

Nutritional Guide Report

* Nutritional base values are calculated per 100g

Babycino

Ingredients: Milk Full Cream (Milk), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Babycino	Permanent	No	Yes	61	270	156	3.43	2.04	3.39	2.04	2.29	1.38	5.01	2.64	4.94	2.64	45	26.4

Babycino Skim Milk

Ingredients: Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour), Milk Skim (Milk)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Babycino Skim Milk	Permanent	No	Yes	1	1,650	0	6.6	0	2.4	0	1.3	0	78.2	0	69.7	0	107	0

Tea Black Medium

Ingredients: Water, Black Tea (Black Tea)

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Tea Black Medium	Permanent	No	Yes	377	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Tea Black Small

Ingredients: Water, Black Tea (Black Tea)

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Tea Black Small	Permanent	No	Yes	252	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Iced Caramel Fudge with Kit Kat

Ingredients: Milk Full Cream (Milk), Sauce Caramel Sundae (Sugar, Water, Glucose Syrup, Milk solids, Thickeners (1442, 401), Vegetable fat [Vegetable fat, Emulsifier (322)], Salt, Emulsifier (471), Acidity regulators (500, 339), Preservative (202)), Coffee Grinders (100% imported coffee beans), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339)), Kit Kat Pieces (Wafer (Wheat Flour, Sugar, Palm Fat, Wheat Starch, Emulsifier Lecithin (Soy), Salt), Milk Chocolate (Sugar, Cocoa Butter, Cocoa Mass, Skimmed Milk Powder, Whey Powder, Vegetable Fats (Palm, Shea), Butter Oil, Emulsifier Lecithin, Natural Vanilla Flavour)))

Contains: Natural Sulphites, Milk, Soy

May be present: Almond, Hazelnut, Walnut

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Iced Caramel Fudge with Kit Kat	LTO	No	No	386	611	2360	4.1	15.9	5.92	22.9	4.27	16.5	18.84	72.8	12.8	49.5	55	212

Iced Chocolate Fudge with Kit Kat

Ingredients: Milk Full Cream (Milk), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339)), Kit Kat Pieces (Wafer (Wheat Flour, Sugar, Palm Fat, Wheat Starch, Emulsifier Lecithin (Soy), Salt), Milk Chocolate (Sugar, Cocoa Butter, Cocoa Mass, Skimmed Milk Powder, Whey Powder, Vegetable Fats (Palm, Shea), Butter Oil, Emulsifier Lecithin, Natural Vanilla Flavour)))

Contains: Wheat, Milk, Soy

May be present: Almond, Hazelnut, Walnut

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Iced Chocolate Fudge with Kit Kat	LTO	No	No	371	562	996	3.39	10.7	5.07	18	3.42	12.1	18.13	20.9	16.99	18.9	56	136

Iced Coffee with Kit Kat

Ingredients: Milk Full Cream (Milk), Coffee Grinders (100% imported coffee beans), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339)), Kit Kat Pieces (Wafer (Wheat Flour, Sugar, Palm Fat, Wheat Starch, Emulsifier Lecithin (Soy), Salt), Milk Chocolate (Sugar, Cocoa Butter, Cocoa Mass, Skimmed Milk Powder, Whey Powder, Vegetable Fats (Palm, Shea), Butter Oil, Emulsifier Lecithin, Natural Vanilla Flavour)))

Contains: Milk, Soy

May be present: Almond, Hazelnut, Walnut

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Iced Coffee with Kit Kat	LTO	No	No	330	474	1570	4.29	14.2	5.64	18.7	3.74	12.4	11.25	37.2	5.78	19.1	41	137

Iced Mocha with Kit Kat

Ingredients: Milk Full Cream (Milk), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100% imported coffee beans), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339)), Kit Kat Pieces (Wafer (Wheat Flour, Sugar, Palm Fat, Wheat Starch, Emulsifier Lecithin (Soy), Salt), Milk Chocolate (Sugar, Cocoa Butter, Cocoa Mass, Skimmed Milk Powder, Whey Powder, Vegetable Fats (Palm, Shea), Butter Oil, Emulsifier Lecithin, Natural Vanilla Flavour))

Contains: Wheat, Milk, Soy

May be present: Almond, Hazelnut, Walnut

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Iced Mocha with Kit Kat	LTO	No	No	393	623	996	4.1	14.2	4.96	18.7	3.3	12.4	21.26	37.2	16.09	19.1	53	137

Jack's Café Cappuccino Large

Ingredients: Milk Full Cream (Milk), Water, Coffee Grinders (100% imported coffee beans), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Cappuccino Large	Permanent	No	Yes	408	313	0	3.79	15.5	3.09	12.6	2.05	8.34	7.87	31.7	3.92	15.7	38	155

Jack's Café Cappuccino Large Lactose Free

Ingredients: Milk Lactose Free (Milk, Enzyme (Lactase)), Water, Coffee Grinders (100% imported coffee beans), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Cappuccino Large Lactose Free	Permanent	No	Yes	408	311	0	3.71	15.1	3.09	12.6	2.05	8.34	7.87	31.7	3.92	15.7	38	155

Jack's Café Cappuccino Large Oat Milk

Ingredients: Milk Oat (Filtered Water, Whole Oats (Min. 8%), Sunflower Oil, Raw Sugar, Oat Flour, Gum Arabic, Minerals (Calcium Phosphate, Calcium Carbonate), Acidity Regulator (Potassium Phosphate), Sea Salt, Natural Flavour, Emulsifier (471)), Water, Coffee Grinders (100% imported coffee beans), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Cappuccino Large Oat Milk	Permanent	No	Yes	408	267	0	1.3	5.27	2.23	9.06	0.42	1.69	9.24	37.3	1.77	6.87	59	239

Jack's Café Cappuccino Medium Lactose Free

Ingredients: Milk Lactose Free (Milk, Enzyme (Lactase)), Water, Coffee Grinders (100% imported coffee beans), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Cappuccino Medium Lactose Free	Permanent	No	Yes	318	327	0	3.82	12.1	3	9.5	1.98	6.27	8.85	27.8	3.78	11.7	36	115

Jack's Café Cappuccino Medium Oat Milk

Ingredients: Milk Oat (Filtered Water, Whole Oats (Min. 8%), Sunflower Oil, Raw Sugar, Oat Flour, Gum Arabic, Minerals (Calcium Phosphate, Calcium Carbonate), Acidity Regulator (Potassium Phosphate), Sea Salt, Natural Flavour, Emulsifier (471)), Water, Coffee Grinders (100% imported coffee beans), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Cappuccino Medium Oat Milk	Permanent	No	Yes	318	285	0	1.53	4.82	2.18	6.9	0.42	1.33	10.16	31.9	1.73	5.16	56	178

Jack's Café Cappuccino Medium

Ingredients: Milk Full Cream (Milk), Water, Coffee Grinders (100% imported coffee beans), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
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Jack's Café Cappuccino Medium	Permanent	No	Yes		318	328	0		3.9	12.4		3	9.5		1.98	6.27		8.85	27.8		3.78	11.7		36	115
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Jack's Café Cappuccino Medium Skim

Ingredients: Milk Skim (Milk), Water, Coffee Grinders (100% imported coffee beans), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Cappuccino Medium Skim	Permanent	No	Yes	318	232	0	3.99	12.7	0.29	0.92	0.17	0.55	9.02	28.3	3.95	12.2	37	118

Jack's Café Cappuccino Large Skim

Ingredients: Milk Skim (Milk), Water, Coffee Grinders (100% imported coffee beans), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Cappuccino Large Skim	Permanent	No	Yes	408	212	0	3.88	15.8	0.25	1.01	0.16	0.64	8.04	32.4	4.09	16.4	39	158

Jack's Café Cappuccino Small Skim

Ingredients: Milk Skim (Milk), Coffee Grinders (100% imported coffee beans), Water, Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Cappuccino Small Skim	Permanent	No	Yes	220	282	0	4.47	9.82	0.39	0.84	0.21	0.47	11.32	24.6	4.01	8.5	37	81.4

Jack's Café Cappuccino Small

Ingredients: Milk Full Cream (Milk), Coffee Grinders (100% imported coffee beans), Water, Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Cappuccino Small	Permanent	No	Yes	220	379	0	4.39	9.64	3.08	6.78	2.01	4.43	11.15	24.2	3.85	8.14	36	79.6

Jack's Café Cappuccino Small Oat Milk

Ingredients: Milk Oat (Filtered Water, Whole Oats (Min. 8%), Sunflower Oil, Raw Sugar, Oat Flour, Gum Arabic, Minerals (Calcium Phosphate, Calcium Carbonate), Acidity Regulator (Potassium Phosphate), Sea Salt, Natural Flavour, Emulsifier (471)), Coffee Grinders (100% imported coffee beans), Water, Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Cappuccino Small Oat Milk	Permanent	No	Yes	220	336	0	2.02	4.42	2.26	4.98	0.46	1.01	12.46	27.1	1.81	3.64	56	123

Jack's Café Cappuccino Small Lactose Free

Ingredients: Milk Lactose Free (Milk, Enzyme (Lactase)), Coffee Grinders (100% imported coffee beans), Water, Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Cappuccino Small Lactose Free	Permanent	No	Yes	220	377	0	4.31	9.46	3.08	6.78	2.01	4.43	11.15	24.2	3.85	8.14	36	79.6

Jack's Café Chai Iced Large Lactose Free

Ingredients: Water, Milk Lactose Free (Milk, Enzyme (Lactase)), Chai Spice (Sugar, Dextrose, Maltodextrin, Natural Flavours, Instant Tea, Ground Spices, Salt), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Chai Iced Large Lactose Free	Permanent	No	Yes	520	343	0	1.47	7.31	2.41	12.4	1.66	8.58	13.29	9.69	10.42	9.69	40	98.4

