

Nutritional Guide Report

* Nutritional base values are calculated per 100g

Jack's Café Cappuccino Medium

Ingredients: Milk Full Cream (Milk), Water (Water), Coffee Grinders (100% imported Coffee Beans), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Café Cappuccino Medium	Permanent	No	Yes	318	328	1,043	3.9	12.4	3	9.6	2	6.3	8.9	28.2	3.8	12.1	36	116

Jack's Café Macchiato Skim

Ingredients: Coffee Grinders (100% imported Coffee Beans), Milk Skim (Skim Milk)

Contains: Milk

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Café Macchiato Skim	Permanent	No	Yes	24	1,487	365	14.7	3.7	2.7	0.7	1.2	0.3	66.9	16.4	1.4	0.4	6	2

Jack's Café Macchiato

Ingredients: Coffee Grinders (100% imported Coffee Beans), Milk Full Cream (Milk)

Contains: Milk

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Café Macchiato	Permanent	No	Yes	24	1,499	368	14.7	3.7	3	0.8	1.4	0.4	66.9	16.4	1.3	0.4	6	2

Jack's Café Dirty Chai Small

Ingredients: Milk Full Cream (Milk), Coffee Grinders (100% imported Coffee Beans), Chai Spice (Sugar, Dextrose, Maltodextrin, Natural Flavours, Instant Tea, Ground Spices, Salt)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Café Dirty Chai Small	Permanent	No	Yes	272	467	1,271	4.2	11.5	3.1	8.6	2.1	5.6	16.3	44.5	8.8	23.9	50	136

Jack's Café Dirty Chai Medium

Ingredients: Milk Full Cream (Milk), Chai Spice (Sugar, Dextrose, Maltodextrin, Natural Flavours, Instant Tea, Ground Spices, Salt), Coffee Grinders (100% imported Coffee Beans)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Café Dirty Chai Medium	Permanent	No	Yes	397	468	1,857	3.8	15.2	3.1	12.2	2	8.1	16.9	67.1	10.6	42	54	216

Jack's Café Dirty Chai Large

Ingredients: Milk Full Cream (Milk), Chai Spice (Sugar, Dextrose, Maltodextrin, Natural Flavours, Instant Tea, Ground Spices, Salt), Coffee Grinders (100% imported Coffee Beans)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Café Dirty Chai Large	Permanent	No	Yes	502	476	2,391	3.6	18.1	3	15.1	2	10.1	17.7	88.8	11.8	59.2	57	287

Jack's Café Chai Small

Ingredients: Milk Full Cream (Milk), Chai Spice (Sugar, Dextrose, Maltodextrin, Natural Flavours, Instant Tea, Ground Spices, Salt)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Café Chai Small	Permanent	No	Yes	250	364	910	3.2	8	3.1	7.9	2.1	5.4	11.2	28.2	9.4	23.6	54	135

Jack's Café Chai Small Skim

Ingredients: Milk Skim (Skim Milk), Chai Spice (Sugar, Dextrose, Maltodextrin, Natural Flavours, Instant Tea, Ground Spices, Salt)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Café Chai Small Skim	Permanent	No	Yes	250	255	639	3.3	8.2	0.1	0.3	0.1	0.3	11.4	28.6	9.6	24.1	55	138

Jack's Café Chai Small Oat

Ingredients: Milk Oat (Filtered Water, Whole Oats (Min. 8%), Sunflower Oil, Raw Sugar, Oat Flour, Gum Arabic, Minerals (Calcium Phosphate, Calcium Carbonate), Acidity Regulator (Potassium Phosphate), Sea Salt, Natural Flavour, Emulsifier (471)), Chai Spice (Sugar, Dextrose, Maltodextrin, Natural Flavours, Instant Tea, Ground Spices, Salt)

Contains: Gluten(Oats)

May be present: Gluten(Barley), Wheat, Milk, Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Café Chai Small Oat	Permanent	No	Yes	250	315	788	0.5	1.3	2.2	5.6	0.4	1	12.7	31.8	7.1	17.9	76	191

