



# Cold Drinks

Selected	Item	Ingredients	GLUTEN	EGGS	MILK & MILK PRODUCTS	SOY	FISH & CRUSTACEA	PEANUTS	TREE NUTS	LUPINS	SESAME	SULPHITES	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Sat Fat (g)	Carbohydrate (g)	Sugars (g)	Sodium (mg)	Serving Size / 100g	Energy (kJ / 100g)	Protein (g / 100g)	Fat Total (g / 100g)	Sat Fat (g / 100g)	Carbohydrates (g / 100g)	Sugars (g / 100g)	Sodium (g / 100g)
<input type="checkbox"/>	<b>Cold Drinks</b>																											
<input type="checkbox"/>	<b>Strawberry Burstles</b>	Water, Fructose, Calcium Lactate (527), Modified Starch, Strawberry Syrup, Malic Acid (296), Thickeners (401, 415, 416, 468), Strawberry Flavour, Colour (120), Sodium Metaphosphate (335), Preservative (202)	N	N	N	N	N	N	N	N	N	N	50	272	0.0	0.5	0.0	16.0	13.0	20	100	544	0.0	1.0	0.0	32.0	26.0	40
<input type="checkbox"/>	<b>Orange Burstles</b>	Water, Fructose, Calcium Lactate (527), Modified Starch, Orange Syrup, Malic Acid, Thickeners (401, 415, 416, 468), Orange Flavour, Colour (152, 158, 159), Preservative (202)	N	N	N	N	N	N	N	N	N	N	50	272	0.0	0.5	0.0	16.0	13.0	20	100	544	0.0	1.0	0.0	32.0	26.0	40
<input type="checkbox"/>	<b>Lemon Burstles</b>	Water, Fructose, Calcium Lactate (527), Modified Starch, Lemon Syrup, Malic Acid (296), Thickeners (401, 415, 416, 468), Flavouring Agent (Water, 1450, Coconut Oil, 420, 152), Citric Acid, Colour (120, 129), Preservative (202)	N	N	N	N	N	N	N	N	N	N	50	272	0.0	0.5	0.0	16.0	13.0	20	100	544	0.0	1.0	0.0	32.0	26.0	40
<input type="checkbox"/>	<b>Rainbow Burstles</b>	Strawberry Lemon (Water, Fructose, Calcium Lactate (527), Modified Starch, Lemon Syrup, Malic Acid (296), Thickeners (401, 415, 416, 468), Flavouring Agent (Water, 1450, Coconut Oil, 420, 152), Citric Acid, Colour (120, 129), Preservative (202)), Burstles Orange (Water, Fructose, Calcium Lactate (527), Modified Starch, Orange Syrup, Malic Acid, Thickeners (401, 415, 416, 468), Orange Flavour, Colour (152, 158, 159), Preservative (202)), Burstles Strawberry (Water, Fructose, Calcium Lactate (527), Modified Starch, Strawberry Syrup, Malic Acid (296), Thickeners (401, 415, 416, 468), Strawberry Flavour, Colour (120), Sodium Metaphosphate (335), Preservative (202))	N	N	N	N	N	N	N	N	N	N	60	326	0.0	0.6	0.0	19.2	15.6	24	100	543	0.0	1.0	0.0	32.0	26.0	40
<input type="checkbox"/>	<b>Vanilla Shake Rainbow Burstles Medium</b>	Shake Mix (Milk, Milk Solids, Sugar, Cream, Maltodextrin, Vegetable Gums (427, 412, 466), Mineral Salts (331, 330), Flavour), Burstles Lemon (Water, Fructose, Calcium Lactate (527), Modified Starch, Lemon Syrup, Malic Acid (296), Thickeners (401, 415, 416, 468), Flavouring Agent (Water, 1450, Coconut Oil, 420, 152), Citric Acid, Colour (120, 129), Preservative (202)), Burstles Orange (Water, Fructose, Calcium Lactate (527), Modified