Jack's Café Chai Iced Large Oat Milk

Ingredients: Water, **Milk Oat** (Filtered Water, Whole Oats (Min. 8%), Sunflower Oil, Raw Sugar, Oat Flour, Gum Arabic, Minerals (Calcium Phosphate, Calcium Carbonate), Acidity Regulator (Potassium Phosphate), Sea Salt, Natural Flavour, Emulsifier (471)), Chai Spice (Sugar, Dextrose, Maltodextrin, Natural Flavours, Instant Tea, Ground Spices, Salt), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

May be present: Milk, Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Chai Iced Large Oat Milk	Permanent	No	Yes	520	323	0	0.34	1.43	2	10.3	0.9	4.59	13.93	13.1	9.41	4.44	50	149

Jack's Café Chai Iced Large Skim Milk

Ingredients: Water, **Milk Skim (Milk)**, Chai Spice (Sugar, Dextrose, Maltodextrin, Natural Flavours, Instant Tea, Ground Spices, Salt), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Chai Iced Large Skim Milk	Permanent	No	Yes	520	296	0	1.55	7.73	1.08	5.47	0.77	3.96	13.37	10.2	10.5	10.2	41	101

Jack's Café Chai Iced Large

Ingredients: Water, **Milk Full Cream (Milk)**, Chai Spice (Sugar, Dextrose, Maltodextrin, Natural Flavours, Instant Tea, Ground Spices, Salt), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Chai Iced Large	Permanent	No	Yes	520	344	0	1.51	7.52	2.41	12.4	1.66	8.58	13.29	9.69	10.42	9.69	40	98.4

Jack's Café Chai Iced Medium

Ingredients: Water, **Milk Full Cream (Milk)**, Chai Spice (Sugar, Dextrose, Maltodextrin, Natural Flavours, Instant Tea, Ground Spices, Salt), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Chai Iced Medium	Permanent	No	Yes	504	304	0	1.54	7.52	2.48	12.4	1.71	8.58	10.77	9.69	8.55	9.69	36	98.4

Jack's Café Chai Iced Medium Skim Milk

Ingredients: Water, **Milk Skim (Milk)**, Chai Spice (Sugar, Dextrose, Maltodextrin, Natural Flavours, Instant Tea, Ground Spices, Salt), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Chai Iced Medium Skim Milk	Permanent	No	Yes	504	255	0	1.58	7.73	1.1	5.46	0.8	3.97	10.86	10.2	8.63	10.2	37	101

Jack's Café Chai Iced Medium Lactose Free

Ingredients: Water, **Milk Lactose Free (Milk, Enzyme (Lactase))**, Chai Spice (Sugar, Dextrose, Maltodextrin, Natural Flavours, Instant Tea, Ground Spices, Salt), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Chai Iced Medium Lactose Free	Permanent	No	Yes	504	303	0	1.5	7.31	2.48	12.4	1.71	8.58	10.77	9.69	8.55	9.69	36	98.4

Jack's Café Coffee Mocha Large Oat Milk

Ingredients: **Milk Oat** (Filtered Water, Whole Oats (Min. 8%), Sunflower Oil, Raw Sugar, Oat Flour, Gum Arabic, Minerals (Calcium Phosphate, Calcium Carbonate), Acidity Regulator (Potassium Phosphate), Sea Salt, Natural Flavour, Emulsifier (471)), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100%

imported coffee beans), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Coffee Mocha Large Oat Milk	Permanent	No	Yes	388	479	627	1.81	5.04	2.28	7.96	0.55	1.51	20.7	34.6	12.74	6	71	208

Jack's Café Coffee Mocha Large Skim Milk

Ingredients: Milk Skim (Milk), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100% imported coffee beans), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Coffee Mocha Large Skim Milk	Permanent	No	Yes	388	428	429	4.16	14.2	0.48	0.97	0.31	0.6	19.6	30.3	14.86	14.3	53	138

Jack's Café Coffee Mocha Large Lactose Free

Ingredients: Milk Lactose Free (Milk, Enzyme (Lactase)), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100% imported coffee beans), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Coffee Mocha Large Lactose Free	Permanent	No	Yes	388	519	782	4.01	13.6	3.06	11	2.04	7.28	19.44	29.7	14.7	13.6	52	135

Jack's Café Coffee Mocha Large

Ingredients: Milk Full Cream (Milk), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100% imported coffee beans), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Coffee Mocha Large	Permanent	No	Yes	388	521	788	4.08	13.9	3.06	11	2.04	7.28	19.44	29.7	14.7	13.6	52	135

Jack's Café Coffee Mocha Medium Oat Milk

Ingredients: Milk Oat (Filtered Water, Whole Oats (Min. 8%), Sunflower Oil, Raw Sugar, Oat Flour, Gum Arabic, Minerals (Calcium Phosphate, Calcium Carbonate), Acidity Regulator (Potassium Phosphate), Sea Salt, Natural Flavour, Emulsifier (471)), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100% imported coffee beans), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Coffee Mocha Medium Oat Milk	Permanent	No	Yes	298	562	441	2.21	4.59	2.24	5.8	0.59	1.15	25.14	29.2	16.02	4.29	72	146

Jack's Café Coffee Mocha Medium Lactose Free

Ingredients: Milk Lactose Free (Milk, Enzyme (Lactase)), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100% imported coffee beans), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Coffee Mocha Medium Lactose Free	Permanent	No	Yes	298	599	550	4.22	10.6	2.96	7.94	1.96	5.21	23.99	25.7	17.82	9.64	55	94.6

Jack's Café Coffee Mocha Medium Skim Milk

Ingredients: Milk Skim (Milk), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100% imported coffee beans), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
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Jack's Café Coffee Mocha Medium Skim Milk	Permanent	No	Yes	298	600	555	4.29	10.8	2.96	7.94	1.96	5.21	23.99	25.7	17.82	9.64	55	94.6
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Jack's Café Coffee Mocha Medium

Ingredients: Milk Full Cream (Milk), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100% imported coffee beans), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Coffee Mocha Medium	Permanent	No	Yes	298	600	555	4.29	10.8	2.96	7.94	1.96	5.21	23.99	25.7	17.82	9.64	55	94.6

Jack's Café Coffee Mocha Small

Ingredients: Milk Full Cream (Milk), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100% imported coffee beans), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Coffee Mocha Small	Permanent	No	Yes	206	586	394	4.73	8.69	3.06	5.83	1.99	3.79	22.64	23	14.24	6.91	50	67.3

Jack's Café Coffee Mocha Small Skim

Ingredients: Milk Skim (Skim Milk), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100% imported coffee beans), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Coffee Mocha Small Skim	Permanent	No	Yes	206	499	215	4.81	8.84	0.62	0.82	0.37	0.44	22.79	23.3	14.39	7.22	51	68.8

Jack's Café Coffee Mocha Small Oat Milk

Ingredients: Milk Oat (Filtered Water, Whole Oats (Min. 8%), Sunflower Oil, Raw Sugar, Oat Flour, Gum Arabic, Minerals (Calcium Phosphate, Calcium Carbonate), Acidity Regulator (Potassium Phosphate), Sea Salt, Natural Flavour, Emulsifier (471)), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100% imported coffee beans), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Coffee Mocha Small Oat Milk	Permanent	No	Yes	206	547	314	2.59	4.28	2.32	4.31	0.59	0.9	23.82	25.4	12.39	3.11	68	104

Jack's Café Coffee Mocha Small Lactose Free

Ingredients: Milk Lactose Free (Milk, Enzyme (Lactase)), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100% imported coffee beans), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Coffee Mocha Small Lactose Free	Permanent	No	Yes	206	585	391	4.66	8.54	3.06	5.83	1.99	3.79	22.64	23	14.24	6.91	50	67.3

Jack's Café Flat White Large

Ingredients: Milk Full Cream (Milk), Water, Coffee Grinders (100% imported coffee beans)

Contains: Milk

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Flat White Large	Permanent	No	Yes	422	300	0	3.65	15.5	2.98	12.6	1.98	8.34	7.51	31.7	3.7	15.7	37	155

Jack's Café Flat White Large Skim

Ingredients: Milk Skim (Milk), Water, Coffee Grinders (100% imported coffee beans)

Contains: Milk

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Flat White Large Skim	Permanent	No	Yes	422	300	0	3.65	15.5	2.98	12.6	1.98	8.34	7.51	31.7	3.7	15.7	37	155

Jack's Café Flat White Large Skim	Permanent	No	Yes	422	202	0	3.74	15.8	0.24	1.01	0.15	0.64	7.67	32.4	3.87	16.4	37	158
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Jack's Café Flat White Large Oat Milk

Ingredients: Milk Oat (Filtered Water, Whole Oats (Min. 8%), Sunflower Oil, Raw Sugar, Oat Flour, Gum Arabic, Minerals (Calcium Phosphate, Calcium Carbonate), Acidity Regulator (Potassium Phosphate), Sea Salt, Natural Flavour, Emulsifier (471)), Water, Coffee Grinders (100% imported coffee beans)

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Flat White Large Oat Milk	Permanent	No	Yes	422	256	0	1.25	5.27	2.15	9.07	0.4	1.69	8.83	37.3	1.63	6.87	56	239

Jack's Café Flat White Large Lactose Free

Ingredients: Milk Lactose Free (Milk, Enzyme (Lactase)), Water, Coffee Grinders (100% imported coffee beans)

Contains: Milk

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Flat White Large Lactose Free	Permanent	No	Yes	422	299	0	3.57	15.1	2.98	12.6	1.98	8.34	7.51	31.7	3.7	15.7	37	155

Jack's Café Flat White Medium

Ingredients: Milk Full Cream (Milk), Water, Coffee Grinders (100% imported coffee beans)

