

## Nutritional Guide Report

\* Nutritional base values are calculated per 100g

### 3 Nuggets Kid's Meal

**Ingredients:** Mt Franklin Still Water (Spring Water), Chips (Potato, Vegetable Oil, Modified Potato Starches (1412, 1400, 1414), Rice Flour, Potato Dextrin, Salt, Raising Agents (450, 500), Thickener (415), Maltodextrin), Chicken Nugget (Chicken (55%), Flour (**Wheat**, Maize, Rice), Water, Vegetable Oil, **Wheat** Starch, **Wheat** Gluten, Thickener (1442), Salt, Sugar, Minerals Salts (451, 450, 500, 508), Dextrose, Maltodextrin, Yeast, Yeast Extract, Spice Extract), Salt Seasoned (Salt 74%, Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil)

**Contains:** Natural Sulphites, **Wheat** (Gluten)

**May be present:** Added Sulphites, Eggs, Milk, Soy

Description	Store Status	Available in S elect Stores	Halal?	Cereal Gluten	Cereal Gluten Type	Gluten Cereals Detail	Cereal Trace	Wheat	Natural Sulphites	Added Sulphites	Quantity of Added Sulphites (mg)	Crustacea	Eggs	Fish	Lupins	Milk	Mollusc	Peanuts	Tree Nuts	Tree Nuts Type	Tree Nut Allergen Detail	Trace Treenuts	Sesame	Soy
3 Nuggets Kid's Meal	Permanent	No	Yes	Trace			Barley	Yes	Yes	Trace	0	No	Trace	No	No	Trace	No	No	No				No	Trace
Chips Small	Permanent	No	Yes	No				Trace	Yes	Trace	0	No	No	No	No	No	No	No	No				No	No
Nugget 3 Pack	LTO	No	Yes	Trace			Barley	Yes	No	Trace	0	No	Trace	No	No	Trace	No	No	No				No	Trace

### 6 Nuggets Kid's Meal

**Ingredients:** Mt Franklin Still Water (Spring Water), Chicken Nugget (Chicken (55%), Flour (**Wheat**, Maize, Rice), Water, Vegetable Oil, **Wheat** Starch, **Wheat** Gluten, Thickener (1442), Salt, Sugar, Minerals Salts (451, 450, 500, 508), Dextrose, Maltodextrin, Yeast, Yeast Extract, Spice Extract), Chips (Potato, Vegetable Oil, Modified Potato Starches (1412, 1400, 1414), Rice Flour, Potato Dextrin, Salt, Raising Agents (450, 500), Thickener (415), Maltodextrin), Salt Seasoned (Salt 74%, Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil)

**Contains:** Natural Sulphites, **Wheat** (Gluten)

**May be present:** Added Sulphites, Eggs, Milk, Soy

Description	Store Status	Available in S elect Stores	Halal?	Cereal Gluten	Cereal Gluten Type	Gluten Cereals Detail	Cereal Trace	Wheat	Natural Sulphites	Added Sulphites	Quantity of Added Sulphites (mg)	Crustacea	Eggs	Fish	Lupins	Milk	Mollusc	Peanuts	Tree Nuts	Tree Nuts Type	Tree Nut Allergen Detail	Trace Treenuts	Sesame	Soy
6 Nuggets Kid's Meal	Permanent	No	Yes	Trace			Barley	Yes	Yes	Trace	0	No	Trace	No	No	Trace	No	No	No				No	Trace
Chips Small	Permanent	No	Yes	No				Trace	Yes	Trace	0	No	No	No	No	No	No	No	No				No	No
Nugget 6 Pack	LTO	No	Yes	Trace			Barley	Yes	No	Trace	0	No	Trace	No	No	Trace	No	No	No				No	Trace

### Cheeseburger Kid's Meal

**Ingredients:** Mt Franklin Still Water (Spring Water), Chips (Potato, Vegetable Oil, Modified Potato Starches (1412, 1400, 1414), Rice Flour, Potato Dextrin, Salt, Raising Agents (450, 500), Thickener (415), Maltodextrin), Bun **Sesame** Glazed 4" (**Wheat** Flour, Water, Baker's Yeast, Sugar, Canola Oil, **Wheat** Gluten, **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**)), Beef Patty 4" (Beef (100%)), Cheese SOS (Cheese (Cows Milk, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat Milk Solids (Cow's Milk), Milk Solids (Cow's Milk), Emulsifiers (331(iii), 322(i)), Acidity Regulators (330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Sauce Ketchup ( Concentrated Tomatoes, Sugar, Concentrated White Vinegar, Salt, Natural Flavours, Food Acid (Citric Acid), Spice ), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavours), Sauce **Mustard** (Water, **Mustard** Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice), Salt Seasoned (Salt 74%, Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil)