Starch, Orange Syrup, Malic Acid, Thickeners (401, 415, 416, 468), Orange Flavour, Colour (152, 158, 159), Preservative (202)), Burstles Strawberry (Water, Fructose, Calcium Lactate (527), Modified Starch, Strawberry Syrup, Malic Acid (296), Thickeners (401, 415, 416, 468), Strawberry Flavour, Colour (120), Sodium Metaphosphate (335), Preservative (202))	N	N	Y	N	N	N	N	N	N	N	354	1730	12.3	10.3	6.2	68.3	60.6	236	100	488	3.5	2.9	1.7	19.3	17.1	67
<input type="checkbox"/>	<b>Vanilla Shake Lemon Burstles Medium</b>	Shake Mix (Milk, Milk Solids, Sugar, Cream, Maltodextrin, Vegetable Gums (427, 412, 466), Mineral Salts (331, 330), Flavour), Burstles Lemon (Water, Fructose, Calcium Lactate (527), Modified Starch, Lemon Syrup, Malic Acid (296), Thickeners (401, 415, 416, 468), Flavouring Agent (Water, 1450, Coconut Oil, 420, 152), Citric Acid, Colour (120, 129), Preservative (202))	N	N	Y	N	N	N	N	N	N	344	1670	12.3	10.2	6.2	65.1	58	235	100	486	3.6	3.0	1.8	18.9	16.9	66	
<input type="checkbox"/>	<b>Vanilla Shake Orange Burstles Medium</b>	Shake Mix (Milk, Milk Solids, Sugar, Cream, Maltodextrin, Vegetable Gums (427, 412, 466), Mineral Salts (331, 330), Flavour), Burstles Orange (Water, Fructose, Calcium Lactate (527), Modified Starch, Orange Syrup, Malic Acid, Thickeners (401, 415, 416, 468), Orange Flavour, Colour (152, 158, 159), Preservative (202))	N	N	Y	N	N	N	N	N	N	344	1670	12.3	10.2	6.2	65.1	58	235	100	486	3.6	3.0	1.8	18.9	16.9	66	
<input type="checkbox"/>	<b>Vanilla Shake Strawberry Burstles Medium</b>	Shake Mix (Milk, Milk Solids, Sugar, Cream, Maltodextrin, Vegetable Gums (427, 412, 466), Mineral Salts (331, 330), Flavour), Burstles Strawberry (Water, Fructose, Calcium Lactate (527), Modified Starch, Strawberry Syrup, Malic Acid (296), Thickeners (401, 415, 416, 468), Strawberry Flavour, Colour (120), Sodium Metaphosphate (335), Preservative (202))	N	N	Y	N	N	N	N	N	N	344	1670	12.3	10.2	6.2	65.1	58	235	100	486	3.6	3.0	1.8	18.9	16.9	66	
<input type="checkbox"/>	<b>COKE®</b>	Carbonated Water, Sugar, Colour (150A), Food Acid (330), Flavour, Caffeine	N	N	N	N	N	N	N	N	N	N	340	588	0.0	0.0	0.0	34.7	37.4	33	100	173	0.0	0.0	0.0	10.2	11.0	10
<input type="checkbox"/>	<b>COKE® NO SUGAR</b>	Carbonated Water, Colour (150A), Food Acids (338, 331), Sweeteners (951, 950) Preservative (211), Flavour, Caffeine	N	N	N	N	N	N	N	N	N	N	340	5	0.2	0.0	0.0	0.3	0.0	37	100	1	0.1	0.0	0.0	0.1	0.0	11
<input type="checkbox"/>	<b>DIET COKE®</b>	Carbonated Water, Colour (150A), Artificial Sweeteners (951, 950), Food Acids (338, 330), Flavour, Preservative (211), Caffeine	N	N	N	N	N	N	N	N	N	N	340	3	0.0	0.0	0.0	0.0	0.0	37	100	1	0.0	0.0	0.0	0.0	0.0	11
<input type="checkbox"/>	<b>SPRITE®</b>	Carbonated Water, Sugar, Food Acids (330, 351), Flavour, Preservative (211)	N	N	N	N	N	N	N	N	N	N	340	578	0.0	0.0	0.0	34.0	34.0	48	100	170	0.0	0.0	0.0	10.0	10.0	14