Contains: Milk

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Flat White Medium	Permanent	No	Yes	317	326	0	3.9	12.4	3	9.5	1.98	6.27	8.74	27.8	3.68	11.7	36	115

Jack's Café Flat White Medium Skim

Ingredients: Milk Skim (Milk), Water, Coffee Grinders (100% imported coffee beans)

Contains: Milk

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Flat White Medium Skim	Permanent	No	Yes	317	229	0	3.98	12.7	0.29	0.92	0.17	0.55	8.91	28.3	3.84	12.2	37	118

Jack's Café Flat White Medium Oat Milk

Ingredients: Milk Oat (Filtered Water, Whole Oats (Min. 8%), Sunflower Oil, Raw Sugar, Oat Flour, Gum Arabic, Minerals (Calcium Phosphate, Calcium Carbonate), Acidity Regulator (Potassium Phosphate), Sea Salt, Natural Flavour, Emulsifier (471)), Water, Coffee Grinders (100% imported coffee beans)

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Flat White Medium Oat Milk	Permanent	No	Yes	317	283	0	1.52	4.82	2.18	6.9	0.42	1.33	10.06	31.9	1.63	5.16	56	178

Jack's Café Flat White Medium Lactose Free

Ingredients: Milk Lactose Free (Milk, Enzyme (Lactase)), Water, Coffee Grinders (100% imported coffee beans)

Contains: Milk

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Flat White Medium Lactose Free	Permanent	No	Yes	317	325	0	3.82	12.1	3	9.5	1.98	6.27	8.74	27.8	3.68	11.7	36	115

Jack's Café Flat White Small

Ingredients: Milk Full Cream (Milk), Coffee Grinders (100% imported coffee beans), Water

Contains: Milk

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Flat White Small	Permanent	No	Yes	220	376	0	4.38	9.64	3.08	6.78	2.01	4.43	11	24.2	3.7	8.14	36	79.6

Jack's Café Flat White Small Skim

Ingredients: Milk Skim (Milk), Coffee Grinders (100% imported coffee beans), Water

Contains: Milk

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Flat White Small Skim	Permanent	No	Yes	220	279	0	4.46	9.82	0.38	0.84	0.21	0.47	11.16	24.6	3.86	8.5	37	81.4

Jack's Café Flat White Small Oat Milk

Ingredients: Milk Oat (Filtered Water, Whole Oats (Min. 8%), Sunflower Oil, Raw Sugar, Oat Flour, Gum Arabic, Minerals (Calcium Phosphate, Calcium Carbonate), Acidity Regulator (Potassium Phosphate), Sea Salt, Natural Flavour, Emulsifier (471)), Coffee Grinders (100% imported coffee beans), Water

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Flat White Small Oat Milk	Permanent	No	Yes	220	333	0	2.01	4.42	2.26	4.98	0.46	1.01	12.31	27.1	1.65	3.64	56	123

Jack's Café Flat White Small Lactose Free

Ingredients: Milk Lactose Free (Milk, Enzyme (Lactase)), Coffee Grinders (100% imported coffee beans), Water

Contains: Milk

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Flat White Small Lactose Free	Permanent	No	Yes	220	374	0	4.3	9.47	3.08	6.78	2.01	4.43	11	24.2	3.7	8.14	36	79.6

Jack's Café Hot Chocolate Large

Ingredients: Milk Full Cream (Milk), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Hot Chocolate Large	Permanent	No	Yes	412	432	907	3.37	12	3.1	12	2.11	8.06	14.85	15.5	14.28	15.5	54	155

Jack's Café Hot Chocolate Large Skim

Ingredients: Milk Skim (Milk), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Hot Chocolate Large Skim	Permanent	No	Yes	412	332	494	3.46	12.3	0.3	0.36	0.24	0.36	15.02	16.1	14.45	16.1	55	158

Jack's Café Hot Chocolate Large Oat Milk

Ingredients: Milk Oat (Filtered Water, Whole Oats (Min. 8%), Sunflower Oil, Raw Sugar, Oat Flour, Gum Arabic, Minerals (Calcium Phosphate, Calcium Carbonate), Acidity Regulator (Potassium Phosphate), Sea Salt, Natural Flavour, Emulsifier (471)), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Hot Chocolate Large Oat Milk	Permanent	No	Yes	412	387	722	0.91	1.76	2.25	8.4	0.49	1.41	16.21	21.1	12.16	6.66	75	238

Jack's Café Hot Chocolate Large Lactose Free

Ingredients: Milk Lactose Free (Milk, Enzyme (Lactase)), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Hot Chocolate Large Lactose Free	Permanent	No	Yes	412	430	900	3.29	11.6	3.1	12	2.11	8.06	14.85	15.5	14.28	15.5	54	155

Jack's Café Hot Chocolate Medium

Ingredients: Milk Full Cream (Milk), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Hot Chocolate Medium	Permanent	No	Yes	319	482	666	3.36	8.74	3.02	8.74	2.05	5.92	17.9	11.4	17.17	11.4	57	114

Jack's Café Hot Chocolate Medium Skim

Ingredients: Milk Skim (Milk), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Hot Chocolate Medium Skim	Permanent	No	Yes	319	387	363	3.44	9	0.36	0.26	0.28	0.26	18.06	11.9	17.33	11.9	58	116

Jack's Café Hot Chocolate Medium Oat Milk

Ingredients: Milk Oat (Filtered Water, Whole Oats (Min. 8%), Sunflower Oil, Raw Sugar, Oat Flour, Gum Arabic, Minerals (Calcium Phosphate, Calcium Carbonate), Acidity Regulator (Potassium Phosphate), Sea Salt, Natural Flavour, Emulsifier (471)), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Hot Chocolate Medium Oat Milk	Permanent	No	Yes	319	440	530	1.03	1.29	2.21	6.17	0.52	1.03	19.19	15.5	15.15	4.89	77	175

Jack's Café Hot Chocolate Medium Lactose Free

Ingredients: Milk Lactose Free (Milk, Enzyme (Lactase)), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Hot Chocolate Medium Lactose Free	Permanent	No	Yes	319	481	661	3.28	8.49	3.02	8.74	2.05	5.92	17.9	11.4	17.17	11.4	57	114

Jack's Café Hot Chocolate Small

Ingredients: Milk Full Cream (Milk), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Hot Chocolate Small	Permanent	No	Yes	214	432	472	3.39	6.19	3.11	6.19	2.11	4.19	14.8	8.01	14.22	8.01	54	80.1

Jack's Café Hot Chocolate Small Skim

Ingredients: Milk Skim (Milk), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Hot Chocolate Small Skim	Permanent	No	Yes	214	332	257	3.47	6.38	0.3	0.19	0.24	0.19	14.97	8.38	14.39	8.38	55	82

Jack's Café Hot Chocolate Small Oat Milk

Ingredients: Milk Oat (Filtered Water, Whole Oats (Min. 8%), Sunflower Oil, Raw Sugar, Oat Flour, Gum Arabic, Minerals (Calcium Phosphate, Calcium Carbonate), Acidity Regulator (Potassium Phosphate), Sea Salt, Natural Flavour, Emulsifier (471)), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
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Jack's Café Hot Chocolate Small Oat Milk	Permanent	No	Yes	214	387	375	0.92	0.92	2.26	4.37	0.49	0.73	16.17	11	12.09	3.46	75	124
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Jack's Café Hot Chocolate Small Lactose Free

Ingredients: Milk Lactose Free (Milk, Enzyme (Lactase)), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Hot Chocolate Small Lactose Free	Permanent	No	Yes	214	430	468	3.3	6.01	3.11	6.19	2.11	4.19	14.8	8.01	14.22	8.01	54	80.1

Jack's Café Iced Chocolate Large

Ingredients: Milk Full Cream (Milk), Water, Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Milk

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Iced Chocolate Large	Permanent	No	Yes	608	294	0	1.89	9.56	2.52	14.5	1.74	9.97	9.66	12.4	9.29	12.4	32	125

Jack's Café Iced Chocolate Large Skim

Ingredients: Milk Skim (Milk), Water, Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Milk

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Iced Chocolate Large Skim	Permanent	No	Yes	608	242	0	1.94	9.83	1.05	5.52	0.76	4.03	9.75	12.9	9.38	12.9	33	128

Jack's Café Iced Chocolate Large Oat Milk

Ingredients: Milk Oat (Filtered Water, Whole Oats (Min. 8%), Sunflower Oil, Raw Sugar, Oat Flour, Gum Arabic, Minerals (Calcium Phosphate, Calcium Carbonate), Acidity Regulator (Potassium Phosphate), Sea Salt, Natural Flavour, Emulsifier (471)), Water, Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Milk

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Iced Chocolate Large Oat Milk	Permanent	No	Yes	608	271	0	0.6	1.73	2.07	11.8	0.9	4.83	10.38	16.7	8.18	5.58	43	190

Jack's Café Iced Chocolate Large Lactose Free

Ingredients: Milk Lactose Free (Milk, Enzyme (Lactase)), Water, Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Milk

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Iced Chocolate Large Lactose Free	Permanent	No	Yes	608	293	0	1.85	9.29	2.52	14.5	1.74	9.96	9.66	12.4	9.29	12.4	32	125

Jack's Café Iced Chocolate Medium

Ingredients: Water, Milk Full Cream (Milk), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Milk

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Iced Chocolate Medium	Permanent	No	Yes	488	320	0	1.74	6.53	2.52	11.5	1.75	7.92	11.24	8.42	10.77	8.42	32	85.7

Jack's Café Iced Chocolate Medium Skim

Ingredients: Water, Milk Skim (Milk), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Milk

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Iced Chocolate Medium Skim	Permanent	No	Yes	488	276	0	1.78	6.71	1.29	5.44	0.93	3.94	11.31	8.78	10.85	8.78	32	87.5

