

Selected	Item	Menu Item	Ingredients	WHEAT	GLUTEN	GLUTEN SOURCE	EGGS	MILK & MILK PRODUCTS	SOY	FISH	MOLLUSC	CRUSTACEA	PEANUTS	TREE NUTS	TREE NUTS SOURCE	LUPINS	SESAME	SULPHITES	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Unsaturated (g)	Carbohydrate (g)	Sugars (g)	Sodium (mg)	Serving Size / 100g	Energy (kJ / 100g)	Protein (g / 100g)	Fat Total (g / 100g)	Sat Fat (g / 100g)	Carbohydrate (g / 100g)	Sugars (g / 100g)	Sodium (g / 100g)	Preval	Product Code	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Carrot Ice Coffee Small	Water, Low Fat Carrot, Cream, Creamer (Sugar, Water, Glucose Syrup, Sweetener, Milk Solids, Vegetable Fat, Thickener (E440), Vegetable Gums (E411, E412, E413), Emulsifier (E471), Mono & Di-Glycerols (E321), Phosphoric Acid (E331)), Coffee Syrup (Sugar, Water, Natural Flavour, Preservative (E202), Citric Acid (E330), Natural Flavour (E150)), Creamer (Sugar, Water, Natural Flavour, Preservative (E202), Citric Acid (E330), Natural Flavour (E150)), Cream (Cream (30%), Phosphate (E321), Phosphate (E322), Emulsifier (E471), Flavour, Vegetable Gums (E411, E412), Water)		N		N	Y	N	N	N	N	N	N	N	N	N	N	429	1400	8.3	13.3	9.9	49.8	45.4	189	100	338	1.5	3.1	2.3	11.8	10.8	36			
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Carrot Ice Coffee Medium	Water, Low Fat Carrot, Cream, Creamer (Sugar, Water, Glucose Syrup, Sweetener, Milk Solids, Vegetable Fat, Thickener (E440), Vegetable Gums (E411, E412, E413), Emulsifier (E471), Mono & Di-Glycerols (E321), Phosphoric Acid (E331)), Coffee Syrup (Sugar, Water, Natural Flavour, Preservative (E202), Citric Acid (E330), Natural Flavour (E150)), Creamer (Sugar, Water, Natural Flavour, Preservative (E202), Citric Acid (E330), Natural Flavour (E150)), Cream (Cream (30%), Phosphate (E321), Phosphate (E322), Emulsifier (E471), Flavour, Vegetable Gums (E411, E412), Water)		N		N	Y	N	N	N	N	N	N	N	N	N	N	571	1800	9	16.6	12	61.8	57.1	212	100	319	1.6	2.9	2.1	10.8	10.0	37			
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Carrot Ice Coffee Large	Water, Low Fat Carrot, Cream, Creamer (Sugar, Water, Glucose Syrup, Sweetener, Milk Solids, Vegetable Fat, Thickener (E440), Vegetable Gums (E411, E412, E413), Emulsifier (E471), Mono & Di-Glycerols (E321), Phosphoric Acid (E331)), Coffee Syrup (Sugar, Water, Natural Flavour, Preservative (E202), Citric Acid (E330), Natural Flavour (E150)), Creamer (Sugar, Water, Natural Flavour, Preservative (E202), Citric Acid (E330), Natural Flavour (E150)), Cream (Cream (30%), Phosphate (E321), Phosphate (E322), Emulsifier (E471), Flavour, Vegetable Gums (E411, E412), Water)		N		N	Y	N	N	N	N	N	N	N	N	N	N	663	2140	11.8	16.6	14	71.3	65.3	253	100	309	1.7	2.8	2.0	10.3	9.6	37			
<input type="checkbox"/>	<input type="checkbox"/>	Bibby Dots Pudding	Casein Milk Protein Flour, Sugar, Casein, Mannitol, Vegetable Fat (Shear Palm Oil, Emulsifier (E471, E472), Lecithin (E322)), Milk Solids, Natural Flavour (E150, E151, E152), Salt, Cream (10%), Sugar, Vegetable Gums (E411, E412, E413), Thickener (E440), Mono & Di-Glycerols (E321), Phosphoric Acid (E331), Citric Acid (E330), Natural Flavour (E150), Creamer (Sugar, Water, Natural Flavour, Preservative (E202), Citric Acid (E330), Natural Flavour (E150)), Cream (Cream (30%), Phosphate (E321), Phosphate (E322), Emulsifier (E471), Flavour, Vegetable Gums (E411, E412), Water)	Y	Y	WHEAT	Y	Y	Y	N	N	N	N	N	N	N	N	N	60	198	2.3	11.6	2.9	28.4	16.9	183	100	1507	3.8	16.3	4.6	47.3	28.2	305			
<input type="checkbox"/>	<input type="checkbox"/>	Bibby Dots Pudding with Ice Cream	Casein Milk Protein Flour, Sugar, Casein, Mannitol, Vegetable Fat (Shear Palm Oil, Emulsifier (E471, E472), Lecithin (E322)), Milk Solids, Natural Flavour (E150, E151, E152), Salt, Cream (10%), Sugar, Vegetable Gums (E411, E412, E413), Thickener (E440), Mono & Di-Glycerols (E321), Phosphoric Acid (E331), Citric Acid (E330), Natural Flavour (E150), Creamer (Sugar, Water, Natural Flavour, Preservative (E202), Citric Acid (E330), Natural Flavour (E150)), Cream (Cream (30%), Phosphate (E321), Phosphate (E322), Emulsifier (E471), Flavour, Vegetable Gums (E411, E412), Water)	Y	Y	WHEAT	Y	Y	Y	N	N	N	N	N	N	N	N	N	120	190	3.2	15.7	3.6	41.5	30	348	100	1100	4.3	13.1	4.7	34.6	25.0	208			
<input type="checkbox"/>	<input type="checkbox"/>	Turkish Avocado BLT	Tomato, Soft Shelled Egg, Cream, Chicken, Chicken Emulsifier (E471), Vegetable Gums (E411, E412, E413), Creamer (Sugar, Water, Natural Flavour, Preservative (E202), Citric Acid (E330), Natural Flavour (E150)), Cream (Cream (30%), Phosphate (E321), Phosphate (E322), Emulsifier (E471), Flavour, Vegetable Gums (E411, E412), Water)	Y	Y	WHEAT	Y	N	Y	N	N	N	N	N	N	N	N	Y	N	107	1000	13.4	28.1	8.1	38.0	4.1	943	100	964	6.8	14.3	3.1	10.3	2.1	419		
<input type="checkbox"/>	<input type="checkbox"/>	Turkish Avocado Egg BLT	Tomato, Soft Shelled Egg, Cream, Chicken, Chicken Emulsifier (E471), Vegetable Gums (E411, E412, E413), Creamer (Sugar, Water, Natural Flavour, Preservative (E202), Citric Acid (E330), Natural Flavour (E150)), Cream (Cream (30%), Phosphate (E321), Phosphate (E322), Emulsifier (E471), Flavour, Vegetable Gums (E411, E412), Water)	Y	Y	WHEAT	Y	N	Y	N	N	N	N	N	N	N	N	Y	N	258	2250	20.8	33.9	8.0	38.5	4.6	1030	100	879	8.1	13.2	3.1	15.0	1.4	402		