

Sides & Snacks

Selected Stores only	Hatal	Monu Ilom	Ingredients	WHEAT	CLUTEN	GLUTEN SOURCE	EGGS	MLK & MILK PRODUCTS	SOY	FISH MOLLUSC	CRUSTACEA	PEANUTS	TREE NUTS TREE	NUTS SOURCE LUPI	ens s	SESAME	SULPHITES	Serving Size (g)	Energy (kJ) Protein (g	Fat Total Sid	rated Carbot state (c	nydr Sugara (g) So (m	dium Servin 100g	g Size / En	nergy (KJ / Pro 10g) Pro	otein (g / Fs Dg) Fs	at Total (g / Sat 100g)	Fat (g / Carbohydr (g) 100g)	tes (g / Sug 100;	sans (g / Si (g) 1	dium (g / 0g)
0	0	Sideo & Stracko																													
		Landed Chips Cheese	Costed Fules (Fratto) (FFA), Vegetable CUEX, Modified Posters States (H4D), 444, 4412, Rice Flour, Posted Destric Sask, Astrofy Regulations (FGA), 500, Thiotomer (H41), 4115, Estate Culture, Europea, Mineral Sask (Sasca Chreece Plany Christian; Chresco (CPH)) (Min. Sast, States Culture, Europea, Mineral Sask (EGA, 462, 206, 304, 411 tmbs) (Pales Consultant, Culture Sasca), Technical (H41), Butterel May Poster, Sasking (H41), Postervities (FA), 201); Analog Regulator (T30); Cabror (H61), Butterel May Poster, Sasking (H41), Postervities (FA), Sasking (H41), Postervities (CPH), Ministerior (CPH), Postervities (CPH), Ministerior (CPH),		N			٧	N	N		N	N		N	N	N	143	1530 7.5	18.8	4.8 41.	8 0.5	861	100	1070	52	12.1	2.4	2	0.3	602
		Carry Cup Nuggets	Coated Fries (Potato (91%), Vegetable OLDS, Modified Potato Starch (1400, 1414, 1412), Rice Flour, Pittato Starch (341, Actity) Regulators (450, 501), Thiotener (415), Rice (140, 1414, 1412), Rice Flour, Pittato Starch (341, 1414, 141	Y	Y	WHEAT	N	Y	Y	N		N	N		N	N	N	159	1820 10.7	20.8	2.8 51.	2 0.7	797	100	1150	6.7	12.1	1.0	2	0.4	501
✓		Chicken Naggele (3 Peol)	Sodium Reduced Chicken Nuggets Chicken (55%), Flour (Wheat, Malze, Rice), Waster, Vegetable ON, Wheat Sarch, Wheat Guiter, Thickener (1443), Salt, Sugar, Minerals Salts (451, 450, 500, 558), Dectroes, Millodestrin, Flavour, Yeast, Yeast Chord, Spice Statuct	Y	Y	WHEAT	N	N	N	N		N	N		N	N	N	51	536 7.0	6.6	0.9 10.	2 0.5	205	100	1050	12.7	129	1.8 3	0	1.0	402
✓		Children Nuggels (6 Pauli)	Sodium Reduced Chicken Nuggets Chicken (SSN), Flour (Wheat, Malze, Rice), Waster, Vegetable OH, Wheat Sarch, Wheat Guten, Thickener (1442), Sait, Sugar, Minerals Saits (451, 450, 500, 508), Dectroe, Mathodestin, Flasour, Yeast, Yeast, Catact, Spice Satract	Y	Y	WHEAT	N	N	N	N		N	N		N	N	N	102	1070 14.0	13.2	1.8 20	4 0.9	410	100	1050	13.7	12.9	1.0 3	0	0.9	402
■		Chicken Naggels (12 Pacit)	Sodium Reduced Chicken Nuggets Chicken (SSN), Flour (Wheat, Malze, Rice), Waster, Vegetable OH, Wheat Sarch, Wheat Guten, Thickener (1442), Sait, Sugar, Minerals Saits (451, 450, 500, 508), Declose, Mathodestin, Falsour, Yeast, Yeast Chart, Spice Satract	Y	Y	WHEAT	N	N	N	N		N	N		N	N	N	204	2140 27.9	26.3	3.7 40.	8 1.8	820	100	1050	13.7	12.9	1.8 3	0	0.9	402
