

Nutritional Guide Report

\* Nutritional base values are calculated per 100g

French Toast Fingers 4 x pack

Ingredients: French Toast Fingers (Wheat Flour, Water, Trehalose, Sugar,**Soybean** Oil, Thickener (1414, 412, 415), **Milk** Powder (1%), Salt, Raising Agent (450, 500i, 170, 341i), Spices (Cardamom, Cinnamon), Yeast, Dextrose, Flavour, Emulsifier (471, 477, 472e, 473, 481i), Sweetener (951, 955), Antioxidant (307, 309), Natural Colour (150a), Improving Agent (510i), Syrup Maple Flavoured Sachet (Sugar, Water, Natural Flavour, Stabiliser (466), Colour (150a), Preservative (202), Acidity Regulators (330, 500), Salt), Cinnamon Sugar (Sugar, Cinnamon (5%))

Contains: Wheat (Gluten), **Milk**, **Soy**, Added Sulphites

| Description                   | status | Store Status | Available in Select Stores | Halal? | Serving Size in Grams | Energy (kJ) | Energy (kJ) Per Serving | Protein (g) | Protein (g) Per Serving | Total Fat (g) | Total Fat (g) Per Serving | Saturated Fat (g) | Saturated Fat (g) Per Serving | Carbohydrates (g) | Carbohydrates (g) Per Serving | Sugars (g) | Sugars (g) Per Serving | Sodium (mg) | Sodium (mg) Per Serving |
|-------------------------------|--------|--------------|----------------------------|--------|-----------------------|-------------|-------------------------|-------------|-------------------------|---------------|---------------------------|-------------------|-------------------------------|-------------------|-------------------------------|------------|------------------------|-------------|-------------------------|
| French Toast Fingers 4 x pack | None   | Permanent    | Yes                        | Yes    | 119                   | 1,556       | 1,852                   | 1.6         | 1.9                     | 12.9          | 15.4                      | 1.9               | 2.3                           | 62.5              | 74.4                          | 34.3       | 40.9                   | 348         | 414                     |

French Toast Fingers 6 x pack

Ingredients: French Toast Fingers (Wheat Flour, Water, Trehalose, Sugar,**Soybean** Oil, Thickener (1414, 412, 415), **Milk** Powder (1%), Salt, Raising Agent (450, 500i, 170, 341i), Spices (Cardamom, Cinnamon), Yeast, Dextrose, Flavour, Emulsifier (471, 477, 472e, 473, 481i), Sweetener (951, 955), Antioxidant (307, 309), Natural Colour (150a), Improving Agent (510i), Syrup Maple Flavoured Sachet (Sugar, Water, Natural Flavour, Stabiliser (466), Colour (150a), Preservative (202), Acidity Regulators (330, 500), Salt), Cinnamon Sugar (Sugar, Cinnamon (5%))

Contains: Wheat (Gluten), **Milk**, **Soy**, Added Sulphites

| Description                   | status | Store Status | Available in Select Stores | Halal? | Serving Size in Grams | Energy (kJ) | Energy (kJ) Per Serving | Protein (g) | Protein (g) Per Serving | Total Fat (g) | Total Fat (g) Per Serving | Saturated Fat (g) | Saturated Fat (g) Per Serving | Carbohydrates (g) | Carbohydrates (g) Per Serving | Sugars (g) | Sugars (g) Per Serving | Sodium (mg) | Sodium (mg) Per Serving |
|-------------------------------|--------|--------------|----------------------------|--------|-----------------------|-------------|-------------------------|-------------|-------------------------|---------------|---------------------------|-------------------|-------------------------------|-------------------|-------------------------------|------------|------------------------|-------------|-------------------------|
| French Toast Fingers 6 x pack | None   | Permanent    | Yes                        | Yes    | 166                   | 1,556       | 2,584                   | 1.6         | 2.7                     | 13.8          | 22.9                      | 2                 | 3.3                           | 60.4              | 101                           | 30.1       | 50                     | 369         | 613                     |

