

Nutritional Guide Report

Jack's Fried Chicken Tropical

**Ingredients:** Chicken Jack's Fried (Chicken (64%), Flour (Wheat, Maize), Water, Starch (Wheat, Potato, Tapioca), Vegetable Oil, Vegetable Powders, Yeast, Salt, Mineral Salts (450, 500, 451, 452), Spices, Vegetable Gum (415).), Bun BriocheWheat Flour, Water, Canola Oil, Sugar, Bakers Yeast,Wheat Gluten , Modified Potato Starch (1420), Iodised Salt, Soy Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), Wheat Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (Wheat).), Pineapple Slice (Pineapple (57%), Water, Sugar, Food Acid (Citric Acid).), Mayonnaise Soybean Oil (<0.001% Tocopherol [Vitamin E]), Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour), Bacon (Pork, Water, Cure [Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250)], Wood Smoke), Cheese SOS (Cheese (Made From CowMilk, Salt, Culture, Microbial/Calves Rennet), Water, Non-FatMilk Solids (From Cows Milk), Milk Solids (From Cows Milk), Emulsifiers (331(iii), 322(i)), Acidity Regulators (E330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Lettuce (Iceberg Lettuce), Sauce BBQ Smoky (Tomato Puree (48%), Sugar, Vinegar, Apple Paste, Thickener, Caramel Colour, Molasses, Salt, Smoke Flavour, Dehydrated Vegetables, Worcestershire Flavour, Spice), Butter ClarifiedMilk Fat)

**Contains:** Wheat, Eggs, Milk, Soy

**May be present:** Sesame

Description	Store Status	Available in Select Stores	Halal?	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Fried Chicken Tropical	LTO	Yes	No	991		12.67		16.15		3.77		19.21		3.68		510.81	

Jack's Fried Chicken Classic

**Ingredients:** Chicken Jack's Fried (Chicken (64%), Flour (Wheat, Maize), Water, Starch (Wheat, Potato, Tapioca), Vegetable Oil, Vegetable Powders, Yeast, Salt, Mineral Salts (450, 500, 451, 452), Spices, Vegetable Gum (415).), Bun BriocheWheat Flour, Water, Canola Oil, Sugar, Bakers Yeast,Wheat Gluten , Modified Potato Starch (1420), Iodised Salt, Soy Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), Wheat Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (Wheat).), Mayonnaise (Soybean Oil (<0.001% Tocopherol [Vitamin E]), Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour), Lettuce (Iceberg Lettuce), Butter Clarified (Milk Fat)

**Contains:** Wheat, Eggs, Milk, Soy

**May be present:** Sesame

Description	Store Status	Available in Select Stores	Halal?	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Fried Chicken Classic	Permanent	Yes	Yes	1,077		13.66		18.28		3.64		20.9		1.93		460.38	

Jack's Fried Chicken Classic Cheese & Bacon

**Ingredients:** Chicken Jack's Fried (Chicken (64%), Flour (Wheat, Maize), Water, Starch (Wheat, Potato, Tapioca), Vegetable Oil, Vegetable Powders, Yeast, Salt, Mineral Salts (450, 500, 451, 452), Spices, Vegetable Gum (415).), Bun BriocheWheat Flour, Water, Canola Oil, Sugar, Bakers Yeast,Wheat Gluten , Modified Potato Starch (1420), Iodised Salt, Soy Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), Wheat Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (Wheat).), Sauce Signature Extra Spicy (Vegetable Oil, Water, Gherkin Puree (Gherkin, Food Acid [260]), Vinegar, Reconstituted Lemon Juice, Sugar, Chilli (Food Acid [260]), Thickeners (1442, 415), SaltEgg Yolk Powder, Mustard Flour, Spices, Colour (160c), Preservatives (202, 211, 234), Acidity Regulator (330), Natural Flavours.), Bacon (Pork, Water, Cure [Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250)], Wood Smoke), Cheese SOS (Cheese (Made From CowMilk, Salt, Culture, Microbial/Calves Rennet), Water, Non-FatMilk Solids (From Cows Milk), Milk Solids (From Cows Milk), Emulsifiers (331(iii), 322(i)), Acidity Regulators (E330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Lettuce (Iceberg Lettuce), Butter Clarified (Milk Fat)

