Beef Burgers

Selected Stores only	Halal	Menu Item	Ingredients	WHEAT	GLUTEN	GLUTEN SOURCE	EGGS	MILK & MILK PRODUCTS	SOY	FISH	MOLLUSC	CRUSTACEA	PEANUTS	TREE NUTS	TREE NUTS SOURCE	LUPINS	SESAME	SULPHITES	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydrates (g)	Sugars (g)	Sodium (mg)	Serving Size / 100g	Energy (KJ / 100g)	Protein (g / 100g)	Fat Total (g / 100g)	Sat Fat (g / 100g)	Carbohydrates (g / 100g)	Sugars (g / 100g)	Sodium (g / 100g)
		Beef Burgers	**Caution: While Burger King has made every effort to ensure that either your order is free of, or has had its ingredients removed, any ingredient you have specified as an allergen, there is a possibility that some of our products may contain other allergens, or not as lean and lean as you or our standard menu items.**																															
		Mega Jack®	Beef Patty; Bun 5" Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)); Special King Sauce (Canola Oil, Water, Sugar, Reconstituted Egg (Whole Egg & Egg Yolk), Cheese) (Gherkin, Food Acid (260)), , Mustard (Water, Mustard Seed, Salt, Vinegar, Sugar, Food Acid (260), Celery Seed, Spices, Natural Flavour), Vinegar, Thickeners (1442, 415), Salt, Balsamic Vinegar (Colour (150d)), Onion Puree, Spices, Garlic, Preservatives (211, 202), Acidity Regulator (330), Natural Colours (160a, 160c), Natural Flavour; Lettuce; Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234); Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavours, Polysorbate 80, Turmeric); Onion	Y	Y	WHEAT	Y	Y	Y	N			N	N		N	Y	N	446	4920	57.9	70.2	24	78.7	13.7	1530	100	1100	13.0	15.7	5.4	17.7	3.1	343
		Big Jack®	Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)); Beef Patty; Special King Sauce (Canola Oil, Water, Sugar, Reconstituted Egg (Whole Egg & Egg Yolk), Gherkin Spread (Gherkin, Food Acid (260)), Mustard (Water, Mustard Seed, Salt, Vinegar, Sugar, Food Acid (260), Celery Seed, Spices, Preservatives (211, 202, 224), Garlic, Acidity Regulator (330), Natural Colour (160a, 160c), Natural Flavour); Lettuce; Cheese (Cow's Milk, Salt, Culture, Calves's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234); Onion; Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavours, Polysorbate 80, Turmeric)	Y	Y	WHEAT	Y	Y	Y	N			T	N		N	Y	N	231	2590	28.4	34.2	10.9	49.2	7.7	841	100	1120	12.0	15.0	5.0	21.0	3.0	364
		Baconator Deluxe	Bacon (Pork (95%), Water, Salt, Curing Premix (Mineral Salt (451, 450), Sugar, Antioxidant (316), Preservative (250)), Smoked.); Bun 5" Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)); Mustard: Water, Mustard Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice Cheese: Milk, Cream or Butter, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160b), Preservative (200), Spice, Starter Culture, Enzymes; Tomato, Lettuce Mayonnaise: Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol	Y	Y	WHEAT	Y	Y	Y	N			N	N		N	Y	N	283	2760	39.3	42	17	29.8	3.8	1670	100	1049	14.9	16.0	6.5	11.3	1.4	635
		Bacon Deluxe ™	Sesame Bun: Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Soy Flour, Emulsifiers (481, 472e), Preservative (282), Vitamins (Thiamin, Folate) Beef Patty: 100% Australian Beef Cheese: Milk, Cream or Butter, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160b), Preservative (200), Spice, Starter Culture, Enzymes Lettuce, Tomato, Mayonnaise: Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol Eye Bacon: Pork(95%), Water, Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Sodium Nitrite, Natural Wood Smoke	Y	Y	WHEAT	Y	Y	Y	N			N	N		N	Y	T	203	2350	30.0	36.0	14.6	29.2	3.3	893	100	1158	14.8	17.7	7.2	14.4	1.6	440