Jack's Café Iced Chocolate Medium Oat Milk

Ingredients: Water, **Milk Oat** (Filtered Water, Whole **Oats** (Min. 8%), Sunflower Oil, Raw Sugar, **Oat Flour**, Gum Arabic, Minerals (Calcium Phosphate, Calcium Carbonate), Acidity Regulator (Potassium Phosphate), Sea Salt, Natural Flavour, Emulsifier (471)), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Milk

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Iced Chocolate Medium Oat Milk	Permanent	No	Yes	488	300	0	0.66	1.28	2.15	9.6	1.05	4.48	11.83	11.4	9.85	3.89	41	130

Jack's Café Iced Chocolate Medium Lactose Free

Ingredients: Water, **Milk Lactose Free** (Milk, Enzyme (Lactase)), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Milk

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Iced Chocolate Medium Lactose Free	Permanent	No	Yes	488	319	0	1.7	6.35	2.52	11.5	1.75	7.92	11.24	8.42	10.77	8.42	32	85.7

Jack's Café Iced Chocolate Small

Ingredients: Water, **Milk Full Cream** (Milk), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Milk

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Iced Chocolate Small	Permanent	No	Yes	373	274	0	1.61	5	2.77	9.88	1.93	6.88	8.25	6.44	7.93	6.44	28	65.9

Jack's Café Iced Chocolate Small Skim

Ingredients: Water, **Milk Skim** (Milk), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Milk

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Iced Chocolate Small Skim	Permanent	No	Yes	373	231	0	1.65	5.14	1.57	5.39	1.13	3.89	8.32	6.71	8	6.71	28	67.2

Jack's Café Iced Chocolate Small Oat Milk

Ingredients: Water, **Milk Oat** (Filtered Water, Whole **Oats** (Min. 8%), Sunflower Oil, Raw Sugar, **Oat Flour**, Gum Arabic, Minerals (Calcium Phosphate, Calcium Carbonate), Acidity Regulator (Potassium Phosphate), Sea Salt, Natural Flavour, Emulsifier (471)), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Milk

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Iced Chocolate Small Oat Milk	Permanent	No	Yes	373	255	0	0.56	1.06	2.41	8.52	1.24	4.3	8.83	8.61	7.02	3.04	36	98.5

Jack's Café Iced Chocolate Small Lactose Free

Ingredients: Water, **Milk Lactose Free** (Milk, Enzyme (Lactase)), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Milk

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Iced Chocolate Small Lactose Free	Permanent	No	Yes	373	273	0	1.58	4.87	2.77	9.88	1.93	6.88	8.25	6.44	7.93	6.44	28	65.9

Jack's Café Iced Coffee Caramel Large

Ingredients: **Milk Full Cream** (Milk), Water, Sauce Caramel Sundae (Sugar, Water, Glucose Syrup, **Milk** solids, Thickeners (1442, 401), Vegetable fat [Vegetable fat, Emulsifier (322)], Salt, Emulsifier (471), Acidity regulators (500, 339), Preservative (202)), Coffee Syrup Caramel (Australian Raw Sugar, Water, Natural Flavours, Burnt Sugar, Food Acid (Citric Acid), Preservative (Potassium Sorbate)), Coffee Grinders (100% imported coffee beans), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Natural Sulphites, Milk

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Iced Coffee Caramel Large	Permanent	No	Yes	680	369	0	2.22	15.1	2.89	19.7	2.15	14.7	13.16	89.5	9.97	67.8	30	207

Jack's Café Iced Coffee Caramel Large Skim

Ingredients: Milk Skim (Milk), Water, Sauce Caramel Sundae (Sugar, Water, Glucose Syrup, Milk solids, Thickeners (1442, 401), Vegetable fat [Vegetable fat, Emulsifier (322)], Salt, Emulsifier (471), Acidity regulators (500, 339), Preservative (202)), Coffee Syrup Caramel (Australian Raw Sugar, Water, Natural Flavours, Burnt Sugar, Food Acid (Citric Acid), Preservative (Potassium Sorbate)), Coffee Grinders (100% imported coffee beans), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Natural Sulphites, Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Iced Coffee Caramel Large Skim	Permanent	No	Yes	680	321	0	2.26	15.4	1.54	10.5	1.24	8.46	13.24	90.1	10.05	68.4	31	209

Jack's Café Iced Coffee Caramel Large Oat Milk

Ingredients: Milk Oat (Filtered Water, Whole Oats (Min. 8%), Sunflower Oil, Raw Sugar, Oat Flour, Gum Arabic, Minerals (Calcium Phosphate, Calcium Carbonate), Acidity Regulator (Potassium Phosphate), Sea Salt, Natural Flavour, Emulsifier (471)), Water, Sauce Caramel Sundae (Sugar, Water, Glucose Syrup, Milk solids, Thickeners (1442, 401), Vegetable fat [Vegetable fat, Emulsifier (322)], Salt, Emulsifier (471), Acidity regulators (500, 339), Preservative (202)), Coffee Syrup Caramel (Australian Raw Sugar, Water, Natural Flavours, Burnt Sugar, Food Acid (Citric Acid), Preservative (Potassium Sorbate)), Coffee Grinders (100% imported coffee beans), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Natural Sulphites, Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Iced Coffee Caramel Large Oat Milk	Permanent	No	Yes	680	347	0	1.03	6.98	2.48	16.9	1.37	9.3	13.82	94	8.94	60.8	40	274

Jack's Café Iced Coffee Caramel Large Lactose Free

Ingredients: Milk Lactose Free (MILK, ENZYME (LACTASE)), Water, Sauce Caramel Sundae (Sugar, Water, Glucose Syrup, Milk solids, Thickeners (1442, 401), Vegetable fat [Vegetable fat, Emulsifier (322)], Salt, Emulsifier (471), Acidity regulators (500, 339), Preservative (202)), Coffee Syrup Caramel (Australian Raw Sugar, Water, Natural Flavours, Burnt Sugar, Food Acid (Citric Acid), Preservative (Potassium Sorbate)), Coffee Grinders (100% imported coffee beans), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Natural Sulphites, Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Iced Coffee Caramel Large Lactose Free	Permanent	No	Yes	680	368	0	2.18	14.9	2.89	19.7	2.15	14.7	13.16	89.5	9.97	67.8	30	207

Jack's Café Iced Coffee Caramel Medium

Ingredients: Milk Skim (Milk), Water, Sauce Caramel Sundae (Sugar, Water, Glucose Syrup, Milk solids, Thickeners (1442, 401), Vegetable fat [Vegetable fat, Emulsifier (322)], Salt, Emulsifier (471), Acidity regulators (500, 339), Preservative (202)), Coffee Syrup Caramel (Australian Raw Sugar, Water, Natural Flavours, Burnt Sugar, Food Acid (Citric Acid), Preservative (Potassium Sorbate)), Coffee Grinders (100% imported coffee beans), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Natural Sulphites, Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Iced Coffee Caramel Medium	Permanent	No	Yes	568	385	0	2.16	12.3	2.97	16.9	2.24	12.8	14.02	79.7	10.22	58.1	30	170

Jack's Café Iced Coffee Caramel Medium Skim

Ingredients: Milk Skim (Milk), Water, Sauce Caramel Sundae (Sugar, Water, Glucose Syrup, Milk solids, Thickeners (1442, 401), Vegetable fat [Vegetable fat, Emulsifier (322)], Salt, Emulsifier (471), Acidity regulators (500, 339), Preservative (202)), Coffee Syrup Caramel (Australian Raw Sugar, Water, Natural Flavours, Burnt Sugar, Food Acid (Citric Acid), Preservative (Potassium Sorbate)), Coffee Grinders (100% imported coffee beans), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Natural Sulphites, Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Iced Coffee Caramel Medium Skim	Permanent	No	Yes	568	345	0	2.2	12.5	1.82	10.4	1.47	8.38	14.09	80.1	10.29	58.5	30	172

Jack's Café Iced Coffee Caramel Small

Ingredients: Milk Skim (Milk), Water, Sauce Caramel Sundae (Sugar, Water, Glucose Syrup, Milk solids, Thickeners (1442, 401), Vegetable fat [Vegetable fat, Emulsifier (322)], Salt, Emulsifier (471), Acidity regulators (500, 339), Preservative (202)), Coffee Syrup Caramel (Australian Raw Sugar, Water, Natural Flavours, Burnt Sugar, Food Acid (Citric Acid), Preservative (Potassium Sorbate)), Coffee Grinders (100% imported coffee beans), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Natural Sulphites, Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Iced Coffee Caramel Small	Permanent	No	Yes	444	431	0	2.26	10.1	3.29	14.7	2.52	11.2	15.88	70.6	11.04	49.1	31	140

Jack's Café Iced Coffee Small

Ingredients: Water, Milk Full Cream (Milk), Coffee Grinders (100% imported coffee beans), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Iced Coffee Small	Permanent	No	Yes	358	256	0	2.34	8.35	2.9	10.4	1.97	7.05	6.4	22.5	1.9	6.44	18	64

Jack's Café Iced Coffee Medium

Ingredients: Water, Milk Full Cream (Milk), Coffee Grinders (100% imported coffee beans), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Iced Coffee Medium	Permanent	No	Yes	473	230	0	2.25	10.6	2.67	12.7	1.81	8.57	5.46	25.4	2.05	9.34	20	93.1

Jack's Café Iced Coffee Large

Ingredients: Water, Milk Full Cream (Milk), Coffee Grinders (100% imported coffee beans), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Iced Coffee Large	Permanent	No	Yes	593	220	0	2.27	13.5	2.61	15.5	1.77	10.5	4.97	29.1	2.25	13	22	130