**Contains:** Wheat, Eggs, Milk, Soy

**May be present:** Sesame

Description	Store Status	Available in Select Stores	Halal?	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Fried Chicken Classic Cheese & Bacon	Permanent	Yes	No	1,061		14.09		18.01		4.18		18.92		1.91		552.52	

Jack's Fried Chicken Spicy Cheese & Bacon

**Ingredients:** Chicken Jack's Fried (Chicken (64%), Flour (Wheat, Maize), Water, Starch (Wheat, Potato, Tapioca), Vegetable Oil, Vegetable Powders, Yeast, Salt, Mineral Salts (450, 500, 451, 452), Spices, Vegetable Gum (415).), Bun BriocheWheat Flour, Water, Canola Oil, Sugar, Bakers Yeast,Wheat Gluten , Modified Potato Starch (1420), Iodised Salt, Soy Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), Wheat Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (Wheat).), Sauce Signature Extra Spicy (Vegetable Oil, Water, Gherkin Puree (Gherkin, Food Acid [260]), Vinegar, Reconstituted Lemon Juice, Sugar, Chilli (Food Acid [260]), Thickeners (1442, 415), SaltEgg Yolk Powder, Mustard Flour, Spices, Colour (160c), Preservatives (202, 211, 234), Acidity Regulator (330), Natural Flavours.), Bacon (Pork, Water, Cure [Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250)], Wood Smoke), Cheese SOS (Cheese (Made From CowMilk, Salt, Culture, Microbial/Calves Rennet), Water, Non-FatMilk Solids (From Cows Milk), Milk Solids (From Cows Milk), Emulsifiers (331(iii), 322(i)), Acidity Regulators (E330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Lettuce (Iceberg Lettuce), Butter Clarified (Milk Fat)

**Contains:** Wheat, Eggs, Milk, Soy

**May be present:** Sesame

Description	Store Status	Available in Select Stores	Halal?	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Fried Chicken Spicy Cheese & Bacon	Permanent	Yes	No	1,123		14.08		14.81		3.39		19.21		2.2		586.42	

Jack's Fried Chicken Spicy

**Ingredients:** Chicken Jack's Fried (Chicken (64%), Flour (Wheat, Maize), Water, Starch (Wheat, Potato, Tapioca), Vegetable Oil, Vegetable Powders, Yeast, Salt, Mineral Salts (450, 500, 451, 452), Spices, Vegetable Gum (415).), Bun BriocheWheat Flour, Water, Canola Oil, Sugar, Bakers Yeast,Wheat Gluten , Modified Potato Starch (1420), Iodised Salt, Soy Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), Wheat Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (Wheat).), Sauce Signature Extra Spicy (Vegetable Oil, Water, Gherkin Puree (Gherkin, Food Acid [260]), Vinegar, Reconstituted Lemon Juice, Sugar, Chilli (Food Acid [260]), Thickeners (1442, 415), SaltEgg Yolk Powder, Mustard Flour, Spices, Colour (160c), Preservatives (202, 211, 234), Acidity Regulator (330), Natural Flavours.), Lettuce (Iceberg Lettuce), Butter Clarified (Milk Fat)

**Contains:** Wheat, Eggs, Milk, Soy

**May be present:** Sesame

Description	Store Status	Available in Select Stores	Halal?	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Fried Chicken Spicy	Permanent	Yes	Yes	1,146		13.64		14.7		2.75		21.22		2.26		498.3	

Jack's Fried Chicken Parmi

**Ingredients:** Chicken Jack's Fried (Chicken (64%), Flour (Wheat, Maize), Water, Starch (Wheat, Potato, Tapioca), Vegetable Oil, Vegetable Powders, Yeast, Salt, Mineral Salts (450, 500, 451, 452), Spices, Vegetable Gum (415).), Bun BriocheWheat Flour, Water, Canola Oil, Sugar, Bakers Yeast,Wheat Gluten , Modified Potato Starch (1420), Iodised Salt, Soy Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), Wheat Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (Wheat).), Sauce Napoliata (Tomato (46%), Water, Vinegar, Thickener (1422), Tomato Paste, Onion, Sugar, Garlic, Salt, Acidity Regulator (330), Herbs, Spices, Preservatives (202, 211)), MayonnaiseSoybean Oil (<0.001% Tocopherol [Vitamin E]), Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour), Cheese Natural (Milk, Salt, Starter Culture, Rennet), Bacon (Pork, Water, Cure [Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250)], Wood Smoke), Butter Clarified (Milk Fat)