**Contains:** Natural Sulphites, **Wheat** (Gluten), Milk, **Sesame**, Soy

**May be present:** Added Sulphites, Eggs

Description	Store Status	Available in S elect Stores	Halal?	Cereal Gluten	Cereal Gluten Type	Gluten Cereals Detail	Cereal Trace	Wheat	Natural Sulphites	Added Sulphites	Quantity of Added Sulphites (mg)	Crustacea	Eggs	Fish	Lupins	Milk	Mollusc	Peanuts	Tree Nuts	Tree Nuts Type	Tree Nut Allergen Detail	Trace Treenuts	Sesame	Soy
Cheeseburger Kid's Meal	Permanent	Yes	No	Trace			Barley	Yes	Yes	Trace	0	No	Trace	No	No	Yes	No	No	No				Yes	Yes
Chips Small	Permanent	No	Yes	No				Trace	Yes	Trace	0	No	No	No	No	No	No	No	No				No	No
Cheeseburger	Permanent	Yes	No	Trace			Barley	Yes	No	Trace	0	No	Trace	No	No	Yes	No	No	No				Yes	Yes

### Kid's Meal 6 Nuggets and Salad

**Ingredients:** Mt Franklin Still Water (Spring Water), Chicken Nugget (Chicken (55%), Flour (**Wheat**, Maize, Rice), Water, Vegetable Oil, **Wheat** Starch, **Wheat** Gluten, Thickener (1442), Salt, Sugar, Minerals Salts (451, 450, 500, 508), Dextrose, Maltodextrin, Yeast, Yeast Extract, Spice Extract), Tomato Slice (Tomato), Lettuce (Iceberg Lettuce)

**May be present:** Added Sulphites, Eggs, Milk, Soy

Description	Store Status	Available in S elect Stores	Halal?	Cereal Gluten	Cereal Gluten Type	Gluten Cereals Detail	Cereal Trace	Wheat	Natural Sulphites	Added Sulphites	Quantity of Added Sulphites (mg)	Crustacea	Eggs	Fish	Lupins	Milk	Mollusc	Peanuts	Tree Nuts	Tree Nuts Type	Tree Nut Allergen Detail	Trace Treenuts	Sesame	Soy
Kid's Meal 6 Nuggets and Salad	Permanent	No	Yes	Trace			Barley	Yes	No	Trace	0	No	Trace	No	No	Trace	No	No	No				No	Trace
Kids Salad	Permanent	Yes	Yes	No				No	No	No	0	No	No	No	No	No	No	No	No				No	No
Nugget 6 Pack	LTO	No	Yes	Trace			Barley	Yes	No	Trace	0	No	Trace	No	No	Trace	No	No	No				No	Trace

### Kids Salad

**Ingredients:** Tomato Slice (Tomato), Lettuce (Iceberg Lettuce)

Description	Store Status	Available in S elect Stores	Halal?	Cereal Gluten	Cereal Gluten Type	Gluten Cereals Detail	Cereal Trace	Wheat	Natural Sulphites	Added Sulphites	Quantity of Added Sulphites (mg)	Crustacea	Eggs	Fish	Lupins	Milk	Mollusc	Peanuts	Tree Nuts	Tree Nuts Type	Tree Nut Allergen Detail	Trace Treenuts	Sesame	Soy
Kids Salad	Permanent	Yes	Yes	No				No	No	No	0	No	No	No	No	No	No	No	No				No	No

**Kid's Meal Hamburger and Salad**

**Ingredients:** Mt Franklin Still Water (Spring Water), Tomato Slice (Tomato), Bun **Sesame Glazed 4"** (**Wheat** Flour, Water, Baker's Yeast, Sugar, Canola Oil, **Wheat** Gluten, **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**)), Lettuce (Iceberg Lettuce), Beef Patty 4" (Beef (100%)), Sauce Ketchup ( Concentrated Tomatoes, Sugar, Concentrated White Vinegar, Salt, Natural Flavours, Food Acid (Citric Acid), Spice ), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavours), Sauce **Mustard** (Water, **Mustard** Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice)

