Nutritional Guide 16 January 2024



Whopper® Nutritionals

Se	elected ores only	Halal Menu Item		Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydr ates (g)	Sugars (g)	Sodium (mg)	Serving Size / 100g	Energy (KJ / 100g)	Protein (g / 100g)	Fat Total (g / 100g)	Sat Fat (g / 100g)	Carbohydrates (g / 100g)	Sugars (g / 100g)	Sodium (g / 100g)
81		□ Whopper®	MEPORTANT's customers should be evere that whilst every effor its made to expresse boot to maintain the Vegan. Allegan's (e) disher) and relate status of our ingredients, individual food hears may come in contact with one suncher during food manufacturing ∨ food preparation, and our restaurants serve products containing allegans, as well as become and meat as part of our stendard menu library.																
82		Tropical Whopper® Single	Bun Seeded (Wheat Four Water, Baker's Yeast, Carolia Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Bed, Soy Fear, Emilatifiers (411, 491, 4729), Preservative (262), Vitamins (Thiamin, Foliatis)). Bed, Soy Fear, Emilatifiers (411, 491, 4729), Preservative (260), Sugar, Antoxidant (316), Preservative (250), Smoked), East, Curing Permix (Mineral Satt (451, 450), Sugar, Antoxidant (316), Preservative (250), Smoked), East, Calleria Fear, Francis (1988), Smoked), College (Cony Min. Satt. Curing Calleria Fear), Water, Nort Hill Solida, Emilations (E331), E322), Creater (Copy Min. Satt. Curing Calleria Fear), Water, Destrict (1980), Satt. Natural Cheese Flavour, Colours (E160b, E160b, Natural Flour, Preservative (E340), Satt. Natural Cheese Flavour, Colours (E160b, E160b, Natural Flour, Lettico, Calleria Satt. (1980), Satt. Natural Cheese Flavour, Colours (E160b, E160b, Natural Flour, Lettico, Calleria Satt. (1980), Satt. Natural Cheese Flavour, Colours (E160b, E160b, Natural Flour, E160b, E160	368	3540	37.5	49.5	17.5	61.3	21	1430	100	961	10.2	13.5	4.8	16.7	5.7	390
83		Tropical Whopper® Double	Berf, Bun (Wheat Four, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Soy Flour, Emulatilies (471, 481, 472e), Preservative (282), Vitamins (Thiamm, Folate), Cheese (Gordy Milk, Salt, Cuture, Calveria, Render), Water, Nor Falt Milk, Solids, Emulatiliers (E331ii, E322i), Acidity Regulators (E332, E330), Salt, Maharal Cheese Flavour, Colours (E1600, E1600, Natural Preservative (234)), Preservative (234), Preservative (235), Salt, Curing Premix [Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (230), Smoked), Comando, Mayornasiae, (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustraf Flour, Lettice, Smoky Bob, Susce (Water, Sugar, Tomato, Pesta, White Vinegar, Apple Pesta (Antioxidants (333, 300)), Smoky Bob, Susce (Water, Sugar, Tomato, Pesta, White Vinegar, Apple Pesta (Antioxidants (333, 300)), Provider, Preservative (202), Spice, Smoke Flavour, Negatable Providers, Tanour, Ricchester Sauce Povider, Preservative (202), Spice, Smoke Flavour, Negatable Providers, Tanour, Ricchester Sauce	470	4830	59.6	73.8	30.6	62.6	22	1820	100	1030	12.7	15.7	6.5	13.3	4.7	387