**Contains:** Wheat, Eggs, Milk, Soy

**May be present:** Sesame

Description	Store Status	Available in Select Stores	Halal?	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Fried Chicken Parmi	Trial	Yes	No	1,036		13.75		17.55		4.63		18.21		2.21		538.68	

Jack's Fried Chicken Mexican Deluxe

**Ingredients:** Chicken Jack's Fried (Chicken (64%), Flour (Wheat, Maize), Water, Starch (Wheat, Potato, Tapioca), Vegetable Oil, Vegetable Powders, Yeast, Salt, Mineral Salts (450, 500, 451, 452), Spices, Vegetable Gum (415).), Bun BriocheWheat Flour, Water, Canola Oil, Sugar, Bakers Yeast,Wheat Gluten , Modified Potato Starch (1420), Iodised Salt, Soy Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), Wheat Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (Wheat).), Sauce Tomato Relish Hot (Tomato (48%), Sugar, Vinegar, Onion, Thickener (1422), Tomato Paste, Garlic, Salt, Spices), Sauce Smoky Chipotle (Vegetable Oil (Includes Antioxidant (207)), Water, Sugar, VinegoEgg Yolk, Tomato Paste, Lemon Juice Concentrate, Salt, Thickeners (1442, 1450, 415), Spices (Includes Chipotle Chilli (<1%), Vegetable Powders, Smoke Flavour (Barley), Yeast Extract, Preservative (202)), Bacon (Pork, Water, Cure [Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250)], Wood Smoke), Jalapeno Slice (Jalapenos (57%), Brine (Water, Vinegar, Salt, Calcium Chloride)), Cheese SOS (Cheese (Made From CowsMilk, Salt, Culture, Microbial/Calves Rennet), Water, Non-FatMilk Solids (From Cows Milk), Milk Solids (From Cows Milk), Emulsifiers (331(iii), 322(i)), Acidity Regulators (E330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Corn Chips (Corn Flour (76%), Vegetable Oil, Water, Salt.), Butter Clarified (Milk Fat)

**Contains:** Wheat, Eggs, Milk, Soy

**May be present:** Fish, Lupins, Mollusc, Peanuts, Sesame

Description	Store Status	Available in Select Stores	Halal?	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
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Jack's Fried Chicken Mexican Deluxe	Trial	Yes	No		1,080			12.9			13.69			3.19			20.86			3.86			591.28	
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Jack's Fried Chicken Texan

**Ingredients:** Chicken Jack's Fried (Chicken (64%), Flour (**Wheat**, Maize), Water, Starch (**Wheat**, Potato, Tapioca), Vegetable Oil, Vegetable Powders, Yeast, Salt, Mineral Salts (450, 500, 451, 452), Spices, Vegetable Gum (415).), Bun Brioche**Wheat** Flour, Water, Canola Oil, Sugar, Bakers Yeast,**Wheat** <sup>Gluten</sup> , Modified Potato Starch (1420), Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**.)), Sauce Cracked Pepper Mayonnaise (Vegetable Oil [Includes Antioxidant (307)], Water, Vinegar,**Egg** Yolk (3.6%), Sugar, **Milk** Solids, Cracked Black Peppercorn (2.0%), Salt, Thickeners (1442, 1450, 415), Vegetable Powders, Flavour, Spice, Food Acid (270), Spice Extract, Preservative (202), Antioxidant (385).), Bacon (Pork, Water, Cure [Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250)]., Wood Smoke), Cheese SOS (Cheese (Made From Cow**Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat**Milk** Solids (From Cows **Milk**), **Milk** Solids (From Cows **Milk**), Emulsifiers (331(ii), 322(i)), Acidity Regulators (E330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Lettuce (Iceberg Lettuce), Sauce BBQ Smoky (Tomato Puree (48%), Sugar, Vinegar, Apple Paste, Thickener, Caramel Colour, Molasses, Salt, Smoke Flavour, Dehydrated Vegetables, Worcestershire Flavour, Spice.), Butter Clarified**Milk** Fat)

