

Nutritional Guide Report

* Nutritional base values are calculated per 100g

Biscoff Shake Large

Ingredients: Shake Mix (Milk, Milk Solids, Sugar, Cream, Maltodextrin (Maize), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour), Biscuit Crumb Biscoff Wheat Flour, Sugar, Vegetable Oils (Palm Oil, Canola Oil), Candy Sugar Syrup, Raising Agent (Sodium Bicarbonate), Salt, Cinnamon), Sauce Biscoff (Original Caramelised Biscuits (52%) Wheat Flour, Sugar, Vegetable Oils (Palm Oil, Canola Oil), Candy Sugar Syrup, Raising Agent (Sodium Bicarbonate),Soy Flour, Salt, Cinnamon), Canola Oil, Sugar, Emulsifier (Soy Lecithin), Acid (Citric Acid)

Contains: Wheat (Gluten), Milk, Soy

Description	status	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Biscoff Shake Large	None	Permanent	Yes	Yes		748		4.3		6.7		3.1		25.2		18.6		123	
Biscuit Crumb Biscoff	Approved	Permanent		Yes		2,021		4.9		19		8		72.6		38.1		370	
Sauce Biscoff	Approved	Permanent		Yes		2,790		2.6		55.8		8.2		39.8		21.8		193	
Shake Mix	Approved	Permanent		Yes		481		4.2		3.3		2.1		17		15.3		80	

Biscoff Shake Medium

Ingredients: Shake Mix (Milk, Milk Solids, Sugar, Cream, Maltodextrin (Maize), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour), Biscuit Crumb Biscoff Wheat Flour, Sugar, Vegetable Oils (Palm Oil, Canola Oil), Candy Sugar Syrup, Raising Agent (Sodium Bicarbonate), Salt, Cinnamon), Sauce Biscoff (Original Caramelised Biscuits (52%) Wheat Flour, Sugar, Vegetable Oils (Palm Oil, Canola Oil), Candy Sugar Syrup, Raising Agent (Sodium Bicarbonate),Soy Flour, Salt, Cinnamon), Canola Oil, Sugar, Emulsifier (Soy Lecithin), Acid (Citric Acid)

Contains: Wheat (Gluten), Milk, Soy

Description	status	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Biscoff Shake Medium	None	Permanent	Yes	Yes		763		4.2		7.1		3.1		25.3		18.6		123	
Biscuit Crumb Biscoff	Approved	Permanent		Yes		2,021		4.9		19		8		72.6		38.1		370	
Sauce Biscoff	Approved	Permanent		Yes		2,790		2.6		55.8		8.2		39.8		21.8		193	
Shake Mix	Approved	Permanent		Yes		481		4.2		3.3		2.1		17		15.3		80	

Biscoff Shake Small

Description	status	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Biscoff Shake Small	None	Permanent	Yes	Yes		802		4.2		7.9		3.2		25.8		18.8		126	
Biscuit Crumb Biscoff	Approved	Permanent		Yes		2,021		4.9		19		8		72.6		38.1		370	
Sauce Biscoff	Approved	Permanent		Yes		2,790		2.6		55.8		8.2		39.8		21.8		193	
Shake Mix	Approved	Permanent		Yes		481		4.2		3.3		2.1		17		15.3		80	

Coke No Sugar POM Large

Ingredients: Coke Zero POM (Carbonated Water, Colour (1506), Food Acids (338, 331), Flavour, Sweeteners (961, 950), Preservative (211), Caffeine)

Description	status	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Coke No Sugar POM Large	None	Permanent	No	No		2		0.1		0		0		0.1		10.1		15	
Coke Zero POM	Approved	Permanent		No		2		0.1		0		0		0.1		10.1		15	

Coke No Sugar POM Medium

Ingredients: Coke Zero POM (Carbonated Water, Colour (1506), Food Acids (338, 331), Flavour, Sweeteners (961, 950), Preservative (211), Caffeine)

Description	status	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Coke No Sugar POM Medium	None	Permanent	No	No		2		0.1		0		0		0.1		10.1		15	
Coke Zero POM	Approved	Permanent		No		2		0.1		0		0		0.1		10.1		15	

Coke No Sugar POM Small

Ingredients: Coke Zero POM (Carbonated Water, Colour (1506), Food Acids (338, 331), Flavour, Sweeteners (961, 950), Preservative (211), Caffeine)