<input type="checkbox"/>	<b>FANTAB® ORANGE</b>	Carbonated Water, Sugar, Food Acid (350), Flavour, Preservative (211), Antioxidant (300), Colour (110)	N	N	N	N	N	N	N	N	N	N	340	738	0.0	0.0	0.0	44.2	44.2	48	100	217	0.0	0.0	0.0	13.0	13.0	14
<input type="checkbox"/>	<b>FANTAB® RASPBERRY</b>	Carbonated Water, Sugar, Flavour, Food Acid (330), Preservative (211), Sweetener (960), Colour (122)	N	N	N	N	N	N	N	N	N	N	340	469	0.0	0.0	0.0	26.9	26.9	14	100	138	0.0	0.0	0.0	7.9	7.9	4
<input type="checkbox"/>	<b>MOUNT FRANKLIN® WATER 800ML LIGHTLY SPARKLING MOUNT FRANKLIN® WATER 400ML</b>	Australian Spring Water	N	N	N	N	N	N	N	N	N	N	600	0	0.0	0.0	0.0	0.0	0.0	30	100	0	0.0	0.0	0.0	0.0	0.0	5
<input type="checkbox"/>	<b>ORANGE JUICE</b>	Orange Juice From Concentrate (85%), Water, Sugar, Flavour, Preservatives (211, 223), Food Acid (351), Antioxidant (300), Colours (160A, 160A), Emulsifier (455) Contains Sulphites	N	N	N	N	N	N	N	N	N	N	450	0	0.0	0.0	0.0	0.0	0.0	22.5	100	0	0.0	0.0	0.0	0.0	0.0	5
<input type="checkbox"/>	<b>KEVIN® APPLE JUICE 800ML</b>	Apple Juice from Concentrate (50.9%), Vitamin C, Flavour, Food Acid (330)	N	N	N	N	N	N	N	N	N	N	340	442	1.7	0.0	0.0	21.8	21.8	35	100	130	0.5	0.0	0.0	6.4	6.4	10
<input type="checkbox"/>	<b>CHOCOLATE THICKSHAKE</b>	Shake mix (Milk, Milk Solids, Sugar, Cream, Maltodextrin, Vegetable Gums (427, 412, 466), Mineral Salts (331, 330), Flavour), Chocolate Syrup (Sugar, Cocoa (4%), Water, Salt, Preservative (202), Vegetable Gum (415), Citric Acid)	N	N	Y	N	N	N	N	N	N	N	300	700	1.1	0.4	0.0	39.2	37.1	18	100	233	0.4	0.1	0.0	13.1	13.4	6
<input type="checkbox"/>	<b>CARAMEL THICKSHAKE</b>	Shake mix (Milk, Milk Solids, Sugar, Cream, Maltodextrin, Vegetable Gums (427, 412, 466), Mineral Salts (331, 330), Flavour), Syrup Caramel (Sugar, Water, Natural Flavours, Colour (150A), Salt, Food Acid (330), Preservative (202), Vegetable Gum (415))	N	N	Y	N	N	N	N	N	N	N	199	1110	7.5	5.9	3.7	45.3	42.7	183	100	598	3.8	3.0	1.9	22.8	21.5	92
<input type="checkbox"/>	<b>STRAWBERRY THICKSHAKE</b>	Shake mix (Milk, Milk Solids, Sugar, Cream, Maltodextrin, Vegetable Gums (427, 412, 466), Mineral Salts (331, 330), Flavour), Strawberry Syrup (Sugar, Water, Flavour, Colour (120), Food Acid (330), Thickener (415), Preservative (211))	N	N	Y	N	N	N	N	N	N	N	195	1020	7.6	6.0	3.8	39.7	37.1	135	100	523	3.9	3.1	1.9	20.4	19.0	69
<input type="checkbox"/>	<b>VANILLA THICKSHAKE</b>	Shake mix (Milk, Milk Solids, Sugar, Cream, Maltodextrin, Vegetable Gums (427, 412, 466), Mineral Salts (331, 330), Flavour), Syrup Caramel (Sugar, Water, Natural Flavours, Colour (150A), Salt, Food Acid (330), Preservative (202), Vegetable Gum (415))	N	N	Y	N	N	N	N	N	N	N	221	1050	9.3	7.3	4.6	36.9	33.8	161	100	475	4.2	3.3	2.1	16.7	15.3	73