Contains: Wheat, Eggs, Milk, Soy

May be present: Fish, Sesame

Description	Store Status	Available in Select Stores	Halal?	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Fried Chicken Texan	LTO	Yes	No	1,148		13.78		15.52		3.47		19.5		2.61		572.09	

Jack's Fried Chicken Aussie

**Ingredients:** Chicken Jack's Fried (Chicken (64%), Flour (**Wheat**, Maize), Water, Starch (**Wheat**, Potato, Tapioca), Vegetable Oil, Vegetable Powders, Yeast, Salt, Mineral Salts (450, 500, 451, 450), Spices, Vegetable Gum (415).), Bun Brioche**Wheat** Flour, Water, Canola Oil, Sugar, Bakers Yeast,**Wheat** <sup>Gluten</sup> , Modified Potato Starch (1420), Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**.)), Beetroot (Beetroot (58%), Water, Sugar, Food Acid (Acetic), Salt, Flavours), Bacon (Pork, Water, Cure [Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250)], Wood Smoke), Cheese SOS (Cheese (Made From Cow**Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat**Milk** Solids (From Cows **Milk**), **Milk** Solids (From Cows **Milk**), Emulsifiers (331(ii), 322(i)), Acidity Regulators (E330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Lettuce (Iceberg Lettuce), Butter Clarified (**Milk** Fat), **Eggs** (**Egg**)

Contains: Wheat, Eggs, Milk, Soy

May be present: Sesame, Tree Nut (Almond)

Description	Store Status	Available in Select Stores	Halal?	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Jack's Fried Chicken Aussie	LTO	Yes	No	907		13.01		10.91		3.02		16.08		2.62		450.58	

Chicken Royale

**Ingredients:** Chicken Royale (Chicken (41%), Flour (**Wheat**, Maize, Rice), Water, Vegetable Oil, Thickeners (1404, 1412, Salt, **Soy** Protein, **Wheat** Fibre, **Wheat** Starch, Dehydrated Vegetables, Mineral Salts (341, 500, 451, 450), Yeast Extract, Maltodextrin, Food Acids (330, 270), Spice Extract,**Milk** Powder, Spice, Yeast, **Wheat** <sup>Gluten</sup> , Sugar, Colours (100, 160c).), Bun **Sesame** Glazed 4" (**Wheat** Flour, Water, Baker s Yeast, Sugar, Canola Oil,**Wheat** <sup>Gluten</sup> , **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**.)), Mayonnaise (**Soybean** Oil (<0.001% Tocopherol [Vitamin E]), **Egg** Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour), Lettuce (Iceberg Lettuce)

Contains: Wheat, Eggs, Milk, Sesame, Soy

Description	Store Status	Available in Select Stores	Halal?	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Chicken Royale	Permanent	Yes	Yes	948		7.71		18.36		2.87		28.15		3.28		419.69	

Grilled Chicken Classic

**Ingredients:** Chicken Grilled (Chicken (94%), Water, Salt, Thickeners (1442, 407), Mineral Salts (451, 450), Dextrose, Sugar, Spice, Flavours, Hydrolysed Vegetable Protein (Corn), Spice Extract.), Bun**Sesame** Glazed 4" (**Wheat** Flour, Water, Baker s Yeast, Sugar, Canola Oil,**Wheat** <sup>Gluten</sup> , **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**.)), Sauce Ranch (Canola Oil, Water, Vinegar, Mustard [Water, Mustard Seed, Salt, Vinegar, Sugar, Food Acid (Acetic Acid), Celery Powder, Turmeric, Natural Flavour**Egg** Yolk, Worcestershire Sauce, Thickeners (1442, 415), Salt, Sugar, Reconstituted Lemon Juice, Herbs (0.3%), Preservatives (211, 202),**Milk** Solids, Spice.), Tomato Slice (Tomato), Lettuce (Iceberg Lettuce)

Contains: Wheat, Eggs, Milk, Sesame, Soy

Description	Store Status	Available in Select Stores	Halal?	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Grilled Chicken Classic	Permanent	No	Yes	887		13.65		10.31		1.1		15.99		2.56		402.62	