**Contains:** [Wheat](#) (Gluten), [Sesame](#), [Soy](#)

**May be present:** [Added Sulphites](#), [Eggs](#), [Milk](#)

Description	Store Status	Available in Select Stores	Halal?	Cereal Gluten	Cereal Gluten Type	Gluten Cereals Detail	Cereal Trace	Wheat	Natural Sulphites	Added Sulphites	Quantity of Added Sulphites (mg)	Crustacea	Eggs	Fish	Lupins	Milk	Mollusc	Peanuts	Tree Nuts	Tree Nuts Type	Tree Nut Allergen Detail	Trace Treenuts	Sesame	Soy
Kid's Meal Hamburger and Salad	Permanent	No	No	Trace			Barley,Oats, Rye	Yes	No	Trace	0	No	Trace	No	No	Trace	No	No	No				Yes	Yes
Hamburger	Permanent	Yes	No	Trace			Barley,Oats, Rye	Yes	No	Trace	0	No	Trace	No	No	Trace	No	No	No				Yes	Yes
Kids Salad	Permanent	Yes	Yes	No				No	No	No	0	No	No	No	No	No	No	No	No				No	No

**Kid's Meal 3 Nuggets and Salad**

**Ingredients:** Mt Franklin Still Water (Spring Water), Chicken Nugget (Chicken (55%), Flour (**Wheat**, Maize, Rice), Water, Vegetable Oil, **Wheat** Starch, **Wheat** Gluten, Thickener (1442), Salt, Sugar, Minerals Salts (451, 450, 500, 508), Dextrose, Maltodextrin, Yeast, Yeast Extract, Spice Extract), Tomato Slice (Tomato), Lettuce (Iceberg Lettuce)

**May be present:** [Added Sulphites](#), [Eggs](#), [Milk](#), [Soy](#)

Description	Store Status	Available in Select Stores	Halal?	Cereal Gluten	Cereal Gluten Type	Gluten Cereals Detail	Cereal Trace	Wheat	Natural Sulphites	Added Sulphites	Quantity of Added Sulphites (mg)	Crustacea	Eggs	Fish	Lupins	Milk	Mollusc	Peanuts	Tree Nuts	Tree Nuts Type	Tree Nut Allergen Detail	Trace Treenuts	Sesame	Soy
Kid's Meal 3 Nuggets and Salad	Permanent	No	Yes	Trace			Barley	Yes	No	Trace	0	No	Trace	No	No	Trace	No	No	No				No	Trace
Kids Salad	Permanent	Yes	Yes	No				No	No	No	0	No	No	No	No	No	No	No	No				No	No
Nugget 3 Pack	LTO	No	Yes	Trace			Barley	Yes	No	Trace	0	No	Trace	No	No	Trace	No	No	No				No	Trace

**Kid's Meal Grilled Chicken Burger and Salad**

**Ingredients:** Mt Franklin Still Water (Spring Water), Tomato Slice (Tomato), Lettuce (Iceberg Lettuce), Chicken Grilled (Chicken (94%), Water, Salt, Thickeners (1442, 407), Mineral Salts (451, 450), Dextrose, Sugar, Spice, Flavours, Hydrolysed Vegetable Protein (Corn), Spice Extract), Bun **Sesame Glazed 4"** (**Wheat** Flour, Water, Baker's Yeast, Sugar, Canola Oil, **Wheat** Gluten, **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**)), Mayonnaise (**Soybean** Oil (<0.001% Tocopherol [Vitamin E]), **Egg** Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, **Mustard** Flour)

**Contains:** [Wheat](#) (Gluten), [Eggs](#), [Sesame](#), [Soy](#), [Mustard](#)

**May be present:** [Added Sulphites](#), [Fish](#), [Milk](#)

Description	Store Status	Available in Select Stores	Halal?	Cereal Gluten	Cereal Gluten Type	Gluten Cereals Detail	Cereal Trace	Wheat	Natural Sulphites	Added Sulphites	Quantity of Added Sulphites (mg)	Crustacea	Eggs	Fish	Lupins	Milk	Mollusc	Peanuts	Tree Nuts	Tree Nuts Type	Tree Nut Allergen Detail	Trace Treenuts	Sesame	Soy
Kid's Meal Grilled Chicken Burger and Salad	NPD	No	Yes	Trace			Barley,Oats, Rye	Yes	No	Trace	0	No	Yes	No	No	Trace	No	No	No				Yes	Yes
Kids Salad	Permanent	Yes	Yes	No				No	No	No	0	No	No	No	No	No	No	No	No				No	No
Kids Grilled Chicken Burger	NPD	No	Yes	Trace			Barley,Oats, Rye	Yes	No	Trace	0	No	Yes	No	No	Trace	No	No	No				Yes	Yes