Jack's Café Iced Long Black Large

Ingredients: Water, Coffee Grinders (100% imported coffee beans)

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Iced Long Black Large	Permanent	No	Yes	297	121	0	1.19	3.52	0.22	0.66	0.1	0.29	5.48	16.3	0.07	0.22	0	0.4

Jack's Café Iced Long Black Medium

Ingredients: Water, Coffee Grinders (100% imported coffee beans)

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Iced Long Black Medium	Permanent	No	Yes	260	139	0	1.35	3.52	0.25	0.66	0.11	0.29	6.26	16.3	0.08	0.22	0	0.4

Jack's Café Iced Long Black Small

Ingredients: Water, Coffee Grinders (100% imported coffee beans)

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Iced Long Black Small	Permanent	No	Yes	218	166	0	1.61	3.52	0.3	0.66	0.13	0.29	7.47	16.3	0.1	0.22	0	0.4

Jack's Café Iced Coffee Mocha Large

Ingredients: Water, Milk Full Cream (Milk), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100% imported coffee beans)

Contains: Milk

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Iced Coffee Mocha Large	Permanent	No	Yes	580	313	0	2.23	11	1.56	8.14	1.03	5.35	12.48	26	9.32	9.9	29	97.2

Jack's Café Iced Coffee Mocha Medium

Ingredients: Water, Milk Full Cream (Milk), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100% imported coffee beans)

Contains: Milk

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Iced Coffee Mocha Medium	Permanent	No	Yes	460	347	0	2.2	8.18	1.35	5.32	0.88	3.44	14.94	22.4	10.96	6.25	29	60.7

Jack's Café Iced Coffee Mocha Small

Ingredients: Water, Milk Full Cream (Milk), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100% imported coffee beans)

Contains: Milk

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Iced Coffee Mocha Small	Permanent	No	Yes	345	314	0	2.31	6.96	1.32	4.1	0.85	2.61	13.06	20.8	8.06	4.67	24	44.8

Jack's Café Latte Large

Ingredients: Milk Full Cream (Milk), Water, Coffee Grinders (100% imported coffee beans)

Contains: Milk

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Latte Large	Permanent	No	Yes	422	300	0	3.65	15.5	2.98	12.6	1.98	8.34	7.51	31.7	3.7	15.7	37	155

Jack's Café Latte Large Skim

Ingredients: Milk Skim (Skim Milk), Water, Coffee Grinders (100% imported coffee beans)

Contains: Milk

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Latte Large Skim	Permanent	No	Yes	422	202	0	3.74	15.8	0.24	1.01	0.15	0.64	7.67	32.4	3.87	16.4	37	158

Jack's Café Latte Medium Skim

Ingredients: Milk Skim (Skim Milk), Water, Coffee Grinders (100% imported coffee beans)

Contains: Milk

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Latte Medium Skim	Permanent	No	Yes	317	229	0	3.98	12.7	0.29	0.92	0.17	0.55	8.91	28.3	3.84	12.2	37	118

Jack's Café Latte Medium

Ingredients: Milk Full Cream (Milk), Water, Coffee Grinders (100% imported coffee beans)

Contains: Milk

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Latte Medium	Permanent	No	Yes	317	326	0	3.9	12.4	3	9.5	1.98	6.27	8.74	27.8	3.68	11.7	36	115

Jack's Café Latte Small

Ingredients: Milk Full Cream (Milk), Coffee Grinders (100% imported coffee beans), Water

Contains: Milk

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Latte Small	Permanent	No	Yes	220	376	0	4.38	9.64	3.08	6.78	2.01	4.43	11	24.2	3.7	8.14	36	79.6

Jack's Café Latte Small Skim

Ingredients: Milk Skim (Milk), Coffee Grinders (100% imported coffee beans), Water

Contains: Milk

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Latte Small Skim	Permanent	No	Yes	220	279	0	4.46	9.82	0.38	0.84	0.21	0.47	11.16	24.6	3.86	8.5	37	81.4

Jack's Café Macchiato Skim

Ingredients: Coffee Grinders (100% imported coffee beans), Milk Skim (Milk)

Contains: Milk

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Macchiato Skim	Permanent	No	Yes	24	1,487	365	14.72	3.61	2.7	0.67	1.18	0.29	66.92	16.4	1.37	0.34	6	1.5

Jack's Café Macchiato

Ingredients: Coffee Grinders (100% imported coffee beans), Milk Full Cream (Milk)

Contains: Milk

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Macchiato	Permanent	No	Yes	24	1,499	368	14.71	3.61	3.04	0.75	1.4	0.35	66.9	16.4	1.35	0.33	6	1.5

Jack's Café Piccolo

Ingredients: Milk Full Cream (Milk), Coffee Grinders (100% imported coffee beans), Water

Contains: Milk

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Piccolo	Permanent	No	Yes	99	392	0	4.53	4.49	3.08	3.05	2	1.99	11.78	11.7	3.67	3.64	36	35.4

Jack's Café Piccolo Skim

Ingredients: Milk Skim (Milk), Coffee Grinders (100% imported coffee beans), Water

Contains: Milk

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Piccolo Skim	Permanent	No	Yes	99	296	0	4.61	4.56	0.41	0.41	0.23	0.23	11.94	11.9	3.83	3.79	37	36.2

Tea White Large

Ingredients: Water, Black Tea (Black Tea), Milk UHT Portion (Milk)

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Tea White Large	Permanent	No	Yes	478	15	0	0.19	0.89	0.2	0.94	0.13	0.6	0.26	1.25	0.26	1.25	3	12.8

Tea White Medium

Ingredients: Water, Black Tea (Black Tea), Milk UHT Portion (Milk)

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Tea White Medium	Permanent	No	Yes	403	18	0	0.22	0.89	0.23	0.94	0.15	0.6	0.31	1.25	0.31	1.25	3	12.8

Tea White Small

Ingredients: Water, Black Tea (Black Tea), Milk UHT Portion (Milk)

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Tea White Small	Permanent	No	Yes	278	26	0	0.32	0.89	0.34	0.94	0.22	0.6	0.45	1.25	0.45	1.25	5	12.8

Jack's Café Piccolo Almond

Ingredients: Milk Almond (Filtered water, Ground Almonds (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum.), Coffee Grinders (100% imported coffee beans), Water

Contains: Almond

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Piccolo Almond	Permanent	No	Yes	99	314	0	2.34	2.32	2.68	2.65	0.39	0.39	9.92	9.82	1.48	1.47	53	52.2

Jack's Café Piccolo Soy Milk

Ingredients: Milk Soy (Filtered Water, Whole Soybeans (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331)), Coffee Grinders (100% imported coffee beans), Water

Contains: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Piccolo Soy Milk	Permanent	No	Yes	99	324	0	4.2	4.16	1.79	1.77	0.39	0.39	10.73	10.7	1.81	1.79	57	56.2

Jack's Café Macchiato Almond

Ingredients: Coffee Grinders (100% imported coffee beans), Milk Almond (Filtered water, Ground Almonds (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum.)

Contains: Almond

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
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Jack's Café Macchiato Almond	Permanent	No	Yes	24	1,489	365	14.44	3.54	2.99	0.74	1.2	0.3	66.66	16.4	1.07	0.27	8	2
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Jack's Café Macchiato Soy Milk

Ingredients: Coffee Grinders (100% imported coffee beans), **Milk Soy** (Filtered Water, Whole **Soybeans** (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331))

Contains: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Macchiato Soy Milk	Permanent	No	Yes	24	1,491	366	14.67	3.6	2.88	0.71	1.2	0.3	66.77	16.4	1.11	0.28	9	2.2

Jack's Café Latte Small Soy Milk

Ingredients: **Milk Soy** (Filtered Water, Whole **Soybeans** (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331)), Coffee Grinders (100% imported coffee beans), Water

Contains: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Latte Small Soy Milk	Permanent	No	Yes	220	307	0	4.05	8.92	1.77	3.9	0.38	0.83	9.94	21.9	1.82	4	57	127

Jack's Café Iced Coffee Mocha Large Soy Milk

Ingredients: Water, **Milk Soy** (Filtered Water, Whole **Soybeans** (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331)), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100% imported coffee beans)

Contains: Soy

May be present: Milk

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Iced Coffee Mocha Large Soy Milk	Permanent	No	Yes	580	281	0	2.08	10.2	0.95	4.63	0.27	0.95	11.99	23.1	8.45	4.85	39	155

Jack's Café Iced Coffee Mocha Large Almond

Ingredients: Water, **Milk Almond** (Filtered Water, Ground **Almonds** (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100% imported coffee beans)

Contains: Almond

May be present: Milk

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Iced Coffee Mocha Large Almond	Permanent	No	Yes	580	276	0	1.21	5.06	1.37	7.04	0.27	0.95	11.61	20.9	8.3	3.96	37	144

Jack's Café Cappuccino Large Soy Milk

Ingredients: **Milk Soy** (Filtered Water, Whole **Soybeans** (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331)), Water, Coffee Grinders (100% imported coffee beans), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk, Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Cappuccino Large Soy Milk	Permanent	No	Yes	408	241	0	3.45	14.1	1.71	6.96	0.33	1.34	6.75	27.2	1.94	7.57	60	246

Jack's Café Cappuccino Large Almond

Ingredients: **Milk Almond** (Filtered Water, Ground **Almonds** (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum.), Water, Coffee Grinders (100% imported coffee beans), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk, Almond

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Cappuccino Large Almond	Permanent	No	Yes	408	231	0	1.47	5.97	2.66	10.9	0.33	1.34	5.89	23.7	1.6	6.17	56	228