Jack's Café Chai Small Lactose Free

Ingredients: Milk Lactose Free (Milk, Enzyme (Lactase)), Chai Spice (Sugar, Dextrose, Maltodextrin, Natural Flavours, Instant Tea, Ground Spices, Salt)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Café Chai Small Lactose Free	Permanent	No	Yes	250	362	906	3.1	7.7	3.1	7.9	2.1	5.4	11.2	28.2	9.4	23.6	54	135

Jack's Café Chai Medium

Ingredients: Milk Full Cream (Milk), Chai Spice (Sugar, Dextrose, Maltodextrin, Natural Flavours, Instant Tea, Ground Spices, Salt)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Café Chai Medium	Permanent	No	Yes	375	399	1,496	3.1	11.6	3.1	11.5	2.1	7.8	13.5	50.8	11.1	41.7	57	215

Jack's Café Chai Medium Lactose Free Milk

Ingredients: Milk Lactose Free (Milk, Enzyme (Lactase)), Chai Spice (Sugar, Dextrose, Maltodextrin, Natural Flavours, Instant Tea, Ground Spices, Salt)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Café Chai Medium Lactose Free Milk	Permanent	No	Yes	375	397	1,489	3	11.3	3.1	11.5	2.1	7.8	13.5	50.8	11.1	41.7	57	215

Jack's Café Chai Medium Oat Milk

Ingredients: Milk Oat (Filtered Water, Whole Oats (Min. 8%), Sunflower Oil, Raw Sugar, Oat Flour, Gum Arabic, Minerals (Calcium Phosphate, Calcium Carbonate), Acidity Regulator (Potassium Phosphate), Sea Salt, Natural Flavour, Emulsifier (471)), Chai Spice (Sugar, Dextrose, Maltodextrin, Natural Flavours, Instant Tea, Ground Spices, Salt)

Contains: Gluten(Oats)

May be present: Gluten(Barley), Wheat, Milk, Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Café Chai Medium Oat Milk	Permanent	No	Yes	375	351	1,319	0.5	1.9	2.2	8.2	0.4	1.4	15	56.1	8.9	33.4	79	296

Jack's Café Chai Medium Skim Milk

Ingredients: Milk Skim (Skim Milk), Chai Spice (Sugar, Dextrose, Maltodextrin, Natural Flavours, Instant Tea, Ground Spices, Salt)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Café Chai Medium Skim Milk	Permanent	No	Yes	375	293	1,101	3.2	12	0.1	0.5	0.1	0.4	13.7	51.5	11.3	42.4	58	219

Jack's Café Chai Large

Ingredients: Milk Full Cream (Milk), Chai Spice (Sugar, Dextrose, Maltodextrin, Natural Flavours, Instant Tea, Ground Spices, Salt)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Café Chai Large	Permanent	No	Yes	480	423	2,030	3	14.6	3	14.4	2	9.8	15.1	72.5	12.3	59	60	287

Jack's Café Chai Large Lactose Free

Ingredients: Milk Lactose Free (Milk, Enzyme (Lactase)), Chai Spice (Sugar, Dextrose, Maltodextrin, Natural Flavours, Instant Tea, Ground Spices, Salt)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Café Chai Large Lactose Free	Permanent	No	Yes	480	421	2,022	3	14.2	3	14.4	2	9.8	15.1	72.5	12.3	59	60	287

Jack's Café Chai Large Oat

Ingredients: Milk Oat (Filtered Water, Whole Oats (Min. 8%), Sunflower Oil, Raw Sugar, Oat Flour, Gum Arabic, Minerals (Calcium Phosphate, Calcium Carbonate), Acidity Regulator (Potassium Phosphate), Sea Salt, Natural Flavour, Emulsifier (471)), Chai Spice (Sugar, Dextrose, Maltodextrin, Natural Flavours, Instant Tea, Ground Spices, Salt)

Contains: Gluten(Oats)

May be present: Gluten(Barley), Wheat, Milk, Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Café Chai Large Oat	Permanent	No	Yes	480	377	1,808	0.5	2.4	2.1	10.2	0.4	1.8	16.5	79.2	10.1	48.5	81	387