Hash Brown

Ingredients: Hash Brown (Potatoes, Vegetable Oil (contains one or more of the following: canola, palm, **soybean**, sunflower), Salt, Dehydrated Potato, Raising Agent (450i), Dextrose, Spice Extract)

Contains: Soy

May be present: Added Sulphites, Wheat

| Description | status | Store Status | Available in Select Stores | Halal? | Serving Size in Grams | Energy (kJ) | Energy (kJ) Per Serving | Protein (g) | Protein (g) Per Serving | Total Fat (g) | Total Fat (g) Per Serving | Saturated Fat (g) | Saturated Fat (g) Per Serving | Carbohydrates (g) | Carbohydrates (g) Per Serving | Sugars (g) | Sugars (g) Per Serving | Sodium (mg) | Sodium (mg) Per Serving |
|-------------|--------|--------------|----------------------------|--------|-----------------------|-------------|-------------------------|-------------|-------------------------|---------------|---------------------------|-------------------|-------------------------------|-------------------|-------------------------------|------------|------------------------|-------------|-------------------------|
| Hash Brown  | None   | Permanent    | No                         | Yes    | 58                    | 1,180       | 685                     | 2.4         | 1.4                     | 18.9          | 11                        | 2.1               | 1.3                           | 26.1              | 15.2                          | 0.5        | 0.3                    | 419         | 244                     |

Jack's Brekky Roll

Ingredients: Bun Brioche (Wheat Flour, Water, Canola Oil, Sugar, Bakers Yeast,**Wheat Gluten**, Modified Potato Starch (1420), Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers (481, 472e, 322 [**Soy**, Rapeseed]), Wheat Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (Wheat)), Eggs (Egg), Sausage Patty (Meat (96%) [Pork, Beef], Water, **Soy** Protein, Salt, Spices, Herbs, Sugar, Dextrose, Yeast Extract, Dehydrated Vegetable, Vegetable Oil), Bacon (Pork, Water, Cure (Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250i)), Wood Smoke), Cheese Natural (**Milk**, Salt, Starter Culture, Rennet (Non-animal)), Sauce BBQ Smoky (Tomato Puree (48%), Sugar, Vinegar, Apple Paste, Thickener, Caramel Colour, Molasses, Salt, Smoke Flavour, Dehydrated Vegetables, Worcestershire Flavour, Spice), Butter Clarified(**Milk** Fat)

Contains: Wheat (Gluten), Eggs, **Milk**, Soy

May be present: Added Sulphites, Gluten(Barley), Oats, Rye), Sesame

| Description        | status | Store Status | Available in Select Stores | Halal? | Serving Size in Grams | Energy (kJ) | Energy (kJ) Per Serving | Protein (g) | Protein (g) Per Serving | Total Fat (g) | Total Fat (g) Per Serving | Saturated Fat (g) | Saturated Fat (g) Per Serving | Carbohydrates (g) | Carbohydrates (g) Per Serving | Sugars (g) | Sugars (g) Per Serving | Sodium (mg) | Sodium (mg) Per Serving |
|--------------------|--------|--------------|----------------------------|--------|-----------------------|-------------|-------------------------|-------------|-------------------------|---------------|---------------------------|-------------------|-------------------------------|-------------------|-------------------------------|------------|------------------------|-------------|-------------------------|
| Jack's Brekky Roll | None   | Permanent    | No                         | No     | 235                   | 1,054       | 2,477                   | 14.8        | 34.7                    | 15.7          | 36.9                      | 6.7               | 15.7                          | 13.1              | 30.8                          | 3.1        | 7.4                    | 446         | 1,048                   |

