------------|-----------|-----------------------|---------------|---------------------------|---------------|---------------------------|--------------|--------------------------|--------|--------------------|
| Big Jack | LTO | Yes | Yes | 240 | 1,089 | 2620 | 11.87 | 28.5 | 15.6 | 37.5 | 5.06 | 12.2 | 18.08 | 43.4 | 4.2 | 10.1 | 430 | 1040 |