Jack's Café Chai Large Skim

Ingredients: Milk Skim (Skim Milk), Chai Spice (Sugar, Dextrose, Maltodextrin, Natural Flavours, Instant Tea, Ground Spices, Salt)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Café Chai Large Skim	Permanent	No	Yes	480	320	1,535	3.1	15	0.1	0.6	0.1	0.5	15.3	73.4	12.5	59.8	61	291

Jack's Cafe Nutella Coffee Ice Drink 12oz

Ingredients: Milk Full Cream (Milk), Sauce Nutella (Sugar, Vegetable Oil (Palm), Hazelnuts, Skim Milk Powder, Fat-Reduced Cocoa Powder, Emulsifier (Soy), Flavouring (Vanillin)), Water (Water), Cream Whipped (Cream (97%) (Milk), Gas Propellant (Nitrous Oxide), Emulsifier (471), Stabiliser (407)), Coffee Grinders (100% imported Coffee Beans)

Contains: Milk, Soy, Hazelnut

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Cafe Nutella Coffee Ice Drink 12oz	LTO	Yes	Yes	210	632	1,329	3.7	7.9	9.1	19.2	4.8	10.1	13.6	28.6	11	23.2	36	77
Coffee Extract Small			Yes	34	53	112	0.5	1.1	0.1	0.3	0	0.1	2.4	5.1	0	0.1	0	1

Jack's Cafe Nutella Coffee Ice Drink 16oz

Ingredients: Milk Full Cream (Milk), Water (Water), Sauce Nutella (Sugar, Vegetable Oil (Palm), Hazelnuts, Skim Milk Powder, Fat-Reduced Cocoa Powder, Emulsifier (Soy), Flavouring (Vanillin)), Cream Whipped (Cream (97%) (Milk), Gas Propellant (Nitrous Oxide), Emulsifier (471), Stabiliser (407)), Coffee Grinders (100% imported Coffee Beans)

Contains: Milk, Soy, Hazelnut

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Cafe Nutella Coffee Ice Drink 16oz	LTO	Yes	Yes	285	536	1,528	3.6	10.4	7.5	21.5	4.1	11.6	11.5	32.8	9.2	26.1	37	106
Coffee Extract Medium			Yes	43	49	140	0.5	1.4	0.1	0.3	0	0.2	2.2	6.3	0	0.1	0	1

Jack's Cafe Nutella Coffee Ice Drink 20oz

Ingredients: Milk Full Cream (Milk), Sauce Nutella (Sugar, Vegetable Oil (Palm), Hazelnuts, Skim Milk Powder, Fat-Reduced Cocoa Powder, Emulsifier (Soy), Flavouring (Vanillin)), Cream Whipped (Cream (97%) (Milk), Gas Propellant (Nitrous Oxide), Emulsifier (471), Stabiliser (407)), Water (Water), Coffee Grinders (100% imported Coffee Beans)

Contains: Milk, Soy, Hazelnut

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Cafe Nutella Coffee Ice Drink 20oz	LTO	Yes	Yes	330	490	1,619	3.6	12	7.3	24.1	4.1	13.4	9.3	30.8	9	29.7	43	142
Coffee Extract Large			Yes	50	5	164	0	1.6	0	0.3	0	0.2	0.2	7.4	0	0.1	0	1

Jack's Cafe Boosted Dirty Iced Chai Small

Ingredients: Milk Full Cream (Milk), Coffee Grinders (100% imported Coffee Beans), Chai Spice (Sugar, Dextrose, Maltodextrin, Natural Flavours, Instant Tea, Ground Spices, Salt), Cream Whipped (Cream (97%) (Milk), Gas Propellant (Nitrous Oxide), Emulsifier (471), Stabiliser (407))

Contains: Milk

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Cafe Boosted Dirty Iced Chai Small	LTO	Yes	Yes	201	861	1,731	5.6	11.3	5.1	10.4	3.4	6.9	33.6	67.6	13.9	28	55	111