Sausage Brekky Wrap

Ingredients: Eggs (Egg), Tortilla (Wheat Flour (66%), Thiamine, Folic Acid), Water, Vegetable Shortening (Antioxidant (307a)), Sugar, Baking Powder (Mineral Salts (450, 500, 341i)), Acidity Regulator (297), Mineral Salt (500), Preservative (282), Iodized Salt, Yeast), Sausage Patty (Meat (96%) [Pork, Beef], Water,**Soy** Protein, Salt, Spices, Herbs, Sugar, Dextrose, Yeast Extract, Dehydrated Vegetable, Vegetable Oil), Bacon (Pork, Water, Cure (Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250i)), Wood Smoke), Cheese SOS (Cheese (Cows**Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat **Milk** Solids (Cow's **Milk**), **Milk** Solids (Cow's **Milk**), Emulsifiers (331(i), 322(i)), Acidity Regulators (330), Salt, Natural Cheese Flavour, Colour (150a), Natural Preservative (234)), Sauce BBQ Smoky (Tomato Puree (48%), Sugar, Vinegar, Apple Paste, Thickener, Caramel Colour, Molasses, Salt, Smoke Flavour, Dehydrated Vegetables, Worcestershire Flavour, Spice)

Contains: Wheat (Gluten), Eggs, **Milk**, Soy

May be present: Gluten(Barley), Added Sulphites

| Description         | status | Store Status | Available in Select Stores | Halal? | Serving Size in Grams | Energy (kJ) | Energy (kJ) Per Serving | Protein (g) | Protein (g) Per Serving | Total Fat (g) | Total Fat (g) Per Serving | Saturated Fat (g) | Saturated Fat (g) Per Serving | Carbohydrates (g) | Carbohydrates (g) Per Serving | Sugars (g) | Sugars (g) Per Serving | Sodium (mg) | Sodium (mg) Per Serving |
|---------------------|--------|--------------|----------------------------|--------|-----------------------|-------------|-------------------------|-------------|-------------------------|---------------|---------------------------|-------------------|-------------------------------|-------------------|-------------------------------|------------|------------------------|-------------|-------------------------|
| Sausage Brekky Wrap | None   | Permanent    | Yes                        | No     | 189                   | 961         | 1,857                   | 15.1        | 28.7                    | 12.6          | 23.9                      | 5.3               | 10.1                          | 14.9              | 28.2                          | 1.5        | 2.8                    | 439         | 831                     |

Toastie Cheese

Ingredients: Bread Toast Slice (Unbleached)Wheat Flour, Water, Baker's Yeast, Modified Tapioca Starch (1412)Wheat Fibre, **Wheat Gluten**, Vinegar, Iodised Salt, Vegetable Gum (412), Canola Oil,**Soy** Flour, Vegetable Emulsifiers (472e, 481, 471), Minerals (Iron, Zinc), Vitamins (Vitamin E, Niacin, Vitamin B6, Thiamin, Folic Acid), Cheese Natural (**Milk**, Salt, Starter Culture, Rennet (Non-animal)), Butter Clarified (**Milk** Fat)

Contains: Wheat (Gluten), **Milk**, Soy

May be present: Sesame

| Description    | status | Store Status | Available in Select Stores | Halal? | Serving Size in Grams | Energy (kJ) | Energy (kJ) Per Serving | Protein (g) | Protein (g) Per Serving | Total Fat (g) | Total Fat (g) Per Serving | Saturated Fat (g) | Saturated Fat (g) Per Serving | Carbohydrates (g) | Carbohydrates (g) Per Serving | Sugars (g) | Sugars (g) Per Serving | Sodium (mg) | Sodium (mg) Per Serving |
|----------------|--------|--------------|----------------------------|--------|-----------------------|-------------|-------------------------|-------------|-------------------------|---------------|---------------------------|-------------------|-------------------------------|-------------------|-------------------------------|------------|------------------------|-------------|-------------------------|
| Toastie Cheese | None   | Permanent    | Yes                        | No     | 93                    | 1,175       | 1,087                   | 12.1        | 11.3                    | 11.9          | 11.1                      | 7.1               | 6.6                           | 29.1              | 27                            | 1.7        | 1.6                    | 445         | 412                     |

