


Nutritional Guide 16 January 2024



What's New Nutritionals

	Selected Stores only	Halal	Menu Item	Ingredients	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydr ates (g)	Sugars (g)	Sodium (mg)	Serving Size / 100g	Energy (kJ / 100g)	Protein (g / 100g)	Fat Total (g / 100g)	Sat Fat (g / 100g)	Carbohydrates (g / 100g)	Sugars (g / 100g)	Sodium (g / 100g)
2	<input type="checkbox"/>	<input type="checkbox"/>	 What's New	IMPORTANT: Customers should be aware that whilst every effort is made to segregate food to maintain the Vegan, Allergen (eg Gluten) and Halal status of our ingredients, individual food items may come in contact with one another during food manufacturing for food preparation, and our restaurants serve products containing allergens, as well as bacon and meat as part of our standard menu items.																
3	<input type="checkbox"/>	<input type="checkbox"/>	Jack's Café Iced Salted Caramel Small	Fresh Milk, Salted Caramel Syrup (Water, Sugar, Golden Syrup, Condensed Milk, Modified Starch (1422), Salt (2%), Natural Flavours, Burnt Sugars, Food Acid (270), Vegetable Gum (415), Preservative (202)), Whipped Cream (Cream (97%) (Contains Milk), Gas Propellant (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339)), Salted Caramel Sprinkle (Sugar, Tapioca Starch, Natural Flavour, Water, Salt, Caramelised Sugar)	200	1030	5.8	11	7.6	32.3	30.7	411	100	514	2.9	5.5	3.8	16.1	15.3	205
4	<input type="checkbox"/>	<input type="checkbox"/>	Jack's Café Iced Salted Caramel Medium	Fresh Milk, Salted Caramel Syrup (Water, Sugar, Golden Syrup, Condensed Milk, Modified Starch (1422), Salt (2%), Natural Flavours, Burnt Sugars, Food Acid (270), Vegetable Gum (415), Preservative (202)), Whipped Cream (Cream (97%) (Contains Milk), Gas Propellant (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339)), Salted Caramel Sprinkle (Sugar, Tapioca Starch, Natural Flavour, Water, Salt, Caramelised Sugar)	230	1360	6.1	11.3	7.9	52.2	49.5	723	100	591	2.7	4.9	3.4	22.7	21.5	314
5	<input type="checkbox"/>	<input type="checkbox"/>	Jack's Café Iced Salted Caramel Large	Fresh Milk, Salted Caramel Syrup (Water, Sugar, Golden Syrup, Condensed Milk, Modified Starch (1422), Salt (2%), Natural Flavours, Burnt Sugars, Food Acid (270), Vegetable Gum (415), Preservative (202)), Whipped Cream (Cream (97%) (Contains Milk), Gas Propellant (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339)), Salted Caramel Sprinkle (Sugar, Tapioca Starch, Natural Flavour, Water, Salt, Caramelised Sugar)	280	1500	7.8	13.1	9	54.6	51.9	747	100	534	2.8	4.7	3.2	19.5	18.5	267
6	<input type="checkbox"/>	<input type="checkbox"/>	Jack's Café Iced Coffee Salted Caramel Small	Fresh Milk, Salted Caramel Syrup (Water, Sugar, Golden Syrup, Condensed Milk, Modified Starch (1422), Salt (2%), Natural Flavours, Burnt Sugars, Food Acid (270), Vegetable Gum (415), Preservative (202)), Whipped Cream (Cream (97%) (Contains Milk), Gas Propellant (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339)), Coffee Extract, Salted Caramel Sprinkle (Sugar, Tapioca Starch, Natural Flavour, Water, Salt, Caramelised Sugar)	222	1030	6	11	7.6	32.4	30.7	419	100	465	2.7	5	3.4	14.6	13.9	189
7	<input type="checkbox"/>	<input type="checkbox"/>	Jack's Café Iced Coffee Salted Caramel Medium	Fresh Milk, Salted Caramel Syrup (Water, Sugar, Golden Syrup, Condensed Milk, Modified Starch (1422), Salt (2%), Natural Flavours, Burnt Sugars, Food Acid (270), Vegetable Gum (415), Preservative (202)), Whipped Cream (Cream (97%) (Contains Milk), Gas Propellant (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339)), Coffee Extract, Salted Caramel Sprinkle (Sugar, Tapioca Starch, Natural Flavour, Water, Salt, Caramelised Sugar)	252	1360	6.3	11.3	7.9	52.4	49.6	731	100	541	2.5	4.5	3.1	20.8	19.7	290
8	<input type="checkbox"/>	<input type="checkbox"/>	Jack's Café Iced Coffee Salted Caramel Large	Fresh Milk, Salted Caramel Syrup (Water, Sugar, Golden Syrup, Condensed Milk, Modified Starch (1422), Salt (2%), Natural Flavours, Burnt Sugars, Food Acid (270), Vegetable Gum (415), Preservative (202)), Whipped Cream (Cream (97%) (Contains Milk), Gas Propellant (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339)), Coffee Extract, Salted Caramel Sprinkle (Sugar, Tapioca Starch, Natural Flavour, Water, Salt, Caramelised Sugar)	252	1360	6.3	11.3	7.9	52.4	49.6	731	100	541	2.5	4.5	3.1	20.8	19.7	290
9	<input type="checkbox"/>	<input type="checkbox"/>	Fairy Floss Storm	Sundae Mix (Milk, Milk Solids, Sugar, Cream, Dextrose Emulsifier (471), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour), Fairy Floss Syrup (Water, Sugar, Thickener (E1422), Natural Flavour, Acidity Regulator (E330), Thickener (E415), Preservative (E202), Colour (E122)), Fairy Floss Candy (Sugar, Food Color (E133), Xanthan Gum (E415), D-Sorbitol Solution 70% (E420), Propylene Glycol (E1520), Malt Syrup, Lactose, Di-Malic Acid, Artificial Flavor, Artificial Colors (Red 40, Yellow 4),)	283	2170	12.3	16.7	11.3	74.9	74.4	271	100	767	4.3	5.9	4	26.5	26.3	96
10	<input type="checkbox"/>	<input type="checkbox"/>	Summer Float Small	Fanta Raspberry (Carbonated Water, Sugar, Flavour, Food Acid (330), Preservative (211), Sweetener (960), Colour (122)), Sundae Mix (Milk, Milk Solids, Sugar, Cream, Dextrose Emulsifier (471), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour),	235	866	4.7	6.4	4.3	31.9	31.9	111	100	368	2	2.7	1.8	13.6	13.6	47
11	<input type="checkbox"/>	<input type="checkbox"/>	Summer Float Medium	Fanta Raspberry (Carbonated Water, Sugar, Flavour, Food Acid (330), Preservative (211), Sweetener (960), Colour (122)), Sundae Mix (Milk, Milk Solids, Sugar, Cream, Dextrose Emulsifier (471), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour),	296	950	4.7	6.4	4.3	36.7	36.7	114	100	321	1.6	2.2	1.5	12.4	12.4	38
12	<input type="checkbox"/>	<input type="checkbox"/>	Summer Float Large	Fanta Raspberry (Carbonated Water, Sugar, Flavour, Food Acid (330), Preservative (211), Sweetener (960), Colour (122)), Sundae Mix (Milk, Milk Solids, Sugar, Cream, Dextrose Emulsifier (471), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour),	336	1010	4.7	6.4	4.3	39.9	39.9	115	100	299	1.4	1.9	1.3	11.9	11.9	34
13	<input type="checkbox"/>	<input type="checkbox"/>	Tropical Whopper® Single	Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)), Beef, Pineapple Slice, Bacon (Pork (90%), Water, Salt, Curing Premix (Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)), Smoked), Tomato, Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)), Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol), Lettuce, Smoky BBQ Sauce (Water, Sugar, Tomato Paste, White Vinegar, Apple Paste [Antioxidants (330, 300)], Thickeners (1422, 415), Salt, Colour (150a), Molasses, Vegetable Powders, Flavour, Rochester Sauce Powder, Preservative (202), Spice, Smoke Flavour)	368	3540	37.5	49.5	17.5	61.3	21	1430	100	961	10.2	13.5	4.8	16.7	5.7	390
14	<input type="checkbox"/>	<input type="checkbox"/>	Tropical Whopper® Double	Bun (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)), Beef, Pineapple Slice, Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)), Bacon (Pork (90%), Water, Salt, Curing Premix (Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)), Smoked), Tomato, Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol), Lettuce, Smoky BBQ Sauce (Water, Sugar, Tomato Paste, White Vinegar, Apple Paste [Antioxidants (330, 300)], Thickeners (1422, 415), Salt, Colour (150a), Molasses, Vegetable Powders, Flavour, Rochester Sauce Powder, Preservative (202), Spice, Smoke Flavour)	470	4830	59.6	73.8	30.6	62.6	22	1820	100	1030	12.7	15.7	6.5	13.3	4.7	387

Selected Stores only	Halal	Menu Item	Ingredients	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydrates (g)	Sugars (g)	Sodium (mg)	Serving Size / 100g	Energy (KJ / 100g)	Protein (g / 100g)	Fat Total (g / 100g)	Sat Fat (g / 100g)	Carbohydrates (g / 100g)	Sugars (g / 100g)	Sodium (g / 100g)
<input type="checkbox"/>	<input type="checkbox"/>		Jack's Fried Chicken Fillet (Chicken (56%), Flour (Wheat, Rice, Maize), Water, Crumb (Wheat Flour, Wheat Starch, Dextrose, Vegetable Shortening, Yeast, Salt, Natural Colours (E160c, E160d), Vegetable Oil, Thickeners (E332, E333), Salt, Mineral Salts (450, 500, 451), Vegetable Powders (Onion, Garlic), Wheat Gluten, Starch (Potato, Tapioca), Spices (Pepper, Celery)), Broche Style Bun (Wheat Flour, Water, Canola Oil, Bakers Yeast, Sugar, Wheat Gluten, Iodised Salt, Non-Fat Milk Solids, Shortening Powder (Vegetable Fat, Milk Protein, Antioxidant (307b From Soy)), Soy Flour, Preservatives (202, 202), Anti-Caking Agent (341), Colour (160a), Emulsifier (481), Wheat Malt Flour, Vitamins (Thiamin, Folic Acid)), Pineapple Slice, Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol), Bacon (Pork (90%), Water, Salt, Curing Premix (Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)), Smoked), Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)), Lettuce, Smoky BBQ Sauce (Water, Sugar, Tomato Paste, White Vinegar, Apple Paste [Antioxidants (330, 300)], Thickeners (E1422, E1415), Salt, Colour (150a), Molasses, Vegetable Powders, Flavour, Rochester Sauce Powder, Preservative (202), Spice, Smoke Flavour), Clarified Butter	330	3670	31.9	55.6	16.6	60.7	17.2	1390	100	1110	9.7	16.9	5	18.4	5.2	421
		Tropical Jack's Fried Chicken																	