Jack's Cafe Boosted Dirty Iced Chai Medium

Ingredients: Milk Full Cream (Milk), Chai Spice (Sugar, Dextrose, Maltodextrin, Natural Flavours, Instant Tea, Ground Spices, Salt), Coffee Grinders (100% imported Coffee Beans), Cream Whipped (Cream (97%) (Milk), Gas Propellant (Nitrous Oxide), Emulsifier (471), Stabiliser (407))

Contains: Milk

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Cafe Boosted Dirty Iced Chai Medium	LTO	Yes	Yes	235	863	2,029	5.1	12	4.7	11	3.1	7.3	35.2	82.7	16.8	39.6	62	146

Jack's Cafe Boosted Dirty Iced Chai Large

Ingredients: Milk Full Cream (Milk), Chai Spice (Sugar, Dextrose, Maltodextrin, Natural Flavours, Instant Tea, Ground Spices, Salt), Coffee Grinders (100% imported Coffee Beans), Cream Whipped (Cream (97%) (Milk), Gas Propellant (Nitrous Oxide), Emulsifier (471), Stabiliser (407))

Contains: Milk

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Cafe Boosted Dirty Iced Chai Large	LTO	Yes	Yes	289	827	2,392	4.6	13.4	4.2	12.3	2.8	8.2	34.5	99.7	18.2	52.6	66	191

Jack's Cafe Boosted Iced Coffee Small

Ingredients: Milk Full Cream (Milk), Coffee Grinders (100% imported Coffee Beans), Cream Whipped (Cream (97%) (Milk), Gas Propellant (Nitrous Oxide), Emulsifier (471), Stabiliser (407))

Contains: Milk

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Cafe Boosted Iced Coffee Small	LTO	Yes	Yes	168	722	1,213	6.6	11.2	6.1	10.3	4.1	6.9	22.5	37.9	3.4	5.7	33	55

Jack's Cafe Boosted Iced Coffee Medium

Ingredients: Milk Full Cream (Milk), Coffee Grinders (100% imported Coffee Beans), Cream Whipped (Cream (97%) (Milk), Gas Propellant (Nitrous Oxide), Emulsifier (471), Stabiliser (407))

Contains: Milk

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Cafe Boosted Iced Coffee Medium	LTO	Yes	Yes	182	686	1,249	6.4	11.6	5.9	10.8	3.9	7.2	21.1	38.5	3.5	6.4	33	61

Jack's Cafe Boosted Iced Coffee Large

Ingredients: Milk Full Cream (Milk), Coffee Grinders (100% imported Coffee Beans), Cream Whipped (Cream (97%) (Milk), Gas Propellant (Nitrous Oxide), Emulsifier (471), Stabiliser (407))

Contains: Milk

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Cafe Boosted Iced Coffee Large	LTO	Yes	Yes	199	650	1,293	6.1	12.2	5.7	11.4	3.8	7.6	19.7	39.2	3.5	7.1	34	69

Jack's Cafe Boosted Iced Mocha Small

Ingredients: Milk Full Cream (Milk), Coffee Grinders (100% imported Coffee Beans), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Cream Whipped (Cream (97%) (Milk), Gas Propellant (Nitrous Oxide), Emulsifier (471), Stabiliser (407))

Contains: Milk

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Cafe Boosted Iced Mocha Small	LTO	Yes	Yes	173	906	1,568	6.5	11.3	5.7	9.9	3.8	6.6	34	58.9	14.8	25.7	45	78

Jack's Cafe Boosted Iced Mocha Medium

Ingredients: Milk Full Cream (Milk), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100% imported Coffee Beans), Cream Whipped (Cream (97%) (Milk), Gas Propellant (Nitrous Oxide), Emulsifier (471), Stabiliser (407))

Contains: Milk

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Cafe Boosted Iced Mocha Medium	LTO	Yes	Yes	219	927	2,030	5.8	12.7	4.9	10.9	3.3	7.3	37.3	81.7	21.6	47.4	54	118