Grilled Chicken Spicy

**Ingredients:** Chicken Grilled (Chicken (94%), Water, Salt, Thickeners (1442, 407), Mineral Salts (451, 450), Dextrose, Sugar, Spice, Flavours, Hydrolysed Vegetable Protein (Corn), Spice Extract.), Bun**Sesame** Glazed 4" (**Wheat** Flour, Water, Baker s Yeast, Sugar, Canola Oil,**Wheat** <sup>Gluten</sup> , **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**.)), Sauce Signature Extra Spicy (Vegetable Oil, Water, Gherkin Puree (Gherkin, Food Acid [260]), Vinegar, Reconstituted Lemon Juice, Sugar, Chilli (Food Acid [260]), Thickeners (1442, 415), Salt,**Egg** Yolk Powder, Mustard Flour, Spices, Colour (160c), Preservatives (202, 211, 234), Acidity Regulator (330), Natural Flavours.), Tomato Slice (Tomato), Lettuce (Iceberg Lettuce)

Contains: Wheat, Eggs, Sesame, Soy

Description	Store Status	Available in Select Stores	Halal?	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Grilled Chicken Spicy	Permanent	Yes	Yes	840		13.63		8.82		0.95		16.45		3.08		439.91	

Grilled Chicken Spicy Cheese Bacon

**Ingredients:** Chicken Grilled (Chicken (94%), Water, Salt, Thickeners (1442, 407), Mineral Salts (451, 450), Dextrose, Sugar, Spice, Flavours, Hydrolysed Vegetable Protein (Corn), Spice Extract.), Bun**Sesame** Glazed 4" (**Wheat** Flour, Water, Baker s Yeast, Sugar, Canola Oil,**Wheat** <sup>Gluten</sup> , **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**.)), Sauce Signature Extra Spicy (Vegetable Oil, Water, Gherkin Puree (Gherkin, Food Acid [260]), Vinegar, Reconstituted Lemon Juice, Sugar, Chilli (Food Acid [260]), Thickeners (1442, 415), Salt,**Egg** Yolk Powder, Mustard Flour, Spices, Colour (160c), Preservatives (202, 211, 234), Acidity Regulator (330), Natural Flavours.), Bacon (Pork, Water, Cure [Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250)], Wood Smoke), Tomato Slice (Tomato), Cheese SOS (Cheese (Made From Cows **Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat**Milk** Solids (From Cows **Milk**), **Milk** Solids (From Cows **Milk**), Emulsifiers (331(ii), 322(i)), Acidity Regulators (E330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Lettuce (Iceberg Lettuce)

Contains: Wheat, Eggs, Milk, Sesame, Soy

Description	Store Status	Available in Select Stores	Halal?	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Grilled Chicken Spicy Cheese Bacon	Permanent	Yes	No	855		14.3		9.93		2.2		14.16		2.86		582.52	

Grilled Chicken Classic Cheese Bacon

**Ingredients:** Chicken Grilled (Chicken (94%), Water, Salt, Thickeners (1442, 407), Mineral Salts (451, 450), Dextrose, Sugar, Spice, Flavours, Hydrolysed Vegetable Protein (Corn), Spice Extract.), Bun**Sesame** Glazed 4" (**Wheat** Flour, Water, Baker s Yeast, Sugar, Canola Oil,**Wheat** <sup>Gluten</sup> , **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**.)), Sauce Napolitana (Tomato (46%), Water, Vinegar, Thickener (1422), Tomato Paste, Onion, Sugar, Garlic, Salt, Acidity Regulator (330), Herbs, Spices, Preservatives (202, 211)), Mayonnaise**Soybean** Oil (<0.001% Tocopherol [Vitamin E]), **Egg** Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour), Cheese Natural **Milk**, Salt, Starter Culture, Rennet), Bacon (Pork, Water, Cure [Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250)], Wood Smoke)

Contains: Wheat, Eggs, Milk, Sesame, Soy

Description	Store Status	Available in Select Stores	Halal?	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
Grilled Chicken Classic Cheese Bacon	Permanent	Yes	No	894		14.31		11.18		2.33		13.78		2.42		551.2	

