



Desserts

Item	Menu Item	Ingredients	WHEAT	GLUTEN	GLUTEN SOURCE	EGGS	MILK & MILK PRODUCTS	SOY	FISH	MOLLUSC	CRUSTACEA	PEANUTS	TREE NUTS	TREE NUTS SOURCE	LUPINS	SESAME	SULPHITES	Servings Size (g)	Energy (kJ)	Energy (kcal)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydrate (g)	Sugars (g)	Sodium (mg)	Servings Size / 100g	Energy (kJ) / 100g	Energy (kcal) / 100g	Protein (g) / 100g	Fat Total (g) / 100g	Fat Saturated (g) / 100g	Carbohydrate (g) / 100g	Sugars (g) / 100g	Sodium (mg) / 100g		
<input type="checkbox"/>	<input type="checkbox"/>	Desserts																																			
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Chocolate Cakes & Creams Icecream		Y	Y	WHEAT	N	Y	Y	N		Y	Y		N	N	N	65	734	2.5	9.1	5.8	20.9	13.3	88	100	1100	3.8	14.0	8.9	32.2	26.5	135				
<input type="checkbox"/>	<input type="checkbox"/>	Sticky Date Pudding		Y	Y	WHEAT	Y	Y	Y	N		N	N		N	N	N	60	668	2.3	11.6	2.9	28.4	16.9	183	100	1587	3.8	19.3	4.8	47.3	28.2	205				
<input type="checkbox"/>	<input type="checkbox"/>	Sticky Date Pudding with Ice Cream		Y	Y	WHEAT	Y	Y	Y	N		N	N		N	N	N	120	1380	5.3	15.7	5.8	41.5	30	340	100	1100	4.3	13.1	4.7	34.6	25.0	298				
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	Honey's Pie		Y	Y	WHEAT	N	Y	Y	N		N	N		N	N	N	75	1170	3.0	16.0	11.0	31.0	21.0	220	100	1880	4.0	21.0	14.7	41.3	28.0	207				
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	Chocolade Buns			N		N	Y	N	N		N	N		N	N	N	141	1050	6.6	9.3	6.5	37.0	36.6	170	100	773	4.7	6.6	4.6	26.2	26.0	121				
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	Caramel Buns			N		N	Y	N	N		N	N		N	N	N	141	1130	6.6	9.8	6.9	38.6	37.1	168	100	801	4.7	6.8	4.9	27.4	26.3	119				
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	Strawberry Buns			N		N	Y	N	N		N	N		N	N	N	141	1000	6.2	8.3	5.5	35.1	34.5	136	100	704	4.4	5.9	3.9	24.9	24.5	96				
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	Vanilla Buns			N		N	Y	N	N		N	N		N	N	N	141	1240	8.6	11.8	7.9	38.4	38.4	194	100	879	6.1	8.4	6.6	27.2	27.2	138				
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	Glenn Oreo P		Y	Y	WHEAT	N	Y	Y	N		N	N		N	N	N	295	2380	15.0	21.9	13.7	77.3	65.7	458	100	607	5.1	7.4	4.8	26.2	23.3	155				
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	Glenn Peanut		Y	Y	WHEAT	N	Y	N	N		Y	Y	WALNUT	N	N	N	289	2330	19.3	21.9	13.7	75.0	69.7	314	100	806	6.7	7.6	4.7	24.2	24.1	108				
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	Glenn M&M'S Buns		Y	Y	WHEAT	I	Y	Y	N		Y	Y		N	N	N	309	2705	15.4	26.3	17.1	85.4	84.2	324	100	874	5.0	8.5	5.5	27.6	27.1	105				
<input type="checkbox"/>	<input type="checkbox"/>	Chocolate Mini Vanilla		Y	Y	WHEAT	N	Y	Y	N		Y	Y		N	N	N	49	588	1.5	5.7	5.1	20.0	12.9	46	100	1200	3.1	11.6	10.4	40.8	26.3	94				
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	Soft Buns Cane		Y	Y	WHEAT	N	Y	Y	N		N	N		N	N	N	117	880	5.9	7.7	5.1	27.9	24.7	133	100	735	5.0	6.6	4.4	23.8	21.1	114				
<input type="checkbox"/>	<input type="checkbox"/>	Purely Cane		Y	Y	WHEAT	N	Y	Y	N		Y	Y		N	N	N	40	375	1.0	3.2	2.1	13.7	11.0	34	100	765	2.0	6.5	4.3	33.8	22.4	88				