		☐ Chips Breil	Coated Frider (Potato (FFTA), Vegetable CILES (, Antibum (600a), Modified Portain Starch (1400, 1414, 1412), Storn Film (Prison Dustrin, Cark. Actify Regulations (400, 600), Tickscares (415), Seasoned Salt (Salt (1415), Maltodestrin (Core), Yeast Extract, Rice Flour, Vegetable Powders (Cinion, Gardic), Canada (III)		N		N	N	N	N		N	N		N	N	N	90	1060 3.1	11.7	1.6 33	9 0.2	489	100	1170	2.4	12.0	1.8 3	7	0.2	543
		Chips Med	Coated Frider (Potato (911%), Vegetable Col 51%, Andibum (2009), Modified Portain Starch (1400, 1414, 1412), Star Rhw, Prison Startin, Calk, Actify Regulations (400, 000), Tickstarre (415, 000), Tickstarre (415, 000), Seasoned Salt (Salt (1416), Mallodestrin (Core), Yeast Sutract, Rice Flour, Vegetable Powders (Cinion, Garic), Canalo (3))		N		N	N	N	N		N	N		N	N	N	116	1290 3.7	14.2	1.9 41	1 0.3	593	100	1112	32	12.2	1.6 2	4	0.3	511
✓	2	Chipo Lgo	Coated Fries: (Potato (91%), Vegetable CH 5%; (Antibuse; (900s), Modified Potato Starch (1400; 1414, 1412), Rose Flour, Potato Destrin, Saft, Acadity Regulations; (405, 500), Tholatener (410), Gardin, Canolis CH (14%), Melboración (Caro), Yeare Estatol, Rice Flour, Vegetable Powders (Cnion, Gardin, Canolis CH (14%), Melboración (Caro), Yeare Estatol, Rice Flour, Vegetable Powders (Cnion,		N		N	N	N	N		N	N		N	N	N	166	1850 5.3	20.4	2.8 58	9 0.4	850	100	1114	32	123	1.7	5	0.2	512
		Onlon Ringo Med	Onion, Wheat flour, Vegetable Oil, Rice Flour, Malted Barley, yeast, Salt, Hops, Thickener (E1404, E1400, E1415). Starch, Onion powder, Com Flour, Sugar, Whey Powder, Destinos, Baiking powder, Natural Flavour, Guar Guar, Scratch, Wheat guiter, Internal salt[#6105, E5001], Spice & Colouring.	Y	Y	WHEAT	N	Y	Y	N		N	N		N	N	N	77	792 1.6	15.2	2.2 11.	2 3.4	250	100	1029	2.1	19.7	29 1	5	4.4	325
✓		Onion Ringe Lige	Onion, Wheat flour, Vegetable Oil, Rice Flour, Malted Barley, yeast, Salt, Hops, Thickener (E-1404, E-1400, E-15), Starch, Onion powder, Com Flour, Sugar, Whey Powder, Chestone, Bailding powder, Natural Flavour, Gair Gan, Sorbiol, Wheat duster, miseral saltificide; E-Sobili, Soice & Colourino.	У	У	WHEAT		Y	Y									115	1180 2.4	22.8	3.3 16.	8 5.0	374	100	1026	2.1	19.8	29 1	4	4.3	325
2	~	— Angry Onlone 8ml	Onions, Wheat Flour, Cornstarch, Vegetable Oll, Rice Flour, Salt, Tapicca, Destrin, Maltodestrin, Natural and Artificial Flascurs. Died Years. Gum Arabic. Xantham Gum	Y	Y	WHEAT	N	N	Y	N		N	N N		N	N	N	75	706 2.4	17.7	1.9 26	2 3.8	557	100	941	3.2	23.6	2.5	9	5.1	743
