

Nutritional Guide Report

* Nutritional base values are calculated per 100g

Whopper Cheese

Ingredients: Bun **Sesame** Glazed 5" (**Wheat** Flour, Water, Baker's Yeast, Sugar, Canola Oil, **Wheat Gluten**, **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**)), Beef Patty 5" (Beef 100%), Tomato Slice (Tomato), Cheese SOS (Cheese (Cows **Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat **Milk** Solids (Cow's **Milk**), **Milk** Solids (Cow's **Milk**), Emulsifiers (331(iii), 322(i)), Acidity Regulators (330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Mayonnaise (**Soybean** Oil (<0.001% Tocopherol [Vitamin E]), **Egg** Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, **Mustard** Flour), Lettuce (Iceberg Lettuce), Onion Fresh (Brown Onion), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavours), Sauce Ketchup (Concentrated Tomatoes, Sugar, Concentrated White Vinegar, Salt, Natural Flavours, Food Acid (Citric Acid), Spice)

Contains: **Wheat** (**Gluten**), **Eggs**, **Milk**, **Sesame**, **Soy**, **Mustard**

May be present: **Added Sulphites**

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Whopper Cheese	Permanent	Yes	Yes	302	909	2,747	10.8	32.7	16.9	51	5.7	17.2	15.7	47.5	4	12.2	385	1,162

Whopper

Ingredients: Bun **Sesame** Glazed 5" (**Wheat** Flour, Water, Baker's Yeast, Sugar, Canola Oil, **Wheat Gluten**, **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**)), Beef Patty 5" (Beef 100%), Tomato Slice (Tomato), Mayonnaise (**Soybean** Oil (<0.001% Tocopherol [Vitamin E]), **Egg** Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, **Mustard** Flour), Lettuce (Iceberg Lettuce), Onion Fresh (Brown Onion), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavours), Sauce Ketchup (Concentrated Tomatoes, Sugar, Concentrated White Vinegar, Salt, Natural Flavours, Food Acid (Citric Acid), Spice)

Contains: **Wheat** (**Gluten**), **Eggs**, **Sesame**, **Soy**, **Mustard**

May be present: **Added Sulphites**, **Fish**, **Milk**

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Whopper	Permanent	Yes	Yes	280	872	2,437	10	28.1	16.1	45.2	4.8	13.4	16.7	46.6	4.1	11.6	302	846

Whopper Double Cheese

Ingredients: Beef Patty 5" (Beef 100%), Bun **Sesame** Glazed 5" (**Wheat** Flour, Water, Baker's Yeast, Sugar, Canola Oil, **Wheat Gluten**, **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**)), Cheese SOS (Cheese (Cows **Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat **Milk** Solids (Cow's **Milk**), **Milk** Solids (Cow's **Milk**), Emulsifiers (331(iii), 322(i)), Acidity Regulators (330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Tomato Slice (Tomato), Mayonnaise (**Soybean** Oil (<0.001% Tocopherol [Vitamin E]), **Egg** Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, **Mustard** Flour), Onion Fresh (Brown Onion), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavours), Sauce Ketchup (Concentrated Tomatoes, Sugar, Concentrated White Vinegar, Salt, Natural Flavours, Food Acid (Citric Acid), Spice), Lettuce (Iceberg Lettuce)

Contains: **Wheat** (**Gluten**), **Eggs**, **Milk**, **Sesame**, **Soy**, **Mustard**

May be present: **Added Sulphites**, **Fish**

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Whopper Double Cheese	Permanent	Yes	Yes	385	1,079	4,152	14.6	56.4	20.3	78	8	30.8	12.4	47.9	3.2	12.4	398	1,533

Whopper Double

Ingredients: Beef Patty 5" (Beef 100%), Bun **Sesame** Glazed 5" (**Wheat** Flour, Water, Baker's Yeast, Sugar, Canola Oil, **Wheat Gluten**, **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**)), Tomato Slice (Tomato), Mayonnaise (**Soybean** Oil (<0.001% Tocopherol [Vitamin E]), **Egg** Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, **Mustard** Flour), Lettuce (Iceberg Lettuce), Onion Fresh (Brown Onion), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavours), Sauce Ketchup (Concentrated Tomatoes, Sugar, Concentrated White Vinegar, Salt, Natural Flavours, Food Acid (Citric Acid), Spice)