<input type="checkbox"/>	<input type="checkbox"/>		Grilled Chicken Fillet (Chicken (94%), Salt, Thickeners (E1442, E1407), Mineral Salts (451, 450), Flavours, Water), Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)), Pineapple Slice, Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol), Bacon (Pork (90%), Water, Salt, Curing Premix (Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)), Smoked), Tomato, Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)), Lettuce, Smoky BBQ Sauce (Water, Sugar, Tomato Paste, White Vinegar, Apple Paste [Antioxidants (330, 300)], Thickeners (E1422, E1415), Salt, Colour (150a), Molasses, Vegetable Powders, Flavour, Rochester Sauce Powder, Preservative (202), Spice, Smoke Flavour)	230	2110	28	26.8	5.9	37.2	11	1090	100	919	12.2	11.7	2.6	16.2	4.8	476
		Tropical Grilled Chicken																	
<input type="checkbox"/>	<input type="checkbox"/>		Coca Cola (Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine), Chips (Potato (91%), Vegetable Oil 5%, Modified Potato Starch (1400, 1414, 1412), Rice Flour, Potato Dextrin, Salt, Acidity Regulators (450, 500), Thickener (415), Seasoned Salt (Salt (74%), Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil)), Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)), Beef, Pineapple Slice, Chicken Nugget (Chicken (55%), Flour (Wheat, Maize, Rice), Water, Vegetable Oil, Wheat Starch, Wheat Gluten, Thickener (E1442), Salt, Sugar, Minerals Salts (451, 450, 500, 508), Dextrose, Maltodextrin, Flavour, Yeast, Yeast Extract, Spice Extract), Bacon (Pork (90%), Water, Salt, Curing Premix (Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)), Smoked), Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)), Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol), Tomato, Spicy Sauce (Vegetable Oil, Water, Egg Yolk (5%), White Vinegar, Sugar, Salt, Thickeners (E1442, E1450, 415), Yeast, Chili Powder (1%), Vegetable Powders, Lemon Juice Concentrate, Acidity Regulator (330), Preservative (202), Spice Extracts, Antioxidant (385)), Lettuce, Smoky BBQ Sauce (Water, Sugar, Tomato Paste, White Vinegar, Apple Paste [Antioxidants (330, 300)], Thickeners (E1422, E1415), Salt, Colour (150a), Molasses, Vegetable Powders, Flavour, Rochester Sauce Powder, Preservative (202), Spice, Smoke Flavour)	1104	8240	64.7	106	28.7	188	71.2	3010	100	747	5.9	9.6	2.6	17.1	6.5	273
		Hunger Tamers Tropical Whopper®																	
<input type="checkbox"/>	<input type="checkbox"/>		Coca Cola (Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine), Jack's Fried Chicken Fillet (Chicken (60%), Flour (Wheat, Rice), Water, Starch (Wheat, Potato, Tapioca), Vegetable Oil, Thickeners (E1422, E1415), Salt, Mineral Salts (450, 451), Vegetable Powders, Spices, Dextrose, Yeast, Natural Colours (E160c, E160d), Wheat Gluten), Chips (Potato (91%), Vegetable Oil 5%, Modified Potato Starch (1400, 1414, 1412), Rice Flour, Potato Dextrin, Salt, Acidity Regulators (450, 500), Thickener (415), Seasoned Salt (Salt (74%), Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil)), Broche Style Bun (Wheat Flour, Water, Canola Oil, Bakers Yeast, Sugar, Wheat Gluten, Iodised Salt, Non-Fat Milk Solids, Shortening Powder (Vegetable Fat, Milk Protein, Antioxidant (307b From Soy)), Soy Flour, Preservatives (282, 202), Anti-Caking Agent (341), Colour (160a), Emulsifier (481), Wheat Malt Flour, Vitamins (Thiamin, Folic Acid)), Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)), Chicken Nugget (Chicken (55%), Flour (Wheat, Maize, Rice), Water, Vegetable Oil, Wheat Starch, Wheat Gluten, Thickener (E1442), Salt, Sugar, Minerals Salts (451, 450, 500, 508), Dextrose, Maltodextrin, Flavour, Yeast, Yeast Extract, Spice Extract), Beef Patty, Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol), Pineapple Slice, Spicy Sauce (Vegetable Oil, Water, Egg Yolk (5%), White Vinegar, Sugar, Salt, Thickeners (E1442, E1450, 415), Yeast, Chili Powder (1%), Vegetable Powders, Lemon Juice Concentrate, Acidity Regulator (330), Preservative (202), Spice Extracts, Antioxidant (385)), Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)), Bacon (Pork (90%), Water, Salt, Curing Premix (Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)), Smoked), Lettuce, Smoky BBQ Sauce (Water, Sugar, Tomato Paste, White Vinegar, Apple Paste [Antioxidants (330, 300)], Thickeners (E1422, E1415), Salt, Colour (150a), Molasses, Vegetable Powders, Flavour, Rochester Sauce Powder, Preservative (202), Spice, Smoke Flavour), Clarified Butter	1066	8340	61.3	109	27.9	191	63.5	3190	100	782	5.8	10.2	2.6	17.9	6	299
		Hunger Tamers Tropical Jack's Fried Chicken																	
<input type="checkbox"/>	<input type="checkbox"/>		Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)), Beef, Egg, Beetroot (Beetroot (61%), Water, Sugar, Food Acid (Acetic), Salt), Tomato, Lettuce, Bacon (Pork (90%), Water, Salt, Curing Premix (Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)), Smoked), Onion, Tomato Ketchup (Concentrated Tomatoes, Sugar, Salt, Concentrated White Vinegar, Food Acid (Citric Acid), Natural Flavours (Contain Garlic)), Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234))	379	2880	39.9	34.1	14.4	53.5	13.7	1180	100	759	10.5	9	3.8	14.1	3.6	311
		Aussie Whopper® Single																	
<input type="checkbox"/>	<input type="checkbox"/>		Beef, Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)), Egg, Beetroot (Beetroot (61%), Water, Sugar, Food Acid (Acetic), Salt), Bacon (Pork (90%), Water, Salt, Curing Premix (Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)), Smoked), Tomato, Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)), Lettuce, Tomato Ketchup (Concentrated Tomatoes, Sugar, Salt, Concentrated White Vinegar, Food Acid (Citric Acid), Natural Flavours (Contain Garlic))	489	4150	62.8	57.3	26.3	54.5	14.4	1660	100	848	12.8	11.7	5.4	11.1	2.9	340
		Aussie Whopper® Double																	

Selected Stores only	Halal	Menu Item	Ingredients	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydrates (g)	Sugars (g)	Sodium (mg)	Serving Size / 100g	Energy (KJ / 100g)	Protein (g / 100g)	Fat Total (g / 100g)	Sat Fat (g / 100g)	Carbohydrates (g / 100g)	Sugars (g / 100g)	Sodium (g / 100g)
<input type="checkbox"/>	<input type="checkbox"/>	Auslese Jack's Fried Chicken	Jack's Fried Chicken Fillet (Chicken (60%), Flour (Wheat, Rice), Water, Starch (Wheat, Potato, Tapioca), Vegetable Oil, Thickeners (1422, 415), Salt, Mineral Salts (450, 500, 451), Vegetable Powders, Spices, Dextrose, Yeast, Natural Colours (160c, 100), Wheat Gluten), Broche Style Bun (Wheat Flour, Water, Canola Oil, Bakers Yeast, Sugar, Wheat Gluten, Iodised Salt, Non-Fat Milk Solids, Shortening Powder (Vegetable Fat, Milk Protein, Antioxidant (307b From Soy)), Soy Flour, Preservatives (282, 202), Anti-Caking Agent (341), Colour (160a), Emulsifier (481), Wheat Malt Flour, Vitamins (Thiamin, Folic Acid)), Egg, Beetroot (Beetroot (61%), Water, Sugar, Food Acid (Acetic), Salt), Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol), Bacon (Pork (90%), Water, Salt, Curing Premix (Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)), Smoked), Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)), Lettuce, Clarified Butter	399	3930	41.8	57.9	18.6	61	10.6	1740	100	986	10.5	14.5	4.7	15.3	2.7	436
<input type="checkbox"/>	<input type="checkbox"/>	Auslese Grilled Chicken	Grilled Chicken Fillet (Chicken (94%), Salt, Thickeners (1442, 407), Mineral Salts (451, 450), Flavours, Water), Egg, Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)), Beetroot (Beetroot (61%), Water, Sugar, Food Acid (Acetic), Salt), Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol), Bacon (Pork (90%), Water, Salt, Curing Premix (Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)), Smoked), Tomato, Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)), Lettuce	299	2420	35.8	32.6	7.7	34.1	8.4	1230	100	808	12	10.9	2.6	11.4	2.8	411
<input type="checkbox"/>	<input type="checkbox"/>	Hunger Tamers Auslese Whopper®	Coca Cola (Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine), Chips (Potato (91%), Vegetable Oil 5%, Modified Potato Starch (1400, 1414, 1412), Rice Flour, Potato Dextrin, Salt, Acidity Regulators (450, 500), Thickener (415)), Seasoned Salt (Salt (74%)), Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil), Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Soy Flour, Emulsifiers (471, 451, 472e), Preservative (282), Vitamins (Thiamin, Folate)), Beef, Egg, Chicken Nugget (Chicken (55%), Flour (Wheat, Maize, Rice), Water, Vegetable Oil, Wheat Starch, Wheat Gluten, Thickener (1442), Salt, Sugar, Minerals Salts (451, 450, 500, 508), Dextrose, Maltodextrin, Flavour, Yeast, Yeast Extract, Spice Extract), Beetroot (Beetroot (61%), Water, Sugar, Food Acid (Acetic), Salt), Tomato, Spicy Sauce (Vegetable Oil, Water, Egg Yolk (5%), White Vinegar, Sugar, Salt, Thickeners (1442, 1450, 415), Yeast, Chili Powder (1%), Vegetable Powders, Lemon Juice Concentrate, Acidity Regulator (330), Preservative (202), Spice Extracts, Antioxidant (385)), Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)), Lettuce, Bacon (Pork (90%), Water, Salt, Curing Premix (Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)), Smoked), Onion, Tomato Ketchup (Concentrated Tomatoes, Sugar, Salt, Concentrated White Vinegar, Food Acid (Citric Acid), Natural Flavours (Contain Garlic)), Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol), Smoky BBQ Sauce (Tomato Puree (Water, Tomato Paste, Citric Acid), Sugar, Vinegar, Apple Paste, Thickener (1442, 415), Caramel Colour (150a), Molasses, Salt, Smoke Flavour, Dehydrated Vegetable (Garlic, Onion), Worcestershire Flavour, Spice),	1115	7590	67.1	90.4	25.6	181	64	2760	100	680	6	8.1	2.3	16.2	5.7	247