Grilled Chicken Parmi

**Ingredients:** Chicken Grilled (Chicken (94%), Water, Salt, Thickeners (1442, 407), Mineral Salts (451, 450), Dextrose, Sugar, Spice, Flavours, Hydrolysed Vegetable Protein (Corn), Spice Extract.), Bun**Sesame** Glazed 4" (**Wheat** Flour, Water, Baker s Yeast, Sugar, Canola Oil,**Wheat** <sup>Gluten</sup> , **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**.)), Sauce Napolitana (Tomato (46%), Water, Vinegar, Thickener (1422), Tomato Paste, Onion, Sugar, Garlic, Salt, Acidity Regulator (330), Herbs, Spices, Preservatives (202, 211)), Mayonnaise**Soybean** Oil (<0.001% Tocopherol [Vitamin E]), **Egg** Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour), Cheese Natural **Milk**, Salt, Starter Culture, Rennet), Bacon (Pork, Water, Cure [Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250)], Wood Smoke)

Contains: Wheat, Eggs, Milk, Sesame, Soy

Description	Store Status	Available in Select Stores	Halal?	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
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Grilled Chicken Parmi	Permanent	Yes	No		813			14.71		15.49		4.43		14.26		2.98		548.23	
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Grilled Chicken Mexican Deluxe

**Ingredients:** Chicken Grilled (Chicken (94%), Water, Salt, Thickeners (1442, 407), Mineral Salts (451, 450), Dextrose, Sugar, Spice, Flavours, Hydrolysed Vegetable Protein (Corn), Spice Extract.), Bun**Sesame** Glazed 4" (**Wheat** Flour, Water, Baker s Yeast, Sugar, Canola Oil**Wheat** Gluten , **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**), Sauce Tomato Relish Hot (Tomato (48%), Sugar, Vinegar, Onion, Thickener (1422), Tomato Paste, Garlic, Salt, Spices.), Sauce Smoky Chipotle (Vegetable Oil [Includes Antioxidant (307)], Water, Sugar, Vinega**Egg** Yolk, Tomato Paste, Lemon Juice Concentrate, Salt, Thickeners (1442, 1450, 415), Spices [Includes Chipotle Chilli (<1%), Vegetable Powders, Smoke Flavour **Barley**], Yeast Extract, Preservative (202).), Bacon (Pork, Water, Cure [Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250)], Wood Smoke), Jalapeno Slice (Jalapenos (57%), Brine (Water, Vinegar, Salt, Calcium Chloride)), Tomato Slice (Tomato), Cheese SOS (Cheese (Made From Cow**Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat**Milk** Solids (From Cows **Milk**), **Milk** Solids (From Cows **Milk**), Emulsifiers (331(iii), 322(i)), Acidity Regulators (E330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Lettuce (Iceberg Lettuce), Corn Chips (Corn Flour (76%), Vegetable Oil, Water, Salt.)

Contains: Wheat, Eggs, Milk, Sesame, Soy

May be present: Fish

Description	Store Status	Available in Sele ct Stores	Halal?	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serv ing	Total Fat	Total Fat Per Ser ving	Saturated Fat	Saturated Fat Pe r Serving	Carbohydrates	Carbohydrates P er Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serv ing
Grilled Chicken Mexican Deluxe	Trial	Yes	No	809		12.08		8.85		2.04		16.76		4.96		565.33	

Grilled Chicken Texan

**Ingredients:** Chicken Grilled (Chicken (94%), Water, Salt, Thickeners (1442, 407), Mineral Salts (451, 450), Dextrose, Sugar, Spice, Flavours, Hydrolysed Vegetable Protein (Corn), Spice Extract.), Bun**Sesame** Glazed 4" (**Wheat** Flour, Water, Baker s Yeast, Sugar, Canola Oil**Wheat** Gluten , **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**), Sauce Cracked Pepper Mayonnaise (Vegetable Oil [Includes Antioxidant (307)], Water, Vinegar**Egg** Yolk (3.6%), Sugar, **Milk** Solids, Cracked Black Peppercom (2.0%), Salt, Thickeners (1442, 1450, 415), Vegetable Powders, Flavour, Spice, Food Acid (270), Spice Extract, Preservative (202), Antioxidant (385).), Bacon (Pork, Water, Cure [Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250)], Wood Smoke), Tomato Slice (Tomato), Cheese SOS (Cheese (Made From Cow**Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat**Milk** Solids (From Cows **Milk**), **Milk** Solids (From Cows **Milk**), Emulsifiers (331(iii), 322(i)), Acidity Regulators (E330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Lettuce (Iceberg Lettuce), Sauce BBQ Smoky (Tomato Puree (48%), Sugar, Vinegar, Apple Paste, Thickener, Caramel Colour, Molasses, Salt, Smoke Flavour, Dehydrated Vegetables, Worcestershire Flavour, Spice.)