**Kid's Meal Grilled Chicken Wrap and Salad**

**Ingredients:** Mt Franklin Still Water (Spring Water), Tomato Slice (Tomato), Lettuce (Iceberg Lettuce), Chicken Grilled (Chicken (94%), Water, Salt, Thickeners (1442, 407), Mineral Salts (451, 450), Dextrose, Sugar, Spice, Flavours, Hydrolysed Vegetable Protein (Corn), Spice Extract), Tortilla (**Wheat** Flour ((66%), Thiamine, Folic Acid), Water, Vegetable Shortening (Antioxidant (307b)), Sugar, Baking Powder (Mineral Salts (450, 500, 341)), Acidity Regulator (297), Mineral Salt (500), Preservative (282), Iodized Salt, Yeast), Mayonnaise (**Soybean** Oil (<0.001% Tocopherol [Vitamin E]), **Egg** Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, **Mustard** Flour)

**Contains:** [Wheat](#) (Gluten), [Eggs](#), [Soy](#), [Mustard](#)

**May be present:** [Added Sulphites](#), [Fish](#), [Milk](#)

Description	Store Status	Available in Select Stores	Halal?	Cereal Gluten	Cereal Gluten Type	Gluten Cereals Detail	Cereal Trace	Wheat	Natural Sulphites	Added Sulphites	Quantity of Added Sulphites (mg)	Crustacea	Eggs	Fish	Lupins	Milk	Mollusc	Peanuts	Tree Nuts	Tree Nuts Type	Tree Nut Allergen Detail	Trace Treenuts	Sesame	Soy
Kid's Meal Grilled Chicken Wrap and Salad	NPD	No	Yes	Trace			Barley	Yes	No	Trace	0	No	Yes	No	No	Trace	No	No	No				No	Yes
Kids Salad	Permanent	Yes	Yes	No				No	No	No	0	No	No	No	No	No	No	No	No				No	No
Kids Grilled Chicken Wrap	NPD	Yes	Yes	Trace			Barley	Yes	No	Trace	0	No	Yes	No	No	Trace	No	No	No				No	Yes

**Kids Grilled Chicken Wrap**

**Ingredients:** Chicken Grilled (Chicken (94%), Water, Salt, Thickeners (1442, 407), Mineral Salts (451, 450), Dextrose, Sugar, Spice, Flavours, Hydrolysed Vegetable Protein (Corn), Spice Extract), Tortilla (**Wheat** Flour ((66%), Thiamine, Folic Acid), Water, Vegetable Shortening (Antioxidant (307b)), Sugar, Baking Powder (Mineral Salts (450, 500, 341)), Acidity Regulator (297), Mineral Salt (500), Preservative (282), Iodized Salt, Yeast), Lettuce (Iceberg Lettuce), Mayonnaise (**Soybean** Oil (<0.001% Tocopherol [Vitamin E]), **Egg** Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, **Mustard** Flour)

**Contains:** [Wheat](#) (Gluten), [Eggs](#), [Soy](#), [Mustard](#)

**May be present:** [Added Sulphites](#), [Fish](#), [Milk](#)

Description	Store Status	Available in Select Stores	Halal?	Cereal Gluten	Cereal Gluten Type	Gluten Cereals Detail	Cereal Trace	Wheat	Natural Sulphites	Added Sulphites	Quantity of Added Sulphites (mg)	Crustacea	Eggs	Fish	Lupins	Milk	Mollusc	Peanuts	Tree Nuts	Tree Nuts Type	Tree Nut Allergen Detail	Trace Treenuts	Sesame	Soy
Kids Grilled Chicken Wrap	NPD	Yes	Yes	Trace			Barley	Yes	No	Trace	0	No	Yes	No	No	Trace	No	No	No				No	Yes