<input type="checkbox"/>	<input type="checkbox"/>	Hunger Tamers Auslese Jack's Fried Chicken	Coca Cola (Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine), Jack's Fried Chicken Fillet (Chicken (60%), Flour (Wheat, Rice), Water, Starch (Wheat, Potato, Tapioca), Vegetable Oil, Thickeners (1422, 415), Salt, Mineral Salts (450, 500, 451), Vegetable Powders, Spices, Dextrose, Yeast, Natural Colours (160c, 100), Wheat Gluten), Chips (Potato (91%), Vegetable Oil 5%, Modified Potato Starch (1400, 1414, 1412), Rice Flour, Potato Dextrin, Salt, Acidity Regulators (450, 500), Thickener (415)), Seasoned Salt (Salt (74%)), Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil), Broche Style Bun (Wheat Flour, Water, Canola Oil, Bakers Yeast, Sugar, Wheat Gluten, Iodised Salt, Non-Fat Milk Solids, Shortening Powder (Vegetable Fat, Milk Protein, Antioxidant (307b From Soy)), Soy Flour, Preservatives (282, 202), Anti-Caking Agent (341), Colour (160a), Emulsifier (481), Wheat Malt Flour, Vitamins (Thiamin, Folic Acid)), Egg, Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)), Chicken Nugget (Chicken (55%), Flour (Wheat, Maize, Rice), Water, Vegetable Oil, Wheat Starch, Wheat Gluten, Thickener (1442), Salt, Sugar, Minerals Salts (451, 450, 500, 508), Dextrose, Maltodextrin, Flavour, Yeast, Yeast Extract, Spice Extract), Beetroot (Beetroot (61%), Water, Sugar, Food Acid (Acetic), Salt), Beef Patty, Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol), Spicy Sauce (Vegetable Oil, Water, Egg Yolk (5%), White Vinegar, Sugar, Salt, Thickeners (1442, 1450, 415), Yeast, Chili Powder (1%), Vegetable Powders, Lemon Juice Concentrate, Acidity Regulator (330), Preservative (202), Spice Extracts, Antioxidant (385)), Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)), Bacon (Pork (90%), Water, Salt, Curing Premix (Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)), Smoked), Lettuce, Smoky BBQ Sauce (Tomato Puree (Water, Tomato Paste, Citric Acid), Sugar, Vinegar, Apple Paste, Thickener (1442, 415), Caramel Colour (150a), Molasses, Salt, Smoke Flavour, Dehydrated Vegetable (Garlic, Onion), Worcestershire Flavour, Spice), Clarified Butter	1135	8640	69.1	114	29.7	188	60.9	3320	100	762	6.1	10.1	2.6	16.6	5.4	293

Selected Stores only	Halal	Menu Item	Ingredients	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydrates (g)	Sugars (g)	Sodium (mg)	Serving Size / 100g	Energy (KJ / 100g)	Protein (g / 100g)	Fat Total (g / 100g)	Sat Fat (g / 100g)	Carbohydrates (g / 100g)	Sugars (g / 100g)	Sodium (g / 100g)
<input checked="" type="checkbox"/>	<input type="checkbox"/>		Coca Cola (Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine), Jack's Fried Chicken Fillet (Chicken (80%), Flour (Wheat, Rice), Water, Starch (Wheat, Potato, Tapioca), Vegetable Oil, Thickeners (1422, 415), Salt, Mineral Salts (450, 500, 451), Vegetable Powders, Spices, Dextrose, Yeast, Natural Colours (160c, 100), Wheat Gluten), Chips (Potato (91%), Vegetable Oil 5%, Modified Potato Starch (1400, 1414, 1412), Rice Flour, Potato Dextrin, Salt, Acidity Regulators (450, 500), Thickener (415)), Seasoned Salt (Salt (74%), Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil), Chicken Royale (Chicken (41%), Flour (Wheat, Rice, Soy, Maize), Water, Vegetable Oil, Thickeners (1412, 1404, 415), Salt, Yeast And Yeast Extracts (incl. Barley), Sugar, Emulsifiers (481, 471), Soy Protein, Wheat Fibre, Flavourings, Maltodextrin, Potato Flakes (Potato, Preservative (202)), Spices And Spice Extracts, Mineral Salts (450, 500, 451, 510), Starch (Wheat), Acidity Regulators (325, 330, 327, 262, 270, 300, 341), Vegetable Powder, Flavour Enhancer (635), Milk Solids, Herbs, Colours (100, 170, 160b, 1600)), Broche Style Bun (Wheat Flour, Water, Canola Oil, Bakers Yeast, Sugar, Wheat Gluten, Iodised Salt, Non-Fat Milk Solids, Shortening Powder (Vegetable Fat, Milk Protein, Antioxidant (307b From Soy)), Soy Flour, Preservatives (282, 202), Anti-Caking Agent (341), Colour (160a), Emulsifier (481), Wheat Malt Flour, Vitamins (Thiamin, Folic Acid)), Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472a), Preservative (282), Vitamins (Thiamin, Folate)), Chicken Nugget (Chicken (55%), Flour (Wheat, Maize, Rice), Water, Vegetable Oil, Wheat Starch, Wheat Gluten, Thickener (1442), Salt, Sugar, Minerals Salts (451, 450, 500, 508), Dextrose, Maltodextrin, Flavour, Yeast, Yeast Extract, Spice Extract), Spicy Sauce (Vegetable Oil, Water, Egg Yolk (5%), White Vinegar, Sugar, Salt, Thickeners (1442, 1450, 415), Yeast, Chili Powder (1%), Vegetable Powders, Lemon Juice Concentrate, Acidity Regulator (330), Preservative (202), Spice Extracts, Antioxidant (385)), Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol), Lettuce, Cracked Peppercorn Mayonnaise (Vegetable Oil, Water, White Vinegar, Egg Yolk (3.6%), Sugar, Milk Solids, Cracked Black Peppercorns (2.0%), Salt, Thickeners (1442, 1450, 415), Vegetable Powders, Flavour, Food Acid (270), Spice Extract, Preservative (202), Antioxidant (385)), Bacon (Pork (90%), Water, Salt, Curing Premix (Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)), Smoked), Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)), Smoky BBQ Sauce (Tomato Puree [Water, Tomato Paste, Citric Acid], Sugar, Vinegar, Apple Paste, Thickener (1442, 415), Caramel Colour (150a), Molasses, Salt, Smoke Flavour, Dehydrated Vegetable (Garlic, Onion), Worcestershire Flavour, Spice.), Clarified Butter	1068	8350	57.6	108	23.2	196	56.9	3400	100	782	5.4	10.1	2.2	18.4	5.3	318
<input checked="" type="checkbox"/>	<input type="checkbox"/>		Coca Cola (Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine), Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472a), Preservative (282), Vitamins (Thiamin, Folate)), Chips (Potato (91%), Vegetable Oil 5%, Modified Potato Starch (1400, 1414, 1412), Rice Flour, Potato Dextrin, Salt, Acidity Regulators (450, 500), Thickener (415)), Seasoned Salt (Salt (74%), Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil)), Beef Patty, Chicken Nugget (Chicken (55%), Flour (Wheat, Maize, Rice), Water, Vegetable Oil, Wheat Starch, Wheat Gluten, Thickener (1442), Salt, Sugar, Minerals Salts (451, 450, 500, 508), Dextrose, Maltodextrin, Flavour, Yeast, Yeast Extract, Spice Extract), Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)), Spicy Sauce (Vegetable Oil, Water, Egg Yolk (5%), White Vinegar, Sugar, Salt, Thickeners (1442, 1450, 415), Yeast, Chili Powder (1%), Vegetable Powders, Lemon Juice Concentrate, Acidity Regulator (330), Preservative (202), Spice Extracts, Antioxidant (385)), Bacon (Pork (90%), Water, Salt, Curing Premix (Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)), Smoked), Tomato, Smoky BBQ Sauce (Tomato Puree [Water, Tomato Paste, Citric Acid], Sugar, Vinegar, Apple Paste, Thickener (1442, 415), Caramel Colour (150a), Molasses, Salt, Smoke Flavour, Dehydrated Vegetable (Garlic, Onion), Worcestershire Flavour, Spice.), Cracked Peppercorn Mayonnaise (Vegetable Oil, Water, White Vinegar, Egg Yolk (3.6%), Sugar, Milk Solids, Cracked Black Peppercorns (2.0%), Salt, Thickeners (1442, 1450, 415), Vegetable Powders, Flavour, Food Acid (270), Spice Extract, Preservative (202), Antioxidant (385)), Lettuce, Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol)	945	6950	57.4	88.1	24.3	159	55.9	2530	100	735	6.1	9.3	2.6	16.8	5.9	268
<input checked="" type="checkbox"/>	<input type="checkbox"/>		Grilled Chicken Fillet (Chicken (94%), Salt, Thickeners (1442, 407), Mineral Salts (451, 450), Flavours, Water), Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472a), Preservative (282), Vitamins (Thiamin, Folate)), Cracked Peppercorn Mayonnaise (Vegetable Oil, Water, White Vinegar, Egg Yolk (3.6%), Sugar, Milk Solids, Cracked Black Peppercorns (2.0%), Salt, Thickeners (1442, 1450, 415), Vegetable Powders, Flavour, Food Acid (270), Spice Extract, Preservative (202), Antioxidant (385)), Bacon (Pork (90%), Water, Salt, Curing Premix (Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)), Smoked), Tomato, Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)), Lettuce, Smoky BBQ Sauce (Tomato Puree [Water, Tomato Paste, Citric Acid], Sugar, Vinegar, Apple Paste, Thickener (1442, 415), Caramel Colour (150a), Molasses, Salt, Smoke Flavour, Dehydrated Vegetable (Garlic, Onion), Worcestershire Flavour, Spice.)	202	1780	27.9	20.3	4.5	32.3	5.8	1130	100	881	13.8	10	2.2	16	2.8	558