Toastie Ham Cheese

Ingredients: Bread Toast Slice (Unbleached)Wheat Flour, Water, Baker's Yeast, Modified Tapioca Starch (1412)Wheat Fibre, **Wheat Gluten**, Vinegar, Iodised Salt, Vegetable Gum (412), Canola Oil,**Soy** Flour, Vegetable Emulsifiers (472e, 481, 471), Minerals (Iron, Zinc), Vitamins (Vitamin E, Niacin, Vitamin B6, Thiamin, Folic Acid), Ham Sliced Country (Pork, Cure [Salt, Sugar, Mineral Salts (450, 451), Dextrose (Maize or Tapioca), Antioxidant (316), Preservative (250i)), Acidity Regulators (326, 262), Water, Modified Starch (1442 Maize or Tapioca), Vegetable Gum (407a), Wood Smoke), Cheese Natural(**Milk**, Salt, Starter Culture, Rennet (Non-animal)), Butter Clarified (**Milk** Fat)

Contains: Wheat (Gluten), **Milk**, Soy

May be present: Added Sulphites, Sesame

| Description        | status | Store Status | Available in Select Stores | Halal? | Serving Size in Grams | Energy (kJ) | Energy (kJ) Per Serving | Protein (g) | Protein (g) Per Serving | Total Fat (g) | Total Fat (g) Per Serving | Saturated Fat (g) | Saturated Fat (g) Per Serving | Carbohydrates (g) | Carbohydrates (g) Per Serving | Sugars (g) | Sugars (g) Per Serving | Sodium (mg) | Sodium (mg) Per Serving |
|--------------------|--------|--------------|----------------------------|--------|-----------------------|-------------|-------------------------|-------------|-------------------------|---------------|---------------------------|-------------------|-------------------------------|-------------------|-------------------------------|------------|------------------------|-------------|-------------------------|
| Toastie Ham Cheese | None   | Permanent    | Yes                        | No     | 118                   | 1,022       | 1,201                   | 13.1        | 15.5                    | 10.2          | 12.1                      | 5.8               | 6.9                           | 23.6              | 27.8                          | 1.9        | 2.3                    | 580         | 682                     |

Toastie Ham Cheese Tomato

Ingredients: Bread Toast Slice (Unbleached)Wheat Flour, Water, Baker's Yeast, Modified Tapioca Starch (1412)Wheat Fibre, **Wheat Gluten**, Vinegar, Iodised Salt, Vegetable Gum (412), Canola Oil,**Soy** Flour, Vegetable Emulsifiers (472e, 481, 471), Minerals (Iron, Zinc), Vitamins (Vitamin E, Niacin, Vitamin B6, Thiamin, Folic Acid), Tomato Slice (Tomato), Ham Sliced Country (Pork, Cure [Salt, Sugar, Mineral Salts (450, 451), Dextrose (Maize or Tapioca), Antioxidant (316), Preservative (250i)), Acidity Regulators (326, 262), Water, Modified Starch (1442 Maize or Tapioca), Vegetable Gum (407a), Wood Smoke), Cheese Natural (**Milk**, Salt, Starter Culture, Rennet (Non-animal)), Butter Clarified (**Milk** Fat)

Contains: Wheat (Gluten), **Milk**, Soy

May be present: Added Sulphites, Sesame

| Description               | status | Store Status | Available in Select Stores | Halal? | Serving Size in Grams | Energy (kJ) | Energy (kJ) Per Serving | Protein (g) | Protein (g) Per Serving | Total Fat (g) | Total Fat (g) Per Serving | Saturated Fat (g) | Saturated Fat (g) Per Serving | Carbohydrates (g) | Carbohydrates (g) Per Serving | Sugars (g) | Sugars (g) Per Serving | Sodium (mg) | Sodium (mg) Per Serving |
|---------------------------|--------|--------------|----------------------------|--------|-----------------------|-------------|-------------------------|-------------|-------------------------|---------------|---------------------------|-------------------|-------------------------------|-------------------|-------------------------------|------------|------------------------|-------------|-------------------------|
| Toastie Ham Cheese Tomato | None   | Permanent    | Yes                        | No     | 146                   | 839         | 1,222                   | 10.6        | 15.5                    | 8.3           | 12.1                      | 4.7               | 6.9                           | 19.6              | 28.6                          | 2          | 3                      | 469         | 683                     |

