Grill Masters

Selected Stores only	Halal	Menu Item	Ingredients	WHEAT	GLUTEN	GLUTEN SOURCE	EGGS	MILK & MILK PRODUCTS	SOY	FISH	CRUSTACEA	MOLLUSC	PEANUTS	TREE NUTS	TREE NUTS SOURCE	LUPINS	SESAME	SULPHITES	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydrates (g)	Sugars (g)	Sodium (mg)	Serving Size / 100g	Energy (KJ / 100g)	Protein (g / 100g)	Fat Total (g / 100g)	Sat Fat (g / 100g)	Carbohydrates (g / 100g)	Sugars (g / 100g)	Sodium (g / 100g)
☐	☐	**Grill Masters**	**Caution with Sauces: Sauces are used in many of our menu items. Please check the ingredients for any sauce that you wish to consume. Sauces may contain ingredients that are not listed on our menu board, such as, garlic, onion, herbs and spices. Please also note that our food preparation and processes may be subject to cross contamination with other products containing allergens, as well as bones and meat as part of our standard menu items.**																															
☐	☐	**Grill Masters Pulled Beef**	Beef, Brioche Bun (Wheat Flour (Thiamin, Folic Acid), Water, Egg, Butter, Sugar, Yeast, Bun Glaze (Pea Protein, Sugar, Rapeseed Oil, Antifoaming Agent), Canola Oil (Canola Oil, Hydrogenated Vegetable Oil, Antioxidant (306), Antifoam Agent (900ss)), Gluten, Iodised Salt, Soy Flour, Ascorbic Acid, Enzymes, Milk Powder), Pulled Beef (Beef, Salt, Potato Starch, Sugar, Citrus Fibre, Vegetable Powders (Onion, Garlic), Dextrose Monohydrate, Smoke Flavour, Spices), Egmont Cheese (Pasteurised Cows Milk, Salt, Enzymes, Coagulating Enzymes), Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol), Smoky Sauce (Water, Sugar, Tomato Paste, Vinegar, Apple Puree (Acidity Regulator (330), Antioxidant (300)), Thickeners (1422, 415), Salt, Colour (150a), Worcestershire Sauce (Contains Barley, Wheat, Fish), Molasses, Vegetable Powders, Flavour, Preservative (202), Spice), Mustard (Water, Mustard Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice.)	Y	Y	WHEAT	Y	Y	Y	Y			N	N		N	N	Y	299	4230	51.3	68.1	26.0	48.1	11.2	859	100	1415	17.2	22.8	8.7	16.1	3.7	287
☐	☐	**Angus Bacon & Cheese**	Beef, Brioche Bun Wheat Flour, Water, Bakers Yeast, Sugar, Canola Oil, Wheat Gluten, Iodised Salt, Non-Fat Milk Solids, Shortening Powder (Vegetable Fat, Milk Protein, Antioxidant (307b From Soy)), Preservatives (282, 202), Emulsifiers (472e, 481), Soy Flour, Dextrose, Colour (160a), Wheat Malt Flour, Anti-Caking Agent (341), Vitamins (Thiamin, Folic Acid) Egmont Cheese (Pasteurised Cow's Milk, Salt, Enzymes, Coagulating Enzymes), Bacon (Pork (90%), Water, Salt, Curing Premix (Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250), Smoked), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavours, Polysorbate 80, Turmeric), Smoky Sauce (Water, Sugar, Tomato Paste, Vinegar, Apple Puree (Acidity Regulator (330), Antioxidant (300)), Thickeners (1422, 415), Salt, Colour (150a), Worcestershire Sauce, Molasses, Vegetable Powders, Flavour, Preservative (202), Spice), Mustard (Water, Mustard Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice.)	Y	Y	WHEAT	N	Y	Y	Y			N	N		N	N	N	306	3590	53.0	50.7	22.6	49.8	9.5	1440	100	1173	17.3	16.6	7.4	16.3	3.1	471
☐	☐	**Double Angus Bacon & Cheese**	Beef, Brioche Bun Wheat Flour, Water, Bakers Yeast, Sugar, Canola Oil, Wheat Gluten, Iodised Salt, Non-Fat Milk Solids, Shortening Powder (Vegetable Fat, Milk Protein, Antioxidant (307b From Soy)), Preservatives (282, 202), Emulsifiers (472e, 481), Soy Flour, Dextrose, Colour (160a), Wheat Malt Flour, Anti-Caking Agent (341), Vitamins (Thiamin, Folic Acid) Egmont Cheese (Pasteurised Cow's Milk, Salt, Enzymes, Coagulating Enzymes), Bacon (Pork (90%), Water, Salt, Curing Premix (Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250), Smoked), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavours, Polysorbate 80, Turmeric), Smoky Sauce (Water, Sugar, Tomato Paste, Vinegar, Apple Puree (Acidity Regulator (330), Antioxidant (300)), Thickeners (1422, 415), Salt, Colour (150a), Worcestershire Sauce, Molasses, Vegetable Powders, Flavour, Preservative (202), Spice), Mustard (Water, Mustard Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice.)	Y	Y	WHEAT	N	Y	Y	Y			N	N		N	N	N	416	5040	80.9	77.1	34.4	49.8	9.5	1530	100	1212	19.4	18.5	8.3	12.0	2.3	368