84		Aussie Whopper® Single	Bun Geoded (Wheat Four, Water, Selaris's Yeast, Canola OS, Sessame Seads, Sugar, Wheat Gluten, lodised Salt, Soy Four, Emulsifiers (417, 481, 4729), Preservative (282), Vitamins (Thiamin, Folatel)), Beet, Soy Four, S	379	2880	39.9	34.1	14.4	53.5	13.7	1180	100	759	10.5	9	3.8	14.1	3.6	311
85		Aussie Whopper® Double	Berf, Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canolia Oli, Sesame Seeds, Sugar, Wheat Gluten, lodised Satt, Soy Flour, Emulsfiers (471, 481, 472e), Preservative (262), Vitamins (Thiamin, Folatal)), Egg. Bun (Beetrod (151), Water, Sagar, Food And (Anolic), Satt), Bason (Port, (905), Water, Satt, Curing Premix [Mineral Satt (451, 450), Sugar, Antioxidant (316), Preservative (250)], Smokel, Tomatio, Conv's Milk, Satt, Culture, Calves's Rennet), Water, Non Fatt Milk Solids, Emulsfiers (E331ii, E322), Ander by Regulations (E332, E330), Satt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)), Lettuce, Onion. Natural Favours (Confain Garifon)	489	4150	62.8	57.3	26.3	54.5	14.4	1660	100	848	12.8	11.7	5.4	11.1	2.9	340
86	~	Whopper®	Burr. Wheat Flour. Water. Bakref Yeast, Canola Oil, Sesame Seeds, Supar, Wheat Gluten, Iodised Salt, Soy Flour. Emulatings (481, 476), Preservative (282), Vitamins (Thiamin, Foldet) Beef Pathy: 100% Australian Beef Lettuce. Tomalo. Onion Pickies: Cocumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavours, Polysorbate 80, Turmeric Mayonnaise: Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Com Syrup, Salt, Sugar, Mustard Flour, Tocophedi) Tomato sauce: Concentrated Tomatoes (76%), Sugar, Salt, Concentrated White Vinegar, Citric Acid, Natural Flavours (Cortain Catics), Sur	276	2700	25.9	39.0	11.6	48.1	8.0	844	100	978	9.4	14.1	4.2	17.4	2.9	306
87	▽	Whopper® Cheese	Bur Seeded (Wheat Flour, Water, Baker's Yeast, Canola Old, Seasme Seeds, Sugar, Wheat Gluten, lodised Salt, Soy Flour, Emulsifiers (471, 481, 4729), Preservative (282), Vitamins (Thiamin, Folate)), Beef Pathy, Jornatio. Jornation (Cour's Milk, Salt, Cultura, Calved's Rennet), Water, Non Fet Milk Solids, Emulsifiers (E331 is, E322), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E334), Mayonnasies (Soybean Oll, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Etticolo. Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Potassium Sorbate, Natural Flavours, Polyorbotte 80, Turmerich, and Tonatoes, Sugar, Salt, Concentrated White Vinegar, Food Acid (Citric Acid), Natural Flavours (Contain Garlici), Onion	302	3070	32.9	45.1	15.5	49.2	9.4	1210	100	1020	10.9	14.9	5.1	16.3	3.1	400
88	✓	Double Whopper®	Bur. Wheat Flour, Water, Balker's Yeast, Canola Oil, Seaams Seeds, Sugar, Wheat Gluten, Iodised Salt, Soy Flour, Embuldiers (481, 476, Preservative (282), Vitamins Seeds, Sugar, Wheat Gluten, Iodised Salt, Soy Beef Path; 100% Australian Beef Lettuce, Tomato, Onion Pickles: Cucumbers, Water, Winegar, Salt, Calcium Ladiate, Natural Flavours, Polysorbate 80, Turmeric Mayonnaise: Soybean Oil, Egy Yolks, Water, Distilled Vinegar, Com Syrup, Salt, Sugar, Mustard Flour, Tocopherul Tomato sauce: Concentrated Tomatoes (76%), Sugar, Salt, Concentrated White Vinegar, Citric Aoid, Natural Flavours, Spices	359	3730	47.5	57.2	20.5	48.2	8.0	896	100	1039	13.2	15.9	5.7	13.4	2.2	250