Jack's Cafe Boosted Iced Mocha Large

Ingredients: Milk Full Cream (Milk), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100% imported Coffee Beans), Cream Whipped (Cream (97%) (Milk), Gas Propellant (Nitrous Oxide), Emulsifier (471), Stabiliser (407))

Contains: Milk

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Cafe Boosted Iced Mocha Large	LTO	Yes	Yes	248	848	2,105	5.5	13.7	4.8	11.8	3.2	7.9	33.4	83	19.6	48.7	53	131

Jack's Cafe Boosted Iced Coffee Caramel Small

Ingredients: Milk Full Cream (Milk), Sauce Caramel Sundae (Sugar, Water, Glucose Syrup, Milk solids, Thickeners (1442, 401), Vegetable Fat [Vegetable Fat, Emulsifier (322)], Salt, Emulsifier (471), Acidity Regulators (500, 339), Preservative (202)), Coffee Grinders (100% imported Coffee Beans), Coffee Syrup Caramel (Australian Raw Sugar, Water, Natural Flavours, Burnt Sugar, Food Acid (Citric Acid), Preservative (Potassium Sorbate)), Cream Whipped (Cream (97%) (Milk), Gas Propellant (Nitrous Oxide), Emulsifier (471), Stabiliser (407))

Contains: Wheat, Milk, Natural Sulphites

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Cafe Boosted Iced Coffee Caramel Small	LTO	Yes	Yes	215	1,001	2,152	5.6	12	6.4	13.7	4.8	10.4	39.4	84.8	21.9	47.2	56	120

Jack's Cafe Boosted Iced Coffee Caramel Medium

Ingredients: Milk Full Cream (Milk), Sauce Caramel Sundae (Sugar, Water, Glucose Syrup, Milk solids, Thickeners (1442, 401), Vegetable Fat [Vegetable Fat, Emulsifier (322)], Salt, Emulsifier (471), Acidity Regulators (500, 339), Preservative (202)), Coffee Grinders (100% imported Coffee Beans), Coffee Syrup Caramel (Australian Raw Sugar, Water, Natural Flavours, Burnt Sugar, Food Acid (Citric Acid), Preservative (Potassium Sorbate)), Cream Whipped (Cream (97%) (Milk), Gas Propellant (Nitrous Oxide), Emulsifier (471), Stabiliser (407))

Contains: Wheat, Milk, Natural Sulphites

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Cafe Boosted Iced Coffee Caramel Medium	LTO	Yes	Yes	231	949	2,194	5.4	12.5	6.2	14.3	4.7	10.8	37	85.5	20.7	47.9	55	127

Jack's Cafe Boosted Iced Coffee Caramel Large

Ingredients: Milk Full Cream (Milk), Sauce Caramel Sundae (Sugar, Water, Glucose Syrup, Milk solids, Thickeners (1442, 401), Vegetable Fat [Vegetable Fat, Emulsifier (322)], Salt, Emulsifier (471), Acidity Regulators (500, 339), Preservative (202)), Coffee Grinders (100% imported Coffee Beans), Coffee Syrup Caramel (Australian Raw Sugar, Water, Natural Flavours, Burnt Sugar, Food Acid (Citric Acid), Preservative (Potassium Sorbate)), Cream Whipped (Cream (97%) (Milk), Gas Propellant (Nitrous Oxide), Emulsifier (471), Stabiliser (407))

Contains: Wheat, Milk, Natural Sulphites

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Cafe Boosted Iced Coffee Caramel Large	LTO	Yes	Yes	254	887	2,253	5.2	13.3	5.9	15.1	4.4	11.3	34	86.5	19.2	48.9	54	137

Jack's Cafe Boosted Iced Coffee Long Black Small

Ingredients: Water (Water), Coffee Grinders (100% imported Coffee Beans)

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Cafe Boosted Iced Coffee Long Black Small	LTO	Yes	Yes	218	331	722	3.2	7.1	0.6	1.4	0.3	0.6	14.9	32.6	0.2	0.5	0	1

Jack's Cafe Boosted Iced Coffee Long Black Medium

Ingredients: Water (Water), Coffee Grinders (100% imported Coffee Beans)