Turkish Bread Bacon Egg

Ingredients: Eggs (Egg), Bacon (Pork, Water, Cure (Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250i)), Wood Smoke), Cheese SOS (Cheese (Cows**Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat**Milk** Solids (Cow's **Milk**), **Milk** Solids (Cow's **Milk**), Emulsifiers (331(i), 322(i)), Acidity Regulators (330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Sauce BBQ Smoky (Tomato Puree (48%), Sugar, Vinegar, Apple Paste, Thickener, Caramel Colour, Molasses, Salt, Smoke Flavour, Dehydrated Vegetables, Worcestershire Flavour, Spice), Butter Clarified (**Milk** Fat), Turkish Roll (Water, **Wheat** Flour (contains Vitamin B (Thiamin) and Folic Acid), Iodised Salt, Baco (Vegetable Oil and Fats (contains 471, 476), Soft Improver (contains 481), Sugar, Yeast,**Sesame** Seeds (White and Black), Nigella Seeds)

Contains: Wheat, Eggs, **Milk**, **Sesame**, Soy

| Description             | status | Store Status | Available in Select Stores | Halal? | Serving Size in Grams | Energy (kJ) | Energy (kJ) Per Serving | Protein (g) | Protein (g) Per Serving | Total Fat (g) | Total Fat (g) Per Serving | Saturated Fat (g) | Saturated Fat (g) Per Serving | Carbohydrates (g) | Carbohydrates (g) Per Serving | Sugars (g) | Sugars (g) Per Serving | Sodium (mg) | Sodium (mg) Per Serving |
|-------------------------|--------|--------------|----------------------------|--------|-----------------------|-------------|-------------------------|-------------|-------------------------|---------------|---------------------------|-------------------|-------------------------------|-------------------|-------------------------------|------------|------------------------|-------------|-------------------------|
| Turkish Bread Bacon Egg | None   | Permanent    | No                         | No     | 104                   | 890         | 929                     | 12.7        | 13.3                    | 16.2          | 17                        | 8.3               | 8.7                           | 4.3               | 4.6                           | 2.6        | 2.8                    | 496         | 518                     |

Turkish Bread Sausage Egg

Ingredients: Turkish Roll (Water, **Wheat** Flour (contains Vitamin B (Thiamin) and Folic Acid), Iodised Salt, Baco (Vegetable Oil and Fats (contains 471, 476), Soft Improver (contains 481), Sugar, Yeast,**Sesame** Seeds (White and Black), Nigella Seeds), Eggs (Egg), Sausage Patty (Meat (96%) [Pork, Beef], Water, **Soy** Protein, Salt, Spices, Herbs, Sugar, Dextrose, Yeast Extract, Dehydrated Vegetable, Vegetable Oil), Cheese SOS (Cheese (Cows**Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat**Milk** Solids (Cow's **Milk**), **Milk** Solids (Cow's **Milk**), Emulsifiers (331(i), 322(i)), Acidity Regulators (330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Sauce BBQ Smoky (Tomato Puree (48%), Sugar, Vinegar, Apple Paste, Thickener, Caramel Colour, Molasses, Salt, Smoke Flavour, Dehydrated Vegetables, Worcestershire Flavour, Spice), Butter Clarified(**Milk** Fat)

Contains: Wheat, Eggs, **Milk**, **Sesame**, Soy

May be present: Added Sulphites, Gluten(Barley)

| Description               | status | Store Status | Available in Select Stores | Halal? | Serving Size in Grams | Energy (kJ) | Energy (kJ) Per Serving | Protein (g) | Protein (g) Per Serving | Total Fat (g) | Total Fat (g) Per Serving | Saturated Fat (g) | Saturated Fat (g) Per Serving | Carbohydrates (g) | Carbohydrates (g) Per Serving | Sugars (g) | Sugars (g) Per Serving | Sodium (mg) | Sodium (mg) Per Serving |
|---------------------------|--------|--------------|----------------------------|--------|-----------------------|-------------|-------------------------|-------------|-------------------------|---------------|---------------------------|-------------------|-------------------------------|-------------------|-------------------------------|------------|------------------------|-------------|-------------------------|
| Turkish Bread Sausage Egg | None   | Permanent    | No                         | No     | 200                   | 1,021       | 2,045                   | 13.3        | 26.6                    | 12.9          | 25.9                      | 6                 | 12                            | 18.2              | 36.4                          | 2.5        | 5                      | 398         | 798                     |