<input checked="" type="checkbox"/>	<input type="checkbox"/>		Jack's Fried Chicken Fillet (Chicken (80%), Flour (Wheat, Rice), Water, Starch (Wheat, Potato, Tapioca), Vegetable Oil, Thickeners (1422, 415), Salt, Mineral Salts (450, 500, 451), Vegetable Powders, Spices, Dextrose, Yeast, Natural Colours (160c, 100), Wheat Gluten), Broche Style Bun (Wheat Flour, Water, Canola Oil, Bakers Yeast, Sugar, Wheat Gluten, Iodised Salt, Non-Fat Milk Solids, Shortening Powder (Vegetable Fat, Milk Protein, Antioxidant (307b From Soy)), Soy Flour, Preservatives (282, 202), Anti-Caking Agent (341), Colour (160a), Emulsifier (481), Wheat Malt Flour, Vitamins (Thiamin, Folic Acid)), Cracked Peppercorn Mayonnaise (Vegetable Oil, Water, White Vinegar, Egg Yolk (3.6%), Sugar, Milk Solids, Cracked Black Peppercorns (2.0%), Salt, Thickeners (1442, 1450, 415), Vegetable Powders, Flavour, Food Acid (270), Spice Extract, Preservative (202), Antioxidant (385)), Bacon (Pork (90%), Water, Salt, Curing Premix (Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)), Smoked), Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)), Lettuce, Smoky BBQ Sauce (Tomato Puree [Water, Tomato Paste, Citric Acid], Sugar, Vinegar, Apple Paste, Thickener (1442, 415), Caramel Colour (150a), Molasses, Salt, Smoke Flavour, Dehydrated Vegetable (Garlic, Onion), Worcestershire Flavour, Spice.), Clarified Butter	302	3300	34	45.6	15.3	59.2	8	1640	100	1090	11.2	15.1	5.1	19.6	2.6	543.04636
<input checked="" type="checkbox"/>	<input type="checkbox"/>		Beef Patty, Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472a), Preservative (282), Vitamins (Thiamin, Folate)), Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)), Bacon (Pork (90%), Water, Salt, Curing Premix (Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)), Smoked), Cracked Peppercorn Mayonnaise (Vegetable Oil, Water, White Vinegar, Egg Yolk (3.6%), Sugar, Milk Solids, Cracked Black Peppercorns (2.0%), Salt, Thickeners (1442, 1450, 415), Vegetable Powders, Flavour, Food Acid (270), Spice Extract, Preservative (202), Antioxidant (385)), Lettuce, Smoky BBQ Sauce (Tomato Puree [Water, Tomato Paste, Citric Acid], Sugar, Vinegar, Apple Paste, Thickener (1442, 415), Caramel Colour (150a), Molasses, Salt, Smoke Flavour, Dehydrated Vegetable (Garlic, Onion), Worcestershire Flavour, Spice.)	209	2240	30.1	31.8	13.1	31.9	5.7	951	100	1070	14.4	15.2	6.3	15.3	2.7	455

Selected Stores only	Halal	Menu Item	Ingredients	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydrates (g)	Sugars (g)	Sodium (mg)	Serving Size / 100g	Energy (KJ / 100g)	Protein (g / 100g)	Fat Total (g / 100g)	Sat Fat (g / 100g)	Carbohydrates (g / 100g)	Sugars (g / 100g)	Sodium (g / 100g)
<input checked="" type="checkbox"/>	<input type="checkbox"/>		Coca Cola (Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine), Jack's Fried Chicken Fillet (Chicken (60%), Flour (Wheat, Rice), Water, Starch (Wheat, Potato, Tapioca), Vegetable Oil, Thickeners (1422, 415), Salt, Mineral Salts (450, 500, 451), Vegetable Powders, Spices, Dextrose, Yeast, Natural Colours (160c, 100), Wheat Gluten), Chips (Potato (91%), Vegetable Oil 5%, Modified Potato Starch (1400, 1414, 1412), Rice Flour, Potato Dextrin, Salt, Acidity Regulators (450, 500), Thickener (415), Seasoned Salt (Salt (74%), Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil)), Broche Style Bun (Wheat Flour, Water, Canola Oil, Bakers Yeast, Sugar, Wheat Gluten, Iodised Salt, Non-Fat Milk Solids, Shortening Powder (Vegetable Fat, Milk Protein, Antioxidant (3070 From Soy)), Soy Flour, Preservatives (202, 202), Anti-Caking Agent (541), Colour (160a), Emulsifier (481), Wheat Malt Flour, Vitamins (Thiamin, Folic Acid)), Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)), Chicken Nugget (Chicken (55%), Flour (Wheat, Maize, Rice), Water, Vegetable Oil, Wheat Starch, Wheat Gluten, Thickener (1442), Salt, Sugar, Minerals Salts (451, 450, 500, 508), Dextrose, Maltodextrin, Flavour, Yeast, Yeast Extract, Spice Extract), Beef Patty, Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol), Napoli Sauce (Tomato (48%), Water, Vinegar, Thickener (1422), Tomato Paste, Onion, Sugar, Garlic, Salt, Acidity Regulator (330), Herbs, Spices, Preservatives (202, 211), Spicy Sauce (Vegetable Oil, Water, Egg Yolk (5%), White Vinegar, Sugar, Salt, Thickeners (1442, 1450, 415), Yeast, Chili Powder (1%), Vegetable Powders, Lemon Juice Concentrate, Acidity Regulator (330), Preservative (202), Spice Extracts, Antioxidant (385)), Natural Cheese (Milk, Salt, Starter Culture, Rennet), Bacon (Pork (90%), Water, Salt, Curing Premix (Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)), Smoked), Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)), Smoky BBQ Sauce (Tomato Puree (Water, Tomato Paste, Citric Acid), Sugar, Vinegar, Apple Paste, Thickener (1442, 415), Caramel Colour (150a), Molasses, Salt, Smoke Flavour, Dehydrated Vegetable (Garlic, Onion), Worcestershire Flavour, Spice.), Clarified Butter	1060	8420	64	112	30.5	186	57.6	3240	100	794	6	10.6	2.9	17.6	5.4	306
<input checked="" type="checkbox"/>	<input type="checkbox"/>		Coca Cola (Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine), Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)), Chips (Potato (91%), Vegetable Oil 5%, Modified Potato Starch (1400, 1414, 1412), Rice Flour, Potato Dextrin, Salt, Acidity Regulators (450, 500), Thickener (415), Seasoned Salt (Salt (74%), Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil)), Beef Patty, Chicken Nugget (Chicken (55%), Flour (Wheat, Maize, Rice), Water, Vegetable Oil, Wheat Starch, Wheat Gluten, Thickener (1442), Salt, Sugar, Minerals Salts (451, 450, 500, 508), Dextrose, Maltodextrin, Flavour, Yeast, Yeast Extract, Spice Extract), Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)), Spicy Tomato Relish (Tomato (48%), Sugar, Vinegar, Onion, Thickener (1422), Tomato Paste, Garlic, Salt, Spices), Spicy Sauce (Vegetable Oil, Water, Egg Yolk (5%), White Vinegar, Sugar, Salt, Thickeners (1442, 1450, 415), Yeast, Chili Powder (1%), Vegetable Powders, Lemon Juice Concentrate, Acidity Regulator (330), Preservative (202), Spice Extracts, Antioxidant (385)), Bacon (Pork (90%), Water, Salt, Curing Premix (Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)), Smoked), Jalapeno (Sliced Jalapeno Peppers (74.8%), Water, Vinegar, Food Acid (260), Salt, Preservative (211), Mineral Salt (509), Colour (102)), Tomato, Lettuce, Sauce Smoky Chipotle 11g/21g 2023 (Vegetable Oil, Water, Sugar, Vinegar, Egg Yolk, Tomato Paste, Lemon Juice Concentrate, Salt, Thickeners (1442, 415), Vegetable Powders, Spices, Smoke Flavour (Contains Barley), Yeast Extract, Chipotle Chili (0.3%), Preservative (202), Antioxidant (385)), Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol), Corn Chips (Corn Flour (76%), Vegetable Oil, Water, Salt), Smoky BBQ Sauce (Tomato Puree (Water, Tomato Paste, Citric Acid), Sugar, Vinegar, Apple Paste, Thickener (1442, 415), Caramel Colour (150a), Molasses, Salt, Smoke Flavour, Dehydrated Vegetable (Garlic, Onion), Worcestershire Flavour, Spice.)	993	7180	59.6	88.7	24.6	170	69.4	2940	100	723	6	8.9	2.5	17.2	6.2	296
<input checked="" type="checkbox"/>	<input type="checkbox"/>		Coca Cola (Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine), Jack's Fried Chicken Fillet (Chicken (60%), Flour (Wheat, Rice), Water, Starch (Wheat, Potato, Tapioca), Vegetable Oil, Thickeners (1422, 415), Salt, Mineral Salts (450, 500, 451), Vegetable Powders, Spices, Dextrose, Yeast, Natural Colours (160c, 100), Wheat Gluten), Chips (Potato (91%), Vegetable Oil 5%, Modified Potato Starch (1400, 1414, 1412), Rice Flour, Potato Dextrin, Salt, Acidity Regulators (450, 500), Thickener (415), Seasoned Salt (Salt (74%), Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil)), Broche Style Bun (Wheat Flour, Water, Canola Oil, Bakers Yeast, Sugar, Wheat Gluten, Iodised Salt, Non-Fat Milk Solids, Shortening Powder (Vegetable Fat, Milk Protein, Antioxidant (3070 From Soy)), Soy Flour, Preservatives (282, 202), Anti-Caking Agent (541), Colour (160a), Emulsifier (481), Wheat Malt Flour, Vitamins (Thiamin, Folic Acid)), Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)), Chicken Nugget (Chicken (55%), Flour (Wheat, Maize, Rice), Water, Vegetable Oil, Wheat Starch, Wheat Gluten, Thickener (1442), Salt, Sugar, Minerals Salts (451, 450, 500, 508), Dextrose, Maltodextrin, Flavour, Yeast, Yeast Extract, Spice Extract), Beef Patty, Spicy Tomato Relish (Tomato (48%), Sugar, Vinegar, Onion, Thickener (1422), Tomato Paste, Garlic, Salt, Spices), Spicy Sauce (Vegetable Oil, Water, Egg Yolk (5%), White Vinegar, Sugar, Salt, Thickeners (1442, 1450, 415), Yeast, Chili Powder (1%), Vegetable Powders, Lemon Juice Concentrate, Acidity Regulator (330), Preservative (202), Spice Extracts, Antioxidant (385)), Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)), Sauce Smoky Chipotle 11g/21g 2023 (Vegetable Oil, Water, Sugar, Vinegar, Egg Yolk, Tomato Paste, Lemon Juice Concentrate, Salt, Thickeners (1442, 415), Vegetable Powders, Spices, Smoke Flavour (Contains Barley), Yeast Extract, Chipotle Chili (0.3%), Preservative (202), Antioxidant (385)), Bacon (Pork (90%), Water, Salt, Curing Premix (Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)), Smoked), Jalapeno (Sliced Jalapeno Peppers (74.8%), Water, Vinegar, Food Acid (260), Salt, Preservative (211), Mineral Salt (509), Colour (102)), Tomato, Lettuce, Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol), Corn Chips (Corn Flour (76%), Vegetable Oil, Water, Salt), Smoky BBQ Sauce (Tomato Puree (Water, Tomato Paste, Citric Acid), Sugar, Vinegar, Apple Paste, Thickener (1442, 415), Caramel Colour (150a), Molasses, Salt, Smoke Flavour, Dehydrated Vegetable (Garlic, Onion), Worcestershire Flavour, Spice.), Clarified Butter	1086	8190	63.5	101	26.6	198	64.4	3650	100	754	5.8	9.3	2.5	18.3	5.9	336