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Cafe Boosted Iced Coffee Long Black Medium	LTO	Yes	Yes	239	302	722	2.9	7.1	0.6	1.4	0.2	0.6	13.6	32.6	0.2	0.5	0	1

Jack's Cafe Boosted Iced Coffee Long Black Large

Ingredients: Water (Water), Coffee Grinders (100% imported Coffee Beans)

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Cafe Boosted Iced Coffee Long Black Large	LTO	Yes	Yes	254	284	722	2.8	7.1	0.5	1.4	0.2	0.6	12.8	32.6	0.2	0.5	0	1

Jack's Cafe Boosted Dirty Iced Chai Medium Lactose Free

Ingredients: Milk Lactose Free (Milk, Enzyme (Lactase)), Chai Spice (Sugar, Dextrose, Maltodextrin, Natural Flavours, Instant Tea, Ground Spices, Salt), Coffee Grinders (100% imported Coffee Beans), Cream Whipped (Cream (97%) (Milk), Gas Propellant (Nitrous Oxide), Emulsifier (471), Stabiliser (407))

Contains: Milk

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Cafe Boosted Dirty Iced Chai Medium Lactose Free	LTO	Yes	Yes	235	862	2,026	5	11.9	4.7	11	3.1	7.3	35.2	82.7	16.8	39.6	62	146

Jack's Cafe Boosted Dirty Iced Chai Medium Oat Milk

Ingredients: Milk Oat (Filtered Water, Whole Oats (Min. 8%), Sunflower Oil, Raw Sugar, Oat Flour, Gum Arabic, Minerals (Calcium Phosphate, Calcium Carbonate), Acidity Regulator (Potassium Phosphate), Sea Salt, Natural Flavour, Emulsifier (471)), Chai Spice (Sugar, Dextrose, Maltodextrin, Natural Flavours, Instant Tea, Ground Spices, Salt), Coffee Grinders (100% imported Coffee Beans), Cream Whipped (Cream (97%) (Milk), Gas Propellant (Nitrous Oxide), Emulsifier (471), Stabiliser (407))

Contains: Gluten(Oats), Milk

May be present: Wheat, Gluten(Barley), Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Cafe Boosted Dirty Iced Chai Medium Oat Milk	LTO	Yes	Yes	235	834	1,962	3.5	8.3	4.1	9.8	2.1	4.9	36.1	84.8	15.5	36.4	75	176

Jack's Cafe Boosted Dirty Iced Chai Medium Almond Milk

Ingredients: Milk Almond (Filtered water, Ground Almonds (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Chai Spice (Sugar, Dextrose, Maltodextrin, Natural Flavours, Instant Tea, Ground Spices, Salt), Coffee Grinders (100% imported Coffee Beans), Cream Whipped (Cream (97%) (Milk), Gas Propellant (Nitrous Oxide), Emulsifier (471), Stabiliser (407))

Contains: Milk, Almond

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Cafe Boosted Dirty Iced Chai Medium Almond Milk	LTO	Yes	Yes	235	811	1,907	3.6	8.6	4.4	10.4	2	4.8	33.9	79.8	15.4	36.1	73	173

Jack's Cafe Boosted Dirty Iced Chai Medium Skim Milk

Ingredients: Milk Skim (Skim Milk), Chai Spice (Sugar, Dextrose, Maltodextrin, Natural Flavours, Instant Tea, Ground Spices, Salt), Coffee Grinders (100% imported Coffee Beans), Cream Whipped (Cream (97%) (Milk), Gas Propellant (Nitrous Oxide), Emulsifier (471), Stabiliser (407))

Contains: Milk

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Cafe Boosted Dirty Iced Chai Medium Skim Milk	LTO	Yes	Yes	235	799	1,879	5.2	12.2	2.9	6.8	1.9	4.5	35.3	83	16.9	39.8	62	147