Contains: Wheat, Eggs, Milk, Sesame, Soy

May be present: Added Sulphites , Fish

Description	Store Status	Available in Sele ct Stores	Halal?	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serv ing	Total Fat	Total Fat Per Ser ving	Saturated Fat	Saturated Fat Pe r Serving	Carbohydrates	Carbohydrates P er Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serv ing
Grilled Chicken Texan	LTO	Yes	No	902		13.85		11.17		2.37		14.77		3.44		561.24	

Grilled Chicken Aussie

**Ingredients:** Chicken Grilled (Chicken (94%), Water, Salt, Thickeners (1442, 407), Mineral Salts (451, 450), Dextrose, Sugar, Spice, Flavours, Hydrolysed Vegetable Protein (Corn), Spice Extract.), Bun**Sesame** Glazed 4" (**Wheat** Flour, Water, Baker s Yeast, Sugar, Canola Oil**Wheat** Gluten , **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**), Beetroot (Beetroot (58%), Water, Sugar, Food Acid (Acetic), Salt, Flavours), Mayonnaise **Soybean** Oil (<0.001% Tocopherol [Vitamin E]), **Egg** Yolks, Water, Distilled Vinegar, Com Syrup, Salt, Sugar, Mustard Flour), Bacon (Pork, Water, Cure [Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250)], Wood Smoke), Tomato Slice (Tomato), Cheese SOS (Cheese (Made From Cow**Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat**Milk** Solids (From Cows **Milk**), **Milk** Solids (From Cows **Milk**), Emulsifiers (331(iii), 322(i)), Acidity Regulators (E330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Lettuce (Iceberg Lettuce), **Eggs** (**Egg**)

Contains: Wheat, Eggs, Milk, Sesame, Soy

Description	Store Status	Available in Sele ct Stores	Halal?	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serv ing	Total Fat	Total Fat Per Ser ving	Saturated Fat	Saturated Fat Pe r Serving	Carbohydrates	Carbohydrates P er Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serv ing
Grilled Chicken Aussie	LTO	Yes	No	648		11.93		11.63		2.89		10.78		3.11		411.05	

Grilled Chicken Tropical

**Ingredients:** Chicken Grilled (Chicken (94%), Water, Salt, Thickeners (1442, 407), Mineral Salts (451, 450), Dextrose, Sugar, Spice, Flavours, Hydrolysed Vegetable Protein (Corn), Spice Extract.), Bun**Sesame** Glazed 4" (**Wheat** Flour, Water, Baker s Yeast, Sugar, Canola Oil**Wheat** Gluten , **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**), Pineapple Slice (Pineapple (57%), Water, Sugar, Food Acid (Citric Acid)), Mayonnaise **Soybean** Oil (<0.001% Tocopherol [Vitamin E]), **Egg** Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour), Bacon (Pork, Water, Cure [Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250)], Wood Smoke), Tomato Slice (Tomato), Cheese SOS (Cheese (Made From Cow**Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat**Milk** Solids (From Cows **Milk**), **Milk** Solids (From Cows **Milk**), Emulsifiers (331(iii), 322(i)), Acidity Regulators (E330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Lettuce (Iceberg Lettuce), Sauce BBQ Smoky (Tomato Puree (48%), Sugar, Vinegar, Apple Paste, Thickener, Caramel Colour, Molasses, Salt, Smoke Flavour, Dehydrated Vegetables, Worcestershire Flavour, Spice.)

Contains: Wheat, Eggs, Milk, Sesame, Soy

Description	Store Status	Available in Sele ct Stores	Halal?	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serv ing	Total Fat	Total Fat Per Ser ving	Saturated Fat	Saturated Fat Pe r Serving	Carbohydrates	Carbohydrates P er Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serv ing
Grilled Chicken Tropical	LTO	Yes	No	705		12.24		12.59		2.92		14.92		4.88		474.58	