Description	status	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Coke No Sugar POM Small	None	Permanent	No	No		1		0.1		0		0		0.1		10.1		15	
Coke Zero POM	Approved	Permanent		No		2		0.1		0		0		0.1		10.1		15	

Coke POM Large

Ingredients: Coke POM (Carbonated Water, Sugar, Colour (1506), Food Acid (338), Flavour, Caffeine)

Description	status	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Coke POM Large	None	Permanent	No	No		180		0		0		0		10.6		10.6		10	
Coke POM	Approved	Permanent		No		180		0		0		0		10.6		10.6		10	

Coke POM Medium

Ingredients: Coke POM (Carbonated Water, Sugar, Colour (1506), Food Acid (338), Flavour, Caffeine)

Description	status	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Coke POM Medium	None	Permanent	No	No		180		0		0		0		10.6		10.6		10	
Coke POM	Approved	Permanent		No		180		0		0		0		10.6		10.6		10	

Coke POM Small

Ingredients: Coke POM (Carbonated Water, Sugar, Colour (1506), Food Acid (338), Flavour, Caffeine)

Description	status	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Coke POM Small	None	Permanent	No	No		180		0		0		0		10.6		10.6		10	
Coke POM	Approved	Permanent		No		180		0		0		0		10.6		10.6		10	

Fanta Orange POM Large

Ingredients: Fanta Orange POM (Carbonated Water, Sugar, Food Acid (330), Flavour, Preservative (211), Antioxidant (300), Colour (110))

Description	status	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Fanta Orange POM Large	None	Permanent	No	No		225		0		0		0		13.5		13.4		15	
Fanta Orange POM	Approved	Permanent		No		225		0		0		0		13.5		13.4		15	

Fanta Orange POM Medium

Ingredients: Fanta Orange POM (Carbonated Water, Sugar, Food Acid (330), Flavour, Preservative (211), Antioxidant (300), Colour (110))

Description	status	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Fanta Orange POM Medium	None	Permanent	No	No		225		0		0		0		13.5		13.4		15	
Fanta Orange POM	Approved	Permanent		No		225		0		0		0		13.5		13.4		15	

Fanta Orange POM Small

Ingredients: Fanta Orange POM (Carbonated Water, Sugar, Food Acid (330), Flavour, Preservative (211), Antioxidant (300), Colour (110))

Description	status	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Fanta Orange POM Small	None	Permanent	No	No		225		0		0		0		13.5		13.4		15	
Fanta Orange POM	Approved	Permanent		No		225		0		0		0		13.5		13.4		15	

Fanta Raspberry POM Large

Ingredients: Fanta Raspberry POM (Carbonated Water, Sugar, Flavour, Food Acid (330), Preservative (211), Colour (122))

Description	status	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Fanta Raspberry POM Large	None	Permanent	No	No		223		0		0		0		13		13		8	
Fanta Raspberry POM	Approved	Permanent		No		223		0		0		0		13		13		8	

Fanta Raspberry POM Medium

Ingredients: Fanta Raspberry POM (Carbonated Water, Sugar, Flavour, Food Acid (330), Preservative (211), Colour (122))

Description	status	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Fanta Raspberry POM Medium	None	Permanent	No	No		223		0		0		0		13		13		8	
Fanta Raspberry POM	Approved	Permanent		No		223		0		0		0		13		13		8	

Fanta Raspberry POM Small

Ingredients: Fanta Raspberry POM (Carbonated Water, Sugar, Flavour, Food Acid (330), Preservative (211), Colour (122))

Description	status	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Fanta Raspberry POM Small	None	Permanent	No	No		223		0		0		0		13		13		8	
Fanta Raspberry POM	Approved	Permanent		No		223		0		0		0		13		13		8	

Jack'd Up Energy High Voltage

Ingredients: Sprite POM (Sprite POM (Carbonated Water, Sugar, Food Acids (330, 331), Flavour, Preservative (211))), Syrup Energy (Sugar, Water, Food Acid (330), Natural Flavours, Caffeine, Colours (150d, 160a), Salt, Taurine, Preservative (202), Guarana Extract, Ginseng Extract), Syrup Grenadine Monin (Sugar, Water, Aciduly Regulator (Citric Acid), Concentrated Blackcurrant Juice, Natural Flavouring, Concentrated Raspberry Juice, Concentrated Elderberry Juice, Concentrated Redcurrant Juice, Colour (NS 129), Concentrated Blackberry Juice, Concentrated Lemon Juice, Equivalent Fruit Juice: 10.1%, Contains Vanilla Extract)

Contains 135mg Caffeine, 19mg Taurine, 9.5mg Guarana.