Contains: **Wheat** (**Gluten**), **Eggs**, **Sesame**, **Soy**, **Mustard**

May be present: **Added Sulphites**, **Fish**, **Milk**

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Whopper Double	Permanent	Yes	Yes	359	988	3,543	13.2	47.4	18.5	66.3	6.4	23.1	13	46.6	3.2	11.6	252	905

Outback Whopper

Ingredients: Bun **Sesame** Glazed 5" (**Wheat** Flour, Water, Baker's Yeast, Sugar, Canola Oil, **Wheat Gluten**, **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers [481, 472e, 322 (**Soy**, Rapeseed)], Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**)), Beef Patty 5" (Beef 100%), Herby Mayonnaise (Vegetable Oil, Water, Vinegar, Sugar, **Mustard** [Food Acid (260)], Thickeners (1442, 415), Vegetables, **Egg**, Salt, Food Acid (270), Herbs & Spice, Preservatives (202, 211), Herb Extract, Natural Flavour, Antioxidant (385)), Tomato Slice (Tomato), Cheese SOS (Cheese (Cows **Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat **Milk** Solids (Cow's **Milk**), **Milk** Solids (Cow's **Milk**), Emulsifiers (331(iii), 322(i)), Acidity Regulators (330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Lettuce (Iceberg Lettuce), Onion Fresh (Brown Onion), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavours), Sauce Chilli (Water, Chilli Puree (8%) [Chilli, Food Acid (260)], Sugar, Fruit Paste, Vegetable, Fruit Juice Concentrate, Vinegar, Thickeners (1422, 415), Salt, Yeast Extract, Preservatives (202, 211), Food Acid (330), Natural Colour (160c))

Contains: **Wheat** (**Gluten**), **Eggs**, **Milk**, **Soy**, **Sesame**

May be present: **Gluten**(Barley), **Added Sulphites**

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Outback Whopper	Trial	Yes	Yes	322	1,054	3,395	10.2	32.8	16.9	54.4	5	16	14.8	47.7	3.5	11.4	341	1,099

Outback Whopper Double

Ingredients: Beef Patty 5" (Beef 100%), Bun **Sesame** Glazed 5" (**Wheat** Flour, Water, Baker's Yeast, Sugar, Canola Oil, **Wheat Gluten**, **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers [481, 472e, 322 (**Soy**, Rapeseed)], Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**)), Cheese SOS (Cheese (Cows **Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat **Milk** Solids (Cow's **Milk**), **Milk** Solids (Cow's **Milk**), Emulsifiers (331(iii), 322(i)), Acidity Regulators (330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Herby Mayonnaise (Vegetable Oil, Water, Vinegar, Sugar, **Mustard** [Food Acid (260)], Thickeners (1442, 415), Vegetables, **Egg**, Salt, Food Acid (270), Herbs & Spice, Preservatives (202, 211), Herb Extract, Natural Flavour, Antioxidant (385)), Tomato Slice (Tomato), Lettuce (Iceberg Lettuce), Onion Fresh (Brown Onion), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavours), Sauce Chilli (Water, Chilli Puree (8%) [Chilli, Food Acid (260)], Sugar, Fruit Paste, Vegetable, Fruit Juice Concentrate, Vinegar, Thickeners (1422, 415), Salt, Yeast Extract, Preservatives (202, 211), Food Acid (330), Natural Colour (160c))

Contains: **Wheat** (**Gluten**), **Eggs**, **Milk**, **Soy**, **Sesame**

May be present: **Gluten**(Barley), **Added Sulphites**

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Outback Whopper Double	Trial	Yes	Yes	424	1,135	4,811	13.4	56.7	19.2	81.4	7	29.6	11.4	48.5	2.8	12.1	348	1,474

Ultimate Double Whopper

Ingredients: Beef Patty 5" (Beef 100%), Bun **Sesame** Glazed 5" (**Wheat** Flour, Water, Baker's Yeast, Sugar, Canola Oil, **Wheat** Gluten, **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**)), Cheese SOS (Cheese (Cows **Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat **Milk** Solids (Cow's **Milk**), **Milk** Solids (Cow's **Milk**), Emulsifiers (331(iii), 322(i)), Acidity Regulators (330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Bacon (Pork, Water, Cure (Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250)), Wood Smoke), Tomato Slice (Tomato), Mayonnaise (**Soybean** Oil (<0.001% Tocopherol [Vitamin E]), **Egg** Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, **Mustard** Flour), Onion Fresh (Brown Onion), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavours), Sauce Ketchup (Concentrated Tomatoes, Sugar, Concentrated White Vinegar, Salt, Natural Flavours, Food Acid (Citric Acid), Spice), Lettuce (Iceberg Lettuce)