Jack's Cafe Boosted Dirty Iced Chai Medium Soy Milk

Ingredients: Milk Soy (Filtered Water, Whole Soybeans (min.14%), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331)), Chai Spice (Sugar, Dextrose, Maltodextrin, Natural Flavours, Instant Tea, Ground Spices, Salt), Coffee Grinders (100% imported Coffee Beans), Cream Whipped (Cream (97%) (Milk), Gas Propellant (Nitrous Oxide), Emulsifier (471), Stabiliser (407))

Contains: Milk, Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Cafe Boosted Dirty Iced Chai Medium Soy Milk	LTO	Yes	Yes	235	818	1,922	4.9	11.5	3.8	9	2	4.8	34.5	81.1	15.6	36.6	76	179

Jack's Cafe Boosted Dirty Iced Chai Small Lactose Free

Ingredients: Milk Lactose Free (Milk, Enzyme (Lactase)), Coffee Grinders (100% imported Coffee Beans), Chai Spice (Sugar, Dextrose, Maltodextrin, Natural Flavours, Instant Tea, Ground Spices, Salt), Cream Whipped (Cream (97%) (Milk), Gas Propellant (Nitrous Oxide), Emulsifier (471), Stabiliser (407))

Contains: Milk

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Cafe Boosted Dirty Iced Chai Small Lactose Free	LTO	Yes	Yes	201	860	1,729	5.6	11.2	5.1	10.4	3.4	6.9	33.6	67.6	13.9	28	55	111

Jack's Cafe Boosted Dirty Iced Chai Small Almond Milk

Ingredients: Milk Almond (Filtered water, Ground Almonds (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Coffee Grinders (100% imported Coffee Beans), Chai Spice (Sugar, Dextrose, Maltodextrin, Natural Flavours, Instant Tea, Ground Spices, Salt), Cream Whipped (Cream (97%) (Milk), Gas Propellant (Nitrous Oxide), Emulsifier (471), Stabiliser (407))

Contains: Milk, Almond

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Cafe Boosted Dirty Iced Chai Small Almond Milk	LTO	Yes	Yes	201	809	1,626	4.2	8.4	4.9	9.8	2.3	4.7	32.3	65	12.4	25	66	134

Jack's Cafe Boosted Dirty Iced Chai Small Oat Milk

Ingredients: Milk Oat (Filtered Water, Whole Oats (Min. 8%), Sunflower Oil, Raw Sugar, Oat Flour, Gum Arabic, Minerals (Calcium Phosphate, Calcium Carbonate), Acidity Regulator (Potassium Phosphate), Sea Salt, Natural Flavour, Emulsifier (471)), Coffee Grinders (100% imported Coffee Beans), Chai Spice (Sugar, Dextrose, Maltodextrin, Natural Flavours, Instant Tea, Ground Spices, Salt), Cream Whipped (Cream (97%) (Milk), Gas Propellant (Nitrous Oxide), Emulsifier (471), Stabiliser (407))

Contains: Gluten(Oats), Milk

May be present: Wheat, Gluten(Barley), Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Cafe Boosted Dirty Iced Chai Small Oat Milk	LTO	Yes	Yes	201	832	1,673	4	8.2	4.6	9.3	2.4	4.8	34.5	69.3	12.5	25.3	68	137

Jack's Cafe Boosted Dirty Iced Chai Small Skim Milk

Ingredients: Milk Skim (Skim Milk), Coffee Grinders (100% imported Coffee Beans), Chai Spice (Sugar, Dextrose, Maltodextrin, Natural Flavours, Instant Tea, Ground Spices, Salt), Cream Whipped (Cream (97%) (Milk), Gas Propellant (Nitrous Oxide), Emulsifier (471), Stabiliser (407))

Contains: Milk

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Cafe Boosted Dirty Iced Chai Small Skim Milk	LTO	Yes	Yes	201	797	1,602	5.7	11.4	3.4	6.8	2.2	4.5	33.7	67.8	14	28.2	55	112

Jack's Cafe Boosted Dirty Iced Chai Small Soy Milk

Ingredients: Milk Soy (Filtered Water, Whole Soybeans (min.14%), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331)), Coffee Grinders (100% imported Coffee Beans), Chai Spice (Sugar, Dextrose, Maltodextrin, Natural Flavours, Instant Tea, Ground Spices, Salt), Cream Whipped (Cream (97%) (Milk), Gas Propellant (Nitrous Oxide), Emulsifier (471), Stabiliser (407))