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S	elected tores only	Halal Menu Item	Ingredients	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydr ates (g)	Sugars (g)	Sodium (mg)	Serving Size / 100g	Energy (KJ / 100g)	Protein (g / 100g)	Fat Total (g / 100g)	Sat Fat (g / 100g)	Carbohydrates (g / 100g)	Sugars (g / 100g)	Sodium (g / 100g)
89	▽	☑ Triple Whopper®	Beef. Bun 5' Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oll, Sesame Seeds, Sugar, Wheat Gluten, Jodaed Salt, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamirs (Thamin, Folate)), Mayonnaise (Soybean Oll, Egg Yolks, Water, Estilled Vingaer, Corn Syrup, Salt, Sugar, Mustard Flour, Tocophero)), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Potassium Sorbate, Natural Flavours, Polysorbate 60, Tumeric), Tontank Karkfuny (Coxorientated Tomatioss (Contains 205g) Of Tomatoes Per 100ml), Sugar, Salt, Concentrated Tomatoes), Onion	426	4560	59.2	73.8	29.0	48.8	8.2	971	100	1070	13.9	17.3	6.8	11.5	1.9	228
90	▽	☑ Double Whopper® Cheese	Best Flatty, Bus Seeded (Wheel Flour, Woter, Ballan's Yeast, Canols Oll, Seasma Seeds, Supar, Wheel Gluten, Indiand Salt, Soy Flour, Emulsities (471, 461, 472a), Preservative (262), Vilamins (Tiberni), Totale)), Oheses (Covid-Nill, Salt, Chaire, Coberts Farreni), Where, Nori Falt Ris (Solds, Emulsities) (E3318, E322), Actiny Regulation (E332, E330), Salt, Natural Cheese Flarour, Colcurs (E100), E100b), Natural Tomato, Macyornaise (Soybean Oll, Egy Yolks, Water, Diefflied Vineger, Com Syrup, Salt, Supar, Mustard Flour, Tocophesol), Pickies (Cucumbers, Water, Vineger, Salt, Calcium Lactats, Potassium Sorbats, Natural Flievour, Folders (Cucumbers, Water, Vineger, Salt, Calcium Lactats, Potassium Sorbats, Natural Flievour, Tomato Konting) (Concominated Tomatose, Supar, Salt, Concentrated White Vineger, Food Acid (Citris Acid), Onton	707	4360	56.7	68.8	28.2	50.4	10.3	1580	100	1080	14.0	17.0	7.0	12.5	2.6	392
91		Ultimate Double Whopper®	Beaf Patly, But 57 Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oll, Sesame Seeds, Sugar, Wheat Gluten, lodsed Salt, Soy Flour, Emulsifiers (471, 461, 472e), Preservaive (282), Vilamins (Thiamin, Folatel), Orbese (Chese (Chev Min, Salt, Culture, Calviers Servent), Water, Non Fat Mills Soldis, Emulsifiers (Matural Preservative (235), Salt, Natural Cheese Piarour, Colours (£ 606, £160e), Bacon (Plork (1964), Water, Salt, Culturin Premix (Mineral Salt (451, 450), Sugar, Antioxidant (1964), Preservative (230)), Smoked.), Mayornaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol), Lettuc. (And Chever (1964), Water, Salt, Calcium Lactale, Potassium Sorbate, Natural Flavours, Polysordate 80, Tumeric), Tomato Ketchup (Concentrated Tomatoes (Contains 266) of Tomatoes Per 100ml), Sugar, Salt, Concentrated White Vinegar, Food Add (Chirc Add), Natural Flavours (Contain Garic), Spices contains 76%, Concentrated White Vinegar, Food Add (Chirc Add), Natural Flavours (Contain Garic), Spices contains 76%, Concentrated White Vinegar, Food Add (Chirc Add), Natural Flavours (Contain Garic), Spices contains 76%, Concentrated White Vinegar, Food Add (Chirc Add), Natural Flavours (Contain Garic), Spices contains 76%, Concentrated Tomatoes),	444	4620	62.9	72.8	29.8	50.3	10.0	2040	100	1040	14.2	16.4	6.7	11.3	2.3	460