Contains: **Wheat** (Gluten), **Eggs**, **Milk**, **Sesame**, **Soy**, **Mustard**

May be present: **Added Sulphites**, **Fish**

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Ultimate Double Whopper	Permanent	Yes	No	424	1,039	4,401	14.8	62.9	19.1	80.8	7.6	32.1	11.4	48.4	3	12.9	462	1,959

Turbo Cheese Whopper

Ingredients: Bun **Sesame** Glazed 5" (**Wheat** Flour, Water, Baker's Yeast, Sugar, Canola Oil, **Wheat** Gluten, **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers [481, 472e, 322 (**Soy**, Rapeseed)], Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**)), Beef Patty 5" (Beef 100%), Tomato Slice (Tomato), Cheese SOS (Cheese (Cows **Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat **Milk** Solids (Cow's **Milk**), **Milk** Solids (Cow's **Milk**), Emulsifiers (331(iii), 322(i)), Acidity Regulators (330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Cheese Swiss (Pasteurised **Milk**, Salt, Starter Culture (**Milk**), Enzyme (Non-Animal Rennet)), Lettuce (Iceberg Lettuce), Sauce Cracked Pepper Mayonnaise (Vegetable Oil [Includes Antioxidant (307)], Water, Vinegar, **Egg** Yolk (3.6%), Sugar, **Milk** Solids, Cracked Black Peppercorn (2.0%), Salt, Thickeners (1442, 1450, 415), Vegetable Powders, Flavour, Spice, Food Acid (270), Spice Extract, Preservative (202), Antioxidant (385)), Onion Fresh (Brown Onion), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavours)

Contains: **Wheat** (Gluten), **Eggs**, **Milk**, **Soy**, **Sesame**

May be present: **Gluten**(Barley), **Fish**, **Added Sulphites**

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Turbo Cheese Whopper	Trial	Yes	Yes	309	1,072	3,314	12.4	38.4	16.5	51.1	6.4	19.8	14.4	44.6	3	9.4	355	1,097

Turbo Cheese Whopper Double

Ingredients: Beef Patty 5" (Beef 100%), Bun **Sesame** Glazed 5" (**Wheat** Flour, Water, Baker's Yeast, Sugar, Canola Oil, **Wheat** Gluten, **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers [481, 472e, 322 (**Soy**, Rapeseed)], Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**)), Cheese SOS (Cheese (Cows **Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat **Milk** Solids (Cow's **Milk**), **Milk** Solids (Cow's **Milk**), Emulsifiers (331(iii), 322(i)), Acidity Regulators (330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Tomato Slice (Tomato), Cheese Swiss (Pasteurised **Milk**, Salt, Starter Culture (**Milk**), Enzyme (Non-Animal Rennet)), Lettuce (Iceberg Lettuce), Sauce Cracked Pepper Mayonnaise (Vegetable Oil [Includes Antioxidant (307)], Water, Vinegar, **Egg** Yolk (3.6%), Sugar, **Milk** Solids, Cracked Black Peppercorn (2.0%), Salt, Thickeners (1442, 1450, 415), Vegetable Powders, Flavour, Spice, Food Acid (270), Spice Extract, Preservative (202), Antioxidant (385)), Onion Fresh (Brown Onion), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavours)

Contains: **Wheat** (Gluten), **Eggs**, **Milk**, **Soy**, **Sesame**

May be present: **Gluten**(Barley), **Fish**, **Added Sulphites**

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Turbo Cheese Whopper Double	Trial	Yes	Yes	411	1,152	4,730	15.1	62.3	19	78.1	8.1	33.4	11.1	45.4	2.4	10.1	358	1,473

Cheeseburger

Ingredients: Bun **Sesame** Glazed 4" (**Wheat** Flour, Water, Baker's Yeast, Sugar, Canola Oil, **Wheat** Gluten, **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers [481, 322 (**Soy**, Rapeseed)], Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**)), Beef Patty 4" (Beef (100%)), Cheese SOS (Cheese (Cows **Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat **Milk** Solids (Cow's **Milk**), **Milk** Solids (Cow's **Milk**), Emulsifiers (331(iii), 322(i)), Acidity Regulators (330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Sauce Ketchup (Concentrated Tomatoes, Sugar, Concentrated White Vinegar, Salt, Natural Flavours, Food Acid (Citric Acid), Spice), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavours), Sauce **Mustard** (Water, **Mustard** (15%), Food Acids (260, 270), Salt, Sugar, Thickener (1414), Potato Starch, Spice)