<input checked="" type="checkbox"/>	<input type="checkbox"/>		Coca Cola (Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine), Jack's Fried Chicken Fillet (Chicken (60%), Flour (Wheat, Rice), Water, Starch (Wheat, Potato, Tapioca), Vegetable Oil, Thickeners (1422, 415), Salt, Mineral Salts (450, 500, 451), Vegetable Powders, Spices, Dextrose, Yeast, Natural Colours (160c, 100), Wheat Gluten), Chips (Potato (91%), Vegetable Oil 5%, Modified Potato Starch (1400, 1414, 1412), Rice Flour, Potato Dextrin, Salt, Acidity Regulators (450, 500), Thickener (415), Seasoned Salt (Salt (74%), Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil)), Broche Style Bun (Wheat Flour, Water, Canola Oil, Bakers Yeast, Sugar, Wheat Gluten, Iodised Salt, Non-Fat Milk Solids, Shortening Powder (Vegetable Fat, Milk Protein, Antioxidant (3070 From Soy)), Soy Flour, Preservatives (282, 202), Anti-Caking Agent (541), Colour (160a), Emulsifier (481), Wheat Malt Flour, Vitamins (Thiamin, Folic Acid)), Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)), Chicken Nugget (Chicken (55%), Flour (Wheat, Maize, Rice), Water, Vegetable Oil, Wheat Starch, Wheat Gluten, Thickener (1442), Salt, Sugar, Minerals Salts (451, 450, 500, 508), Dextrose, Maltodextrin, Flavour, Yeast, Yeast Extract, Spice Extract), Beef Patty, Spicy Tomato Relish (Tomato (48%), Sugar, Vinegar, Onion, Thickener (1422), Tomato Paste, Garlic, Salt, Spices), Spicy Sauce (Vegetable Oil, Water, Egg Yolk (5%), White Vinegar, Sugar, Salt, Thickeners (1442, 1450, 415), Yeast, Chili Powder (1%), Vegetable Powders, Lemon Juice Concentrate, Acidity Regulator (330), Preservative (202), Spice Extracts, Antioxidant (385)), Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)), Bacon (Pork (90%), Water, Salt, Curing Premix (Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)), Smoked), Jalapeno (Sliced Jalapeno Peppers (74.8%), Water, Vinegar, Food Acid (260), Salt, Preservative (211), Mineral Salt (509), Colour (102)), Tomato, Lettuce, Sauce Smoky Chipotle 11g/21g 2023 (Vegetable Oil, Water, Sugar, Vinegar, Egg Yolk, Tomato Paste, Lemon Juice Concentrate, Salt, Thickeners (1442, 415), Vegetable Powders, Spices, Smoke Flavour (Contains Barley), Yeast Extract, Chipotle Chili (0.3%), Preservative (202), Antioxidant (385)), Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol), Corn Chips (Corn Flour (76%), Vegetable Oil, Water, Salt)	257	2470	32.4	32.4	13.4	43.3	11.2	1360	100	962	12.6	12.6	5.2	16.8	4.4	529

Selected Stores only	Halal	Menu Item	Ingredients	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydrates (g)	Sugars (g)	Sodium (mg)	Serving Size / 100g	Energy (KJ / 100g)	Protein (g / 100g)	Fat Total (g / 100g)	Sat Fat (g / 100g)	Carbohydrates (g / 100g)	Sugars (g / 100g)	Sodium (g / 100g)
<input checked="" type="checkbox"/>	<input type="checkbox"/>		Jack's Fried Chicken Fillet (Chicken (60%), Flour (Wheat, Rice), Water, Starch (Wheat, Potato, Tapioca), Vegetable Oil, Thickeners (1422, 415), Salt, Mineral Salts (450, 500, 451), Vegetable Powders, Spices, Dextrose, Yeast, Natural Colours (160c, 100), Wheat Gluten), Broche Style Bun (Wheat Flour, Water, Canola Oil, Bakers Yeast, Sugar, Wheat Gluten, Iodised Salt, Non-Fat Milk Solids, Shortening Powder (Vegetable Fat, Milk Protein, Antioxidant (3070 From Soy)), Soy Flour, Preservatives (282, 202), Anti-Caking Agent (341), Colour (160a), Emulsifier (481), Wheat Malt Flour, Vitamins (Thiamin, Folic Acid)), Spicy Tomato Relish (Tomato (48%), Sugar, Vinegar, Onion, Thickener (1422), Tomato Paste, Garlic, Salt, Spices), Sauce Smoky Chipotle 11g/21g 2023 (Vegetable Oil, Water, Sugar, Vinegar, Egg Yolk, Tomato Paste, Lemon Juice Concentrate, Salt, Thickeners (1442, 415), Vegetable Powders, Spices, Smoke Flavour (Contains Barley), Yeast Extract, Chipotle Chili (0.3%), Preservative (202), Antioxidant (385)), Bacon (Pork (90%), Water, Salt, Curing Premix (Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)), Smoked), Jalapeno (Sliced Jalapeno Peppers (74.8%), Water, Vinegar, Food Acid (260), Salt, Preservative (211), Mineral Salt (509), Colour (102)), Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)), Lettuce, Corn Chips (Corn Flour (76%)), Vegetable Oil, Water, Salt), Clarified Butter	350	3480	36.3	44.3	15.4	71.3	14.2	2070	100	993	10.4	12.7	4.4	20.4	4.1	591
<input checked="" type="checkbox"/>	<input type="checkbox"/>		Grilled Chicken Fillet (Chicken (94%), Salt, Thickeners (1442, 407), Mineral Salts (451, 450), Flavours, Water), Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)), Spicy Tomato Relish (Tomato (48%), Sugar, Vinegar, Onion, Thickener (1422), Tomato Paste, Garlic, Salt, Spices), Sauce Smoky Chipotle 11g/21g 2023 (Vegetable Oil, Water, Sugar, Vinegar, Egg Yolk, Tomato Paste, Lemon Juice Concentrate, Salt, Thickeners (1442, 415), Vegetable Powders, Spices, Smoke Flavour (Contains Barley), Yeast Extract, Chipotle Chili (0.3%), Preservative (202), Antioxidant (385)), Bacon (Pork (90%), Water, Salt, Curing Premix (Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)), Smoked), Jalapeno (Sliced Jalapeno Peppers (74.8%), Water, Vinegar, Food Acid (260), Salt, Preservative (211), Mineral Salt (509), Colour (102)), Tomato, Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)), Lettuce, Corn Chips (Corn Flour (76%)), Vegetable Oil, Water, Salt)	250	1960	30.2	19	4.6	44.4	12	1560	100	783	12.1	7.6	1.8	17.7	4.8	623
<input checked="" type="checkbox"/>	<input type="checkbox"/>		Jack's Fried Chicken Fillet (Chicken (60%), Flour (Wheat, Rice), Water, Starch (Wheat, Potato, Tapioca), Vegetable Oil, Thickeners (1422, 415), Salt, Mineral Salts (450, 500, 451), Vegetable Powders, Spices, Dextrose, Yeast, Natural Colours (160c, 100), Wheat Gluten), Broche Style Bun (Wheat Flour, Water, Canola Oil, Bakers Yeast, Sugar, Wheat Gluten, Iodised Salt, Non-Fat Milk Solids, Shortening Powder (Vegetable Fat, Milk Protein, Antioxidant (3070 From Soy)), Soy Flour, Preservatives (282, 202), Anti-Caking Agent (341), Colour (160a), Emulsifier (481), Wheat Malt Flour, Vitamins (Thiamin, Folic Acid)), Napoli Sauce (Tomato (46%), Water, Vinegar, Thickener (1422), Tomato Paste, Onion, Sugar, Garlic, Salt, Acidity Regulator (330), Herbs, Spices, Preservatives (202, 211)), Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol), Natural Cheese (Milk, Salt, Starter Culture, Rennet), Bacon (Pork (90%), Water, Salt, Curing Premix (Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)), Smoked), Clarified Butter	324	3710	36.8	55.8	19.4	59.2	7.4	1660	100	1140	11.4	17.2	6	18.3	2.3	513
<input checked="" type="checkbox"/>	<input type="checkbox"/>		Grilled Chicken Fillet (Chicken (94%), Salt, Thickeners (1442, 407), Mineral Salts (451, 450), Flavours, Water), Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)), Napoli Sauce (Tomato (46%), Water, Vinegar, Thickener (1422), Tomato Paste, Onion, Sugar, Garlic, Salt, Acidity Regulator (330), Herbs, Spices, Preservatives (202, 211)), Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol), Natural Cheese (Milk, Salt, Starter Culture, Rennet), Bacon (Pork (90%), Water, Salt, Curing Premix (Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)), Smoked)	210	2180	30.6	30.5	8.5	32	4.9	1150	100	1040	14.6	14.5	4.1	15.2	2.3	547
<input type="checkbox"/>	<input type="checkbox"/>		Turkish Roll (Wheat Flour (Vitamins (Thiamin, Folic Acid)), Water, Iodised Salt, Vegetable Oil, Yeast, Imitation Vinegar, Sesame Seeds, Nigella Seeds, Soy Flour, Mineral Salt (170), Emulsifier (481), Enzymes, Food Acid (300)), Cooked Egg, Bacon (Pork (90%), Water, Salt, Curing Premix (Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)), Smoked), Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)), Smoky BBQ Sauce (Tomato Puree (Water, Tomato Paste, Citric Acid), Sugar, Vinegar, Apple Paste, Thickener (1442, 415), Caramel Colour (150a), Molasses, Salt, Smoke Flavour, Dehydrated Vegetable (Garlic, Onion), Worcestershire Flavour, Spice.), Clarified Butter	252	2470	33.1	33.5	15.5	37.3	6.2	1480	100	980	13.1	13.3	6.2	14.8	2.5	587
<input type="checkbox"/>	<input type="checkbox"/>		Turkish Roll (Wheat Flour (Vitamins (Thiamin, Folic Acid)), Water, Iodised Salt, Vegetable Oil, Yeast, Imitation Vinegar, Sesame Seeds, Nigella Seeds, Soy Flour, Mineral Salt (170), Emulsifier (481), Enzymes, Food Acid (300)), Cooked Egg, Bacon (Pork (90%), Water, Salt, Curing Premix (Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)), Smoked), Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)), Smoky BBQ Sauce (Tomato Puree (Water, Tomato Paste, Citric Acid), Sugar, Vinegar, Apple Paste, Thickener (1442, 415), Caramel Colour (150a), Molasses, Salt, Smoke Flavour, Dehydrated Vegetable (Garlic, Onion), Worcestershire Flavour, Spice.), Clarified Butter	210	1980	24.4	24.2	12	37.3	6.2	1260	100	942	11.6	11.5	5.7	17.7	3	601
<input type="checkbox"/>	<input type="checkbox"/>		Sausage (Pork, Beef, Soy Protein, Salt, Spices, Herbs, Dextrose (Wheat), Sugar, Dehydrated Vegetables, Vegetable Oil, E635, Hydrolysed Vegetable Protein (Soy)), Turkish Roll (Wheat Flour (Vitamins (Thiamin, Folic Acid)), Water, Iodised Salt, Vegetable Oil, Yeast, Imitation Vinegar, Sesame Seeds, Nigella Seeds, Soy Flour, Mineral Salt (170), Emulsifier (481), Enzymes, Food Acid (300)), Cooked Egg, Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)), Smoky BBQ Sauce (Tomato Puree (Water, Tomato Paste, Citric Acid), Sugar, Vinegar, Apple Paste, Thickener (1442, 415), Caramel Colour (150a), Molasses, Salt, Smoke Flavour, Dehydrated Vegetable (Garlic, Onion), Worcestershire Flavour, Spice.), Clarified Butter	254	2690	35.5	38.7	17.5	36.9	6	1180	100	1060	14	15.2	6.9	14.5	2.3	464