Contains caffeine. Not recommended for children, pregnant or breastfeeding women, or individuals sensitive to caffeine. Consume 1 drink max. daily.

Description	status	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack'd Up Energy High Voltage	None	Trial	Yes	No		238		0		0		0		13.6		13.6		16	
Sprite POM Jack'd Up	None	Permanent	No	No	355	176	625	0	0	0	0	0	0	10.1	35.9	10.1	35.9	15	53
Sprite POM	Approved	Permanent		No		176		0		0		0		10.1		10.1		15	
Syrup Energy	Draft	LTO		No		1,182		1		1		1		66.3		64.7		53	
Syrup Grenadine Monin	Approved	LTO		Yes		1,037		0		0		0		59.6		59.4		0	

Jack'd Up Energy Wicked Watermelon

Ingredients: Sprite POM (Sprite POM (Carbonated Water, Sugar, Food Acids (330, 331), Flavour, Preservative (211))), Syrup Energy (Sugar, Water, Food Acid (330), Natural Flavours, Caffeine, Colours (150d, 160a), Salt, Taurine, Preservative (202), Guarana Extract, Ginseng Extract), Syrup Watermelon Monin (Sugar, Water, Concentrated Watermelon Juice, Concentrated Lemon Juice, Flavouring, Preservative (Potassium Sorbate), Colour 129), Equivalent Fruit Juice: 18.9%, including 13.4% Watermelon Juice).

Contains 135mg Caffeine, 19mg Taurine, 9.5mg Guarana.

Contains caffeine. Not recommended for children, pregnant or breastfeeding women, or individuals sensitive to caffeine. Consume 1 drink max. daily.

Description	status	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack'd Up Energy Wicked Watermelon	None	Trial	Yes	No		238		0		0		0		13.6		13.6		16	
Sprite POM Jack'd Up	None	Permanent	No	No	355	176	625	0	0	0	0	0	0	10.1	35.9	10.1	35.9	15	53
Sprite POM	Approved	Permanent		No		176		0		0		0		10.1		10.1		15	
Syrup Energy	Draft	LTO		No		1,182		1		1		1		66.3		64.7		53	
Syrup Watermelon Monin	Approved	LTO		Yes		1,033		0.1		0		0		60		59.9		1	

Jack'd Up Soda Blue Lagoon

Ingredients: Sprite POM (Carbonated Water, Sugar, Food Acids (330, 331), Flavour, Preservative (211)), Syrup Watermelon Monin (Sugar, Water, Concentrated Watermelon Juice, Concentrated Lemon Juice, Flavouring, Preservative (Potassium Sorbate), Colour 129), Equivalent Fruit Juice: 18.9%, including 13.4% Watermelon Juice), Syrup Blue Curacao (Sugar, Water, Natural Flavouring (Contains Orange Extract), Preservative (Potassium Sorbate 202), Colour (133))

Description	status	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack'd Up Soda Blue Lagoon	None	Trial	Yes	No		267		0		0		0		15.4		15.4		13	
Sprite POM Small	None	Permanent	No	No	340	176	599	0	0	0	0	0	0	10.1	34.4	10.1	34.4	15	51
Sprite POM	Approved	Permanent		No		176		0		0		0		10.1		10.1		15	
Syrup Blue Curacao	Draft	LTO		Yes		1,080		0		0		0		63.6		63.6		1	
Syrup Watermelon Monin	Approved	LTO		Yes		1,033		0.1		0		0		60		59.9		1	

Jack'd Up Soda Blue Lagoon with Creamer

Ingredients: Sprite POM (Carbonated Water, Sugar, Food Acids (330, 331), Flavour, Preservative (211)), Syrup Watermelon Monin (Sugar, Water, Concentrated Watermelon Juice, Concentrated Lemon Juice, Flavouring, Preservative (Potassium Sorbate), Colour 129), Equivalent Fruit Juice: 18.9%, including 13.4% Watermelon Juice), Creamer (Water, Vegetable Oil (Emulsifiers 322&9y), 471), Sugar, Aciduly Regulator (340), Sodium, Caseinate (Milk), Emulsifiers (435, 481), Salt, Artificial Flavour, Artificial Colour (160a), Syrup Blue Curacao (Sugar, Water, Natural Flavouring (Contains Orange Extract), Preservative (Potassium Sorbate 202), Colour (133))