☐	☐	**Double Angus Cheeseburger**	Angus Beef, Brioche Bun (Wheat Flour (Thiamin, Folic Acid), Water, Egg, Butter, Sugar, Yeast, Bun Glaze (Pea Protein, Sugar, Rapeseed Oil, Antifoaming Agent), Canola Oil (Canola Oil, Hydrogenated Vegetable Oil, Antioxidant (306), Antifoam Agent (900ss)), Gluten, Iodised Salt, Soy Flour, Ascorbic Acid, Enzymes, Milk Powder), Egmont Cheese (Pasteurised Cows Milk, Salt, Enzymes, Coagulating Enzymes), Dill Cucumber (Cucumber (73.5%), Vinegar (20.9%), Water, Salt, Basil, Oregano, Sugar, Firming Agent 509), Tomato Ketchup (Concentrated Tomatoes (Contains 200g Of Tomatoes Per 100ml), Sugar, Salt, Concentrated White Vinegar, Food Acid (Citric Acid), Natural Flavours (Contain Garlic), Spices contains 76% Concentrated Tomatoes), Mustard (Water, Mustard Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice.)	Y	Y	WHEAT	Y	Y	Y	N			N	N		N	N	N	293	3560	49.8	51.7	25.5	46.0	9.7	991	100	1215	17.0	17.6	8.7	15.7	3.3	338
☐	☐	**Double Angus Cheeseburger**	Angus Beef, Brioche Bun (Wheat Flour (Thiamin, Folic Acid), Water, Egg, Butter, Sugar, Yeast, Bun Glaze (Pea Protein, Sugar, Rapeseed Oil, Antifoaming Agent), Canola Oil (Canola Oil, Hydrogenated Vegetable Oil, Antioxidant (306), Antifoam Agent (900ss)), Gluten, Iodised Salt, Soy Flour, Ascorbic Acid, Enzymes, Milk Powder), Egmont Cheese (Pasteurised Cows Milk, Salt, Enzymes, Coagulating Enzymes), Dill Cucumber (Cucumber (73.5%), Vinegar (20.9%), Water, Salt, Basil, Oregano, Sugar, Firming Agent 509), Tomato sauce: Concentrated Tomatoes (76%), Sugar, Salt, Concentrated White Vinegar,Citric Acid, Natural Flavours (Contain Garlic), Spices, Mustard (Water, Mustard Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice.)	Y	Y	WHEAT	Y	Y	Y	N			N	N		N	N	N	403	5010	77.6	78.1	37.3	46.0	9.7	1070	100	1243	19.3	19.4	9.3	11.4	2.4	266
☐	☐	**Angus Smokey BBQ**	Angus Beef, Brioche Bun (Wheat Flour, Water, Bakers Yeast, Sugar, Canola Oil, Wheat Gluten, Iodised Salt, Non-Fat Milk Solids, Shortening Powder (Vegetable Fat, Milk Protein, Antioxidant (307b From Soy)), Preservatives (282, 202), Emulsifiers (472e, 481), Soy Flour, Dextrose, Colour (160a), Wheat Malt Flour, Anti-Caking Agent (341), Vitamins (Thiamin, Folic Acid) Angry Onions (Onions (58%), Corn Starch, Vegetable Oil (Canola, Palm, Soybean, Sunflower), Wheat Flour, Rice Flour, Salt, Tapioca Dextrin, Natural Flavours, Maltodextrin, Dried Yeast, Thickeners (Gum Arabic, Xanthan Gum)), Egmont Cheese (Pasteurised Cows Milk, Salt, Enzymes, Coagulating Enzymes), Bacon (Pork (90%), Water, Salt, Curing Premix (Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250), Smoked), Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustardflour, Tocopherol), Smokey Sauce (Water, Sugar, Tomato Paste, Vinegar, Apple Puree (Acidity Regulator (330), Antioxidant (300)), Thickeners (1422, 415), Salt, Colour (150a), Worcestershire Sauce (Contains Barley, Wheat, Fish), Molasses, Vegetable Powders, Flavour, Preservative (202), Spice	Y	Y	WHEAT	Y	Y	Y	Y			N	N		N	N	N	325	4010	52.4	65.3	24.4	53.7	10.2	1590	100	1234	16.1	20.1	7.5	16.5	3.1	499
☐	☐	**Double Angus Smokey BBQ**	Angus Beef, Brioche Bun (Wheat Flour, Water, Bakers Yeast, Sugar, Canola Oil, Wheat Gluten, Iodised Salt, Non-Fat Milk Solids, Shortening Powder (Vegetable Fat, Milk Protein, Antioxidant (307b From Soy)), Preservatives (282, 202), Emulsifiers (472e, 481), Soy Flour, Dextrose, Colour (160a), Wheat Malt Flour, Anti-Caking Agent (341), Vitamins (Thiamin, Folic Acid) Angry Onions (Onions (58%), Corn Starch, Vegetable Oil (Canola, Palm, Soybean, Sunflower), Wheat Flour, Rice Flour, Salt, Tapioca Dextrin, Natural Flavours, Maltodextrin, Dried Yeast, Thickeners (Gum Arabic, Xanthan Gum)), Egmont Cheese (Pasteurised Cows Milk, Salt, Enzymes, Coagulating Enzymes), Bacon (Pork (90%), Water, Salt, Curing Premix (Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250), Smoked), Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustardflour, Tocopherol), Smokey Sauce (Water, Sugar, Tomato Paste, Vinegar, Apple Puree (Acidity Regulator (330), Antioxidant (300)), Thickeners (1422, 415), Salt, Colour (150a), Worcestershire Sauce (Contains Barley, Wheat, Fish), Molasses, Vegetable Powders, Flavour, Preservative (202), Spice	Y	Y	WHEAT	Y	Y	Y	Y			N	N		N	N	N	444	5610	82.4	94.7	38.0	53.8	10.3	1740	100	1264	18.6	21.3	8.6	12.1	2.3	392