92	~	Whopper © Jnr	Bur Seeded (Wheat Flux Water, Baker's Yeast, Carola Ol, Sesame Seeds, Sugar, Wheat Gluten, lodised Salt, Vinegar, Soy Flox, Exmidiser (417, 481, 472a), Preservative (282), Vilamins (Thiamin, Foldel Cortains: Gluten, Soy, Sesame Seeds), Beaf Fatty, Tomato, Mayornatise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Mayornatise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Mayornatise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flowurs, Polysorbate 80, Tumeric, Tomato Kethrup (Coverintated Tomatoes (Contains 206g Of Tomatoes Per 100ml), Sugar, Salt, Concentrated White Vinegar, Food Acid (Othic Acid), Natural Flavours (Cortain Garlio), Spices contains 76%, Concentrated White Vinegar, Food Acid (Othic Acid), Natural Flavours (Cortain Garlio), Spices contains 76%, Concentrated White Vinegar, Food Acid (Othic Acid), Natural Flavours (Cortain Garlio), Spices contains 76%, Concentrated White Vinegar, Food Acid (Othic Acid), Natural Flavours (Cortain Garlio), Spices contains 76%, Concentrated White Vinegar, Food Acid (Othic Acid), Natural Flavours (Cortain Garlio), Spices contains 76%, Concentrated White Vinegar, Food Acid (Othic Acid), Natural Flavours (Cortain Garlio), Spices contains 76%, Concentrated White Vinegar, Food Acid (Othic Acid), Natural Flavours (Cortain Garlio), Spices contains 76%, Concentrated White Vinegar, Food Acid (Othic Acid), Natural Flavours (Cortain Garlio), Spices contains 76%, Concentrated White Vinegar, Food Acid (Othic Acid), Natural Flavours (Cortain Garlio), Spices contains 76%, Concentrated White Vinegar, Food Acid (Othic Acid), Natural Flavours (Cortain Garlio), Spices contains 76%, Concentrated White Vinegar, Food Acid (Othic Acid), Natural Flavours (Cortain Garlio), Spices contains 76%, Concentrated White Vinegar, Food Acid (Othic Acid), Natural Flavours (Cortain Garlio), Spices Contains 76%, Concentrated White Vinegar, Food Acid (Othic Acid), Natural Flavours	147	1550	14.9	19.9	5.4	32.9	4.6	372	100	1054	10.1	13.5	3.7	22.4	3.1	253
93	V	Whopper® Jnr Cheese	Bun Seeded (Wheat Plur, Water, Baker's Yeast, Canolo (I) Seame Seeds, Sugar, Wheat Guten, bodised Salt, Vineari, Soy Flour, Emulatifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folderi), Beef Patly. Tomato, Tomato, Cory's Milk, Salt, Culture, Cohee's Rennell, Water, Non Fat Milk Sodds, Emulstifiers (5331i, 6322), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E100b, E100c), Natural Preservative (E234)), Mayonnaise (Soybean Ol, Egy Yolks, Water, Destilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tooopherol), Tomato Keithup (Concentrated Tomatoes, Sugar, Salt, Concentrated White Vinegar, Food Acid (Ctiric Acid), Natural Flavours (Contain Carlor), Fulder (Courambers, Water, Vinegar, Salt, Calcium Lactate, Potassium Sorbate, Natural Flavours, Polypochate (O rumeric),	157	1630	16.5	22.4	7.3	30.7	4.9	634	100	1040	10.5	14.3	4.6	19.5	3.1	404