Jack's Café Cappuccino Medium Soy Milk

Ingredients: **Milk Soy** (Filtered Water, Whole **Soybeans** (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331)), Water, Coffee Grinders (100% imported coffee beans), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk, Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Cappuccino Medium Soy Milk	Permanent	No	Yes	318	260	0	3.58	11.4	1.69	5.34	0.34	1.07	7.79	24.4	1.9	5.69	58	183

Jack's Café Cappuccino Medium Almond

Ingredients: Milk Almond (Filtered Water, Ground Almonds (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Water, Coffee Grinders (100% imported coffee beans), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk, Almond

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Cappuccino Medium Almond	Permanent	No	Yes	318	250	0	1.69	5.34	2.59	8.2	0.34	1.07	6.97	21.8	1.57	4.64	54	170

Jack's Café Cappuccino Small Soy Milk

Ingredients: Milk Soy (Filtered Water, Whole Soybeans (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331)), Coffee Grinders (100% imported coffee beans), Water, Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk, Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Cappuccino Small Soy Milk	Permanent	No	Yes	220	310	0	4.06	8.92	1.77	3.9	0.38	0.83	10.09	21.9	1.97	4.01	58	127

Jack's Café Cappuccino Small Almond

Ingredients: Milk Almond (Filtered Water, Ground Almonds (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Coffee Grinders (100% imported coffee beans), Water, Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk, Almond

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Cappuccino Small Almond	Permanent	No	Yes	220	300	0	2.18	4.78	2.67	5.88	0.38	0.83	9.27	20.1	1.65	3.28	53	118

Jack's Café Iced Coffee Large Soy Milk

Ingredients: Milk Soy (Filtered Water, Whole Soybeans (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331)), Water, Coffee Grinders (100% imported coffee beans), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk, Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Iced Coffee Large Soy Milk	Permanent	No	Yes	593	180	0	2.08	12.3	1.85	11	0.82	4.88	4.35	25.5	1.16	6.56	34	203

Jack's Café Iced Coffee Large Almond

Ingredients: Milk Almond (Filtered Water, Ground Almonds (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Water, Coffee Grinders (100% imported coffee beans), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk, Almond

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Iced Coffee Large Almond	Permanent	No	Yes	593	175	0	0.99	5.86	2.37	14.1	0.82	4.88	3.88	22.7	0.98	5.44	32	189

Jack's Café Iced Coffee Small Soy Milk

Ingredients: Water, Milk Soy (Filtered Water, Whole Soybeans (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331)), Coffee Grinders (100% imported coffee beans), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk, Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Iced Coffee Small Soy Milk	Permanent	No	Yes	358	226	0	2.2	7.83	2.32	8.27	1.24	4.43	5.93	20.8	1.05	3.43	28	98.1

Jack's Café Iced Coffee Small Almond

Ingredients: Water, Milk Almond (Filtered Water, Ground Almonds (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Coffee Grinders (100% imported coffee beans), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk, Almond

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Iced Coffee Small Almond	Permanent	No	Yes	358	221	0	1.36	4.82	2.72	9.71	1.24	4.43	5.56	19.5	0.91	2.9	26	91.6

Jack's Café Latte Medium Soy Milk

Ingredients: Milk Soy (Filtered Water, Whole Soybeans (min.14%), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331)), Water, Coffee Grinders (100% imported coffee beans)

Contains: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Latte Medium Soy Milk	Permanent	No	Yes	317	257	0	3.57	11.4	1.68	5.34	0.34	1.07	7.68	24.4	1.79	5.68	58	183

Jack's Café Latte Medium Almond

Ingredients: Milk Almond (Filtered Water, Ground Almonds (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Water, Coffee Grinders (100% imported coffee beans)

Contains: Almond

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Latte Medium Almond	Permanent	No	Yes	317	248	0	1.68	5.34	2.59	8.21	0.34	1.07	6.86	21.8	1.46	4.64	53	170

Jack's Café Latte Large Soy Milk

Ingredients: Milk Soy (Filtered Water, Whole Soybeans (min.14%), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331)), Water, Coffee Grinders (100% imported coffee beans)

Contains: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Latte Large Soy Milk	Permanent	No	Yes	422	231	0	3.32	14.1	1.65	6.97	0.32	1.34	6.43	27.2	1.79	7.58	58	246

Jack's Café Latte Large Almond

Ingredients: Milk Almond (Filtered Water, Ground Almonds (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Water, Coffee Grinders (100% imported coffee beans)

Contains: Almond

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Latte Large Almond	Permanent	No	Yes	422	221	0	1.41	5.97	2.56	10.9	0.32	1.34	5.6	23.7	1.46	6.17	54	228

Jack's Café Iced Coffee Mocha Small Soy Milk

Ingredients: Water, Milk Soy (Filtered Water, Whole Soybeans (min.14%), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331)), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100% imported coffee beans)

Contains: Soy

May be present: Milk

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Iced Coffee Mocha Small Soy Milk	Permanent	No	Yes	345	290	0	2.2	6.56	0.85	2.48	0.27	0.59	12.68	19.5	7.38	2.35	31	71.1

Jack's Café Iced Coffee Mocha Small Almond

Ingredients: Water, Milk Almond (Filtered Water, Ground Almonds (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100% imported coffee beans)

Contains: Almond

May be present: Milk

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Iced Coffee Mocha Small Almond	Permanent	No	Yes	345	286	0	1.52	4.23	1.17	3.59	0.27	0.59	12.38	18.5	7.27	1.94	30	66.1

Jack's Café Iced Coffee Caramel Small Soy Milk

Ingredients: Water, Milk Soy (Filtered Water, Whole Soybeans (min.14%), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331)), Sauce Caramel Sundae (Sugar, Water, Glucose Syrup, Milk Solids, Thickeners (1442, 401), Vegetable Fat [Vegetable Fat, Emulsifier (322)], Salt, Emulsifier (471), Acidity Regulators (500, 339), Preservative (202)), Coffee Grinders (100% imported coffee beans), Coffee Syrup Caramel (Australian Raw Sugar, Water, Natural Flavours, Burnt Sugar, Food Acid (Citric Acid), Preservative (Potassium Sorbate)), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Natural Sulphites, Milk, Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Iced Coffee Caramel Small Soy Milk	Permanent	No	Yes	345	286	0	1.52	4.23	1.17	3.59	0.27	0.59	12.38	18.5	7.27	1.94	30	66.1

Jack's Café Iced Coffee Caramel Small Soy Milk	Permanent	No	Yes		444	406	0		2.14	9.51		2.82	12.6		1.93	8.58		15.5	68.9		10.36	46		39	174
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Jack's Café Iced Coffee Caramel Small Almond

Ingredients: Water, **Milk Almond** (Filtered Water, Ground **Almonds** (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Sauce Caramel Sundae (Sugar, Water, Glucose Syrup, **Milk Solids**, Thickeners (1442, 401), Vegetable Fat [Vegetable Fat, Emulsifier (322)], Salt, Emulsifier (471), Acidity Regulators (500, 339), Preservative (202)), Coffee Grinders (100% imported coffee beans), Coffee Syrup Caramel (Australian Raw Sugar, Water, Natural Flavours, Burnt Sugar, Food Acid (Citric Acid), Preservative (Potassium Sorbate)), Cream Whipped (Cream (97%) (Contains **Milk**), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Natural Sulphites, Milk, Almond

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Iced Coffee Caramel Small Almond	Permanent	No	Yes	444	402	0	1.46	6.5	3.15	14	1.93	8.58	15.2	67.5	10.24	45.5	38	168

Jack's Café Coffee Mocha Small Soy Milk

Ingredients: **Milk Soy** (Filtered Water, Whole **Soybeans** (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331)), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100% imported coffee beans), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk, Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Coffee Mocha Small Soy Milk	Permanent	No	Yes	206	524	267	4.44	8.08	1.88	3.4	0.52	0.75	21.68	21	12.54	3.42	69	107

Jack's Café Coffee Mocha Small Almond

Ingredients: **Milk Almond** (Filtered Water, Ground **Almonds** (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100% imported coffee beans), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk, Almond

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Coffee Mocha Small Almond	Permanent	No	Yes	206	515	0	2.74	4.59	2.69	5.07	0.52	0.75	20.94	19.5	12.25	2.81	65	99.2

Jack's Café Hot Chocolate Small Soy Milk

Ingredients: **Milk Soy** (Filtered Water, Whole **Soybeans** (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331)), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk, Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Hot Chocolate Small Soy Milk	Permanent	No	Yes	214	361	319	3.05	5.46	1.75	3.28	0.41	0.55	13.7	5.65	12.26	3.83	76	128

Jack's Café Hot Chocolate Small Almond

Ingredients: **Milk Almond** (Filtered Water, Ground **Almonds** (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk, Almond

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Hot Chocolate Small Almond	Permanent	No	Yes	214	350	0	1.09	1.28	2.69	5.28	0.41	0.55	12.85	3.83	11.92	3.1	72	119

Jack's Café Flat White Small Soy Milk

Ingredients: **Milk Soy** (Filtered Water, Whole **Soybeans** (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331)), Coffee Grinders (100% imported coffee beans), Water

Contains: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Flat White Small Soy Milk	Permanent	No	Yes	220	307	0	4.05	8.92	1.77	3.9	0.38	0.83	9.94	21.9	1.82	4	57	127

Jack's Café Flat White Small Almond

Ingredients: **Milk Almond** (Filtered Water, Ground **Almonds** (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Coffee Grinders (100% imported coffee beans), Water

Contains: Almond

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Flat White Small Almond	Permanent	No	Yes	220	297	0	2.17	4.78	2.67	5.88	0.38	0.83	9.12	20.1	1.49	3.28	53	118

Jack's Café Iced Chocolate Small Soy Milk

Ingredients: Water, **Milk Soy** (Filtered Water, Whole **Soybeans** (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331)), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Cream Whipped (Cream (97%) (Contains **Milk**), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Milk, Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Iced Chocolate Small Soy Milk	Permanent	No	Yes	373	244	0	1.47	4.46	2.19	7.7	1.2	4.16	7.77	4.67	7.09	3.31	37	102