<input type="checkbox"/>	<b>CHOCOLATE DELUXE THICKSHAKE</b>	Shake Mix (Milk, Milk Solids, Sugar, Cream, Maltodextrin, Vegetable Gums (427, 412, 466), Mineral Salts (331, 330), Flavour), Cocoa Flavour (Sugar, Water, Cocoa (4%), Maltodextrin, Salt, Vegetable Fat, Cocoa (2%), Maltodextrin, Salt, Vegetable Gum (401)), Natural Flavour, Preservative (202), Emulsifier (222), Syrup Caramel (Sugar, Water, Natural Flavours, Colour (150A), Salt, Food Acid (330), Preservative (202), Vegetable Gum (415)), Flavour, Vegetable Gums (401, 407), Flavours (Caramel (Sugar, Milk Solids, Cocoa Butter, Cocoa Mass, Flavour))	N	N	Y	N	N	Y	N	N	N	N	297	2100	13.9	16.2	10.6	74.5	70.5	262	100	707	4.7	5.5	3.6	25.1	23.7	96
<input type="checkbox"/>	<b>CARAMEL DELUXE THICKSHAKE</b>	Shake Mix (Milk, Milk Solids, Sugar, Cream, Maltodextrin, Vegetable Gums (427, 412, 466), Mineral Salts (331, 330), Flavour), Syrup Caramel (Sugar, Water, Glucose Syrup, Invert Syrup, Milk Solids, Vegetable Fat, Thickener (1442), Lactulose (Sugar)), Salt, Emulsifier (41, 202), Mineral Salts (330, 330), Preservative (202), Syrup Caramel Shave (Sugar, Water, Natural Flavours, Colour (150A), Salt, Food Acid (330), Preservative (202), Vegetable Gum (415)), Flavour, Vegetable Gums (401, 407), Flavours (Caramel (Sugar, Milk Solids, Cocoa Butter, Cocoa Mass, Flavour))	N	N	Y	N	N	Y	N	N	N	N	297	2120	13.1	16.2	10.7	76.3	70.8	276	100	714	4.4	5.5	3.6	25.7	23.8	93
<input type="checkbox"/>	<b>STRAWBERRY DELUXE THICKSHAKE</b>	Shake Mix (Milk, Milk Solids, Sugar, Cream, Maltodextrin, Vegetable Gums (427, 412, 466), Mineral Salts (331, 330), Flavour), Syrup Caramel (Sugar, Water, Glucose Syrup, Invert Syrup, Milk Solids, Vegetable Fat, Thickener (1442), Lactulose (Sugar)), Natural Flavour, Preservative (202), Emulsifier (222), Syrup Caramel Shave (Sugar, Water, Natural Flavours, Colour (150A), Salt, Food Acid (330), Preservative (202), Vegetable Gum (415)), Flavour, Vegetable Gums (401, 407), Flavours (Caramel (Sugar, Milk Solids, Cocoa Butter, Cocoa Mass, Flavour))	N	N	Y	N	N	Y	N	N	N	N	297	1910	12.6	14.3	8.7	69.5	65.5	175	100	643	4.2	4.8	2.9	23.4	22.1	59
<input type="checkbox"/>	<b>OREO® DELUXE THICKSHAKE</b>	Shake Mix (Milk, Milk Solids, Sugar, Cream, Maltodextrin, Vegetable Gums (427, 412, 466), Mineral Salts (331, 330), Flavour), Syrup Caramel (Sugar, Water, Glucose Syrup, Invert Syrup, Milk Solids, Vegetable Fat, Thickener (1442), Lactulose (Sugar)), Natural Flavour, Preservative (202), Emulsifier (222), Syrup Caramel Shave (Sugar, Water, Natural Flavours, Colour (150A), Salt, Food Acid (330), Preservative (202), Vegetable Gum (415)), Flavour, Vegetable Gums (401, 407), Flavours (Caramel (Sugar, Milk Solids, Cocoa Butter, Cocoa Mass, Flavour))	Y	N	Y	Y	N	N	N	N	N	N	324	2370	12.6	18.2	11.4	87.4	71.9	435	100	731	3.9	5.6	3.5	27.0	22.2	134