**Turkish Bread Sausage Egg Double**

**Ingredients:** Sausage Patty (Meat (96%) [Pork, Beef], Water, Soy Protein, Salt, Spices, Herbs, Sugar, Dextrose, Yeast Extract, Dehydrated Vegetable, Vegetable Oil), Turkish Roll (Water,Wheat Flour (contains Vitamin B (Thiamin) and Folic Acid), Iodised Salt, Bacon (Vegetable Oil and Fats contains 471, 476), Soft Improver (contains 481, Sugar, Yeast,Sesame Seeds (White and Black), Nigella Seeds), **Eggs** (Egg), Cheese SOS (Cheese (Cows Milk, Salt, Culture, Microbial/Caives Rennet), Water, Non-Fat**Milk** Solids (Cow's **Milk**), **Milk** Solids (Cow's **Milk**), Emulsifiers (321(ii), 322(i)), Acidity Regulators (330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Sauce BBQ Smoky (Tomato Puree (48%), Sugar, Vinegar, Apple Paste, Thickener, Caramel Colour, Molasses, Salt, Smoke Flavour, Dehydrated Vegetables, Worcestershire Flavour, Spice.), Butter Clarified**Milk** Fat)

Contains: Wheat, Eggs, Milk, Sesame, Soy

May be present: Added Sulphites, Gluten(Barley)

| Description                      | status | Store Status | Available in Select Stores | Halal? | Serving Size in Grams | Energy (kJ) | Energy (kJ) Per Serving | Protein (g) | Protein (g) Per Serving | Total Fat (g) | Total Fat (g) Per Serving | Saturated Fat (g) | Saturated Fat (g) Per Serving | Carbohydrates (g) | Carbohydrates (g) Per Serving | Sugars (g) | Sugars (g) Per Serving | Sodium (mg) | Sodium (mg) Per Serving |
|----------------------------------|--------|--------------|----------------------------|--------|-----------------------|-------------|-------------------------|-------------|-------------------------|---------------|---------------------------|-------------------|-------------------------------|-------------------|-------------------------------|------------|------------------------|-------------|-------------------------|
| Turkish Bread Sausage Egg Double | None   | Permanent    | No                         | No     | 254                   | 1,066       | 2,703                   | 15.4        | 39                      | 14.9          | 37.8                      | 6.8               | 17.4                          | 14.6              | 37.1                          | 2.2        | 5.5                    | 430         | 1,090                   |

**Wrap Big BBQ Brekky**

**Ingredients:** Eggs (**Egg**), Hash Brown (Hash Brown (Potatoes, Vegetable Oil (contains one or more of the following: canola, palm, **soybean**, sunflower), Salt, Dehydrated Potato, Raising Agent (450), Dextrose, Spice Extract)), Tortilla (**Wheat** Flour ((66%), Thiamine, Folic Acid), Water, Vegetable Shortening (Antioxidant (307(i)), Sugar, Baking Powder (Mineral Salts (450, 500, 341)), Acidity Regulator (297), Mineral Salt (500), Preservative (282), Iodized Salt, Yeast), Beef Patty 4" (Beef (100%)), Bacon (Pork, Water, Cure (Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250)), Wood Smoke), Sauce BBQ Smoky (Tomato Puree (48%), Sugar, Vinegar, Apple Paste, Thickener, Caramel Colour, Molasses, Salt, Smoke Flavour, Dehydrated Vegetables, Worcestershire Flavour, Spice.), Cheese SOS (Cheese (Cow**Milk**, Salt, Culture, Microbial/Caives Rennet), Water, Non-Fat**Milk** Solids (Cow's **Milk**), **Milk** Solids (Cow's **Milk**), Emulsifiers (331(ii), 322(i)), Acidity Regulators (330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234))

