

## Nutritional Guide Report

\* Nutritional base values are calculated per 100g

### Chips Medium

**Ingredients:** Chips (Potato, Vegetable Oil, Modified Potato Starches (1412, 1400, 1414), Rice Flour, Potato Dextrin, Salt, Raising Agents (450, 500), Thickener (415), Maltodextrin), Salt Seasoned (Salt 74%, Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil)

**Contains:** Natural Sulphites

**May be present:** Added Sulphites, Wheat

Description	Status	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Chips Medium	None	Permanent	No	Yes	108	1,191	1289	3.4	3.8	13.2	14.3	1.8	2	38	41.1	0.2	0.3	548	593

### BBQ Cheeseburger

**Ingredients:** Bun Sesame Glazed 4" (Wheat Flour, Water, Baker's Yeast, Sugar, Canola Oil, **Wheat Gluten**, Sesame Seeds, Iodised Salt, Soy Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**)), Beef Patty 4" (Beef (100%), Cheese SOS (Cheese (Cows Milk, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat Milk Solids (Cow's Milk), Milk Solids (Cow's Milk), Emulsifiers (331(ii), 322(i)), Acidity Regulators (330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Mayonnaise (**Soybean** Oil (<0.001% Tocopherol [Vitamin E]), Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, **Mustard** Flour), Sauce BBQ Smoky (Tomato Puree (48%), Sugar, Vinegar, Apple Paste, Thickener, Caramel Colour, Molasses, Salt, Smoke Flavour, Dehydrated Vegetables, Worcestershire Flavour, Spice.)

**Contains:** Wheat (Gluten), Eggs, Milk, Sesame, Soy, Mustard

**May be present:** Added Sulphites

Description	Status	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
BBQ Cheeseburger	None	Permanent	Yes	No	118	1,156	1368	13.1	15.6	20	23.7	6.4	7.6	24.1	28.5	5.1	6.1	430	510

### Sundae Chocolate Small

**Ingredients:** Sundae Mix (Milk, Milk Solids, Sugar, Cream, Dextrose, Emulsifiers (471), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour), Sauce Chocolate Sundae (Sugar, Water, Milk solids, Vegetable Fat [Vegetable fat, Emulsifier (322)], Cocoa (5%), Maltodextrin, Salt, Natural flavour, Preservative (202), Thickener (401).)

**Contains:** Natural Sulphites, Added Sulphites, Milk

**May be present:** Peanuts

Description	Status	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Sundae Chocolate Small	None	Permanent	Yes	Yes	204	771	1574	4.7	9.6	6.6	13.4	4.6	9.5	26.3	53.7	25.9	52.9	116	238

### Sundae Strawberry Small

**Ingredients:** Sundae Mix (Milk, Milk Solids, Sugar, Cream, Dextrose, Emulsifiers (471), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour), Sauce Strawberry Sundae (Sugar, Water, Strawberries (18%), Thickeners (1422, E415), Colour (163), Acidity Regulator (330), Natural Flavour, Preservative (202).)

**Contains:** Wheat, Milk

Description	Status	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Sundae Strawberry Small	None	Permanent	Yes	Yes	204	708	1445	4.4	9	5.9	12.1	4	8.2	24.8	50.5	24.5	50	97	198

### Sundae Caramel Small

**Ingredients:** Sundae Mix (Milk, Milk Solids, Sugar, Cream, Dextrose, Emulsifiers (471), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour), Sauce Caramel Sundae (Sugar, Water, Glucose Syrup, Milk solids, Thickeners (1442, 401), Vegetable Fat [Vegetable Fat, Emulsifier (322)], Salt, Emulsifier (471), Acidity Regulators (500, 339), Preservative (202))

**Contains:** Natural Sulphites, Wheat, Milk

**May be present:** Soy

Description	Status	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Sundae Caramel Small	None	Permanent	Yes	Yes	204	800	1632	4.6	9.5	6.8	14	4.9	10	27.5	56.2	26.2	53.6	113	232