Contains: Milk, Soy

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Cafe Boosted Dirty Iced Chai Small Soy Milk	LTO	Yes	Yes	201	815	1,639	5.4	10.9	4.3	8.6	2.3	4.7	32.9	66.1	12.6	25.5	69	139

Jack's Cafe Nutella Coffee Small

Ingredients: Milk Full Cream (Milk), Sauce Nutella (Sugar, Vegetable Oil (Palm), Hazelnuts, Skim Milk Powder, Fat-Reduced Cocoa Powder, Emulsifier (Soy), Flavouring (Vanillin)), Water (Water), Cream Whipped (Cream (97%) (Milk), Gas Propellant (Nitrous Oxide), Emulsifier (471), Stabiliser (407)), Coffee Grinders (100% imported Coffee Beans)

Contains: Milk, Soy, Hazelnut

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Cafe Nutella Coffee Small	LTO	Yes	Yes	324	591	1,915	3.7	12.1	8.4	27.1	4.2	13.6	12.8	41.6	11.1	36.1	38	125
Coffee Extract Small			Yes	34	35	112	0.3	1.1	0.1	0.3	0	0.1	1.6	5.1	0	0.1	0	1

Jack's Cafe Nutella Coffee Small (no cream)

Ingredients: Milk Full Cream (Milk), Sauce Nutella (Sugar, Vegetable Oil (Palm), Hazelnuts, Skim Milk Powder, Fat-Reduced Cocoa Powder, Emulsifier (Soy), Flavouring (Vanillin)), Water (Water), Coffee Grinders (100% imported Coffee Beans)

Contains: Milk, Soy, Hazelnut

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Cafe Nutella Coffee Small (no cream)	LTO	Yes	Yes	309	553	1,711	3.8	11.8	7.1	22	3.3	10.2	13.3	41.1	11.5	35.6	39	121
Coffee Extract Small			Yes	34	36	112	0.4	1.1	0.1	0.3	0	0.1	1.6	5.1	0	0.1	0	1

Jack's Cafe Nutella Coffee Medium

Ingredients: Milk Full Cream (Milk), Sauce Nutella (Sugar, Vegetable Oil (Palm), Hazelnuts, Skim Milk Powder, Fat-Reduced Cocoa Powder, Emulsifier (Soy), Flavouring (Vanillin)), Water (Water), Cream Whipped (Cream (97%) (Milk), Gas Propellant (Nitrous Oxide), Emulsifier (471), Stabiliser (407)), Coffee Grinders (100% imported Coffee Beans)

Contains: Milk, Soy, Hazelnut

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Cafe Nutella Coffee Medium	LTO	Yes	Yes	453	563	2,548	3.7	16.9	7.8	35.4	3.9	17.6	12.4	56.1	10.8	49.1	39	177
Coffee Extract Medium			Yes	43	31	140	0.3	1.4	0.1	0.3	0	0.2	1.4	6.3	0	0.1	0	1

Jack's Cafe Nutella Coffee Large

Ingredients: Milk Full Cream (Milk), Sauce Nutella (Sugar, Vegetable Oil (Palm), Hazelnuts, Skim Milk Powder, Fat-Reduced Cocoa Powder, Emulsifier (Soy), Flavouring (Vanillin)), Water (Water), Cream Whipped (Cream (97%) (Milk), Gas Propellant (Nitrous Oxide), Emulsifier (471), Stabiliser (407)), Coffee Grinders (100% imported Coffee Beans)

Contains: Milk, Soy, Hazelnut

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Cafe Nutella Coffee Large	LTO	Yes	Yes	515	578	2,980	3.8	19.5	8.3	42.7	4.1	21.1	12.2	62.9	11.9	61.2	43	221
Coffee Extract Large			Yes	50	3	164	0	1.6	0	0.3	0	0.2	0.1	7.4	0	0.1	0	1