<input checked="" type="checkbox"/>	<input type="checkbox"/>		Beef, Hashbrown (Potatoes, Vegetable Oil (May Contain One Or More Of The Following Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil, Hydrogenated Soybean And/or Cottonseed Oil), Salt, Disodium Dihydrogen Pyrophosphate, Dextrose), Wrap (Wheat Flour (66%), Thiamine, Folic Acid), Water, Vegetable Shortening (Antioxidant (320)), Sugar, Baking Powder (Mineral Salts (450, 500, 341)), Acidity Regulator (297), Mineral Salt (500), Preservative (282), Iodized Salt, Yeast), Cooked Egg, Sausage (Pork, Beef, Soy Protein, Salt, Spices, Herbs, Dextrose (Wheat), Sugar, Dehydrated Vegetables, Vegetable Oil, E635, Hydrolysed Vegetable Protein (Soy)), Bacon (Pork (90%), Water, Salt, Curing Premix (Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)), Smoked), Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)), Smoky BBQ Sauce (Tomato Puree (Water, Tomato Paste, Citric Acid), Sugar, Vinegar, Apple Paste, Thickener (1442, 415), Caramel Colour (150a), Molasses, Salt, Smoke Flavour, Dehydrated Vegetable (Garlic, Onion), Worcestershire Flavour, Spice.)	367	3860	49.9	58.9	23.5	47.6	7.3	1770	100	1050	13.6	16.1	6.4	13	2	482
<input checked="" type="checkbox"/>	<input type="checkbox"/>		Carbonated Water, Sugar, Glucose Syrup, Acidity Regulators (Citric Acid, Sodium Citrate), Natural Flavours, Taurine, Natural Colours (Anthocyanins), Panax Ginseng Root Extract, Preservatives (Sorbic Acid, Benzoic Acid), Caffeine, Vitamins (Niacin (B3), Vitamin B6, Riboflavin (B2), Vitamin B12), Salt, Inositol, Guarana Seed Extract, D-Glucuronolactone, Sweetener (Sucralose), Maltodextrin	500	1030	0	0	0	62	57	390	100	206	0	0	0	12.4	11.4	78

	Selected Stores only	Halal	Menu Item	Ingredients	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydrates (g)	Sugars (g)	Sodium (mg)	Serving Size / 100g	Energy (KJ / 100g)	Protein (g / 100g)	Fat Total (g / 100g)	Sat Fat (g / 100g)	Carbohydrates (g / 100g)	Sugars (g / 100g)	Sodium (g / 100g)
43	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Monster® Mango Loco 500ml	Carbonated Water, Sucrose, Glucose, Mango Puree, Acidity Regulators (Citric Acid, Sodium Citrate, Potassium Citrate), Apple Juice Concentrate, Taurine, Flavours, Orange Juice Concentrate, Panax Ginseng Extract, Preservatives (Potassium Sorbate, Sodium Benzoate), Caffeine, Sweetener (Sucralose), Vitamins (Niacin (B3), Vitamin B6, Riboflavin (B2), Vitamin B12), Maltodextrin, Guava Juice Concentrate, Inositol, Natural Colours (Carotene, Grape Skin Extract), Pineapple Juice Concentrate, Passionfruit Juice Concentrate, Coconut Oil, Rapeseed Oil, Modified Starch (Starch Sodium Octenyl Succinate), Salt, Gluconolactone, Guarana Seed Extract, total Fruit Juice From Concentrate: 2% (2.5% From Mango)	500	1080	0	0	0	65	65	115	100	215	0	0	0	13	12	23
44	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Pop 'n' Chicken Pack	Pop'n Chick'n (Chicken 59%), Wheat Flour, Water, Vegetable Oil, Salt, Thickener (142), Mineral Salts (451, 450, 500, 508), Herbs, Spices, Dehydrated Vegetables, Flavour, Yeast Extract, Yeast, Sugar, Wheat Gluten, Maltodextrin, Spice Extract, Tomato Ketchup (Concentrated Tomatoes, Sugar, Salt, Concentrated White Vinegar, Food Acid (Citric Acid), Natural Flavours (Contain Garlic))	150	1560	20.5	19.7	3.2	28	2.8	854	100	1040	13.7	13.2	2.2	18.7	1.9	570
45	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Pop 'n' Chicken Carry Cup	Chips (Potato (91%), Vegetable Oil 5%, Modified Potato Starch (1400, 1414, 1412), Rice Flour, Potato Dextrin, Salt, Acidity Regulators (450, 500), Thickener (415), Seasoned Salt (Salt (74%), Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil)), Pop'n Chick'n (Chicken 59%), Wheat Flour, Water, Vegetable Oil, Salt, Thickener (1442), Mineral Salts (451, 450, 500, 508), Herbs, Spices, Dehydrated Vegetables, Flavour, Yeast Extract, Yeast, Sugar, Wheat Gluten, Maltodextrin, Spice Extract, Tomato Ketchup (Concentrated Tomatoes, Sugar, Salt, Concentrated White Vinegar, Food Acid (Citric Acid), Natural Flavours (Contain Garlic))	188	2090	14	24.1	3.5	56.4	2.9	1060	100	1110	7.5	12.8	1.9	30	1.6	563
46	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Lunch Stunner Pop 'n' Chicken Small	Coca Cola (Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine), Chips (Potato (91%), Vegetable Oil 5%, Modified Potato Starch (1400, 1414, 1412), Rice Flour, Potato Dextrin, Salt, Acidity Regulators (450, 500), Thickener (415), Seasoned Salt (Salt (74%), Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil)), Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)), Pop'n Chick'n (Chicken 59%), Wheat Flour, Water, Vegetable Oil, Salt, Thickener (1442), Mineral Salts (451, 450, 500, 508), Herbs, Spices, Dehydrated Vegetables, Flavour, Yeast Extract, Yeast, Sugar, Wheat Gluten, Maltodextrin, Spice Extract), Beef Patty, Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234i)), Tomato Ketchup (Concentrated Tomatoes, Sugar, Salt, Concentrated White Vinegar, Food Acid (Citric Acid), Natural Flavours (Contain Garlic)), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Potassium Sorbate, Natural Flavours, Polysorbate 80, Turmeric), Mustard (Water, Mustard Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice.)	600	3450	25.6	31.5	8.7	109	42.2	1490	100	576	4.3	5.3	1.4	18.2	7	248
47	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Lunch Stunner Pop 'n' Chicken Medium	Coca Cola (Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine), Chips (Potato (91%), Vegetable Oil 5%, Modified Potato Starch (1400, 1414, 1412), Rice Flour, Potato Dextrin, Salt, Acidity Regulators (450, 500), Thickener (415), Seasoned Salt (Salt (74%), Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil)), Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)), Pop'n Chick'n (Chicken 59%), Wheat Flour, Water, Vegetable Oil, Salt, Thickener (1442), Mineral Salts (451, 450, 500, 508), Herbs, Spices, Dehydrated Vegetables, Flavour, Yeast Extract, Yeast, Sugar, Wheat Gluten, Maltodextrin, Spice Extract), Beef Patty, Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234i)), Tomato Ketchup (Concentrated Tomatoes, Sugar, Salt, Concentrated White Vinegar, Food Acid (Citric Acid), Natural Flavours (Contain Garlic)), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Potassium Sorbate, Natural Flavours, Polysorbate 80, Turmeric), Mustard (Water, Mustard Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice.)	713	3840	26.2	34	9	126	51.8	1600	100	539	3.7	4.8	1.3	17.7	7.3	225
48	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Lunch Stunner Pop 'n' Chicken Large	Coca Cola (Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine), Chips (Potato (91%), Vegetable Oil 5%, Modified Potato Starch (1400, 1414, 1412), Rice Flour, Potato Dextrin, Salt, Acidity Regulators (450, 500), Thickener (415), Seasoned Salt (Salt (74%), Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil)), Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)), Pop'n Chick'n (Chicken 59%), Wheat Flour, Water, Vegetable Oil, Salt, Thickener (1442), Mineral Salts (451, 450, 500, 508), Herbs, Spices, Dehydrated Vegetables, Flavour, Yeast Extract, Yeast, Sugar, Wheat Gluten, Maltodextrin, Spice Extract), Beef Patty, Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234i)), Tomato Ketchup (Concentrated Tomatoes, Sugar, Salt, Concentrated White Vinegar, Food Acid (Citric Acid), Natural Flavours (Contain Garlic)), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Potassium Sorbate, Natural Flavours, Polysorbate 80, Turmeric), Mustard (Water, Mustard Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice.)	949	4730	27.8	40.2	9.8	163	71.2	1880	100	498	2.9	4.2	1	17.2	7.5	198
49	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Mega Feast Pop 'n' Chicken Small	Coca Cola (Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine), Chips (Potato (91%), Vegetable Oil 5%, Modified Potato Starch (1400, 1414, 1412), Rice Flour, Potato Dextrin, Salt, Acidity Regulators (450, 500), Thickener (415), Seasoned Salt (Salt (74%), Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil)), Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)), Pop'n Chick'n (Chicken 59%), Wheat Flour, Water, Vegetable Oil, Salt, Thickener (1442), Mineral Salts (451, 450, 500, 508), Herbs, Spices, Dehydrated Vegetables, Flavour, Yeast Extract, Yeast, Sugar, Wheat Gluten, Maltodextrin, Spice Extract), Chicken Royale (Chicken (41%), Flour (Wheat, Rice, Soy, Maize), Water, Vegetable Oil, Thickeners (1412, 1404, 415), Salt, Yeast And Yeast Extracts (Incl. Barley), Sugar, Emulsifiers (481, 471), Soy Protein, Wheat Fibre, Flavourings, Maltodextrin, Potato Flakes (Potato), Preservative (220)), Spices And Spice Extracts, Mineral Salts (450, 500, 451, 510), Starch (Wheat), Acidity Regulators (325, 330, 327, 262, 270, 300, 341), Vegetable Powder, Flavour Enhancer (635), Milk Solids, Herbs, Colours (100, 170, 160b, 160c)), Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol), Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234i)), Lettuce, Tomato, Tomato Ketchup (Concentrated Tomatoes, Sugar, Salt, Concentrated White Vinegar, Food Acid (Citric Acid), Natural Flavours (Contain Garlic)), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Potassium Sorbate, Natural Flavours, Polysorbate 80, Turmeric), Onion, Mustard (Water, Mustard Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice.)	3014	20900	153	243	61.6	543	180	8090	100	692	5.1	8.1	2	18	6	268