Jack's Café Iced Chocolate Small Almond

Ingredients: Water, **Milk Almond** (Filtered Water, Ground **Almonds** (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Cream Whipped (Cream (97%) (Contains **Milk**), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Milk, Almond

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Iced Chocolate Small Almond	Permanent	No	Yes	373	239	0	0.63	1.33	2.59	9.2	1.2	4.16	7.41	3.31	6.94	2.77	35	94.4

Jack's Café Iced Chocolate Medium Soy Milk

Ingredients: Water, **Milk Soy** (Filtered Water, Whole **Soybeans** (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331)), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Cream Whipped (Cream (97%) (Contains **Milk**), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Milk, Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Iced Chocolate Medium Soy Milk	Permanent	No	Yes	488	288	0	1.59	5.81	1.92	8.51	1.01	4.3	10.76	6.07	9.92	4.26	42	133

Jack's Café Iced Chocolate Medium Almond

Ingredients: Water, **Milk Almond** (Filtered Water, Ground **Almonds** (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Cream Whipped (Cream (97%) (Contains **Milk**), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Milk, Almond

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Iced Chocolate Medium Almond	Permanent	No	Yes	488	284	0	0.74	1.65	2.33	10.5	1.01	4.3	10.39	4.26	9.77	3.53	40	124

Jack's Café Hot Chocolate Medium Soy Milk

Ingredients: **Milk Soy** (Filtered Water, Whole **Soybeans** (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331)), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk, Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Hot Chocolate Medium Soy Milk	Permanent	No	Yes	319	415	450	3.04	7.71	1.73	4.63	0.44	0.78	16.85	7.97	15.31	5.4	78	180

Jack's Café Hot Chocolate Medium Almond

Ingredients: **Milk Almond** (Filtered Water, Ground **Almonds** (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk, Almond

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Hot Chocolate Medium Almond	Permanent	No	Yes	319	405	0	1.19	1.8	2.61	7.46	0.44	0.78	16.04	5.4	14.99	4.37	74	168

Jack's Café Flat White Medium Soy Milk

Ingredients: **Milk Soy** (Filtered Water, Whole **Soybeans** (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331)), Water, Coffee Grinders (100% imported coffee beans)

Contains: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Flat White Medium Soy Milk	Permanent	No	Yes	317	257	0	3.57	11.4	1.68	5.34	0.34	1.07	7.68	24.4	1.79	5.68	58	183

Jack's Café Flat White Medium Almond

Ingredients: Milk Almond (Filtered Water, Ground Almonds (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Water, Coffee Grinders (100% imported coffee beans)

Contains: Almond

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Flat White Medium Almond	Permanent	No	Yes	317	248	0	1.68	5.34	2.59	8.21	0.34	1.07	6.86	21.8	1.46	4.64	53	170

Jack's Café Iced Coffee Caramel Medium Soy Milk

Ingredients: Water, Milk Soy (Filtered Water, Whole Soybeans (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331)), Sauce Caramel Sundae (Sugar, Water, Glucose Syrup, Milk Solids, Thickeners (1442, 401), Vegetable Fat [Vegetable Fat, Emulsifier (322)], Salt, Emulsifier (471), Acidity Regulators (500, 339), Preservative (202).), Coffee Syrup Caramel (Australian Raw Sugar, Water, Natural Flavours, Burnt Sugar, Food Acid (Citric Acid), Preservative (Potassium Sorbate).), Coffee Grinders (100% imported coffee beans), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Natural Sulphites, Milk, Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Iced Coffee Caramel Medium Soy Milk	Permanent	No	Yes	568	356	0	2.02	11.5	2.41	13.8	1.54	8.78	13.57	77.1	9.42	53.5	39	221

Jack's Café Iced Coffee Caramel Medium Almond

Ingredients: Water, Milk Almond (Filtered Water, Ground Almonds (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Sauce Caramel Sundae (Sugar, Water, Glucose Syrup, Milk Solids, Thickeners (1442, 401), Vegetable Fat [Vegetable Fat, Emulsifier (322)], Salt, Emulsifier (471), Acidity Regulators (500, 339), Preservative (202).), Coffee Syrup Caramel (Australian Raw Sugar, Water, Natural Flavours, Burnt Sugar, Food Acid (Citric Acid), Preservative (Potassium Sorbate).), Coffee Grinders (100% imported coffee beans), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Natural Sulphites, Milk, Almond

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Iced Coffee Caramel Medium Almond	Permanent	No	Yes	568	352	0	1.22	6.96	2.8	15.9	1.54	8.78	13.22	75.1	9.28	52.8	37	211

Jack's Café Coffee Mocha Medium Soy Milk

Ingredients: Milk Soy (Filtered Water, Whole Soybeans (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331)), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100% imported coffee beans), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk, Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Coffee Mocha Medium Soy Milk	Permanent	No	Yes	298	540	375	4	9.94	1.81	4.52	0.52	0.93	23.05	23	16.16	4.72	74	151

Jack's Café Coffee Mocha Medium Almond

Ingredients: Milk Almond (Filtered Water, Ground Almonds (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100% imported coffee beans), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk, Almond

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Coffee Mocha Medium Almond	Permanent	No	Yes	298	531	0	2.35	5.02	2.6	6.87	0.52	0.93	22.33	20.8	15.88	3.86	70	140

Jack's Café Chai Iced Medium Soy Milk

Ingredients: Water, Milk Soy (Filtered Water, Whole Soybeans (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331)), Chai Spice (Sugar, Dextrose, Maltodextrin, Natural Flavours, Instant Tea, Ground Spices, Salt), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Milk, Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Chai Iced Medium Soy Milk	Permanent	No	Yes	504	269	0	1.37	6.68	1.81	9.03	0.88	4.39	10.23	6.96	7.59	4.87	47	153

Jack's Café Chai Iced Medium Almond

Ingredients: Water, **Milk Almond** (Filtered Water, Ground **Almonds** (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Chai Spice (Sugar, Dextrose, Maltodextrin, Natural Flavours, Instant Tea, Ground Spices, Salt), Cream Whipped (Cream (97%) (Contains **Milk**), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Milk, Almond

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Chai Iced Medium Almond	Permanent	No	Yes	504	264	0	0.42	1.85	2.27	11.4	0.88	4.39	9.81	4.87	7.42	4.03	45	143

Jack's Café Iced Coffee Medium Soy Milk

Ingredients: Water, **Milk Soy** (Filtered Water, Whole **Soybeans** (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331)), Coffee Grinders (100% imported coffee beans), Cream Whipped (Cream (97%) (Contains **Milk**), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk, Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Iced Coffee Medium Soy Milk	Permanent	No	Yes	473	195	0	2.08	9.81	2	9.46	0.98	4.63	4.92	22.9	1.09	4.81	31	145

Jack's Café Iced Coffee Medium Almond

Ingredients: Water, **Milk Almond** (Filtered Water, Ground **Almonds** (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Coffee Grinders (100% imported coffee beans), Cream Whipped (Cream (97%) (Contains **Milk**), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk, Almond

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Iced Coffee Medium Almond	Permanent	No	Yes	473	190	0	1.12	5.28	2.46	11.7	0.98	4.63	4.5	20.9	0.92	4.02	29	135

Jack's Café Cappuccino Medium Soy Milk

Ingredients: **Milk Soy** (Filtered Water, Whole **Soybeans** (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331)), Water, Coffee Grinders (100% imported coffee beans), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk, Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Cappuccino Medium Soy Milk	Permanent	No	Yes	318	260	0	3.58	11.4	1.69	5.34	0.34	1.07	7.79	24.4	1.9	5.69	58	183

Jack's Café Cappuccino Medium Almond

Ingredients: **Milk Almond** (Filtered Water, Ground **Almonds** (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Water, Coffee Grinders (100% imported coffee beans), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk, Almond

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Cappuccino Medium Almond	Permanent	No	Yes	318	250	0	1.69	5.34	2.59	8.2	0.34	1.07	6.97	21.8	1.57	4.64	54	170

Jack's Café Iced Coffee Caramel Large Soy Milk

Ingredients: **Milk Soy** (Filtered Water, Whole **Soybeans** (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331)), Water, Sauce Caramel Sundae (Sugar, Water, Glucose Syrup, **Milk** Solids, Thickeners (1442, 401), Vegetable Fat [Vegetable Fat, Emulsifier (322)], Salt, Emulsifier (471), Acidity Regulators (500, 339), Preservative (202)), Coffee Syrup Caramel (Australian Raw Sugar, Water, Natural Flavours, Burnt Sugar, Food Acid (Citric Acid), Preservative (Potassium Sorbate)), Coffee Grinders (100% imported coffee beans), Cream Whipped (Cream (97%) (Contains **Milk**), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Natural Sulphites, Milk, Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Iced Coffee Caramel Large Soy Milk	Permanent	No	Yes	680	335	0	2.06	14	2.24	15.3	1.33	9.02	12.62	85.9	9.02	61.4	41	279

Jack's Café Iced Coffee Caramel Large Almond

Ingredients: **Milk Almond** (Filtered Water, Ground **Almonds** (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Water, Sauce Caramel Sundae (Sugar, Water, Glucose Syrup, **Milk** Solids, Thickeners (1442, 401), Vegetable Fat [Vegetable Fat, Emulsifier (322)], Salt, Emulsifier (471), Acidity Regulators (500, 339), Preservative (202)), Coffee Syrup Caramel (Australian Raw Sugar, Water, Natural Flavours, Burnt Sugar, Food Acid (Citric Acid), Preservative (Potassium Sorbate)), Coffee Grinders (100% imported coffee beans), Cream Whipped (Cream (97%) (Contains **Milk**), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Natural Sulphites, Milk, Almond