Contains: Wheat (Gluten), Eggs, Milk, Soy

May be present: Added Sulphites, Gluten(Barley)

| Description         | status | Store Status | Available in Select Stores | Halal? | Serving Size in Grams | Energy (kJ) | Energy (kJ) Per Serving | Protein (g) | Protein (g) Per Serving | Total Fat (g) | Total Fat (g) Per Serving | Saturated Fat (g) | Saturated Fat (g) Per Serving | Carbohydrates (g) | Carbohydrates (g) Per Serving | Sugars (g) | Sugars (g) Per Serving | Sodium (mg) | Sodium (mg) Per Serving |
|---------------------|--------|--------------|----------------------------|--------|-----------------------|-------------|-------------------------|-------------|-------------------------|---------------|---------------------------|-------------------|-------------------------------|-------------------|-------------------------------|------------|------------------------|-------------|-------------------------|
| Wrap Big BBQ Brekky | None   | Permanent    | No                         | No     | 252                   | 1,031       | 2,802                   | 11.3        | 28.4                    | 13.9          | 35.1                      | 4.8               | 12.2                          | 19                | 48.1                          | 2.6        | 6.7                    | 425         | 1,073                   |

**Wrap Mega Brekky**

**Ingredients:** Beef Patty 5" (Beef (100%)), **Eggs** (**Egg**), Hash Brown (Potatoes, Vegetable Oil (contains one or more of the following: canola, palm, **soybean**, sunflower), Salt, Dehydrated Potato, Raising Agent (450), Dextrose, Spice Extract), Tortilla (**Wheat** Flour ((66%), Thiamine, Folic Acid), Water, Vegetable Shortening (Antioxidant (307(i)), Sugar, Baking Powder (Mineral Salts (450, 500, 341)), Acidity Regulator (297), Mineral Salt (500), Preservative (282), Iodized Salt, Yeast), Sausage Patty (Meat (96%) [Pork, Beef], Water,Soy Protein, Salt, Spices, Herbs, Sugar, Dextrose, Yeast Extract, Dehydrated Vegetable, Vegetable Oil), Bacon (Pork, Water, Cure (Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250)), Wood Smoke), Cheese SOS (Cheese (Cow**Milk**, Salt, Culture, Microbial/Caives Rennet), Water, Non-Fat**Milk** Solids (Cow's **Milk**), **Milk** Solids (Cow's **Milk**), Emulsifiers (331(ii), 322(i)), Acidity Regulators (330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Sauce BBQ Smoky (Tomato Puree (48%), Sugar, Vinegar, Apple Paste, Thickener, Caramel Colour, Molasses, Salt, Smoke Flavour, Dehydrated Vegetables, Worcestershire Flavour, Spice.)

Contains: Wheat (Gluten), Eggs, Milk, Soy

May be present: Added Sulphites, Gluten(Barley)

| Description      | status | Store Status | Available in Select Stores | Halal? | Serving Size in Grams | Energy (kJ) | Energy (kJ) Per Serving | Protein (g) | Protein (g) Per Serving | Total Fat (g) | Total Fat (g) Per Serving | Saturated Fat (g) | Saturated Fat (g) Per Serving | Carbohydrates (g) | Carbohydrates (g) Per Serving | Sugars (g) | Sugars (g) Per Serving | Sodium (mg) | Sodium (mg) Per Serving |
|------------------|--------|--------------|----------------------------|--------|-----------------------|-------------|-------------------------|-------------|-------------------------|---------------|---------------------------|-------------------|-------------------------------|-------------------|-------------------------------|------------|------------------------|-------------|-------------------------|
| Wrap Mega Brekky | None   | Permanent    | No                         | No     | 371                   | 1,086       | 4,027                   | 14.8        | 55                      | 16.7          | 61.8                      | 6.5               | 24.2                          | 13                | 48.4                          | 2          | 7.5                    | 434         | 1,608                   |