		Menu Item	Ingredients	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydrates (g)	Sugars (g)	Sodium (mg)	Serving Size / 100g	Energy (KJ / 100g)	Protein (g / 100g)	Fat Total (g / 100g)	Sat Fat (g / 100g)	Carbohydrates (g / 100g)	Sugars (g / 100g)	Sodium (g / 100g)	
<input checked="" type="checkbox"/>	<input type="checkbox"/>		Coca Cola (Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine), Chips (Potato (91%), Vegetable Oil 5%, Modified Potato Starch (1400, 1414, 1412), Rice Flour, Potato Dextrin, Salt, Acidity Regulators (450, 500), Thickener (415), Seasoned Salt (Salt (74%), Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil), Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)), Beef, Pop'n Chick'n (Chicken (59%), Wheat Flour, Water, Vegetable Oil, Salt, Thickener (1442), Mineral Salts (451, 450, 500, 508), Herbs, Spices, Dehydrated Vegetables, Flavour, Yeast Extract, Yeast, Sugar, Wheat Gluten, Maltodextrin, Spice Extract), Chicken Royale (Chicken (41%), Flour (Wheat, Rice, Soy, Maize), Water, Vegetable Oil, Thickeners (1412, 1404, 415), Salt, Yeast And Yeast Extracts (Incl. Barley), Sugar, Emulsifiers (481, 471), Soy Protein, Wheat Fibre, Flavourings, Maltodextrin, Potato Flakes (Potato, Preservative (220)), Spices And Spice Extracts, Mineral Salts (450, 500, 451, 510), Starch (Wheat)), Acidity Regulators (325, 330, 327, 262, 270, 300, 341), Vegetable Powder, Flavour Enhancer (635), Milk Solids, Herbs, Colours (100, 170, 160b, 160c)), Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol), Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)), Lettuce, Tomato, Tomato Ketchup (Concentrated Tomatoes, Sugar, Salt, Concentrated White Vinegar, Food Acid (Citric Acid), Natural Flavours (Contain Garlic)), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Potassium Sorbate, Natural Flavours, Polysorbate 80, Turmeric), Onion, Mustard (Water, Mustard Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice.)	3467	22400	156	253	63	611	218	8540	100	647	4.5	7.3	1.8		17.6	6.3	246
<input checked="" type="checkbox"/>	<input type="checkbox"/>		Coca Cola (Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine), Chips (Potato (91%), Vegetable Oil 5%, Modified Potato Starch (1400, 1414, 1412), Rice Flour, Potato Dextrin, Salt, Acidity Regulators (450, 500), Thickener (415), Seasoned Salt (Salt (74%), Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil), Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)), Beef, Pop'n Chick'n (Chicken (59%), Wheat Flour, Water, Vegetable Oil, Salt, Thickener (1442), Mineral Salts (451, 450, 500, 508), Herbs, Spices, Dehydrated Vegetables, Flavour, Yeast Extract, Yeast, Sugar, Wheat Gluten, Maltodextrin, Spice Extract), Chicken Royale (Chicken (41%), Flour (Wheat, Rice, Soy, Maize), Water, Vegetable Oil, Thickeners (1412, 1404, 415), Salt, Yeast And Yeast Extracts (Incl. Barley), Sugar, Emulsifiers (481, 471), Soy Protein, Wheat Fibre, Flavourings, Maltodextrin, Potato Flakes (Potato, Preservative (220)), Spices And Spice Extracts, Mineral Salts (450, 500, 451, 510), Starch (Wheat)), Acidity Regulators (325, 330, 327, 262, 270, 300, 341), Vegetable Powder, Flavour Enhancer (635), Milk Solids, Herbs, Colours (100, 170, 160b, 160c)), Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol), Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)), Lettuce, Tomato, Tomato Ketchup (Concentrated Tomatoes, Sugar, Salt, Concentrated White Vinegar, Food Acid (Citric Acid), Natural Flavours (Contain Garlic)), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Potassium Sorbate, Natural Flavours, Polysorbate 80, Turmeric), Onion, Mustard (Water, Mustard Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice.)	4410	26000	162	278	66.3	759	296	9640	100	589	3.7	6.3	1.5		17.2	6.7	219
<input type="checkbox"/>	<input type="checkbox"/>		Beef, Brioche Style Bun (Wheat Flour, Water, Canola Oil, Bakers Yeast, Sugar, Wheat Gluten, Iodised Salt, Non-Fat Milk Solids, Shortening Powder (Vegetable Fat, Milk Protein, Antioxidant (307b From Soy)), Soy Flour, Preservatives (282, 202), Anti-Caking Agent (341), Colour (160a), Emulsifier (481), Wheat Malt Flour, Vitamins (Thiamin, Folic Acid)), Natural Cheese (Milk, Salt, Starter Culture, Rennet), Bacon (Pork (90%), Water, Salt, Curing Premix (Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)), Smoked), Tomato, Cracked Peppercorn Mayonnaise (Vegetable Oil, Water, White Vinegar, Egg Yolk (3.6%), Sugar, Milk Solids, Cracked Black Peppercorns (2.0%), Salt, Thickeners (1442, 1450, 415), Vegetable Powders, Flavour, Food Acid (270), Spice Extract, Preservative (202), Antioxidant (385)), Lettuce, Clarified Butter	429	5250	78.1	92	44.2	29.4	6.2	1390	100	1220	18.2	21.4	10.3		6.9	1.5	325
<input type="checkbox"/>	<input type="checkbox"/>		Plant Based Whopper Patty (Water, Soy Protein, Vegetable Oils (Contains Antioxidant (Tocopherol)), Flavours (Contains Glutamic Acid, Smoke), Thickeners (Methyl Cellulose, Carrageenan), Colour (Caramelised Sugar), Salt, Yeast Extract), Bun 5" Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)), Angry Onions (Onions (58%), Water, Wheat Flour, Vegetable Oil (Contains One Or More Of The Following: Canola, Palm, Soybean, Sunflower), Corn Starch, Rice Flour, Salt, Tapioca Dextrin, Natural Flavours, Maltodextrin, Dried Yeast, Thickeners (Gum Arabic, Xanthan Gum)), Jalapeno (Sliced Jalapeno Peppers (74.8%), Water, Vinegar, Food Acid (260), Salt, Preservative (211), Mineral Salt (509), Colour (102)), Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)), Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol), Lettuce, Tomato Ketchup (Concentrated Tomatoes, Sugar, Salt, Concentrated White Vinegar, Food Acid (Citric Acid), Natural Flavours (Contain Garlic))	356	3510	34.8	57.5	14.8	63.1	14.1	1920	100	987	9.8	16.2	4.2		17.7	4	540
<input type="checkbox"/>	<input type="checkbox"/>		Beef, Brioche Style Bun (Wheat Flour, Water, Canola Oil, Bakers Yeast, Sugar, Wheat Gluten, Iodised Salt, Non-Fat Milk Solids, Shortening Powder (Vegetable Fat, Milk Protein, Antioxidant (307b From Soy)), Soy Flour, Preservatives (282, 202), Anti-Caking Agent (341), Colour (160a), Emulsifier (481), Wheat Malt Flour, Vitamins (Thiamin, Folic Acid)), Pulled Pork (Pork, Water, Acidity Regulators (326, 325, 262), Salt, Maltodextrin (Maize), Vegetable Gum (407), Mineral Salts (451, 450), Natural Flavour, Sugar, Dried Vegetables (Including Garlic And Onion), Spice Extract, Dextrose (Maize)Manufactured Meat), Natural Cheese (Milk, Salt, Starter Culture, Rennet), Spicy BBQ Sauce (Water, Dijon Mustard (Water, Vinegar, Mustard Seeds, Salt, White Wine, Acidity Regulators (330, 334), Natural Colour (100), Spices), Sugar, Vinegar, Maltodextrin, Glucose Syrup, Brown Sugar, Tomato Paste, Thickeners (1442, 415), Worcestershire Sauce (Wheat, Barley, Fish), Salt, Mustard Flour, Colour (150c), Vegetable Powders, Spices), Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol), Onion Crispy (Onions (49%), Palm Oil, Wheat Flour, Salt, Dextrose), Clarified Butter, Mustard (Water, Mustard Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice.)	273	3660	46.6	59.9	29.8	37.3	9	1080	100	1340	17.1	21.9	10.9		13.7	3.3	394
<input type="checkbox"/>	<input type="checkbox"/>	Frozen Fanta® Sour Apple Med	Carbonated Water, Sugar, Flavour, Food Acids (330, 331), Preservative (211), Colour (104, 133),	284	335	0.0	0.0	0.0	19.0	19.0	16	100	118	0.0	0.0	0.0	6.7	6.7	6	
<input type="checkbox"/>	<input type="checkbox"/>	Frozen Fanta® Sour Apple Sml	Carbonated Water, Sugar, Flavour, Food Acids (330, 331), Preservative (211), Colour (104, 133),	213	251	0.0	0.0	0.0	14.3	14.3	12	100	118	0.0	0.0	0.0	6.7	6.7	6	
<input type="checkbox"/>	<input type="checkbox"/>	Frozen Fanta® Sour Apple Lge	Carbonated Water, Sugar, Flavour, Food Acids (330, 331), Preservative (211), Colour (104, 133),	391	461	0.0	0.0	0.0	26.2	26.2	22	100	118	0.0	0.0	0.0	6.7	6.7	6	
<input type="checkbox"/>	<input type="checkbox"/>	Frozen Fanta® Bubblegum Med	Carbonated Water, Sugar, Flavour, Food Acid (330), Preservative (211), Colour (133)	284	338	0.0	0.0	0.0	19.6	19.6	13	100	119	0.0	0.0	0.0	6.9	6.9	4	
<input type="checkbox"/>	<input type="checkbox"/>	Frozen Fanta® Bubblegum Sml	Carbonated Water, Sugar, Flavour, Food Acid (330), Preservative (211), Colour (133)	213	253	0.0	0.0	0.0	14.7	14.7	9	100	119	0.0	0.0	0.0	6.9	6.9	4	
<input type="checkbox"/>	<input type="checkbox"/>	Frozen Fanta® Bubblegum Lge	Carbonated Water, Sugar, Flavour, Food Acid (330), Preservative (211), Colour (133)	391	465	0.0	0.0	0.0	27.0	27.0	17	100	119	0.0	0.0	0.0	6.9	6.9	4	
<input type="checkbox"/>	<input type="checkbox"/>	Frozen Fanta® Bubblegum Splder Sml	FCB Fanta Bubblegum (Carbonated Water, Sugar, Flavour, Food Acid (330), Preservative (211), Colour (133)), Sundae Mix (Milk, Milk Solids, Sugar, Cream, Dextrose Emulsifier (471), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour.)	298	850	4.2	5.7	3.8	33.2	33.2	103	100	285	1.4	1.9	1.3	11.2	11.2	35	