94	✓	Plant Based Whopper®	Plant Based Whopper Path, Whater Soy Pratein, Vegetable Dist, Contains Antioxidant (Tocopheroli), Flavorus (Catram Catamic Assimo Ass Soviet), Thiodeners (Methy Cellulose, Carragerenn), Colour (Carrameleed Sugar), Sait Yeast Estract), Dun Seeded (Wheel Flour, Wester Baser's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheel Gluten, Iodised Sat Soy Flour, Emulsifiers (471, 481, 472e), Preservative (262), Vitamins (Thamin, Folatel), Tonato, Tonato, Carrageres (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Sat, Sugar, Mustard Flour, Tocopheroli), Lettuce, Tonato Ketchup (Concentrated Tomatoes, Sugar, Salt, Concentrated White Vinegar, Food Acid (Citric Acid), Natural Filarous (Contain Carlot), Salt Calcium Lactale, Potassium Sorbate, Natural Filarours, Potassium Sorbate, Natural Filarours, Online 1888, Turmerol, Online 1889, Turmer	308	3080	29.2	44.7	9.1	51.3	9.3	1270	100	1000	9.5	14.5	2.9	16.7	3.0	412
95	~	Plant Based Whopper® Cheese	Plant Based Whopper Pathy (Water, Soy Pitetin, Vegetable Oils (Contains, Artioxident (Tocopherol)), Flavours (Contrains Galamin-Cast Sonde), Thickeners (Methyl Cellulose, Carragenenan), Colour (Caranelised Sugar), Salt, Yeast Estract), Bun Seeded (Wheel Flour, Water, Baker's Vesat, Canola Oil, Sesame Seeds, Sugar, Wheel Gluten, Iodised Salt, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (262, Vitamins (Thiamin, Follate)), Cheese (Cow), Milk, Salt, Culter, Caver's Rement), Water, Nor Falt Milk Goils, Emulsifiers (£331ii, £322i), Acidity Regulators (£332, £330), Salt, Natural Cheese Flavour, Colours (£160b, £160b), Natural Flavours (Edyphean Oil, Egy Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Lettice, Tomato Kelchup (Concentrated Tomatos, Sugar, Salt, Concentrated White Vinegar, Food Acid (Citric Acid), Natural Flavours (Cortain Gartici), Picker (Coucambers, Water, Vinegar, Salt, Calcium Lactale, Potassium Sorbate, Natural Flavours, Ondon	330	3390	33.8	50.4	12.9	52.1	10.2	1580	100	1030	10.2	15.3	3.9	15.8	3.1	480
96		Angry Whopper ⊗	Bur 5' Seeded (Wheat Flour, Water, Baker's Yeast, Canola Ol, Sesame Seeds, Sugar, Wheat Gluten, lodged Salt, Soy Flour, Emulsifiers (471, 461, 472e), Preservative (282), Vitamirs (Thirminn, Foldel), Angry Onions (Chronics (583), Water, Wheat Flour, Yegelabe Oll (Contains One Of More Of The Following Canola, Palm, Soybean, Surflowen), Corn Starch, Rice Flour, Salt, Tapicos Destrin, Natural Flavours, Matdocetrin, Todd Yeast, Thirchers (Gom Arabic, Anthama Gum), Todd (1900), Colour (1902), Cheese (Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331), E320), Acathy Regulation (E322, E330), Salt, Natural Cheese Flavour, Colours (Fclobe, Téloc), Valuar Preservative (E234)), Valuar Preservative (E234), Valuar Preservative (E234), Valuar Preservative (E234), Valuar Preservative (E234), Valuar Preservative (E234), Valuar Preservative (E234), Valuar Preservative (E234), Valuar Preservative (E234), Valuar Preservative (E234), Valuar Preservative (E234), Valuar Preservative (E234), Valuar Preservative (E234), Valuar Preservative (E234), Valuar Preservative (E234), Valuar Preservative (E234), Valuar Preservative (E234), Valuar Preservative (E234), Valuar Preservative	320	3400	33.9	53.2	17.0	59.7	11.3	1480	100	1063	10.6	16.6	5.3	18.7	3.5	463