Contains: **Wheat** (Gluten), **Milk**, **Sesame**, **Soy**, **Mustard**

May be present: **Added Sulphites**, **Eggs**

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Cheeseburger	Permanent	Yes	Yes	119	1,129	1,347	13.2	15.8	13.4	16	5.5	6.6	23.7	28.3	5.3	6.3	518	619

BBQ Cheeseburger

Ingredients: Bun **Sesame** Glazed 4" (**Wheat** Flour, Water, Baker's Yeast, Sugar, Canola Oil, **Wheat** Gluten, **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**)), Beef Patty 4" (Beef (100%)), Cheese SOS (Cheese (Cows **Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat **Milk** Solids (Cow's **Milk**), **Milk** Solids (Cow's **Milk**), Emulsifiers (331(iii), 322(i)), Acidity Regulators (330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Mayonnaise (**Soybean** Oil (<0.001% Tocopherol [Vitamin E]), **Egg** Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, **Mustard** Flour), Sauce BBQ Smoky (Tomato Puree (48%), Sugar, Vinegar, Apple Paste, Thickener, Caramel Colour, Molasses, Salt, Smoke Flavour, Dehydrated Vegetables, Worcestershire Flavour, Spice)

Contains: **Wheat** (Gluten), **Eggs**, **Milk**, **Sesame**, **Soy**, **Mustard**

May be present: **Added Sulphites**

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
BBQ Cheeseburger	Permanent	Yes	Yes	118	1,196	1,415	13.3	15.8	21	24.9	6.8	8.1	23.9	28.4	5.1	6.1	433	513

Bacon Deluxe

Ingredients: Beef Patty 4" (Beef (100%)), Bun **Sesame** Glazed 4" (**Wheat** Flour, Water, Baker's Yeast, Sugar, Canola Oil, **Wheat** Gluten, **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**)), Cheese SOS (Cheese (Cows **Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat **Milk** Solids (Cow's **Milk**), **Milk** Solids (Cow's **Milk**), Emulsifiers (331(iii), 322(i)), Acidity Regulators (330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Bacon (Pork, Water, Cure (Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250)), Wood Smoke), Tomato Slice (Tomato), Lettuce (Iceberg Lettuce), Mayonnaise (**Soybean** Oil (<0.001% Tocopherol [Vitamin E]), **Egg** Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, **Mustard** Flour)

Contains: **Wheat** (Gluten), **Eggs**, **Milk**, **Sesame**, **Soy**, **Mustard**

May be present: **Added Sulphites**

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Bacon Deluxe	Permanent	Yes	No	202	1,062	2,142	14.7	29.7	19.2	38.7	7.3	14.8	13.4	27.1	2.6	5.2	426	858

Cheeseburger Double

Ingredients: Beef Patty 4* (Beef (100%)), Bun **Sesame** Glazed 4* (**Wheat** Flour, Water, Baker's Yeast, Sugar, Canola Oil, **Wheat Gluten**, **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**)), Cheese SOS (Cheese (Cows **Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat **Milk** Solids (Cow's **Milk**), **Milk** Solids (Cow's **Milk**), Emulsifiers (331(iii), 322(i)), Acidity Regulators (330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Sauce Ketchup (Concentrated Tomatoes, Sugar, Concentrated White Vinegar, Salt, Natural Flavours, Food Acid (Citric Acid), Spice), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavours), Sauce **Mustard** (Water, **Mustard** Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice)

Contains: **Wheat** (Gluten), Milk, Sesame, Soy

May be present: Added Sulphites, Eggs

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Cheeseburger Double	Permanent	Yes	Yes	165	1,201	1,978	16	26.4	17	28	7.7	12.7	17.4	28.7	4	6.6	487	802

Cheeseburger Triple

Ingredients: Beef Patty 4* (Beef (100%)), Bun **Sesame** Glazed 4* (**Wheat** Flour, Water, Baker's Yeast, Sugar, Canola Oil, **Wheat Gluten**, **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**)), Cheese SOS (Cheese (Cows **Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat **Milk** Solids (Cow's **Milk**), **Milk** Solids (Cow's **Milk**), Emulsifiers (331(iii), 322(i)), Acidity Regulators (330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Sauce Ketchup (Concentrated Tomatoes, Sugar, Concentrated White Vinegar, Salt, Natural Flavours, Food Acid (Citric Acid), Spice), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavours), Sauce **Mustard** (Water, **Mustard** Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice)