	Selected Stores only	Halal	Menu Item	Ingredients	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydr ates (g)	Sugars (g)	Sodium (mg)	Serving Size / 100g	Energy (KJ / 100g)	Protein (g / 100g)	Fat Total (g / 100g)	Sat Fat (g / 100g)	Carbohydrates (g / 100g)	Sugars (g / 100g)	Sodium (g / 100g)
2	<input type="checkbox"/>	<input type="checkbox"/>	Frozen Fanta® Bubblegum Spider Med	FCB Fanta Bubblegum (Carbonated Water, Sugar, Flavour, Food Acid (330), Preservative (211), Colour (133)), Sundae Mx (Milk, Milk Solids, Sugar, Cream, Dextrose Emulsifier (471), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour.)	369	935	4.2	5.7	3.8	38.1	38.1	106	100	253	1.1	1.5	1.0	10.3	10.3	29
3	<input type="checkbox"/>	<input type="checkbox"/>	Frozen Fanta® Bubblegum Spider Lge	FCB Fanta Bubblegum (Carbonated Water, Sugar, Flavour, Food Acid (330), Preservative (211), Colour (133)), Sundae Mx (Milk, Milk Solids, Sugar, Cream, Dextrose Emulsifier (471), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour.)	476	1060	4.2	5.7	3.8	45.5	45.5	111	100	223	0.9	1.2	0.8	9.6	9.6	23
4	<input type="checkbox"/>	<input type="checkbox"/>	Frozen Fanta® Sour Apple Spider Sml	FCB Fanta Sour Apple (Carbonated Water, Sugar, Food Acids (330, 331), Flavour, Preservative (211), Colours (104, 133)), Sundae Mx (Milk, Milk Solids, Sugar, Cream, Dextrose Emulsifier (471), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour.)	298	848	4.2	5.7	3.8	32.8	32.8	105	100	285	1.4	1.9	1.3	11.0	11.0	35
5	<input type="checkbox"/>	<input type="checkbox"/>	Frozen Fanta® Sour Apple Spider Med	FCB Fanta Sour Apple (Carbonated Water, Sugar, Food Acids (330, 331), Flavour, Preservative (211), Colours (104, 133)), Sundae Mx (Milk, Milk Solids, Sugar, Cream, Dextrose Emulsifier (471), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour.)	369	932	4.2	5.7	3.8	37.6	37.6	109	100	253	1.1	1.5	1.0	10.2	10.2	30
6	<input type="checkbox"/>	<input type="checkbox"/>	Frozen Fanta® Sour Apple Spider Lge	FCB Fanta Sour Apple (Carbonated Water, Sugar, Food Acids (330, 331), Flavour, Preservative (211), Colours (104, 133)), Sundae Mx (Milk, Milk Solids, Sugar, Cream, Dextrose Emulsifier (471), Vegetable Gums (407, 412, 466), Mineral Salts (331, 339), Flavour.)	476	1060	4.2	5.7	3.8	44.7	44.7	115	100	222	0.9	1.2	0.8	9.4	9.4	24
7	<input type="checkbox"/>	<input type="checkbox"/>	Frozen Fanta® Sour Apple Blackcurrant Zooper Dooper Lge	FCB Fanta Sour Apple (Carbonated Water, Sugar, Food Acids (330, 331), Flavour, Preservative (211), Colours (104, 133)), Burstles Blackcurrant (Water, Sucrose, Starch, Calcium Lactate (E327), Citric Acid (E330), Gardenia Purple, Blackcurrant Flavour, Xanthan Gum (E415), Seaweed Extract, Red Raspberry Juice, Potassium Sorbate (E202) (Below 0.03%))	441	650	0.0	0.0	0.0	37.2	35.7	34	100	147	0.0	0.0	0.0	8.4	8.1	8
8	<input type="checkbox"/>	<input type="checkbox"/>	Frozen Fanta® Bubblegum Blackcurrant Zooper Dooper Lge	FCB Fanta Bubblegum (Carbonated Water, Sugar, Flavour, Food Acid (330), Preservative (211), Colour (133)), Burstles Blackcurrant (Water, Sucrose, Starch, Calcium Lactate (E327), Citric Acid (E330), Gardenia Purple, Blackcurrant Flavour, Xanthan Gum (E415), Seaweed Extract, Red Raspberry Juice, Potassium Sorbate (E202) (Below 0.03%))	441	654	0.0	0.0	0.0	38.0	36.5	30	100	148	0.0	0.0	0.0	8.6	8.3	7
9	<input type="checkbox"/>	<input type="checkbox"/>	Frozen Fanta® Sour Apple Fairy Floss Zooper Dooper Lge	FCB Fanta Sour Apple (Carbonated Water, Sugar, Food Acids (330, 331), Flavour, Preservative (211), Colours (104, 133)), Burstles Fairy Floss (Water, Sucrose, Starch, Calcium Lactate (E327), Anthocyanin (E163), Citric Acid (E330), Fairy Floss Flavour, Xanthan Gum (E415), Seaweed Extract, Potassium Sorbate (E202) (Below 0.03%))	441	650	0.0	0.0	0.0	37.2	35.7	34	100	147	0.0	0.0	0.0	8.4	8.1	8
10	<input type="checkbox"/>	<input type="checkbox"/>	Frozen Fanta® Bubblegum Fairy Floss Zooper Dooper Lge	FCB Fanta Bubblegum (Carbonated Water, Sugar, Flavour, Food Acid (330), Preservative (211), Colour (133)), Burstles Fairy Floss (Water, Sucrose, Starch, Calcium Lactate (E327), Anthocyanin (E163), Citric Acid (E330), Fairy Floss Flavour, Xanthan Gum (E415), Seaweed Extract, Potassium Sorbate (E202) (Below 0.03%))	441	654	0.0	0.0	0.0	38.0	36.5	30	100	148	0.0	0.0	0.0	8.6	8.3	7
	<input type="checkbox"/>	<input type="checkbox"/>	Frozen Fanta® Sour Apple Bubblegum Zooper Dooper Lge	FCB Fanta Sour Apple (Carbonated Water, Sugar, Food Acids (330, 331), Flavour, Preservative (211), Colours (104, 133)), Burstles Bubblegum (Water, Sucrose, Starch, Calcium Lactate (E327), Citric Acid (E330), Bubblegum Flavour, Xanthan Gum (E415), Seaweed Extract, Fd&c Blue No.1 (E133), Potassium Sorbate (E202) (Below 0.03%))	441	650	0.0	0.0	0.0	37.2	35.7	34	100	147	0.0	0.0	0.0	8.4	8.1	8
12	<input type="checkbox"/>	<input type="checkbox"/>	Frozen Fanta® Bubblegum Bubblegum Zooper Dooper Lge	FCB Fanta Bubblegum (Carbonated Water, Sugar, Flavour, Food Acid (330), Preservative (211), Colour (133)), Burstles Bubblegum (Water, Sucrose, Starch, Calcium Lactate (E327), Citric Acid (E330), Bubblegum Flavour, Xanthan Gum (E415), Seaweed Extract, Fd&c Blue No.1 (E133), Potassium Sorbate (E202) (Below 0.03%))	441	654	0.0	0.0	0.0	38.0	36.5	30	100	148	0.0	0.0	0.0	8.6	8.3	7
13	<input type="checkbox"/>	<input type="checkbox"/>	Cosmic Burstles	Burstles Blackcurrant (Water, Sucrose, Starch, Calcium Lactate (E327), Citric Acid (E330), Gardenia Purple, Blackcurrant Flavour, Xanthan Gum (E415), Seaweed Extract, Red Raspberry Juice, Potassium Sorbate (E202) (Below 0.03%)), Burstles Bubblegum (Water, Sucrose, Starch, Calcium Lactate (E327), Citric Acid (E330), Bubblegum Flavour, Xanthan Gum (E415), Seaweed Extract, Fd&c Blue No.1 (E133), Potassium Sorbate (E202) (Below 0.03%)), Burstles Fairy Floss (Water, Sucrose, Starch, Calcium Lactate (E327), Anthocyanin (E163), Citric Acid (E330), Fairy Floss Flavour, Xanthan Gum (E415), Seaweed Extract, Potassium Sorbate (E202) (Below 0.03%))	60	227	0.0	0.0	0.0	13.2	11.4	15	100	378	0.0	0.0	0.0	22.0	19.0	25
14	<input type="checkbox"/>	<input type="checkbox"/>	Zooper Dooper Blackcurrant Burstles Add On	Burstles Blackcurrant (Water, Sucrose, Starch, Calcium Lactate (E327), Citric Acid (E330), Gardenia Purple, Blackcurrant Flavour, Xanthan Gum (E415), Seaweed Extract, Red Raspberry Juice, Potassium Sorbate (E202))	50	189	0.0	0.0	0.0	11.0	9.5	13	100	378	0.0	0.0	0.0	22.0	19.0	25
15	<input type="checkbox"/>	<input type="checkbox"/>	Zooper Dooper Bubblegum Burstles Add On	Burstles Bubblegum (Water, Sucrose, Starch, Calcium Lactate (E327), Citric Acid (E330), Bubblegum Flavour, Xanthan Gum (E415), Seaweed Extract, Fd&c Blue No.1 (E133), Potassium Sorbate (E202)),	50	189	0.0	0.0	0.0	11.0	9.5	13	100	378	0.0	0.0	0.0	22.0	19.0	25
16	<input type="checkbox"/>	<input type="checkbox"/>	Zooper Dooper Fairy Floss Burstles Add On	Burstles Fairy Floss (Water, Sucrose, Starch, Calcium Lactate (E327), Anthocyanin (E163), Citric Acid (E330), Fairy Floss Flavour, Xanthan Gum (E415), Seaweed Extract, Potassium Sorbate (E202))	50	189	0.0	0.0	0.0	11.0	9.5	13	100	378	0.0	0.0	0.0	22.0	19.0	25
17	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Cheese Sour Dough Toastie	Sour Dough (Wheat Flour (Vitamins (Thiamine, Folic Acid), Water, Iodised Salt, Sourdough Starter (Rye Flour, Water, Mature Sour, Acidity Regulator (260)), Yeast, Canola Oil, Vinegar, Improver (Soy Flour, Mineral Salt (170), Flour Treatment Agents (516, 300, 920), Emulsifiers (481, 472e), Wheat Malt Flour, Enzymes), Flour Treatment Agent (920)), Cheese (Pasteurised Cows Milk, Salt, Enzymes, Coagulating Enzyme), Clarified Butter	109	1360	12.3	12.9	7.4	37.6	0.6	608	100	1240	11.3	11.8	6.8	34.5	0.5	558
18	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Ham & Cheese Sour Dough Toastie	Sour Dough (Wheat Flour (Vitamins (Thiamine, Folic Acid), Water, Iodised Salt, Sourdough Starter (Rye Flour, Water, Mature Sour, Acidity Regulator (260)), Yeast, Canola Oil, Vinegar, Improver (Soy Flour, Mineral Salt (170), Flour Treatment Agents (516, 300, 920), Emulsifiers (481, 472e), Wheat Malt Flour, Enzymes), Flour Treatment Agent (920)), Cheese (Pasteurised Cows Milk, Salt, Enzymes, Coagulating Enzyme), Ham (Pork (88%), Water, Cure (Salt, Sugar, Mineral Salts (450, 451), Dextrose (Maize Or Tapioca), Antioxidant (316), Preservative (250)), Acidity Regulators (326, 325, 262), Pork Protein, Wood Smoke), Clarified Butter	134	1550	16.8	15.9	8.5	37.9	0.8	803	100	1160	12.6	11.9	6.3	28.3	0.6	599
19	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Ham, Cheese & Tomato Sour Dough Toastie	Sour Dough (Wheat Flour (Vitamins (Thiamine, Folic Acid), Water, Iodised Salt, Sourdough Starter (Rye Flour, Water, Mature Sour, Acidity Regulator (260)), Yeast, Canola Oil, Vinegar, Improver (Soy Flour, Mineral Salt (170), Flour Treatment Agents (516, 300, 920), Emulsifiers (481, 472e), Wheat Malt Flour, Enzymes), Flour Treatment Agent (920)), Tomato, Cheese (Pasteurised Cows Milk, Salt, Enzymes, Coagulating Enzyme), Ham (Pork (88%), Water, Cure (Salt, Sugar, Mineral Salts (450, 451), Dextrose (Maize Or Tapioca), Antioxidant (316), Preservative (250)), Acidity Regulators (326, 325, 262), Pork Protein, Wood Smoke), Clarified Butter	162	1570	17.1	15.9	8.5	38.4	1.4	805	100	967	10.6	9.8	5.2	23.7	0.8	497