☑	☑	**Cheeseburger**	Bun: Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Soy Flour, Emulsifiers (471, 418, 472e), Preservative (282), Vitamins (Thiamin, Folate) Beef Patty: 100% Australian Beef Pickles: Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavours, Polysorbate 80, Turmeric Mustard: Water, Mustard Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice Cheese: Milk, Cream or Butter, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160b), Preservative (200), Spice, Starter Culture, Enzymes Tomato sauce: Concentrated Tomatoes (76%), Sugar, Salt, Concentrated White Vinegar, Food Acid (Citric Acid), Natural Flavours (Contain Garlic), Spices	Y	Y	WHEAT	N	Y	Y	N			N	N		N	Y	N	121	1320	16.3	14.4	6.5	30.4	4.4	614	100	1091	13.5	11.9	5.4	25.1	3.6	507
☑	☑	**Double Cheeseburger**	Bun: Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Soy Flour, Emulsifiers (471, 418, 472e), Preservative (282), Vitamins (Thiamin, Folate) Beef Patty: 100% Australian Beef Pickles: Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavours, Polysorbate 80, Turmeric Mustard: Water, Mustard Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice Cheese: Milk, Cream or Butter, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160b), Preservative (200), Spice, Starter Culture, Enzymes Tomato sauce: Concentrated Tomatoes (76%), Sugar, Salt, Concentrated White Vinegar, Citric Acid, Natural Flavours, Spices	Y	Y	WHEAT	N	Y	Y	N			N	N		N	Y	N	167	1920	26.8	25.5	12.6	31.0	4.7	855	100	1150	16.0	15.3	7.5	18.6	2.8	482
☑	☑	**Triple Cheeseburger**	Bun: Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Soy Flour, Emulsifiers (471, 418, 472e), Preservative (282), Vitamins (Thiamin, Folate) Beef Patty: 100% Australian Beef Pickles: Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavours, Polysorbate 80, Turmeric Mustard: Water, Mustard Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice Cheese: Milk, Cream or Butter, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160b), Preservative (200), Spice, Starter Culture, Enzymes Tomato sauce: Concentrated Tomatoes (76%), Sugar, Salt, Concentrated White Vinegar, Citric Acid, Natural Flavours, Spices	Y	Y	WHEAT	N	Y	Y	N			N	N		N	Y	N	213	2520	37.4	36.6	16.7	31.6	4.9	997	100	1183	17.6	17.2	8.8	14.8	2.3	468
☑	☑	**Cheesy Cheeseburger**	Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)); Beef Patty; Cheese (Milk, Cream, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160b), Preservative (200), Spice, Starter Culture, Enzymes,55% Milk Solids); Sauce Cheese Flying Cheddar (Water, Cheese (37%) (Milk, Salt, Starter Culture, Enzymes), Mineral Salts (331, 339), Milk Fat, Cheese Flavour, Modified Starch (1422), Thickener (415), Whey Protein Powder, Stabiliser (410), Preservative (224, 202), Acidity Regulator (330), Colour (160a), Butyric Acid); Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol); Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavours, Polysorbate 80, Turmeric)	Y	Y	WHEAT	Y	Y	Y	N			N	N		N	Y	N	131	1750	18.0	24.7	8.6	31.3	3.0	547	100	1336	13.7	18.9	6.6	23.9	2.3	418
☑	☑	**Hashbrown Cheeseburger**	Hashbrown (Potatoes, Vegetable Oil, Salt, Disodium Dihydrogen Pyrophosphate, Dextrose); Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)); Beef Patty; Cheese (Milk, Cream, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160b), Preservative (200), Spice, Starter Culture, Enzymes,55% Milk Solids); Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol); Sauce Tomato Ketchup (Concentrated Tomatoes, Sugar, Salt, Concentrated White Vinegar, Food Acid (Citric Acid), Natural Flavours (Contain Garlic); Mustard (Water, Mustard Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice	Y	Y	WHEAT	Y	Y	Y	N			N	N		N	Y	N	181	2340	17.8	34	8.9	45.7	5.1	834	100	1293	9.8	18.8	4.9	25.2	2.8	461
