



Sides & Snacks

Selected (Sides only)	Hot	Menu Item	Ingredients	GLUTEN	EGGS	MILK & MILK PRODUCTS	SOY	FISH & CRUSTACEA	PEANUTS	TREE NUTS	LUPINS	SESAME	SULPHITES	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Sat Saturated (g)	Carbohydrates (g)	Sugars (g)	Sodium (mg)	Serving Size / 100g	Energy (kJ / 100g)	Protein (g / 100g)	Fat Total (g / 100g)	Sat Fat (g / 100g)	Carbohydrates (g / 100g)	Sugars (g / 100g)	Sodium (g / 100g)
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	Sides & Snacks																											
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	Loaded Chips Cheese	Coated Fries (Potato (91%), Vegetable Oil 5%, Modified Potato Starch (1400, 1414, 1412), Rice Flour, Potato Dextrin, Salt, Acetyl Regulator (450, 500), Thickener (412)), Sauce: Cheddar, Peppercorn (Water, Cheese (23%), Milk, Salt, Starter Culture, Emulsifier, Mineral Salts (450, 450, 200, 341, 341), White Pepper, Concentrated Corn Starch, Thickener (1424, Sodium Phosphate, Sodium Citrate, Phosphoric Acid, Sodium Hydroxide (100), Citric Acid, Sodium Acid), Seasoning Salt (Salt (74%), Malto-Dextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canada Oil)	N	N	Y	N	N	N	N	N	N	N	143	1530	7.5	18.8	4.8	41.8	0.5	861	100	1070	5.2	13.1	3.4	29.2	0.3	602
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	Carry Cup Nuggets	Coated Fries (Potato (91%), Vegetable Oil 5%, Modified Potato Starch (1400, 1414, 1412), Rice Flour, Potato Dextrin, Salt, Acetyl Regulator (450, 500), Thickener (412)), Chicken Nuggets (Chicken (Chicken Breast And Skin), Water, Thickener (1442), Salt, Mineral Salts (451, 452), Flour (Wheat, Maize, Rice), Water, Chicken (Chicken Breast And Skin), Egg, Salt, Dextrose, Starch (Wheat, Maize, Rice), Sugar, Yeast And Yeast Extract, Natural Flavour, Canada Oil, Malto-Dextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canada Oil)	Y	Y	N	N	N	N	N	N	N	N	143	1790	11.5	20.4	3.1	49.6	0.5	818	100	1252	8.0	14.3	2.2	34.7	0.3	572
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	Chicken Nuggets (3 Pack)	Chicken (Chicken Breast And Skin), Water, Thickener (1442), Salt, Mineral Salts (451, 452), Flour (Wheat, Maize, Rice), Water, Gluten (Wheat), Starch (Wheat), Egg, Salt, Dextrose, Minerals Salts (450, 500), Sugar, Yeast And Yeast Extract, Natural Flavour, Canada Oil	Y	Y	N	N	N	N	N	N	N	N	54	599	7.6	9.5	1.3	7.1	0.5	412	100	1109	14.1	17.6	2.4	13.1	0.9	783
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	Chicken Nuggets (6 Pack)	Chicken (Chicken Breast And Skin), Water, Thickener (1442), Salt, Mineral Salts (451, 452), Flour (Wheat, Maize, Rice), Water, Gluten (Wheat), Starch (Wheat), Egg, Salt, Dextrose, Minerals Salts (450, 500), Sugar, Yeast And Yeast Extract, Natural Flavour, Canada Oil	Y	Y	N	N	N	N	N	N	N	N	108	1200	15.2	18.9	2.6	14.1	1.1	824	100	1111	14.1	17.5	2.4	13.1	1.0	783
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	Chicken Nuggets (12 Pack)	Chicken (Chicken Breast And Skin), Water, Thickener (1442), Salt, Mineral Salts (451, 452), Flour (Wheat, Maize, Rice), Water, Gluten (Wheat), Starch (Wheat), Egg, Salt, Dextrose, Minerals Salts (450, 500), Sugar, Yeast And Yeast Extract, Natural Flavour, Canada Oil	Y	Y	N	N	N	N	N	N	N	N	216	2400	30.4	37.8	5.2	28.2	2.2	1648	100	1111	14.1	17.5	2.4	13.1	1.0	783
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/> Chips	Coated Fries (Potato (91%), Vegetable Oil 5%, Modified Potato Starch (1400, 1414, 1412), Rice Flour, Potato Dextrin, Salt, Acetyl Regulator (450, 500), Thickener (412)), Seasoning Salt (Salt (74%), Malto-Dextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canada Oil)	N	N	N	N	N	N	N	N	N	N	90	1060	3.1	11.7	1.6	33.9	0.2	489	100	1178	3.4	13.0	1.8	37.7	0.2	543
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>													116	1290	3.7	14.2	1.9	41.1	0.3	593	100	1112	3.2	12.2	1.6	35.4	0.3	511
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>													166	1850	5.3	20.4	2.8	58.9	0.4	850	100	1114	3.2	12.3	1.7	35.5	0.2	512
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	Onion Rings	Onion, Wheat Flour, Vegetable Oil, Rice Flour, Market Bakery yeast, Salt, Hops, Thickener (E140A, E1420, E1410), Starch, Onion powder, Corn Flour, Sugar, Whole Potato, Dextrose, Baking powder, Natural Flavour, Casein, Corn, Soften, Wheat gluten, malted (450, 500), Spice & Colouring	Y	N	Y	Y	N	N	N	N	N	N	77	792	1.6	15.2	2.2	11.2	3.4	250	100	1029	2.1	19.7	2.9	14.5	4.4	325
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>													115	1180	2.4	22.8	3.3	16.8	5.0	374	100	1028	2.1	19.8	2.9	14.6	4.3	325
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/> Angry Onions	Onions, Wheat Flour, Cornstarch, Vegetable Oil, Rice Flour, Salt, Tapioca, Dextrose, Malto-Dextrin, Natural and Artificial Flavour, Casein, Yeast, Gum Arabic, Xanthan Gum	Y	N	N	Y	N	N	N	N	N	N	75	706	2.4	17.7	1.9	26.2	3.8	557	100	941	3.2	23.6	2.5	34.9	5.1	743
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>													100	941	3.2	23.6	2.5	35.0	5.0	742	100	941	3.2	23.6	2.5	35.0	5.0	742
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>													130	1220	4.2	30.7	3.3	45.5	6.5	965	100	938	3.2	23.6	2.5	35.0	5.0	742
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	8 Nuggets & Chips Snack Box	Chicken (Chicken Breast And Skin), Water, Thickener (1442), Salt, Mineral Salts (451, 452), Flour (Wheat, Maize, Rice), Water, Gluten (Wheat), Starch (Wheat), Egg, Salt, Dextrose, Minerals Salts (450, 500), Sugar, Yeast And Yeast Extract, Natural Flavour, Canada Oil Coated Fries (Potato (91%), Vegetable Oil 5%, Modified Potato Starch (1400, 1414, 1412), Rice Flour, Potato Dextrin, Salt, Acetyl Regulator (450, 500), Thickener (412)), Seasoning Salt (Salt (74%), Malto-Dextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canada Oil)	Y	Y	N	N	N	N	N	N	N	N	218	2490	18.4	32.9	5.0	56.7	0.8	1300	100	1142	8.4	15.1	2.3	26.0	0.4	598