Contains: **Wheat** (Gluten), Milk, Sesame, Soy

May be present: Added Sulphites, Eggs

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Cheeseburger Triple	Permanent	Yes	Yes	210	1,243	2,609	17.6	37	19	40	8.9	18.8	13.9	29.2	3.3	7	470	986

Hamburger

Ingredients: Bun **Sesame** Glazed 4* (**Wheat** Flour, Water, Baker's Yeast, Sugar, Canola Oil, **Wheat Gluten**, **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**)), Beef Patty 4* (Beef (100%)), Sauce Ketchup (Concentrated Tomatoes, Sugar, Concentrated White Vinegar, Salt, Natural Flavours, Food Acid (Citric Acid), Spice), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavours), Sauce **Mustard** (Water, **Mustard** Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice)

Contains: **Wheat** (Gluten), Sesame, Soy

May be present: Added Sulphites, Eggs, Milk

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Hamburger	Permanent	Yes	Yes	108	1,104	1,192	12.5	13.5	12.1	13.1	4.2	4.6	25.8	27.9	5.5	6	426	460

Jack's Special Sauce Whopper Single

Ingredients: Bun **Sesame** Glazed 5* (**Wheat** Flour, Water, Baker's Yeast, Sugar, Canola Oil, **Wheat Gluten**, **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers [481, 472e, 322 (**Soy**, Rapeseed)], Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**)), Beef Patty 5* (Beef 100%), Sauce Special (Canola Oil, Water, Sugar, Reconstituted **Egg** (Whole **Egg** & **Egg** Yolk), Gherkin Puree (Gherkin, Food Acid (260)), **Mustard** (Water, **Mustard** Seed, Salt, Vinegar, Sugar, Food Acid (260), Spice), Vinegar, Thickeners (1442, 415), Salt, Balsamic Vinegar (Colour (150d)), Onion Puree, Spices, Garlic, Preservatives (211, 202, 234), Acidity Regulator (330), Natural Colours (160a, 160c), Natural Flavour), Bacon (Pork, Water, Cure (Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250)), Wood Smoke), Tomato Slice (Tomato), Cheese SOS (Cheese (Cows **Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat **Milk** Solids (Cow's **Milk**), **Milk** Solids (Cow's **Milk**), Emulsifiers (331(iii), 322(i)), Acidity Regulators (330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Lettuce (Iceberg Lettuce), Onion Fresh (Brown Onion), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavours)

Contains: **Wheat** (Gluten), Eggs, Milk, Soy, Sesame

May be present: Added Sulphites

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Special Sauce Whopper Single	Trial	Yes	No	348	970	3,377	11.3	39.4	14.5	50.5	4.8	16.6	13.9	48.5	3.7	12.9	485	1,688

Jack's Special Sauce Whopper Double

Ingredients: Beef Patty 5* (Beef 100%), Bun **Sesame** Glazed 5* (**Wheat** Flour, Water, Baker's Yeast, Sugar, Canola Oil, **Wheat Gluten**, **Sesame** Seeds, Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers [481, 472e, 322 (**Soy**, Rapeseed)], Modified Potato Starch (1420), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**)), Cheese SOS (Cheese (Cows **Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat **Milk** Solids (Cow's **Milk**), **Milk** Solids (Cow's **Milk**), Emulsifiers (331(iii), 322(i)), Acidity Regulators (330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Sauce Special (Canola Oil, Water, Sugar, Reconstituted **Egg** (Whole **Egg** & **Egg** Yolk), Gherkin Puree (Gherkin, Food Acid (260)), **Mustard** (Water, **Mustard** Seed, Salt, Vinegar, Sugar, Food Acid (260), Spice), Vinegar, Thickeners (1442, 415), Salt, Balsamic Vinegar (Colour (150d)), Onion Puree, Spices, Garlic, Preservatives (211, 202, 234), Acidity Regulator (330), Natural Colours (160a, 160c), Natural Flavour), Bacon (Pork, Water, Cure (Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250)), Wood Smoke), Tomato Slice (Tomato), Lettuce (Iceberg Lettuce), Onion Fresh (Brown Onion), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavours)

Contains: **Wheat** (Gluten), Eggs, Milk, Soy, Sesame

May be present: Added Sulphites

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Special Sauce Whopper Double	Trial	Yes	No	450	1,066	4,793	14.1	63.3	17.2	77.5	6.7	30.2	11	49.3	3	13.5	459	2,063