		Rodeo Cheeseburger	Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)); Beef Patty; Crisp Onion Rings (Onion (50%), Water, Wheat Flour, Soybean Oil, Rice Flour, Thickener (E1404, E1450), Salt, Sugar, Spices, Yeast, Dextrose, Flavour, Soybean Oil, Vegetable Oil, Whey Powder, Wheat Gluten, Soybean Flour, Yeast Extract, Corn Flour, Flavour, Brown Sugar); Cheese (Milk, Cream, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160b), Preservative (200), Spice, Starter Culture, Enzymes,55% Milk Solids); Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol); Sauce Tomato: Concentrated Tomatoes, Apple Puree, Sugar, Maize Thickener (1414), Salt, Food acids (260, 330), Colour (150c), Natural Flavours, Spice ;	Y	Y	WHEAT	Y	Y	Y	N			N	N		N	Y	N	139	1840	16.6	36.7	8.2	33.2	5.5	540	100	1324	11.9	19.2	5.9	23.9	4.0	388
☑	☑	**BBQ Cheeseburger**	Bun Seeded (Wheat Flour, Water, Baker's Yeast, Canola Oil, Sesame Seeds, Sugar, Wheat Gluten, Iodised Salt, Vinegar, Soy Flour, Emulsifiers (471, 481, 472e), Preservative (282), Vitamins (Thiamin, Folate)Contains: Gluten, Soy, Sesame Seeds); Beef Patty; Cheese (Cheese (Cow's Milk, Salt, Culture, Calave's Rennet), Water, Non Fat Milk Solids, Emulsifiers (E331iii, E322i), Acidity Regulators (E332, E330), Salt, Natural Cheese Flavour, Colours (E160b, E160c), Natural Preservative (E234)); Mayonnaise (Soybean Oil, Egg Yolks, Water, Distilled Vinegar, Corn Syrup, Salt, Sugar, Mustard Flour, Tocopherol); BBQ Sauce: Concentrated Tomatoes, Apple Puree, Sugar, Maize Thickener (1414), Salt, Foodacids (260, 330), Colour (150c), Natural Flavours, Spice ;	Y	Y	WHEAT	Y	Y	Y	N			N	N		N	Y	N	118	1610	16.2	22.3	7.3	30.2	4.8	488	100	1370	13.7	18.9	6.2	25.6	4.1	397
		Bacon Double Cheeseburger	Wheat Flour, Water, Canola Oil, Baker's Yeast, Sugar, Wheat Gluten, Iodised Salt, Soy Flour, Preservative (282), Emulsifier (481), Vitamins (Thiamin, Folate) Beef Patty: 100% Australian Beef Eye Bacon: Pork(95%), Water, Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Sodium Nitrite, Natural Wood Smoke Pickles: Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavours, Polysorbate 80, Turmeric Mustard: Water, Mustard Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice Cheese: Milk, Cream or Butter, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160b), Preservative (200), Spice, Starter Culture, Enzymes Tomato sauce: Concentrated Tomatoes (76%), Sugar, Salt, Concentrated White Vinegar, Citric Acid, Natural Flavours, Spices	Y	Y	WHEAT	N	Y	Y	N			N	N		N	Y	T	187	2060	29.9	27.5	13.4	31.2	4.8	1060	100	1102	16.0	14.7	7.2	16.7	2.6	567
		Double BBQ Bacon Stacker	Bun: Wheat Flour, Water, Canola Oil, Baker's Yeast, Sugar, Wheat Gluten, Iodised Salt, Soy Flour, Preservative (282), Emulsifier (481), Vitamins (Thiamin, Folate) Beef Patty: 100% Australian Beef Cheese: Milk, Cream or Butter, Milk Solids Non Fat, Food Acid (270, 331), Salt, Mineral Salt (339), Colour (160b), Preservative (200), Spice, Starter Culture, Enzymes BBQ Sauce: Concentrated Tomatoes, Apple Puree, Sugar, Maize Thickener (1414), Salt, Food Acids (260, 330), Colour (150c), Natural Flavours, Spice Eye Bacon: Pork(95%), Water, Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Sodium Nitrite, Natural Wood Smoke	Y	Y	WHEAT	N	Y	Y	N			N	N		N	Y	T	174	2050	29.8	27.4	13.4	30.9	4.9	865	100	1178	17.1	15.7	7.7	17.8	2.8	497