	2	Angry Onlone Med	Onions, Wheat Flour, Cornstanth, Vegetable Oll, Rice Flour, Salt, Tapicca, Deatrin, Mahodestrin, Natural and Artificial Flavours, Dried Yeast, Gum Anabic, Xantham Gum	Y	Y	WHEAT	N	N	Y	N		N	N		N	N	N	100	941 3.2	23.6	2.5 35	0 5.0	742	100	941	3.2	23.6	2.5	0	5.0	742
■	✓	Angry Onlone Lge	Onions, Wheat Flour, Constants, Vegetable Oll, Rice Flour, Salt, Tapioca, Deutrin, Mahodeutrin, Natural and Artificial Flaucurs, Died Yeast, Gum Arabic, Xantham Gum	Y	Y	WHEAT	N	N	Y	N		N	N		N	N	N	130	1220 4.2	30.7	3.3 45	5 6.5	965	100	938	3.2	23.6	2.5	0	5.0	742
	•	6 Naggels & Chipo Strack Box	Sodium Reduced Chicken Hoggeth Chicken (SCR), Flour Whitest, Males, Nicol, Wasser, Vegetable Chill Webs. Search, Whater Claum, Phospherer (Holg, Bei, Spage, Winesser, Sant) (454, 465, 505, 568), Elwatrose, Mathodestin, Flancur, Yeast, Yeast Calizat, Spois Sarbard. Coast Francis (House) (19%), Vegetable of 15%, Modified Organis Sarbard, 14400, 544, 542), Rice Flour, Patato Carolin, Salt. Analog Regulation (460, 200), Thickens (451), Santar, Floor Flour, Vegetable Powders (Chick), Searnowskii Glad (FG), Mathodestin Claum, Yeast Santar, Floor Flour, Vegetable Powders (Chick), Searnowskii Glad (FG), Mathodestin Claum, Yeast Santar, Floor Flour, Vegetable Powders (Chick), Searnowskii Glad (FG), Mathodestin Claum, Yeast Santar, Floor Flour, Vegetable Powders (Chick), Searnowskii Glad (FG), Mathodestin Claum, Yeast Santar, Floor Flour, Vegetable Powders (Chick), Searnowskii Glad (FG), Mathodestin Claum, Yeast Santar, Floor Flour, Vegetable Powders (Chick), Searnowskii Glad (FG), Mathodestin Claum, Yeast Santar, Floor Flour, Vegetable Powders (Chick), Searnowskii Glad (FG), Mathodestin Claum, Yeast Santar, Floor Flour, Vegetable Powders (Chick), Searnowskii Glad (FG), Mathodestin Claum, Yeast Santar, Floor Flour, Vegetable Powders (Chick), Searnowskii Glad (FG), Mathodestin Claum, Yeast Santar, Floor Flour, Vegetable Powders (Chick), Searnowskii Glad (FG), Mathodestin Claum, Yeast Santar, Floor Flour, Vegetable Powders (Chick), Searnowskii Glad (FG), Mathodestin Claum, Yeast Santar, Floor Flour, Vegetable Powders (Chick), Searnowskii Glad (FG), Mathodestin Claum, Yeast Santar, Floor Flour, Vegetable Powders (Chick), Searnowskii Glad (FG), Mathodestin Claum, Yeast Santar, Floor Flour, Vegetable Powders (Chick), Searnowskii Glad (FG), Mathodestin Claum, Yeast Santar, Floor Flour, Vegetable Powders (Chick), Searnowskii Glad (FG), Mathodestin Claum, Yeast Santar, Floor Flour, Vegetable Powders (Chick), Searnowskii Glad (FG), Searnow		Y	WHEAT	N	N	N	N		N	N		N	N	N	235	2930 18.1	42.3	6.0 62	2 1.8	1290	100	1250	7.7	18.0	2.6	5	0.8	543

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