Contains: Milk, Soy

Description	status	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack'd Up Soda Blue Lagoon with Creamer	None	Trial	Yes	No		305		0.1		1.2		1		15		15		19	
Creamer	Draft	LTO		Yes		1,260		1.4		31.3		26.6		4.7		4.6		159	
Sprite POM Small	None	Permanent	No	No	340	176	599	0	0	0	0	0	0	10.1	34.4	10.1	34.4	15	51
Sprite POM	Approved	Permanent		No		176		0		0		0		10.1		10.1		15	
Syrup Blue Curacao	Draft	LTO		Yes		1,080		0		0		0		63.6		63.6		1	
Syrup Watermelon Monin	Approved	LTO		Yes		1,033		0.1		0		0		60		59.9		1	

Jack'd Up Soda Dirty Cola

Ingredients: Coke POM (Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine), Creamer (Water, Vegetable Oil (Emulsifiers 322&9y), 471), Sugar, Aciduly Regulator (340), Sodium, Caseinate (Milk), Emulsifiers (435, 481), Salt, Artificial Flavour, Artificial Colour (160a), SyrupCoconut Monin (Sugar, Water, Flavour (containsCoconut Extract), Emulsifier (Acacia Gum))

Contains: Milk, Soy

Description	status	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack'd Up Soda Dirty Cola	None	Trial	Yes	No		249		0.1		1.3		1.1		11.8		11.8		16	
Creamer	Draft	LTO		Yes		1,260		1.4		31.3		26.6		4.7		4.6		159	
Coke POM Small	None	Permanent	No	No	340	180	612	0	0	0	0	0	0	10.6	36.1	10.6	36.1	10	34
Coke POM	Approved	Permanent		No		180		0		0		0		10.6		10.6		10	
Syrup Coconut Monin	Approved	LTO		Yes		1,085		0		0		0		63.5		63.8		0	

Jack'd Up Soda Mango																			
Ingredients: Sprite POM (Carbonated Water, Sugar, Food Acids (330, 331), Flavour, Preservative (211)), Syrup Mango Monin (Sugar, Water, Concentrated Mango Juice, Acidity Regulator (Citric Acid), Natural Flavouring, Antioxidant (Ascorbic Acid), Emulsifier (Acacia Gum), Concentrated Elderberry Juice, Colour (Natural Beta-Carotene), Equivalent Mango Juice: 9.9%)																			
Description	status	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack'd Up Soda Mango	None	Trial	Yes	No		280		0		0		0		16.2		16.2		14	
Sprite POM Small	None	Permanent	No	No	340	176	599	0	0	0	0	0	0	10.1	34.4	10.1	34.4	15	51
Sprite POM	Approved	Permanent	No	No		176		0		0		0		10.1		10.1		15	
Syrup Mango Monin	Approved	LTO		Yes		1,457		0.2		0.1		0		85.5		85.1		1	

Jack'd Up Soda Mango with Creamer																			
Ingredients: Sprite POM (Carbonated Water, Sugar, Food Acids (330, 331), Flavour, Preservative (211)), Syrup Mango Monin (Sugar, Water, Concentrated Mango Juice, Acidity Regulator (Citric Acid), Natural Flavouring, Antioxidant (Ascorbic Acid), Emulsifier (Acacia Gum), Concentrated Elderberry Juice, Colour (Natural Beta-Carotene), Equivalent Mango Juice: 9.9%), Creamer (Water, Vegetable Oil (Emulsifiers 322&py), 471), Sugar, Acidity Regulator (340), Sodium Caseinate (Milk), Emulsifiers (435, 481), Salt, Artificial Flavour, Artificial Colour (160a))																			
Contains: Milk, Soy																			