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
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Jack's Café Iced Coffee Caramel Large Almond	Permanent	No	Yes	680	330	0	1.11	7.54	2.69	18.3	1.33	9.02	12.21	83.1	8.86	60.3	39	265
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Jack's Café Iced Chocolate Large Soy Milk

Ingredients: Milk Soy (Filtered Water, Whole Soybeans (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331)), Water, Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Milk, Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Iced Chocolate Large Soy Milk	Permanent	No	Yes	608	257	0	1.72	8.48	1.81	10.2	0.85	4.56	9.09	8.82	8.27	6.12	44	195

Jack's Café Iced Chocolate Large Almond

Ingredients: Milk Almond (Filtered Water, Ground Almonds (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Water, Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Milk, Almond

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Iced Chocolate Large Almond	Permanent	No	Yes	608	252	0	0.69	2.27	2.3	13.1	0.85	4.56	8.64	6.12	8.09	5.04	41	182

Jack's Café Hot Chocolate Large Soy Milk

Ingredients: Milk Soy (Filtered Water, Whole Soybeans (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331)), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk, Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Hot Chocolate Large Soy Milk	Permanent	No	Yes	412	361	613	3.03	10.6	1.74	6.31	0.41	1.05	13.75	10.9	12.33	7.36	76	246

Jack's Café Hot Chocolate Large Almond

Ingredients: Milk Almond (Filtered Water, Ground Almonds (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk, Almond

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Hot Chocolate Large Almond	Permanent	No	Yes	412	350	0	1.08	2.46	2.68	10.2	0.41	1.05	12.9	7.36	11.99	5.96	72	228

Jack's Café Flat White Large Soy Milk

Ingredients: Milk Soy (Filtered Water, Whole Soybeans (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331)), Water, Coffee Grinders (100% imported coffee beans)

Contains: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Flat White Large Soy Milk	Permanent	No	Yes	422	231	0	3.32	14.1	1.65	6.97	0.32	1.34	6.43	27.2	1.79	7.58	58	246

Jack's Café Flat White Large Almond

Ingredients: Milk Almond (Filtered Water, Ground Almonds (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Water, Coffee Grinders (100% imported coffee beans)

Contains: Almonds

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Flat White Large Almond	Permanent	No	Yes	422	221	0	1.41	5.97	2.56	10.9	0.32	1.34	5.6	23.7	1.46	6.17	54	228

Jack's Café Coffee Mocha Large Soy Milk

Ingredients: Milk Soy (Filtered Water, Whole Soybeans (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331)), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100% imported coffee beans), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk, Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
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Jack's Café Coffee Mocha Large Soy Milk	Permanent	No	Yes		388	455	532		3.77	12.7		1.81	6.14		0.47	1.2		18.42	25.8		12.9	6.61		73	214
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Jack's Café Coffee Mocha Large Almond

Ingredients: Milk Almond (Filtered Water, Ground Almonds (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100% imported coffee beans), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk, Almond

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Coffee Mocha Large Almond	Permanent	No	Yes	388	446	0	1.97	5.65	2.67	9.48	0.47	1.2	17.64	22.7	12.59	5.39	69	198

Jack's Café Chai Iced Large Soy Milk

Ingredients: Water, Milk Soy (Filtered Water, Whole Soybeans (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331)), Chai Spice (Sugar, Dextrose, Maltodextrin, Natural Flavours, Instant Tea, Ground Spices, Salt), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Milk, Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Chai Iced Large Soy Milk	Permanent	No	Yes	520	310	0	1.35	6.68	1.76	9.03	0.86	4.38	12.76	6.96	9.49	4.87	51	153

Jack's Café Chai Iced Large Almond

Ingredients: Water, Milk Almond (Filtered Water, Ground Almonds (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Chai Spice (Sugar, Dextrose, Maltodextrin, Natural Flavours, Instant Tea, Ground Spices, Salt), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Milk, Almond

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Chai Iced Large Almond	Permanent	No	Yes	520	305	0	0.42	1.85	2.21	11.4	0.86	4.38	12.36	4.87	9.33	4.02	49	143

Jack's Café Cappuccino Large Soy Milk

Ingredients: Milk Soy (Filtered Water, Whole Soybeans (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331)), Water, Coffee Grinders (100% imported coffee beans), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk, Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Cappuccino Large Soy Milk	Permanent	No	Yes	408	241	0	3.45	14.1	1.71	6.96	0.33	1.34	6.75	27.2	1.94	7.57	60	246

Jack's Café Cappuccino Large Almond

Ingredients: Milk Almond (Filtered Water, Ground Almonds (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Water, Coffee Grinders (100% imported coffee beans), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk, Almond

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Cappuccino Large Almond	Permanent	No	Yes	408	231	0	1.47	5.97	2.66	10.9	0.33	1.34	5.89	23.7	1.6	6.17	56	228

Jack's Café Latte Large Soy

Ingredients: Milk Soy (Filtered water, whole soybeans (min.14 %), raw sugar, mineral (calcium phosphate), natural flavours, vegetable gums (460, 466, 407), sea salt, food acids (340, 331)), Water, Coffee Grinders (100% imported coffee beans)

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Latte Large Soy	Permanent	No	Yes	422	231	0	3.32	14.1	1.65	6.97	0.32	1.34	6.43	27.2	1.79	7.58	58	246

Jack's Café Latte Large Almond

Ingredients: Milk Almond (Filtered Water, Ground Almonds (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Water, Coffee Grinders (100% imported coffee beans)

Contains: Almond

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Café Latte Large Almond	Permanent	No	Yes	422	221	0	1.41	5.97	2.56	10.9	0.32	1.34	5.6	23.7	1.46	6.17	54	228

Kit Kat Add On

Ingredients: Kit Kat Pieces (Wafer (Wheat Flour, Sugar, Palm Fat, Wheat Starch, Emulsifier Lecithin (Soy), Salt), Milk Chocolate (Sugar, Cocoa Butter, Cocoa Mass, Skimmed Milk Powder, Whey Powder, Vegetable Fats (Palm, Shea), Butter Oil, Emulsifier Lecithin, Natural Vanilla Flavour)))

Contains: Wheat (Gluten), Milk, Soy

May be present: Walnut, Hazelnut, Almond

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Kit Kat Add On	LTO	Yes	No	13	2,077	271	5.7	0.75	24.4	3.18	14.4	1.88	62	8.06	46.8	6.09	52	6.8

Winter Warmer Hot Chocolate Small

Ingredients: Milk Full Cream (Milk), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Cream Whipped (Cream (97%) (Milk), Gas Propellant (Nitrous Oxide), Emulsifier (471), Stabiliser (407)), Confectionary Flake (Full Cream Milk, Sugars, Cocoa Butter, Cocoa Mass, Milk Solids, Emulsifiers (Soy Lecithin (476)), Flavours)

Contains: Milk, Soy

May be present: Peanuts, Beech Nuts

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Winter Warmer Hot Chocolate Small	LTO	Yes	Yes	237	558	472	3.48	7.33	6.26	14.5	4.28	9.85	15.34	14.3	14.83	14.2	54	94.4

Winter Warmer Hot Chocolate Medium

Ingredients: Milk Full Cream (Milk), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Cream Whipped (Cream (97%) (Milk), Gas Propellant (Nitrous Oxide), Emulsifier (471), Stabiliser (407)), Confectionary Flake (Full Cream Milk, Sugars, Cocoa Butter, Cocoa Mass, Milk Solids, Emulsifiers (Soy Lecithin (476)), Flavours)

Contains: Milk, Soy

May be present: Peanuts, Beech Nuts

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Winter Warmer Hot Chocolate Medium	LTO	Yes	Yes	307	490	653	3.46	9.71	5.61	16.8	3.83	11.5	12.85	17.4	12.45	17.2	52	126

Winter Warmer Hot Chocolate Large

Ingredients: Milk Full Cream (Milk), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Cream Whipped (Cream (97%) (Milk), Gas Propellant (Nitrous Oxide), Emulsifier (471), Stabiliser (407)), Confectionary Flake (Full Cream Milk, Sugars, Cocoa Butter, Cocoa Mass, Milk Solids, Emulsifiers (Soy Lecithin (476)), Flavours)

Contains: Milk, Soy

May be present: Peanuts, Beech Nuts

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Winter Warmer Hot Chocolate Large	LTO	Yes	Yes	358	457	785	3.45	11.5	5.29	18.6	3.61	12.7	11.64	19.6	11.3	19.5	51	148

Winter Warmer Jack's Brekky Roll Spicy

Ingredients: Bun Brioche (Wheat Flour, Water, Canola Oil, Sugar, Bakers Yeast, Wheat Gluten, Modified Potato Starch (1420), Iodised Salt, Soy Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), Wheat Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (Wheat)), Sausage Patty (Meat (96%) [Pork, Beef], Water, Soy Protein, Salt, Spices, Herbs, Sugar, Dextrose, Yeast Extract, Dehydrated Vegetable, Vegetable Oil), Bacon (Pork, Water, Cure [Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250)], Wood Smoke), Sauce Tomato Relish Hot (Tomato (48%), Sugar, Vinegar, Onion, Thickener (1422), Tomato Paste, Garlic, Salt, Spices), Cheese Natural (Milk, Salt, Starter Culture, Rennet), Butter Clarified (Milk Fat), Eggs (Egg)

Contains: Wheat (Gluten), Eggs, Milk, Soy

May be present: Added Sulphites, Fish, Sesame

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Winter Warmer Jack's Brekky Roll Spicy	LTO	Yes	No	258	990	2560	40.12	104	14.39	37.2	6.15	15.9	13.56	35	4.23	11	438	1140