Description	status	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack'd Up Soda Mango with Creamer	None	Trial	Yes	No		318		0.1		1.2		1		15.8		15.7		19	
Creamer	Draft	LTO		Yes		1,260		1.4		31.3		26.6		4.7		4.6		159	
Sprite POM Small	None	Permanent	No	No	340	176	599	0	0	0	0	0	0	10.1	34.4	10.1	34.4	15	51
Sprite POM	Approved	Permanent	No	No		176		0		0		0		10.1		10.1		15	
Syrup Mango Monin	Approved	LTO		Yes		1,457		0.2		0.1		0		85.5		85.1		1	

Jack'd Up Soda Strawberry Dream																			
Ingredients: Sprite POM Small (Sprite POM (Carbonated Water, Sugar, Food Acids (330, 331), Flavour, Preservative (211))), Syrup Strawberry Monin (Sugar, Water, Concentrated Strawberry Juice, Natural Flavouring, Acidity Regulator (Citric Acid), Concentrated Elderberry Juice, Preservative (Potassium Sorbate), Colour (129), Equivalent Fruit Juice: 14.2%, including 13% Strawberry Juice)																			

Description	status	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack'd Up Soda Strawberry Dream	None	Trial	Yes	No		252		0		0		0		14.5		14.5		14	
Sprite POM Small	None	Permanent	No	No	340	176	599	0	0	0	0	0	0	10.1	34.4	10.1	34.4	15	51
Sprite POM	Approved	Permanent	No	No		176		0		0		0		10.1		10.1		15	
Syrup Strawberry Monin	Approved	LTO		Yes		1,114		0		0		0		64.9		64.9		0	

Jack'd Up Soda Strawberry Dream with Creamer																			
Ingredients: Sprite POM (Carbonated Water, Sugar, Food Acids (330, 331), Flavour, Preservative (211)), Syrup Strawberry Monin (Sugar, Water, Concentrated Strawberry Juice, Natural Flavouring, Acidity Regulator (Citric Acid), Concentrated Elderberry Juice, Preservative (Potassium Sorbate), Colour (129), Equivalent Fruit Juice: 14.2%, including 13% Strawberry Juice), Creamer (Water, Vegetable Oil (Emulsifiers 322&py), 471), Sugar, Acidity Regulator (340), Sodium Caseinate (Milk), Emulsifiers (435, 481), Salt, Artificial Flavour, Artificial Colour (160a))																			
Contains: Milk, Soy																			

Description	status	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack'd Up Soda Strawberry Dream with Creamer	None	Trial	Yes	No		291		0.1		1.2		1		14.2		14.2		19	
Creamer	Draft	LTO		Yes		1,260		1.4		31.3		26.6		4.7		4.6		159	
Sprite POM Small	None	Permanent	No	No	340	176	599	0	0	0	0	0	0	10.1	34.4	10.1	34.4	15	51
Sprite POM	Approved	Permanent	No	No		176		0		0		0		10.1		10.1		15	
Syrup Strawberry Monin	Approved	LTO		Yes		1,114		0		0		0		64.9		64.9		0	

Keri Apple Juice																			
Ingredients: Keri Juice Apple (Apple Juice From Concentrate (95.9%), Antioxidant (300), Flavour, Preservative (223))																			
Description	status	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Keri Apple Juice	None	Permanent	Yes	No		199		0.3		0		0		11.2		10.6		5	
Keri Juice Apple	Approved	Permanent		No	300	199		0.3		0		0		11.2		10.6		5	

Orange Fruit Drink Large																			
Ingredients: Orange Drink POM (Orange Juice from Concentrate (66.6%), Water, Sugar, Food Acid (330), Preservatives (211, 223 &lphites)), Stabiliser (405), Flavour, Antioxidant (300), Colour (160e))																			
Description	status	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Orange Fruit Drink Large	None	Permanent	No	No		204		0		0		0		11.6		11		8	
Orange Drink POM	Approved	Permanent		No		204		0		0		0		11.6		11		8	

Orange Fruit Drink Medium																			
Ingredients: Orange Drink POM (Orange Juice from Concentrate (66.6%), Water, Sugar, Food Acid (330), Preservatives (211, 223 &lphites)), Stabiliser (405), Flavour, Antioxidant (300), Colour (160e))																			
Description	status	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Orange Fruit Drink Medium	None	Permanent	No	No		204		0		0		0		11.6		11		8	
Orange Drink POM	Approved	Permanent		No		204		0		0		0		11.6		11		8	

Orange Fruit Drink Small																			
Ingredients: Orange Drink POM (Orange Juice from Concentrate (66.6%), Water, Sugar, Food Acid (330), Preservatives (211, 223 &lphites)), Stabiliser (405), Flavour, Antioxidant (300), Colour (160e))																			
Description	status	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Orange Fruit Drink Small	None	Permanent	No	No		204		0		0		0		11.6		11		8	
Orange Drink POM	Approved	Permanent		No		204		0		0		0		11.6		11		8	

Pistachio Shake Large																			
Ingredients: Shake Mix (Milk, Milk Solids, Sugar, Cream, Maltodextrin (Maize), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour), Sauce Pistachio Papi (Sugar, Sunflower Oil, Milk Solids, Pistachio (16%), Sunflower Lecithin, Salt, Vanilla Bean, Natural Flavours (Pistachio, White Chocolate), Colour (102, 133), Crumb Biscuit Vanilla (Wheat Flour, Sugar, Canola Oil, Glucose Syrup, Malt Extract (Barley), Raising Agent (500), Salt, Flavour)																			
Contains: Wheat (Gluten), Gluten(Barley), Milk, Pistachio																			
May be present: Eggs, Soy, Peanuts, Almond, Sesame																			

Description	status	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Pistachio Shake Large	None	LTO	Yes	Yes		699		4.6		7.1		2.4		21.9		18.9		81	
Sauce Pistachio Papi	Approved	LTO		Yes		2,340		7.5		40.3		5.4		49.8		46.5		77	
Crumb Biscuit Vanilla	In Progress	LTO		Yes		1,816		6.1		10.8		0.9		76.1		36.3		126	
Shake Mix	Approved	Permanent		Yes		481		4.2		3.3		2.1		17		15.3		80	

Pistachio Shake Medium																			
Ingredients: Shake Mix (Milk, Milk Solids, Sugar, Cream, Maltodextrin (Maize), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour), Sauce Pistachio Papi (Sugar, Sunflower Oil, Milk Solids, Pistachio (16%), Sunflower Lecithin, Salt, Vanilla Bean, Natural Flavours (Pistachio, White Chocolate), Colour (102, 133), Crumb Biscuit Vanilla (Wheat Flour, Sugar, Canola Oil, Glucose Syrup, Malt Extract (Barley), Raising Agent (500), Salt, Flavour)																			
Contains: Wheat (Gluten), Gluten(Barley), Milk, Pistachio																			
May be present: Eggs, Soy, Peanuts, Almond, Sesame																			

Description	status	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
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Description	status	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Pistachio Shake Medium	None	LTO	Yes	Yes		781		4.7		8.5		2.5		23.7		20.3		81	
Sauce Pistachio Papi	Approved	LTO		Yes		2,340		7.5		40.3		5.4		49.8		46.5		77	
Crumb Biscuit Vanilla	In Progress	LTO		Yes		1,816		6.1		10.8		0.9		76.1		36.3		126	
Shake Mix	Approved	Permanent		Yes		481		4.2		3.3		2.1		17		15.3		80	

Pistachio Shake Small

Ingredients: Shake Mix (Milk, Milk Solids, Sugar, Cream, Maltodextrin (Maize), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour), Sauce Pistachio Papi (Sugar, Sunflower Oil, Milk Solids, Pistachio (16%), Sunflower Lecithin, Salt, Vanilla Bean, Natural Flavours (Pistachio, White Chocolate), Colour (102, 133)), Crumb Biscuit Vanilla (Wheat Flour, Sugar, Canola Oil, Glucose Syrup, Malt Extract (Barley), Raising Agent (500), Salt, Flavour)

Contains: Wheat (Gluten), Gluten(Barley), Milk, Pistachio

May be present: Eggs, Soy, Peanuts, Almond, Sesame

Description	status	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Pistachio Shake Small	None	LTO	Yes	Yes		877		4.9		10.2		2.6		25.9		21.9		82	
Sauce Pistachio Papi	Approved	LTO		Yes		2,340		7.5		40.3		5.4		49.8		46.5		77	
Crumb Biscuit Vanilla	In Progress	LTO		Yes		1,816		6.1		10.8		0.9		76.1		36.3		126	
Shake Mix	Approved	Permanent		Yes		481		4.2		3.3		2.1		17		15.3		80	

Shake Caramel Large

Ingredients: Shake Mix (Milk, Milk Solids, Sugar, Cream, Maltodextrin (Maize), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour.), Syrup Caramel Shake (Sugar, Water, Natural Flavours, Colour (150a), Salt, Acidity Regulator (330), Preservative (202), Thickener (415))

Contains: Natural Sulphites , Soy

Description	status	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Shake Caramel Large	None	Permanent	No	Yes		557		3.9		3.1		1.9		22.5		20.9		97	
Shake Mix	Approved	Permanent		Yes		481		4.2		3.3		2.1		17		15.3		80	
Syrup Caramel Shake	Approved	Permanent		Yes		1,282		1		1		0.1		75.3		74.2		263	

Shake Caramel Medium

Ingredients: Shake Mix (Milk, Milk Solids, Sugar, Cream, Maltodextrin (Maize), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour.), Syrup Caramel Shake (Sugar, Water, Natural Flavours, Colour (150a), Salt, Acidity Regulator (330), Preservative (202), Thickener (415))

Contains: Natural Sulphites , Soy

Description	status	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Shake Caramel Medium	None	Permanent	No	Yes		557		3.9		3.1		1.9		22.5		20.9		97	
Shake Mix	Approved	Permanent		Yes		481		4.2		3.3		2.1		17		15.3		80	
Syrup Caramel Shake	Approved	Permanent		Yes		1,282		1		1		0.1		75.3		74.2		263	

Shake Caramel Small

Ingredients: Shake Mix (Milk, Milk Solids, Sugar, Cream, Maltodextrin (Maize), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour.), Syrup Caramel Shake (Sugar, Water, Natural Flavours, Colour (150a), Salt, Acidity Regulator (330), Preservative (202), Thickener (415))

Contains: Natural Sulphites , Soy

Description	status	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Shake Caramel Small	None	Permanent	No	Yes		558		3.9		3.1		1.9		22.6		20.9		98	
Shake Mix	Approved	Permanent		Yes		481		4.2		3.3		2.1		17		15.3		80	
Syrup Caramel Shake	Approved	Permanent		Yes		1,282		1		1		0.1		75.3		74.2		263	

Shake Chocolate Large

Ingredients: Shake Mix (Milk, Milk Solids, Sugar, Cream, Maltodextrin (Maize), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour.), Syrup Chocolate Shake (Sugar, Water, Cocoa Powder (4%), Salt, Acidity Regulators (330, 500), Preservative (202), Thickener (415))

Contains: Added Sulphites , Wheat

May be present: Milk

Description	status	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Shake Chocolate Large	None	Permanent	No	Yes		573		3.9		3.1		2		23.2		21.4		97	
Shake Mix	Approved	Permanent		Yes		481		4.2		3.3		2.1		17		15.3		80	
Syrup Chocolate Shake	Approved	Permanent		Yes		1,450		1.3		1		1		81.7		79.7		258	

Shake Chocolate Medium

Ingredients: Shake Mix (Milk, Milk Solids, Sugar, Cream, Maltodextrin (Maize), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour.), Syrup Chocolate Shake (Sugar, Water, Cocoa Powder (4%), Salt, Acidity Regulators (330, 500), Preservative (202), Thickener (415))

Contains: Added Sulphites , Wheat

May be present: Milk

Description	status	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Shake Chocolate Medium	None	Permanent	No	Yes		573		3.9		3.1		2		23.1		21.4		97	
Shake Mix	Approved	Permanent		Yes		481		4.2		3.3		2.1		17		15.3		80	
Syrup Chocolate Shake	Approved	Permanent		Yes		1,450		1.3		1		1		81.7		79.7		258	

Shake Chocolate Small

Ingredients: Shake Mix (Milk, Milk Solids, Sugar, Cream, Maltodextrin (Maize), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour.), Syrup Chocolate Shake (Sugar, Water, Cocoa Powder (4%), Salt, Acidity Regulators (330, 500), Preservative (202), Thickener (415))

Contains: Added Sulphites , Wheat

May be present: Milk

Description	status	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Shake Chocolate Small	None	Permanent	No	Yes		574		3.9		3.1		2		23.2		21.5		97	
Shake Mix	Approved	Permanent		Yes		481		4.2		3.3		2.1		17		15.3		80	
Syrup Chocolate Shake	Approved	Permanent		Yes		1,450		1.3		1		1		81.7		79.7		258	

Shake Strawberry Large

Ingredients: Shake Mix (Milk, Milk Solids, Sugar, Cream, Maltodextrin (Maize), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour.), Syrup Strawberry Shake (Sugar, Water, Natural Flavour, Colour (120), Acidity Regulator (330), Preservative (211), Thickener (415))

Contains: Wheat

May be present: Milk

Description	status	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Shake Strawberry Large	None	Permanent	No	Yes		545		3.9		3.1		1.9		21.9		20.3		74	
Shake Mix	Approved	Permanent		Yes		481		4.2		3.3		2.1		17		15.3		80	
Syrup Strawberry Shake	Approved	Permanent		Yes		1,157		1		1		0.1		68		67.7		20	

Shake Strawberry Medium

Ingredients: Shake Mix (Milk, Milk Solids, Sugar, Cream, Maltodextrin (Maize), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour.), Syrup Strawberry Shake (Sugar, Water, Natural Flavour, Colour (120), Acidity regulator (330), Preservative (211), Thickener (415).)

Contains: Wheat

May be present: Milk

Description	status	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Shake Strawberry Medium	None	Permanent	No	Yes		545		3.9		3.1		1.9		21.8		20.3		74	
Shake Mix	Approved	Permanent		Yes		481		4.2		3.3		2.1		17		15.3		80	
Syrup Strawberry Shake	Approved	Permanent		Yes		1,157		1		1		0.1		68		67.7		20	

Shake Strawberry Small

Ingredients: Shake Mix (Milk, Milk Solids, Sugar, Cream, Maltodextrin (Maize), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour.), Syrup Strawberry Shake (Sugar, Water, Natural Flavour, Colour (120), Acidity Regulator (330), Preservative (211), Thickener (415))

Contains: Wheat

May be present: Milk

Description	status	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Shake Strawberry Small	None	Permanent	No	Yes		546		3.9		3.1		1.9		21.9		20.3		74	
Shake Mix	Approved	Permanent		Yes		481		4.2		3.3		2.1		17		15.3		80	
Syrup Strawberry Shake	Approved	Permanent		Yes		1,157		1		1		0.1		68		67.7		20	

Shake Vanilla Large

Ingredients: Shake Mix (Milk, Milk Solids, Sugar, Cream, Maltodextrin (Maize), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour.)

Description	status	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Shake Vanilla Large	None	Permanent	No	Yes		481		4.2		3.3		2.1		17		15.3		80	
Shake Mix	Approved	Permanent		Yes		481		4.2		3.3		2.1		17		15.3		80	

Shake Vanilla Medium

Ingredients: Shake Mix (Milk, Milk Solids, Sugar, Cream, Maltodextrin (Maize), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour.)

Description	status	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Shake Vanilla Medium	None	Permanent	No	Yes		481		4.2		3.3		2.1		17		15.3		80	
Shake Mix	Approved	Permanent		Yes		481		4.2		3.3		2.1		17		15.3		80	

Shake Vanilla Small

Ingredients: Shake Mix (Milk, Milk Solids, Sugar, Cream, Maltodextrin (Maize), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour.)

Description	status	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Shake Vanilla Small	None	Permanent	No	Yes		481		4.2		3.3		2.1		17		15.3		80	
Shake Mix	Approved	Permanent		Yes		481		4.2		3.3		2.1		17		15.3		80	

Sprite POM Large

Ingredients: Sprite POM (Carbonated Water, Sugar, Food Acids (330, 331), Flavour, Preservative (211))

Description	status	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Sprite POM Large	None	Permanent	No	No		176		0		0		0		10.1		10.1		15	
Sprite POM	Approved	Permanent		No		176		0		0		0		10.1		10.1		15	

Sprite POM Medium

Ingredients: Sprite POM (Carbonated Water, Sugar, Food Acids (330, 331), Flavour, Preservative (211))

Description	status	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Sprite POM Medium	None	Permanent	No	No		176		0		0		0		10.1		10.1		15	
Sprite POM	Approved	Permanent		No		176		0		0		0		10.1		10.1		15	

Sprite POM Small

Ingredients: Sprite POM (Carbonated Water, Sugar, Food Acids (330, 331), Flavour, Preservative (211))

Description	status	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Sprite POM Small	None	Permanent	No	No		176		0		0		0		10.1		10.1		15	
Sprite POM	Approved	Permanent		No		176		0		0		0		10.1		10.1		15	